

Blue Ridge Sports Medicine Symposium

Friday, April 26, 2019

Time: Registration: 9:00 am – 9:30 am
Program: 9:30 am – 3:00 pm

Place: MAHEC Mary C. Nesbitt Biltmore Campus

Fee: \$50.00 for physicians, advanced practice providers, nurses, OTs, COTAs, PTs, PTAs
\$20.00 for athletic trainers, athletic directors, coaches
\$20.00 for students (proof of student status required at check-in)

Audience

Physicians, advanced practice providers, nurses, occupational therapists and occupational therapy assistants, physical therapists and physical therapy assistants, athletic trainers, athletic directors, coaches, and all other interested individuals

Description

Please join EmergeOrtho/Blue Ridge Division for the first Blue Ridge Sports Medicine Symposium. This exciting event will cover a variety of topics in the treatment of athletes including: evaluation of knee injuries, management of shoulder instability, common foot and ankle sports injuries, current concussion management, nutrition/hydration/heat related illness and femoroacetabular impingement/labral injuries in the athlete. In addition, there will be a case based panel discussion with audience participation to highlight cutting edge and controversial topics. Symposium presenters will include EmergeOrtho sub-specialists as well as expert medical providers from Asheville and surrounding areas.

Objectives

Upon completion of the symposium, participants will be able to:

- Describe clinical evaluation of knee injuries in the athlete
- Evaluate shoulder instability in the athlete
- Define heat related illnesses
- Assess a patient with potential concussion with the most current clinical data available
- Evaluate common hand and wrist injuries in the athlete
- Describe the management of femoroacetabular impingement and labral injuries in the athlete

Agenda

9:00 – 9:30 AM	Registration/Check-in
9:30 – 9:45 AM	Welcome and Introduction
9:45 – 10:15 AM	Evaluation and Management of Knee Injuries Jay Jansen, MD
10:15 – 10:45 AM	Shoulder Instability in the Athlete Robert Boykin, MD
10:45 – 11:00 AM	Break with Vendors
11:00 – 11:30 AM	Common Foot & Ankle Sports Injuries Mark Hedrick, MD
11:30 – 12:00 PM	Sports Related Hand and Wrist Injuries: On Field Evaluation, Management, and Return to Play Patrick King, MD
12:00 – 12:45	LUNCH with Vendors
12:45 – 1:15	Concussion Update 2019 Aaron Vaughan, MD
1:15 – 1:45	Nutrition/Hydration/Heat Related Illnesses Michael Shea, MD
1:45 – 2:00	Break with Vendors
2:00 – 2:30	Management of Femoroacetabular Impingement and Labral Injuries in the Athlete Robert Boykin, MD; Chris Walkerwicz, PT, OCS
2:30 – 3:00	Case Presentations with Audience Response System Panel to include: Jay Jansen, MD; Michael Shea, MD; Robert Boykin, MD and others
3:00	Adjourn

Jointly sponsored by:



Credit

Continuing Medical Education

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of the Mountain Area Health Education Center (MAHEC) and EmergeOrtho/Blue Ridge Division. MAHEC is accredited by the NCMS to provide continuing medical education for physicians.

Credit: MAHEC designates this live educational activity for a maximum of **4.0** AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

4.0 CNE Contact Hours

This continuing nursing education activity was approved by the Mountain Area Health Education Center's Department of Nursing Education, an accredited approver by the American Credentialing Center's Commission on Accreditation.

Participants must attend entire activity to receive credit. No partial credit is given for this activity.

MAHEC adheres to the ANCC/ACCME Standards regarding industry support to continuing nursing education. Disclosure of presenters, planners, and commercial support relationships, if any, will be made known at the time of the activity.

NCBPTE

MAHEC, as part of the NC AHEC system, is a NCBPTE-approved provider of continuing competence for activities directly related to physical therapy. NCBPTE **4.0** contact hours.

Athletic Trainer

NC Area Health Education Center is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of **4.0** hours of Category A continuing education. Certified Athletic Trainers are responsible for claiming only those hours actually spent participating in the continuing education activity.



Continuing Education Units

The Mountain Area Health Education Center designates this continuing education activity as meeting the criteria for **0.4** CEUs as established by the National Task Force on the Continuing Education Unit.

Medical Course Director

Robert Boykin, MD

Planning Committee

EmergeOrtho Blue Ridge Division:

Robert Boykin, MD

Jay Jansen, MD

Stefan Magura, CEO

Mike Piercy, CVE, CWCE

Michael Shea, MD

MAHEC:

Lisa James

Ronnie Metcalf, EdD, RN, ONC

Blue Ridge Sports Medicine Symposium

April 26, 2019

Updated contact information. #19NE033/58283

NAME _____

CREDENTIALS _____

SOCIAL SECURITY # XXX-XX- ____ ____ ____ (last 4 digits required)

OCCUPATION _____

EMAIL ADDRESS _____

HOME ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

HOME COUNTY _____

HOME # _____ **WORK #** _____

EMPLOYER _____

DEPARTMENT _____

EMPLOYER'S ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

WORK COUNTY _____

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

MEAL PREFERENCE: Vegetarian Gluten-free Vegan

REGISTRATION FEE

\$50.00 for physicians and advanced practice providers, nurses, OTs, COTAs, PTs, PTAs

\$20.00 for athletic trainers, athletic directors, coaches

\$20.00 for students (proof of student status required at check-in)

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed Credit card information provided

Visa MasterCard Discover Card American Express

ACCOUNT # _____

EXP ____ / ____ **SECURITY CODE** _____

NAME ON CARD _____

SIGNATURE _____

HAVE A QUESTION?
Contact the Program Planner
Ronnie Metcalf, EdD, RN, ONC
ronnie.metcalf@mahec.net or 828-257-4478



Special Services
828-257-4778

REGISTRATION INFORMATION: 828-257-4475

FAX REGISTRATION: 828-257-4768

ONLINE REGISTRATION: www.mahec.net

EMAIL: registration@mahec.net

MAIL: MAHEC Registration
121 Hendersonville Rd., Asheville, NC 28803

Registration

Registration fee is:

\$50.00 for physicians and advanced practice providers, nurses, OTs, COTAs, PTs, PTAs

\$20.00 for athletic trainers, athletic directors, coaches

\$20.00 for students (proof of student status required at check-in)

Registration includes educational materials, breakfast at check-in, lunch, and refreshments.

MAHEC has a pay-up-front policy for all CE programs. The only exception is for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

Full payment must accompany all registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

MAHEC assumes permission to use audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.

Directions to MAHEC Mary C. Nesbitt Biltmore Campus

121 Hendersonville Road, Asheville NC 28803

From I-40 E: Take Exit 50 and turn left onto Hendersonville Road.

From I-40 W: Take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). Turn right onto the driveway before the Hampton Inn. The MAHEC Biltmore Campus is at the top of the driveway.

From 19-23 (I-26):

Take I-240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex.

Turn left (away from the hotel). Turn right onto the driveway before the Hampton Inn. The MAHEC Biltmore Campus is at the top of the driveway.



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