# MAHEC Project ECHO®: Behavioral Health for Chronic Pain

# **Free 6-Part Live Webinar Series**

**Live Webinar** (Zoom platform)

Attend any or all sessions in this series!

11:30 am-12:00 pm

Location

Check-in



	(same for every session; you must login at 11:50 am for attendance)	
Program	12:00 pm–1:00 pm (same for every session)	
Series Fee	FREE (must register	to attend)
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## **DATES & TOPICS**

- Thursday, October 6, 2022
   Understanding Chronic Pain and Opioids
- 2. Thursday, October 13, 2022
  CBT for Chronic Pain
- Thursday, October 20, 2022
   Impact of COVID-19 on
   Healthcare Providers and Clients



- **4. Thursday, October 27, 2022**Emerging Evidence-Based Pain Intervention Tools
- Thursday, November 10, 2022Mindfulness Approaches for Chronic Pain
- **6. Thursday, November 17, 2022**Common Co-Occuring Issues with Chronic Pain

MAHEC engages in evaluation activities to better understand the impact of our programs. By registering for this course, you agree that we may use your personal information in evaluative research regarding this program. Any reports published will be de-identified and reported in aggregate form.

MAHEC assumes permission to use audio, video, and still images from this program for promotional and educational purposes. Speak with a staff member if you have any concerns.

#### **HAVE A QUESTION?**



**Special Services** 919-436-9448

### **Program Planner**

Alexis Gigliello, MPH

828-579-3775 | alexis.gigliello@mahec.net

**Registration Phone** 

828-257-4475

registration@mahec.net

**Registration Fax** 

828-257-4768

**Mail**MAHEC Registration

Online Registration

121 Hendersonville Road Asheville, NC 28803

www.mahec.net/cpd