

# MAHEC PROJECT ECHO® FOR SCHOOL NURSES

## 10-Part Video Teleconferencing Series Starting Wednesday, January 16, 2019



<b>LOCATION</b>	Project ECHO® Video Teleconferencing
<b>MODULE 1</b>	Wednesday, <b>January 16, 2019</b>
<b>MODULE 2</b>	Wednesday, <b>January 30, 2019</b>
<b>MODULE 3</b>	Wednesday, <b>February 13, 2019</b>
<b>MODULE 4</b>	Wednesday, <b>February 27, 2019</b>
<b>MODULE 5</b>	Wednesday, <b>March 13, 2019</b>
<b>MODULE 6</b>	Wednesday, <b>March 27, 2019</b>
<b>MODULE 7</b>	Wednesday, <b>April 24, 2019</b>
<b>MODULE 8</b>	Wednesday, <b>May 8, 2019</b>
<b>MODULE 9</b>	Wednesday, <b>May 22, 2019</b>
<b>MODULE 10</b>	Wednesday, <b>June 5, 2019</b>
<b>SNOW DATES</b>	The snow date for each module will be the following Wednesday, when feasible.
<b>REGISTRATION</b>	2:50 pm–3:00 pm ( <i>same for every module</i> ) <b>Note:</b> must login at 2:50 pm for attendance
<b>PROGRAM</b>	3:00 pm–4:00 pm ( <i>same for every module</i> )

### EARLY REGISTRATION FEES THROUGH JANUARY 9, 2019

**SERIES FEE**      **\$100.00**

## DESCRIPTION

**Project ECHO®** is a lifelong learning and guided practice model that revolutionizes medical education to provide best-practice specialty care and reduce health disparities. ECHO is led by an expert team that uses multi-point videoconferencing to conduct virtual learning sessions comprised of a short didactic followed by case presentations provided by participants.

This video teleconferencing series, guided by experts, takes place over ten bi-weekly modules (one-hour each) and will cover topics specific to school nurses, including:

- Diabetes Management in Schools
- Pediatric Seizure Disorders
- Hypertension (new pediatric guidelines)
- Asthma
- Screening, Brief Intervention, and Referral to Treatment (SBIRT) + CRAFFT 2.0
- Mental Health (depression/suicide prevention)
- Dermatology: Safe at School? When to Refer
- Return to Learn: Concussion Management
- Motivational Interviewing (MI)
- Practice Sessions using MI Techniques

**PLEASE NOTE:** School nurse participants will be asked to present a real world case to faculty and peers for direct feedback. Nurses will be awarded CNE credit per session and are encouraged have video turned on for attendance verification.



## AUDIENCE

School Nurses in North Carolina

[CLICK HERE TO REGISTER](#)

## OBJECTIVES

**Upon completion of this series, participants will be able to:**

- Identify interventions for assessing and managing dermatological conditions, hypertension, diabetes, mental health disorders, asthma, seizure disorders, and concussions
- Implement the Screening, Brief Intervention, and Referral to Treatment (SBIRT) and CRAFFT 2.0 screening tools in schools
- Develop skills to conduct Brief Negotiated Interviews (BNI) and use Motivational Interviewing (MI) skills in student interviews, healthy behavior reinforcement conversations, brief interventions, and referrals during the SBIRT process

## CREDITS

### 1.0 CNE Contact Hours per module

Mountain Area Health Education Center (MAHEC) is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

**CEUs:** MAHEC designates this live continuing education activity as meeting the criteria for **0.1 CEUs per module** as established by the National Task Force on the Continuing Education Unit.

**Contact Hours:** MAHEC designates this live continuing education activity as meeting the criteria for **1.0 Contact Hours per module**.

## REGISTRATION

**Early registration deadline: January 9, 2019**

The registration fee is \$100.00. This fee includes administrative costs and educational materials. If your registration is received after the deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

*MAHEC engages in evaluation activities to better understand the impact of our programs. By registering for this course, you agree that we may use your personal information in evaluative research regarding this program. Any reports published will be de-identified and reported in aggregate format.*

## MEDICAL COURSE DIRECTOR

Susan Alexander, MD, MAHEC, Asheville, NC

## FACULTY

**Susan Alexander, MD** is a MAHEC Family Medicine physician practicing in WNC. She sees patients at MAHEC Family Medicine in Enka/Candler, just west of Asheville at the foot of Mount Pisgah. She provides care across the spectrum of family medicine, including care for newborns, children, adults, and pregnant women.

**Suzette M. LaRoche, MD** is an epileptologist and Medical Director of the Epilepsy Center at Mission Health in Asheville, NC.

