



Aromatherapy: Therapeutic Use of Essential Oils in Healthcare



*Class size limited.
Register early!*

Friday, February 12, 2016

Location: MAHEC Mary C. Nesbitt Biltmore Campus
121 Hendersonville Rd. Asheville, NC 28803

Date: Friday, February 12, 2016
Registration: 8:30 am - 9:00 am (*light breakfast provided*)
Program: 9:00 am - 4:00 pm (*lunch provided*)

Early registration fees through February 5th:

Fee: \$89.00
Groups: \$75.00
(Five or more from same agency, registering and paying at same time)

This one-day workshop will examine the use of essential oils in healthcare. Specific suggestions will be provided for aromatherapy application throughout the life span.

AUDIENCE

Nurses and other healthcare providers interested in the use of aromatherapy.

OBJECTIVES

Upon completion of this educational event, the learner should be able to:

- Identify the historical origins of essential oil use for various health conditions
- Recognize specific uses for aromatherapy in healthcare
- Discuss the use of essential oils for select medical conditions
- Evaluate therapeutic properties associated with essential oil use for healthcare providers
- Demonstrate blending of specific essential oils for designated medical uses

FACULTY

Julie Jones, MSN, RN, CHTP, is a registered nurse with a MA in nursing education, as well as a certified aromatherapist, a certified healing touch practitioner, a health and wellness coach, and a board-certified holistic health practitioner.

AGENDA

8:30am-9:00am	Registration and Coffee
9:00am-10:30am	Historical Origins of Essential Oils: Bergamot, Eucalyptus, Geranium and Lavender
10:30am-10:45am	Break
10:45am-12:00pm	Basic Properties of Essential Oils: Rosemary, Siberian Fir and Vetiver
12:00pm-1:00pm	Lunch (provided)
1:00pm-2:45pm	Therapeutic Properties and Safety Data: Lemon, Marjoram, Orange and Patchouli
2:45pm-3:00pm	Break
3:00pm-4:00pm	Blending of Oils and Applications to Patient Care
4:00pm	Adjourn



CREDITS

5.5 CNE Contact Hours.

This continuing nursing education activity was approved by the Mountain Area Health Education Center's Department of Nursing Education, an accredited approver by the American Credentialing Center's Commission on Accreditation.

Participants must attend entire activity to receive credit. No partial credit is given for this activity.

MAHEC adheres to the ANCC/ACCME Standards regarding industry support to continuing nursing education. Disclosure of presenters, planners, and commercial support relationships, if any, will be made known at the time of the activity.

CEU: The Mountain Area Health Education Center designates this continuing education activity as meeting the criteria for **0.6 CEUs** as established by the National Task force on the Continuing Education Unit. You must attend the entire activity or activities to receive CEUs.

REGISTRATION

Early Registration Deadline: February 5, 2016

Early registration fee is \$89.00 and \$75.00 for groups (five or more from same agency, registering and paying at same time). Registration fee includes administrative costs, educational materials, light breakfast and lunch. If registration is received after the deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

Directions to the Biltmore Campus

121 Hendersonville Rd., Asheville, NC, 28803

From I-40 Eastbound, take Exit 50 and turn left onto Hendersonville Road.

From I-40 Westbound, take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree Hotel complex. Turn left towards the Biltmore Village Lodge. Just before the Biltmore Village Lodge turn right and go up the hill to the MAHEC Biltmore Campus.

From 19-23 (I-26) take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light turn right into the DoubleTree Hotel complex. Turn left towards the Biltmore Village Lodge. Just before the Biltmore Village Lodge turn right and go up the hill to the MAHEC Biltmore Campus.

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Updated contact info

Name _____

Credentials _____

Social Security # **XXX-XX-**____ (last 4 digits required)

Occupation _____

E-mail Address _____

Home Address _____

City _____ State _____ Zip _____

Home County _____

Home # _____ Work # _____

Employer _____

Department _____

Employer's Address _____

City _____ State _____ Zip _____

Work County _____

Program announcements will be sent to your email unless you opt out from receiving emails from MAHEC. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

Please provide a:

Vegetarian Option

Gluten-free Option

After February 5th:

Fee:

\$89.00

\$104.00

Groups:

\$75.00

\$90.00

(five or more from same agency, registering and paying at same time)

Full payment must accompany all registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed (*Made payable to MAHEC*) Credit card info provided

Visa Mastercard Discover Card American Express

Account # _____

Exp _____ / _____ Code on back of card _____

Name on Card _____

Signature _____

16NE012/48071

Send completed registration form to:

MAHEC Registration

121 Hendersonville Rd., Asheville, NC 28803

Fax to 828-257-4768

Have a question?

Program Planner:

Elaine Alexander, MSN, RNC-OB

elaine.alexander@mahec.net

Registration Information:

Fax Registration:

Online Registration:

Email:

Mail: MAHEC Registration

121 Hendersonville Rd., Asheville, NC 28803



Special Services:
828-257-4468

828-257-4414

828-257-4475

828-257-4768

www.mahec.net

registration@mahec.net