

# CAROLINA MOUNTAIN NAON 18<sup>th</sup> Annual Orthopaedic Nursing Conference

## **OCTOBER 7, 2022**

## DESCRIPTION

Join us at MAHEC this Fall in the beautiful mountains of Western North Carolina, or from the comfort of your own home via Webex, for a one-of-a-kind conference. This year's event features speakers from Carolina Hand and Sports Medicine, Asheville Arthritis and Osteoporosis Center, Southeastern Sports Medicine, and Mission Health.

You will have the opportunity to learn more about osteoporosis, biological augmentation of rotator cuff pathology, orthostatic hypotension, ortho-trauma stop the bleed, osteoporosis, and cervical spine disorders.

Along with learning some exciting things about orthopaedic care, you will have the opportunity to network with other orthopaedic care providers and submit questions to an expert panel of speakers. This will be a continuing education activity for nurses, occupational therapists/assistants, and physical therapists/assistants to achieve contact hours. We look forward to having you participate in this educational event.

## AUDIENCE

Nurses, Nursing Assistants, Occupational Therapists/ Assistants, Physical Therapists/Assistants, and all other interested individuals.

#### JOINTLY PROVIDED BY





Location	<b>Live via webinar or in person at</b> MAHEC Education Building 121 Hendersonville Road Asheville, NC 28803
Date	Friday, October 7, 2022
Registration	<b>8:30 am–8:55 am</b> (light breakfast on-site only)
Program	<b>9:00 am–4:00 pm</b> (lunch on-site only)
Program Fee	<b>\$75.00</b> per person

#### **REGISTER ONLINE**

Attend in person (seating is limited) or virtually!

## **OBJECTIVES**

#### Upon completion, participants will be able to:

- Describe the clinical presentation of Orthostatic Hypotension and its implications for mobility and care of patients with orthopaedic conditions
- State the role of the nurse in stopping a bleed in an ortho-trauma emergency
- Discuss the biological augmentation of rotator cuff pathology
- Describe cervical spine disorders
- Discuss the pearls from the national NAON Conference
- State the clinical presentation and treatments for Osteoporosis

### AGENDA

8:30-8:55	Registration, Connect to Webex, and Light Breakfast (provided on-site only)
8:55–9:00	Welcome — Brianna Stepp, BSN, RN — Ronnie Metcalf, EdD, RN-BC, ONC
9:00–10:00	Orthostatic Hypotension — Walter Hill, PT
10:00–10:15	Break
10:15–11:15	Ortho-Trauma Stop the Bleed Presentation — Jackie Gosnell, MSN, RN, TCRN, CEN
11:15–12:15	Biologic Augmentation of Rotator Cuff Pathology — Jay West, MD
12:15–1:15	Lunch (provided on-site only)
1:15–1:45	Cervical Spine Disorders — Erik Olsson, MD
1:45–2:15	Pearls from the National NAON Conference — Angie Chandler, MSN, RN
2:15-2:30	Break
2:30-3:30	Osteoporosis — Jill Vargo, MD
3:30-4:00	Conference Summary, Q&A,

MAHEC assumes permission to use audio, video, and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.

Overview, and Evaluation



### CREDIT

#### **5.5 Nursing Contact Hours**

MAHEC is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Participants must attend 80% of the activity to receive credit.

**Occupational Therapists and Assistants:** As of July 1, 2018, the NCBOT no longer accepts applications for pre-approval of CCAs. OT practitioners need to make sure they are completing activities that comply with Section .0800 of the NCBOT Rules. **5.5** CCAs. Please select contact hours for your certificate.

**Physical Therapists and Assistants:** MAHEC, as part of the NC AHEC system, is a NCBPTE-approved provider of continuing competence for activities directly related to physical therapy. NCBPTE **5.5** contact hours.

**CEUs:** MAHEC designates this live CE activity as meeting the criteria for **0.6** CEUs as established by the National Task Force on the Continuing Education Unit.

**Contact Hours:** MAHEC designates this live CE activity as meeting the criteria for **5.5** contact hours.

## DIRECTIONS

#### MAHEC Education Building Mary C. Nesbitt Biltmore Campus 121 Hendersonville Road, Asheville, NC 28803

**From I-40 E:** Take Exit 50 and turn left onto Hendersonville Road.

**From I-40 W:** Take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

**From 19-23 (I-26):** Take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

#### REGISTRATION

Program fee includes administrative costs, educational materials, a light breakfast, and lunch (meals provided in person at MAHEC only).

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations that are received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Unless otherwise noted in course materials, the following cancellation policy applies to all programs:

- Cancellations must be in writing (via fax, email, or mail)
- Cancellations received more than 2 weeks prior to the event will receive 100% refund
- Cancellations received between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee
- No refunds or credits will be given for cancellations received less than two full business days prior to the event
- No vouchers will be issued in lieu of a refund
- Transfers/substitute(s) are welcome (please notify us in advance of the program)

**REGISTER ONLINE** 

#### **HAVE A QUESTION?**



**Special Services** 828-257-4778

**Program Planner** Ronnie Metcalf, EdD, RN-BC, ONC 828-257-4478 | ronnie.metcalf@mahec.net

**Registration Phone** 828-257-4475

#### Email registration@mahec.net

**Registration Fax** 828-257-4768

#### Mail

**Online Registration** www.mahec.net/cpd

MAHEC Registration 121 Hendersonville Road Asheville, NC 28803

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## **OCTOBER 7, 2022**

**ATTENDANCE SELECTION** 

## **REGISTRATION FORM**

Updated contact information Event #68549	$\Box$ in person at MAHEC* $\Box$ live via webinar	
	*In-person seating is limited, please register early	
Name		
Credentials	Meal Preference (only if attending in person)	
PIN # (4 digits of your choosing that you will use each time you register)	🗌 Vegetarian 🔲 Gluten-free 🔲 Vegan	
Occupation	PAYMENT INFORMATION	
Email Address	Program Fee: \$75.00	
Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists. Please remove me from the MAHEC mailing list	Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.	
Home Address	□ Check is enclosed □ Credit card information below	
City State ZIP	🗌 Visa 🗌 MasterCard 🗌 Discover Card 🗌 AmEx	
Home County	Account #	
Home # Work #	Expiration Month/Year /	
Employer	Verification Code (3 or 4-digit number)	
Department	Name on Card	
Employer's Address	Signature	
City State ZIP	<b>Send completed registration to:</b> MAHEC Registration 121 Hendersonville Road, Asheville, NC 28803	
Work County	Fax completed registration to: 828-257-4768	