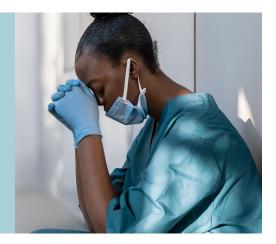
# DEVELOPING RESILIENCY IN LONG TERM HEALTHCARE WORKFORCE

Oct. 14, Oct. 28, Nov. 11, Nov, 18, Dec. 2, and Dec. 16



Join us for six sessions via live webinar

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## FREE TO ALL PARTICIPANTS. MUST REGISTER TO ATTEND

 LOCATION
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 LOG-IN
 11:45 am-12:00 pm

 PROGRAM
 12:00 pm-1:00 pm

SPEAKING THE LANGUAGE OF THE NERVOUS SYSTEMDATE 1Thursday, October 14, 2021

SELF-ASSESSMENT CREATING AWARENESS DATE 2 Thursday, October 28, 2021

PAUSING TO TAKE A BREATH DATE 3 Thursday, November 11, 2021

TOOLS FOR CENTERING AT WORKDATE 4Thursday, November 18, 2021VISUALIZATION FOR REST AND RELAXATIONDATE 5Thursday, December 2, 2021THERAPEUTIC COMMUNICATION

DATE 6 Thursday, December 16, 2021



Carolina Geriatric Workforce Enhancement Program

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#### HAVE A QUESTION? Contact the Program Planner

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### REGISTRATION INFORMATION FAX REGISTRATION ONLINE REGISTRATION EMAIL

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# **REGISTRATION FORM**

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