

2ND ANNUAL

LPN SYMPOSIUM

TAKING CARE OF YOURSELF



WEDNESDAY, APRIL 24, 2019



LOCATION

MAHEC Mary C. Nesbitt Biltmore Campus
121 Hendersonville Rd, Asheville NC 28803

DATE

Wednesday, April 24, 2019

REGISTRATION PROGRAM

8:30 am–8:55 am (*light breakfast provided*)
8:55 am–3:45 pm (*lunch provided*)

Early registration fees through April 17, 2019.

FEE

\$40.00

FACULTY

Brian Asbill, MD

Asheville Cardiology

James Sacco, MSW, LCSW

Carol “Katelyn” Mayfield, LCSW

Charles George VA Medical Center

Calvin Gardner, RPSGT, RS

Mission Health System

Elaine Alexander, BSN, MSN, RNC-OB

MAHEC

Trish Rux, RN

DESCRIPTION

The 2nd Annual LPN symposium will address current and important topics related to the practice of the LPN in a variety of clinical settings. Topics to include: Lifestyle Medicine, Integrative Health, Enhancing Clinical Competency through Simulation; Sleep Apnea; Suicide Prevention; and Self Care for the LPN. This event will also provide clinical education with poster presentations developed by and presented by LPNs within the region. As healthcare reform continues to take shape, the role of the LPN will continue to be an integral part of the nursing workforce that is needed for healthcare reform.

AUDIENCE

LPN, Nursing Home Administrators, Directors of Nursing, RN and all other interested individuals

OBJECTIVES

Upon completion of this activity, participants will be able to:

- List ways to reduce suicide rate related to LPN Role in in-patient care
- Define Lifestyle Medicine and how it relates to self-care for LPNs
- Explain how sleep apnea affects the LPN and how it impacts solid work performance
- Evaluate how simulation impacts clinical competency

CALL FOR POSTER PRESENTATIONS

For requirements, registration, and information:

[CLICK HERE](#)

CREDITS

5.0 CNE Contact Hours

Mountain Area Health Education Center (MAHEC) is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Participants must attend 80% of the activity to receive credit.

NH Administrator: Application has been made to the North Carolina Board of Examiners for Nursing Home Administrators' credit.

CEUs: MAHEC designates this continuing education activity as meeting the criteria for **0.5 CEUs** as established by the National Task Force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.



REGISTRATION

Early registration deadline: April 17, 2019

The early registration fee is \$40.00. The program fees include administrative costs, educational materials, light breakfast, and lunch. If registration is received after the deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

DIRECTIONS

MAHEC Mary C. Nesbitt Biltmore Campus 121 Hendersonville Road, Asheville NC 28803

From I-40 E: Take Exit 50 and turn left onto Hendersonville Road.

From I-40 W: Take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

From 19-23 (I-26):

Take I-240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex.

Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.



Updated contact information.

NAME _____

CREDENTIALS _____

SOCIAL SECURITY # XXX-XX-____ (last 4 digits required)

OCCUPATION _____

EMAIL ADDRESS _____

HOME ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOME COUNTY _____

HOME # _____ WORK # _____

EMPLOYER _____

DEPARTMENT _____

EMPLOYER'S ADDRESS _____

CITY _____ STATE _____ ZIP _____

WORK COUNTY _____

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

MEAL PREFERENCE: Vegetarian Gluten-free Vegan

FEE: \$40.00 \$55.00 (after April 17th)

Please choose which breakout session you would like to attend:

12:30-1:30PM

A. Enhancing Clinical Competency Through Simulation

B. Sleep Apnea "Getting a Better Nights Sleep, for a Better Day at Work"

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed Credit card information provided

Visa MasterCard Discover Card American Express

ACCOUNT # _____

EXP ____ / ____ CODE ON BACK OF CARD _____ (3 digits)

NAME ON CARD _____

SIGNATURE _____

Send completed registration form to: # 19NE022/57326
MAHEC Registration
121 Hendersonville Rd., Asheville, NC 28803 Fax to: 828-257-4768

HAVE A QUESTION?

Contact the Program Planner

Ronnie Metcalf, EdD, RN, ONC

ronnie.metcalf@mahec.net or 828-257-4478



Special Services
828-257-4778

REGISTRATION INFORMATION: 828-257-4475

FAX REGISTRATION: 828-257-4768

ONLINE REGISTRATION: www.mahec.net

EMAIL: registration@mahec.net

MAIL: MAHEC Registration

121 Hendersonville Rd., Asheville, NC 28803

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