

**MARCH
27-28
2019**

PHYSICAL ASSESSMENT REVIEW



LOCATION MAHEC Mary C. Nesbitt Biltmore Campus
Simulation Center (lower level of OB/GYN)
119 Hendersonville Rd, Asheville, NC 28803

DATE **Wednesday, March 27, 2019**
REGISTRATION 8:30 am–8:55 am
PROGRAM 9:00 am–4:45 pm

DATE **Thursday, March 28, 2019**
REGISTRATION 8:30 am–9:00 am
PROGRAM 9:00 am–4:30 pm

EARLY REGISTRATION FEES THROUGH MARCH 20, 2019

PROGRAM FEE **\$200.00**

RN REFRESHER **FREE** (must be enrolled in an RN Refresher course to qualify for this special rate)

STUDENTS **\$125.00** (must show student ID at check-in)

DESCRIPTION

This intensive, two-day course is designed to review basic anatomy and physiology and refine previously learned, hands-on, assessment skills and culminates with student demonstrations of an adult physical examination. In each system, a representative selection of abnormal findings will be discussed. The unique aspect of this course is the guidance provided through lecture and demonstration by the instructor, and the supervised return demonstration of the physical exam process by the participants using the four basic skills of assessment: Inspection, Palpation, Percussion, and Auscultation.

CREDITS

12.0 CNE Contact Hours: Mountain Area Health Education Center (MAHEC) is an approved provider of continuing nursing education by the NC Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Participants must attend 80% of the activity to receive credit

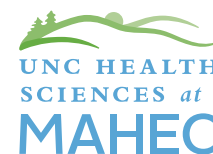
CEUs: Mountain Area Health Education Center (MAHEC) designates this continuing education activity as meeting the criteria for **1.2 CEUs** as established by the National Task Force on the Continuing Education Unit.

Contact Hours: Mountain Area Health Education Center (MAHEC) designates this live continuing education activity as meeting the criteria for **12.0 Contact Hours**.

AUDIENCE

RNs and RN Refreshers

This program is being offered in cooperation with the UNC-CH School of Nursing.



OBJECTIVES

Upon completion of this live continuing education activity, course participants will be able to:

- Describe the significant parts of the normal anatomy and physiology of the skin, ear, nose, throat, head, neck, heart, lungs, and abdomen; and musculoskeletal and neurological systems
- Identify and carry out the six elements that are part of an adult's health history
- Based on knowledge of anatomy and physiology, identify techniques that are part of an adult's health assessment
- Accurately perform those techniques to fully assess the skin, ears, eyes, nose, throat, head, neck, heart, lungs, and abdomen
- Carry out screening examinations of the musculoskeletal and neurological systems
- Distinguish between normal and common abnormal findings in all systems

FACULTY

Jean A. Davison, MSN, FNP-BC, DNP, completed her Masters of Nursing at UNC–Chapel Hill in 2000 and her Doctorate of Nursing Practice at Duke University in 2012. She has over 20 years of nursing experience focused on Emergency Medicine and Public Health, and over 12 years of primary care practice as a family nurse practitioner in federally-qualified community health centers.

Dr. Davison has been a clinical assistant professor at UNC-Chapel Hill since 2006, teaching in the graduate school, and is currently the UNC ambassador to the National Health Service Corp. Additionally, she has led over 12 medical mission teams around the world working with Compassion Med International.

[CLICK HERE TO REGISTER](#)

MAHEC assumes permission to use audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.

PROGRAM AGENDA

WEDNESDAY, MARCH 27, 2019

- 8:30–8:55** Registration, Check-in and Refreshments
- 8:55–9:00** Welcome and Announcements
- 9:00–9:15** Introduction
- 9:15–10:30** **Module 1:** Taking a Complete Health History
- 10:30–10:45** Break
- 10:45–11:15** History Practice
- 11:15–12:00** **Module 2:** Examining the Skin
- 12:00–1:00** Lunch (*on your own*)
- 1:00–2:00** **Module 3:** Examining the Nose, Mouth, Throat, Head and Neck
- 2:00–3:00** **Module 4:** Examining the Ears
- 3:00–3:15** Break
- 3:15–4:45** **Module 5:** Examining the Eyes

THURSDAY, MARCH 28, 2019

- 8:30–9:00** Registration, Check-in and Refreshments
- 9:00–10:15** **Module 6:** Examining the Respiratory System
- 10:15–10:30** Break
- 10:30–12:00** **Module 7:** Examining the Cardiovascular System
- 12:00–1:00** Lunch (*on your own*)
- 1:00–2:15** **Module 8:** Examining the Abdomen
- 2:15–2:30** Break
- 2:30–3:00** **Module 9:** Musculoskeletal Screening Exam
- 3:00–4:00** **Module 10:** Neurological Screening Exam
- 4:00–4:30** **Module 11:** Putting It all Together:
A Review of the Full Examination and Evaluation

HAVE A QUESTION?

Contact the Program Planner

Bonnie Garner, MS, CPN, CCHC, RN

bonnie.garner@mahec.net or 828-257-4458

REGISTRATION INFORMATION

FAX REGISTRATION

ONLINE REGISTRATION

EMAIL

MAIL MAHEC Registration

121 Hendersonville Road, Asheville, NC 28803



Special Services

828-348-3623

828-257-4475

828-257-4768

www.mahec.net

registration@mahec.net

REGISTRATION

Early registration deadline: March 20, 2019

The registration fee is \$200.00, FREE for RN Refreshers (must be enrolled in an RN Refresher course to qualify), and \$125.00 for Students (must show student ID at check-in). These fees include administrative costs, educational materials, and refreshments. If registration is received after the deadline, the total will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

DIRECTIONS

MAHEC Mary C. Nesbitt Biltmore Campus

Simulation Center (lower level of OB/GYN building)
119 Hendersonville Road, Asheville, NC 28803

From I-40 E: Take Exit 50; turn left on Hendersonville Rd.

From I-40 W: Take Exit 50B; merge on Hendersonville Rd.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

From 19-23 (I-26): Take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.



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PHYSICAL ASSESSMENT REVIEW: MARCH 27-28, 2019

Updated contact information.

NAME _____

CREDENTIALS _____

SOCIAL SECURITY # XXX-XX-____ (last 4 digits required)

OCCUPATION _____

EMAIL ADDRESS _____

HOME ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

HOME COUNTY _____

HOME # _____ **WORK #** _____

EMPLOYER _____

DEPARTMENT _____

EMPLOYER'S ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

WORK COUNTY _____

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

PROGRAM FEE \$200.00 \$215.00 (after 3/20/19)

RN REFRESHER FREE (must be enrolled in an RN Refresher course to qualify)

STUDENTS \$125.00 \$140.00 (after 3/20/19)
(must provide student ID at check-in)

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed Credit card information provided

Visa MasterCard Discover Card American Express

ACCOUNT # _____

EXP ____ / ____ **CODE ON BACK OF CARD** _____ (3 digits)

NAME ON CARD _____

SIGNATURE _____

Send completed registration form to: #19NE032/58161
MAHEC Registration
121 Hendersonville Road, Asheville, NC 28803 **Fax:** 828-257-4768