

Maternal Newborn Nursing Certification Exam

Monday-Tuesday,
November 2-3, 2015



Location: MAHEC Mary C. Nesbitt Biltmore Campus
121 Hendersonville Rd. Asheville, NC 28803

Date: Monday, November 2, 2015
Registration: 7:30 am - 8:00 am
Program: 8:00 am - 4:00 pm

Date: Tuesday, November 3, 2015
Registration: 7:30 am - 8:00 am
Program: 8:00 am - 4:00 pm

Early registration fees through October 26th:

Nurses/NPs: \$199.00 (for both days)
Groups: \$175.00 (per person for both days)
(Five or more from same agency, registering and paying at same time)

Presented in a lecture format, this course reviews topics for the Maternal Newborn Nursing NCC Examination. Elements of the examination are discussed, followed by a review of the content. The major components include disease processes during pregnancy, maternal and fetal complications, postpartum and neonatal assessments. Practice questions are integrated throughout the presentation to assist the nurse in preparing for the NCC examination.

AUDIENCE

Nurses, NPs

OBJECTIVES

Upon completion of this educational event, the learner should be able to:

- Describe the Maternal Newborn Nursing Exam, test plan and the practice requirements to sit for the exam
- Construct a study plan for the exam based on understanding the blueprint and domains of practice covered
- Recall the core components covered in the exam through didactic supplementation and test questions
- Identify common mistakes and pitfalls that are made during studying and testing for the exam

COMPETENCIES STATEMENT

This activity may help you meet your learning plan in the NCBON Dimension of Practice.

Knowledge-Based Practice: The licensed nurse is personally responsible and accountable for having the knowledge and skills for safe, competent nursing practice.

Legal/Ethical Practice: The licensed nurse complies with the Nursing Practice Act.

Professional Responsibility: The licensed nurse is personally responsible and accountable for ensuring that her/his nursing practice and conduct meet the standards of the profession and comply with the Nursing Practice Act.



AGENDA

Day 1

- 7:30am Registration
- 8:00am **Understanding the NCC Examination:**
Preparing for the Examination | Taking the Examination | Reference Review
- 9:30am Break
- 9:45am **Factors Affecting the Maternal and Neonatal Outcomes (Antenatal Factors):**
Age | Nutrition | Obstetrical History | Physiologic Changes During Pregnancy
- 10:30am **Antepartum Risk Factors and Complications**
Disease Processes | Hypertension | Diabetes | Cardiac Disease | Infectious Disease | Anemia
- 12:00pm Lunch (on your own)
- 1:00pm **Antepartum Risk Factors and Complications (cont.)**
Substance Abuse | Preterm Labor | Multiple Gestation
- 2:00pm **Fetal Assessment**
Ultrasound | Non-Stress Test | Biophysical Profile | Lung Maturation Studies | Alpha-Fetoprotein | Triple Screen
- 2:30pm Break
- 2:45pm **Intrapartal Factors**
Medications in Labor | Complications of Labor | Cord Gases
- 4:00pm Adjourn

Day 2

- 7:30am Registration
- 8:00am **Maternal Assessment and Management in Postpartum Period**
Physiological Changes
- 9:00am **Nursing Care and Education**
Comprehensive Postpartum Assessment | Common Postpartum Problems
- 9:30am Break
- 9:45am **Nursing Care and Education (cont.)**
Postpartum Depression | Hemorrhage | Infections | Thrombophlebitis
- 10:30am **Lactation and Newborn Feeding**
Anatomy and Physiology | Hormonal Influences | Breastfeeding Complications | Bottle Feeding
- 12:00pm Lunch (on your own)
- 1:00pm **Newborn Assessment and Management**
Transition to Extrauterine Life | Neonatal Resuscitation | Thermoregulation
- 1:30pm **Physiological Changes and Physical Assessment**
- 2:30pm Break
- 2:45pm **Physiological Changes and Physical Assessment (cont)**
Systems Reviewed (cont.)
- 3:30pm **Aspects of Professional Practice**
Ethical Principles | Nursing Liability
- 4:00pm Adjourn

