



# Advancing Care for Older Adults:



## GERONTOLOGICAL NURSE CERTIFICATION REVIEW COURSE

**APRIL 2 & 3, 2018**

<b>LOCATION</b>	MAHEC Mary C. Nesbitt Biltmore Campus 121 Hendersonville Rd, Asheville NC 28803
<b>DATE</b>	<b>Monday, April 2, 2018</b>
<b>REGISTRATION PROGRAM</b>	8:00 am–8:30 am ( <i>light breakfast provided</i> ) 8:30 am–5:00 pm ( <i>lunch provided</i> )
	and
<b>DATE</b>	<b>Tuesday, April 3, 2018</b>
<b>REGISTRATION PROGRAM</b>	8:00 am–8:15 am ( <i>light breakfast provided</i> ) 8:15 am–4:45 pm ( <i>lunch provided</i> )
<b>Early registration fees through March 26, 2018.</b>	
<b>BOTH DAYS</b>	<b>\$199.00</b>
<b>ONE DAY ONLY</b>	<b>\$99.00</b> ( <i>attend either Monday or Tuesday</i> )
<b>GROUPS OF FIVE OR MORE FROM SAME AGENCY</b>	<b>\$179.00</b> ( <i>must register/pay at the same time</i> )
<b>STUDENT</b>	<b>\$99.00</b> ( <i>must provide student ID at check-in</i> )
<b>MAHEC EMPLOYEE</b>	<b>\$99.00</b>

### DESCRIPTION

The rapidly growing population of older adults in the US requires nurses to develop the clinical skills and knowledge to plan, manage and evaluate the complex healthcare needs of older adults. Nurses care for older adults in a variety of settings ranging from active older adults in the community to frail older adults in the acute and long-term care setting. Nurses must be prepared to incorporate health promotion and chronic disease management principles in practice to maximize older adults' functional status and independence. This course will provide registered nurses with a framework of gerontological expertise to prepare them to improve their clinical practice, and to take the American Nurses Credentialing Center (ANCC) Gerontological Nurse Certification exam. LPNs are invited to attend this program for professional development but are not eligible to take the ANCC exam.

### AUDIENCE

APRNs, RNs and LPNs. LPNs are welcome to enroll for professional development but are not eligible for the exam.

### OBJECTIVES

Upon completion of this activity, participants will be able to:

- Prepare themselves for the ANCC Gerontological Nurse Certification Exam
- Promote positive attitudes in gerontological nursing through person-centered and culturally relevant care
- Translate geriatric knowledge and skills into quality care for older adults in diverse settings including acute, long term, and community-based care
- Discuss the impact of normal age-related changes and chronic disease in the planning & delivery of nursing care
- Examine the implications of regulatory, legal, and health policy issues for nursing practice related to the care of older adults
- State the scope and standards of practice for the gerontological nurse
- Apply palliative care, hospice and pain management principles to care of the older adult

### FACULTY

**Cathy Hebert, PhD, RN GCNS-BC**

**Candie Ross-Moore, NP**

**Duncan Sharrits, PT, MHS, CEEAA**

**Tasha Woodall, PharmD, CGP, CPP**

**Kimberly Miller, RN, MSN, CDE**

**Sharon Bigger, MA, BSN, RN-BC, CHPN**

**Julia Gibson, Regional LTC Ombudsman**

**Nicki Applefield, Esp**

*MAHEC assumes permission to use recorded audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.*



*This project is supported by funds from the Bureau of Health Professions (BHP), Health Resources and Services Administration (HRSA), Department of Health and Human Services (DHHS) under grant number #U1QHP28734-01-00, Carolina Geriatric Workforce Enhancement Program. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by the BHP, HRSA, DHHS or the U.S. Government.*

[CLICK HERE TO REGISTER](#)

## AGENDA: MONDAY, APRIL 2, 2018

- 8:00–8:30** Registration & Light Breakfast (*provided*)
- 8:30–8:45** Welcome and Course Overview  
— Cathy Hebert, PhD, RN GCNS-BC
- 8:45–9:45** Gerontological Nursing: History, Theory, Scope and Standards  
— Cathy Hebert, PhD, RN GCNS-BC
- 9:45–10:45** Musculoskeletal Issues in the Older Adult: A Focus on Function  
— Duncan Sharrits, PT, MHS, CEEAA
- 10:45–11:00** Break
- 11:00–12:30** Safety: Health Prevention/Promotion Vaccines and Screens  
— Candie Ross-Moore, NP
- 12:30–1:15** Lunch (*provided*)
- 1:15–2:45** Medication Considerations in Older Adults  
— Tasha Woodall, PharmD, CGP, CPP
- 2:45–3:00** Break
- 3:00–5:00** Geriatric Assessment & Changes with Aging  
— Cathy Hebert, PhD, RN GCNS-BC

## AGENDA: TUESDAY, APRIL 3, 2018

- 8:00–8:15** Registration & Light Breakfast (*provided*)
- 8:15–8:45** Chronic Diseases: Diabetes in the Older Adult  
— Kimberly Miller, RN, MSN, CDE
- 8:45–9:30** Chronic Diseases: Stroke  
— Mission Stroke Team
- 9:30–10:15** Chronic Diseases: CHF in the Older Adult  
— TBA
- 10:15–10:30** Break
- 10:30–12:00** Pain, End of Life and Palliative Care  
— Sharon Bigger, MA, BSN, RN-BC, CHPN
- 12:00–12:45** Lunch (*provided*)
- 12:45–1:45** LTC and Resident Rights: CMS & QI  
— Julia Gibson, Regional LTC Ombudsman
- 1:45–2:45** The Older Adult & Legal Issues: Advanced Care Planning, Abuse & Fraud and Ethical Considerations  
— Nicki Applefield, Esp
- 2:45–3:00** Break
- 3:00–4:00** Dementia, Delirium and Depression  
— Cathy Hebert, PhD, RN GCNS-BC
- 4:00–4:30** Test Taking Strategies  
— Cathy Hebert, PhD, RN GCNS-BC
- 4:30–4:45** Course Wrap-Up, Review and Evaluation  
— Cathy Hebert, PhD, RN GCNS-BC