**Joshua Schactman, MSW, LCAS-A, LCSW**, joined MAHEC in December 2014. He has worked in adult mental health since 1999 and adult/child mental health since 2007. Before coming to MAHEC, he helped establish walk-in counseling and assessment services for adults and children in an outpatient community mental health setting. He has also regularly consulted with the DSS on complex cases in Rutherford and Polk Counties. Prior to this, he worked in an adult substance abuse program and partial hospitalization programs. Schactman completed his undergraduate degree at the University of Massachusetts and obtained his MSW from the University of Georgia. He works with patients to build on their strengths and resiliency, while working to connect them with resources in their own community. He believes in matching interventions with patients' readiness to change and having the relationship as the focal point for the change agent.

**Aaron Vaughan, MD**, graduated from Wright State University Boonshoft School of Medicine and completed his residency in Family Medicine at the University of Virginia. He later completed a primary care sports medicine fellowship at UNC-CH, where he was the team physician for the Carolina Hurricane Professional Hockey team as well as for UNC-CH. Dr. Vaughan moved to WNC in 2013, where he has been employed at MAHEC as the Sports Medicine Director as well as the Primary Care Sports Medicine Fellowship Director. He continues this appointment and is also a Clinical Assistant Professor for UNC-CH. Dr. Vaughan is active at the national level with the AMSSM (American Medical Society for Sports Medicine) conducting research on a yearly basis. Locally, he is the Primary Care Sports Medicine Director for Mission Sports Medicine. He serves as the team physician for UNC-A as well as Asheville City Schools and Carolina Day School. He provides medical coverage for multiple sports teams in the Asheville area, and has also been the medical director for a number of local events. Dr. Vaughan is on the board of directors for the Asheville Buncombe Regional Sports Commission and is also a board member for BIANC (Brain Injury Association of NC). His primary professional interests are in non-surgical orthopaedics, ultrasound medicine, regenerative medicine, Exercise is Medicine, and traumatic brain injury/concussion management.

## PLANNING COMMITTEE

- **Susan Alexander, MD**, MAHEC, Asheville, NC
- **Alice Elio, MSN, RN, NCSN**, MAHEC, Asheville, NC
- **Lourdes Lorenz-Miller, RN, MSN, NEA-BC, AHN-BC**, MAHEC, Asheville, NC
- **Ronnie Metcalf, EdD, RN, OCN**, MAHEC, Asheville, NC

## MAHEC PROJECT ECHO<sup>®</sup> FOR SCHOOL NURSES



## Video Teleconferencing Series (10-Part) Starting 1/16/2019

Updated contact information.

NAME \_\_\_\_\_

CREDENTIALS \_\_\_\_\_

SOCIAL SECURITY # XXX-XX- \_\_\_\_\_ (last 4 digits required)

OCCUPATION \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

HOME ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

HOME COUNTY \_\_\_\_\_

HOME # \_\_\_\_\_ WORK # \_\_\_\_\_

EMPLOYER \_\_\_\_\_

DEPARTMENT \_\_\_\_\_

EMPLOYER'S ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

WORK COUNTY \_\_\_\_\_

*Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.*

Please remove my name from the MAHEC mailing list.

*MAHEC assumes permission to use audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.*

SERIES FEE  \$100.00  \$115.00 (after January 9, 2019)

*Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.*

Check is enclosed  Credit card information provided

Visa  MasterCard  Discover Card  American Express

ACCOUNT # \_\_\_\_\_

EXP \_\_\_\_ / \_\_\_\_ CODE ON BACK OF CARD \_\_\_\_\_ (3 digits)

NAME ON CARD \_\_\_\_\_

SIGNATURE \_\_\_\_\_

Send completed registration form to: #19NE029/57864  
MAHEC Registration  
121 Hendersonville Road, Asheville, NC 28803 Fax: 828-257-4768



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### HAVE A QUESTION?

#### Contact the Program Planner

Lourdes Lorenz-Miller, RN, MSN, NEA-BC, AHN-BC  
[lourdes.lorenz-miller@mahec.net](mailto:lourdes.lorenz-miller@mahec.net) or 828-707-5111

#### REGISTRATION INFORMATION

828-257-4475

#### FAX REGISTRATION

828-257-4768

#### ONLINE REGISTRATION

[www.mahec.net](http://www.mahec.net)

#### EMAIL

[registration@mahec.net](mailto:registration@mahec.net)

#### MAIL

MAHEC Registration  
121 Hendersonville Road, Asheville, NC 28803



#### Special Services

828-257-4492