

# SNANC SPRING MEETING 2018

## Cardiology in the School Setting

JOIN US THURSDAY  
APRIL 26, 2018

<b>LOCATION</b>	<b>MAHEC</b> Mary C. Nesbitt Biltmore Campus 121 Hendersonville Rd. Asheville, NC 28803
<b>DATE</b>	<b>Thursday, April 26, 2018</b>
<b>REGISTRATION PROGRAM</b>	8:30 am–9:00 am ( <i>refreshments provided</i> ) 9:00 am–12:15 pm
<b>Early registration fees through April 19, 2018.</b>	
<b>NON-SNANC MEMBER</b>	<b>\$25.00</b>
<b>SNANC MEMBER</b>	<b>\$10.00</b>
<b>MAHEC SCHOOL NURSES</b>	<b>FREE</b> ( <i>must register to attend</i> )

### AUDIENCE

School Nurses in North Carolina



### OBJECTIVES

Upon completion of this activity, participants will be able to:

- State two cardiac disease prevention measures
- Define the new 2017 HTN guidelines
- Demonstrate the use of guidelines for appropriate referral and follow up
- Demonstrate appropriate technique of taking a blood pressure

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### DESCRIPTION

Cardiology in the school setting. What do you need to know about your student with a cardiology concern? When are restrictions needed for lifestyle choices? This session will focus on the school-age child.

**NOTE:** You are asked to bring your stethoscope and blood pressure cuff with you for the practice session.

### PROGRAM AGENDA

- 8:30–9:00** Registration and Refreshments (*provided*)
- 9:00–10:00** Pediatric Cardiology Update as it Pertains to School Nursing  
— Bridget Hansel, NP
- 10:00–11:00** Blood Pressure: Techniques and Monitoring  
— Tamara Garland, RN, BSN
- 11:00–11:15** Break
- 11:15–12:15** SNANC Business Meeting

### PLANNING COMMITTEE

**Windy McGalliard BSN, RN, NCSN**, President of Western Region SNANC; MAHEC, Asheville, NC.

**Ronnie Metcalf, EdD, RN, ONC**, MAHEC, Asheville, NC

### FACULTY

**Bridget Hansel, NP**, has 18 years of experience as a pediatric nurse. She worked in the PICU before attending Duke University, where she obtained her Masters in Nursing as a student in the Pediatric Nurse Practitioner Acute/Chronic program. Upon graduating in 2008, she was hired by Asheville Cardiology Pediatric Clinic. There, she has been challenged to provide excellent care to the children of Western North Carolina.

**Tamara Garland, RN, BSN**, has been a school nurse for 11 years and has been with Buncombe County School Health Program for almost 5 years. She has also worked as a school nurse in Randolph County, NC and Watauga County, NC. Before joining the Buncombe County School Health Program, Tamara was a triage nurse with Asheville Cardiology Pediatrics for 3 years. She graduated cum laude in 2001 with her BSN from the University of North Carolina at Greensboro and is a member of Sigma Theta Tau. When she is not working, she enjoys cooking for friends and family.

### CREDITS

#### 2.0 CNE Contact Hours

This continuing education activity was approved by MAHEC, an approved provider by the NC Nurses Association (an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation). Participants must attend the entire activity to receive credit. No partial credit is given for this activity.

## REGISTRATION

### Early registration deadline: April 19, 2018

The program registration fee is \$25.00 for Non-SNANC Members, \$10.00 for SNANC Members, and FREE for MAHEC School Nurses (must register to attend). These fees include administrative costs, educational materials, and light refreshments. If registration is received after the deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

*MAHEC assumes permission to use audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.*

## DIRECTIONS

### MAHEC Mary C. Nesbitt Biltmore Campus 121 Hendersonville Road, Asheville, NC 28803

**From I-40 E:** Take Exit 50 & turn left on Hendersonville Rd.

**From I-40 W:** Take Exit 50B & merge on Hendersonville Rd.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

**From 19-23 (I-26):** Take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

#### HAVE A QUESTION?

#### Contact the Program Planner

Ronnie Metcalf, EdD, RN, ONC

ronnie.metcalf@mahec.net or 828-257-4478



Special Services  
828-257-4778

**REGISTRATION INFORMATION:** 828-257-4475

**FAX REGISTRATION:** 828-257-4768

**ONLINE REGISTRATION:** www.mahec.net

**EMAIL:** registration@mahec.net

**MAIL:** MAHEC Registration  
121 Hendersonville Road, Asheville, NC 28803

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[CLICK HERE TO REGISTER](#)

Updated contact information.

**NAME** \_\_\_\_\_

**CREDENTIALS** \_\_\_\_\_

**SOCIAL SECURITY #** XXX-XX-\_\_\_\_ (last 4 digits required)

**OCCUPATION** \_\_\_\_\_

**EMAIL ADDRESS** \_\_\_\_\_

**HOME ADDRESS** \_\_\_\_\_

**CITY** \_\_\_\_\_ **STATE** \_\_\_\_\_ **ZIP** \_\_\_\_\_

**HOME COUNTY** \_\_\_\_\_

**HOME #** \_\_\_\_\_ **WORK #** \_\_\_\_\_

**EMPLOYER** \_\_\_\_\_

**DEPARTMENT** \_\_\_\_\_

**EMPLOYER'S ADDRESS** \_\_\_\_\_

**CITY** \_\_\_\_\_ **STATE** \_\_\_\_\_ **ZIP** \_\_\_\_\_

**WORK COUNTY** \_\_\_\_\_

*Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.*

Please remove my name from the MAHEC mailing list.

**NON-SNANC MEMBER**  \$25.00  \$40.00 (after 4/19/18)

**SNANC MEMBER**  \$10.00  \$25.00 (after 4/19/18)

**MAHEC SCHOOL NURSES**  FREE (must register to attend)

*Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.*

Check is enclosed  Credit card information provided

Visa  MasterCard  Discover Card  American Express

**ACCOUNT #** \_\_\_\_\_

**EXP** \_\_\_\_ / \_\_\_\_ **CODE ON BACK OF CARD** \_\_\_\_\_ (3 digits)

**NAME ON CARD** \_\_\_\_\_

**SIGNATURE** \_\_\_\_\_

**Send completed registration form to:** #18NE046/55625  
MAHEC Registration  
121 Hendersonville Road, Asheville, NC 28803 **Fax:** 828-257-4768