## CREDITS

**14.5 CNE Contact Hours (Both Days)**  
**7.25 CNE Contact Hours (One Day Only)**

This continuing education activity was approved by MAHEC, an approved provider by the North Carolina Nurses Association (an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation). Participants must attend the entire activity to receive credit. No partial credit is given for this activity.

**Nursing Home Administrators:** This program has been approved for **14.5 Hours** by the North Carolina Board of Examiners for Nursing Home Administrators. Course #18008. Full attendance on both days is required in order to claim CE credit—no partial credit will be awarded.

**CEUs:** MAHEC designates this continuing education activity as meeting the criteria for **1.5 CEUs (Both Days) or 0.8 CEUs (One Day Only)** as established by the National Task Force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.

**Contact Hours:** MAHEC designates this continuing education activity as meeting the criteria for **14.5 Contact Hours (Both Days) or 7.25 Contact Hours (One Day Only)**. Full attendance is required to receive credit.

## PLANNING COMMITTEE

**Cathy Hebert, PhD, RN GCNS-BC**  
Demential Friendly WNC, Asheville, NC

**Rhonda Egerton, PTA**  
MAHEC, Asheville, NC

**Ronnie Metcalf, EdD, RN-BC, ONC**  
MAHEC, Asheville, NC

## REGISTRATION

**Early registration deadline: March 26, 2018**

The registration fee is \$199.00 for Both Days, \$99.00 for One Day Only (attend either Monday or Tuesday), \$179.00 for groups of five or more from the same agency (must register and pay at the same time), \$99.00 for Students (must provide valid student ID at check-in), and \$99.00 for MAHEC Employees. These program fees include administrative costs, educational materials, a light breakfast and lunch. If registration is received after the deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

## DIRECTIONS

**MAHEC Mary C. Nesbitt Biltmore Campus**  
121 Hendersonville Road, Asheville NC 28803

**From I-40 E:** Take Exit 50 and turn left onto Hendersonville Road.

**From I-40 W:** Take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

### From 19-23 (I-26):

Take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex.

Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

### HAVE A QUESTION?

#### Contact the Program Planner

Rhonda Egerton, PTA  
rhonda.egerton@mahec.net or 828-257-2984



Special Services  
828-257-4778

**REGISTRATION INFORMATION:** 828-257-4475

**FAX REGISTRATION:** 828-257-4768

**ONLINE REGISTRATION:** www.mahec.net

**EMAIL:** registration@mahec.net

**MAIL:** MAHEC Registration  
121 Hendersonville Road, Asheville, NC 28803

## Advancing Care for Older Adults: GERONTOLOGICAL NURSE CERTIFICATION REVIEW COURSE

APRIL 2 & 3, 2018

Updated contact information.

**NAME** \_\_\_\_\_

**CREDENTIALS** \_\_\_\_\_

**SOCIAL SECURITY # XXX-XX-** \_\_\_\_\_ (last 4 digits required)

**OCCUPATION** \_\_\_\_\_

**EMAIL ADDRESS** \_\_\_\_\_

**HOME ADDRESS** \_\_\_\_\_

**CITY** \_\_\_\_\_ **STATE** \_\_\_\_\_ **ZIP** \_\_\_\_\_

**HOME COUNTY** \_\_\_\_\_

**HOME #** \_\_\_\_\_ **WORK #** \_\_\_\_\_

**EMPLOYER** \_\_\_\_\_

**DEPARTMENT** \_\_\_\_\_

**EMPLOYER'S ADDRESS** \_\_\_\_\_

**CITY** \_\_\_\_\_ **STATE** \_\_\_\_\_ **ZIP** \_\_\_\_\_

**WORK COUNTY** \_\_\_\_\_

*Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.*

Please remove my name from the MAHEC mailing list.

**MEAL PREFERENCE:**  Vegetarian  Gluten-free  Vegan

**BOTH DAYS:**  \$199.00  \$214.00 (after March 26th)

**ONE DAY ONLY:**  \$99.00  \$114.00 (after March 26th)

**Select day:**  Monday 4/2/18 **OR**  Tuesday 4/3/18

**GROUPS OF FIVE OR MORE** (same agency)  \$179.00  \$194.00 (after March 26th)  
(must register and pay at the same time)

**STUDENTS:**  \$99.00  \$114.00 (after March 26th)  
(must present student ID at check-in)

**MAHEC EMPLOYEES:**  \$99.00  \$114.00 (after March 26th)

*Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.*

Check is enclosed  Credit card information provided

Visa  MasterCard  Discover Card  American Express

**ACCOUNT #** \_\_\_\_\_

**EXP** \_\_\_\_ / \_\_\_\_ **CODE ON BACK OF CARD** \_\_\_\_\_ (3 digits)

**NAME ON CARD** \_\_\_\_\_

**SIGNATURE** \_\_\_\_\_

**Send completed registration form to:** #18NE018/53709  
MAHEC Registration  
121 Hendersonville Rd., Asheville, NC 28803 **Fax to:** 828-257-4768

