

DEVELOPING RESILIENCY IN LONG TERM HEALTHCARE WORKFORCE

Oct. 14, Oct. 28, Nov. 11, Nov. 18, Dec. 2, and Dec. 16

Join us for six sessions via live webinar



CLICK HERE TO REGISTER

FREE TO ALL PARTICIPANTS. MUST REGISTER TO ATTEND

LOCATION Join via live webinar

LOG-IN 11:45 am–12:00 pm

PROGRAM 12:00 pm–1:00 pm

SPEAKING THE LANGUAGE OF THE NERVOUS SYSTEM

DATE 1 Thursday, October 14, 2021

SELF-ASSESSMENT CREATING AWARENESS

DATE 2 Thursday, October 28, 2021

PAUSING TO TAKE A BREATH

DATE 3 Thursday, November 11, 2021

TOOLS FOR CENTERING AT WORK

DATE 4 Thursday, November 18, 2021

VISUALIZATION FOR REST AND RELAXATION

DATE 5 Thursday, December 2, 2021

THERAPEUTIC COMMUNICATION

DATE 6 Thursday, December 16, 2021



Carolina Geriatric Workforce Enhancement Program

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HAVE A QUESTION?

Contact the Program Planner

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Special Services

828-407-2596

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121 Hendersonville Road, Asheville, NC 28803

REGISTRATION FORM

Updated contact information.

Event #66984

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CREDENTIALS _____

SOCIAL SECURITY # XXX-XX-____ (last 4 digits required)

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