FACULTY

Melissa Allen, MSN, NNP-BC, FNP, RNC-OB, RNC-MNN, C-EFM, has a combined 23 years of clinical and instructional experience in all areas of maternal and neonatal nursing. She has held faculty positions at Motlow State Community college and Vanderbilt University School of Nursing teaching maternal-child nursing in the classroom and clinical setting. She now practices as a Neonatal Nurse Practitioner (NNP) for children's Minneapolis Hospitals and Clinics. She has traveled extensively as an advanced practice nurse and has had the opportunity to work in a variety of maternal-infant environments. As the creator of Neo-Productions, Melissa has developed and/or presented multiple continuing education lectures for students and staff. She also maintains her Neonatal Resuscitation (NRP) and STABLE Program Instructor status. Melissa holds four certifications from NCC. She is certified as a registered nurse in Inpatient Obstetrics, Maternal-Newborn Nursing and Electronic Fetal Monitoring. She also holds board certification as a Neonatal Nurse Practitioner.

CREDITS

13.0 CNE Contact Hours.

This continuing nursing education activity was approved by the Mountain Area Health Education Center's Department of Nursing Education, an accredited approver by the American Credentialing Center's Commission on Accreditation.

Participants must attend entire activity to receive credit. No partial credit is given for this activity.

MAHEC adheres to the ANCC/ACCME Standards regarding industry support to continuing nursing education. Disclosure of presenters, planners, and commercial support relationships, if any, will be made known at the time of the activity.

CEU: The Mountain Area Health Education Center designates this continuing education activity as meeting the criteria for **1.3 CEUs** as established by the National Task force on the Continuing Education Unit. You must attend the entire activity or activities to receive CEUs.

Maternal Newborn Nursing Certification Exam Review

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November 2-3, 2015

REGISTRATION

Early Registration Deadline: October 26, 2015

Early registration fee is \$199.00 for nurses and NPs and \$175.00 for groups (five or more from same agency, registering and paying at same time). Registration fee includes administrative costs, educational materials and refreshments. If registration is received after the deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

Directions to MAHEC Biltmore Campus

121 Hendersonville Rd., Asheville, NC, 28803

From I-40 Eastbound, take Exit 50 and turn left onto Hendersonville Road.

From I-40 Westbound, take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree Hotel complex. Turn left towards the Biltmore Village Lodge. Just before the Biltmore Village Lodge turn right and go up the hill to the MAHEC Biltmore Campus.

From 19-23 (I-26) take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light turn right into the DoubleTree Hotel complex. Turn left towards the Biltmore Village Lodge. Just before the Biltmore Village Lodge turn right and go up the hill to the MAHEC Biltmore Campus.

Have a question?

Program Planner:
Elaine Alexander, MSN, RNC-OB
elaine.alexander@mahec.net

828-257-4414

Registration Information: 828-257-4475
Fax Registration: 828-257-4768
Online Registration: www.mahec.net
Email: registration@mahec.net
Mail: MAHEC Registration
121 Hendersonville Rd., Asheville, NC 28803



Special Services:
828-257-4468

Updated contact info

Name _____

Credentials _____

Social Security # **XXX-XX-**____ (last 4 digits required)

Occupation _____

E-mail Address _____

Home Address _____

City _____ State _____ Zip _____

Home County _____

Home # _____ Work # _____

Employer _____

Department _____

Employer's Address _____

City _____ State _____ Zip _____

Work County _____

Program announcements will be sent to your email unless you opt out from receiving emails from MAHEC. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

After October 26th:

Nurses/NPs: \$199.00 \$214.00

Groups: \$175.00 \$190.00

(five or more from same agency, registering and paying at same time)

Full payment must accompany all registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed (Made payable to MAHEC) Credit card info provided

Visa Mastercard Discover Card American Express

Account # _____

Exp _____ / _____ Code on back of card _____

Name on Card _____

Signature _____

16NE005/47134

Send completed registration form to:

MAHEC Registration

121 Hendersonville Rd., Asheville, NC 28803

Fax to 828-257-4768