

CARING FOR YOUR CONGREGATION:

Mental Health Resources for Clergy

Thursday, September 22, 2016

in Asheville

OR

Tuesday, September 27, 2016

in Fayetteville



Date: Thursday, September 22, 2016
Registration: 8:00 am - 8:30 am
Program: 8:30 am - 4:30 pm
Location: MAHEC Mary C. Nesbitt Biltmore Campus
121 Hendersonville Rd. Asheville, NC 28803

OR

Date: Tuesday, September 27, 2016
Registration: 8:00 am - 8:30 am
Program: 8:30 am - 4:30 pm
Location: Fayetteville State University
Business and Economics Bldg. Rm 145
Fayetteville, NC 28301

FREE, but must register to attend

In the United States, the number of people suffering with mental illness and substance use disorders is at a record high (SAMHSA, 2013). Community faith leaders are commonly turned to as initial support for those coping with mental health or substance use disorders. Clergy are charged with helping individuals with a variety of mental health symptoms, including anxiety, depression and substance use. Those with more severe issues are more often turning to clergy when appropriate services are not available.

There is little guidance for how clergy should respond to these needs, causing increased stress on faith leaders. This training will provide instruction on:

- Basic mental health education on the signs and symptoms
- Skills to overcome barriers to mental health and substance use treatment
- Skills to assist clergy in coping with crises
- Clergy scope of practice and the need for referral
- Identifying internal and external church resources

AUDIENCE

The audience for this training is specific to clergy who are on the front lines of this need; however, lay people who serve in ministerial or leadership roles in the church may also benefit.

OBJECTIVES

Upon completion of this course, participants will be able to:

- Identify the signs and symptoms of mental illness
- Identify appropriate crisis response
- Identify their scope of practice
- Identify the available community resources for appropriate referrals and collaboration for whole person care
- Determine when/how/where to refer congregants for additional support and the perimeters of the expectations of their role as a faith leader
- Develop support systems in the church to assist in aiding the mentally ill in connecting to community mental health and other services

In collaboration with:



FOUNDATION FOR HEALTH
LEADERSHIP & INNOVATION

James B. Drake

THE DUKE ENDOWMENT



FACULTY

Bryan Hatcher, M.Div., MSW, LCSW, is an ordained minister, a Licensed Clinical Social Worker, and currently serves as Chief Operating Officer for CareNet of North Carolina, Inc. He offers counseling and psychotherapy for families, adults, adolescents and school-age children and has extensive experience in treating depression, anxiety, trauma, and relational issues. As a minister, he has served several churches as pastor and often serves churches with interim ministry services and pulpit supply and enjoys providing educational seminars and retreats. He is also a certified business coach and offers life, career, and business coaching services for individuals and organizations. Bryan holds a BA degree from Mercer University, M.Div. degree from Duke University, and an MSW from University of North Carolina - Chapel Hill. Additionally, he is certified as an EMDR therapy provider and has earned the Duke University Nonprofit Management Certification and the Duke University Business Coach Certification. He is currently enrolled in the UNC Certificate of Public Health Core Concepts.

Monica W. Harrison, MSW, LCSW, is a Licensed Clinical Social Worker with over 11 years in behavioral health integration throughout North Carolina. Her significant clinical experience and background in human development and family studies has provided her with a unique professional history. From providing direct clinical services to children and adults in a FQHC primary care health practice and nephrology center, she has worked with clients from birth through end of life. As a clinician, Monica has utilized several models for providing brief interventions including SBIRT, PCBH and collaborative care. Monica's diverse professional background has also provided her with executive leadership experience as the social work manager over 14 dialysis centers from Greensboro to Charlotte and as the behavioral health manager of a FQHC with seven sites across the Piedmont. In these posts, she focused on quality improvement and honed her professional skills in writing, executing, and managing federal and community foundation grants. As an esteemed alum of the Joint Masters of Social Work Program of North Carolina A&T State University and the University of North Carolina at Greensboro, Monica has been happy to provide behavioral health integration internships and supervision experiences for workforce development.

Cathy Hudgins, PhD, LMFT, LPC, joined the NC Center of Excellence for Integrated Care (COE) as Executive Director in May 2013. In her role, Dr. Hudgins is part of a team that works across the state and nation to promote successful, sustainable Integrated Care. As an Integrated Care professional, she is not only a generalist but also specializes in Integrated Care ethics, policy, and program development. Prior to joining NC COE, Dr. Hudgins has gained experience in Integrated Care management and development, Integrated Care behavioral health consulting, crisis assessment and intervention, community-based and college-based outpatient counseling, in-patient assessment and intervention, and community mental health consulting. As co-founder and prior Director of the Radford University Center for Integrated Care Training and Research, she has also trained and developed integrated systems and participated in research and grant writing initiatives. An active member of the Collaborative Family Health Association and the American Association for Marriage and Family Therapy (AAMFT), she presents locally and nationally on Integrated Care. Dr. Hudgins received her doctorate in Marriage and Family Therapy from Virginia Tech.

Rev. Allen Stanton is a provisional elder from the Western North Carolina Annual Conference. He earned his Master of Divinity from Duke Divinity School, where he was a Thriving Rural Communities Fellow and the inaugural World Vision Justice Fellow. Allen earned his BA in political science and religious studies from Wake Forest University, where he was a Richter Research Fellow. Recently, Allen completed a year long appointment to the Institute for Emerging Issues at NC State University, leading the first phase of a 24-month grant to increase community engagement in rural churches throughout North Carolina. Allen currently serves on loan to the North Carolina Annual Conference, pastoring Merritt's Chapel UMC, a rural church in Chatham County.

Lisa Tyndall, PhD, LMFT, is a licensed Marriage and Family Therapist and an American Association of Marriage and Family Therapy Approved Supervisor. Prior to her role as a Technical Assistant at the Center of Excellence for Integrated Care, Dr. Tyndall served as the Clinic Director for the East Carolina University Family Therapy Clinic where she helped train masters and doctoral level therapist interns. She has experience providing clinical services in an integrated care setting as well as in a traditional clinic setting. She has also received advanced level training in Emotion Focused Therapy. She has published works on topics including Medical Family Therapy, parenting education, and mindfulness. Her interests include aiding the effort in spreading whole person care so that individuals, couples and families can experience true healing.

COMMITTEE MEMBERS

Elizabeth Flemming, MA, LPC
MAHEC | Asheville, NC

Cathy Hudgins, PhD, LPC, LMFT
North Carolina Center of Excellence for Integrated Care | Cary, NC

Monica Harrison, MSW, LCSW
North Carolina Center of Excellence for Integrated Care | Cary, NC

Bryan Hatcher, M.Div., MSW, LCSW
CareNet of North Carolina, Inc. | Winston Salem, NC

Rev. Scott Melton, M. Div.
MAHEC | Asheville, NC

Quinton Nichols, PhD, MSW
Fayetteville State University | Fayetteville, NC

Rev. Allen Stanton, M. Div.
Western North Carolina Annual Conference | Chapel Hill, NC

Lisa Tyndall, PhD, LMFT
North Carolina Center of Excellence for Integrated Care | Cary, NC

Molly N. Williams, MSW, ACSW
Fayetteville State University | Fayetteville, NC

AGENDA

8:30am-9:00am	Learning Objectives and Introductions
9:00am-10:15am	Identifying Mental Health Signs and Symptoms
10:15am-10:30am	Break
10:30am-11:30am	Barriers to Helping and How to Overcome Them
11:30am-12:00pm	Case Example Discussion
12:00pm-1:30pm	Lunch and Break (<i>provided by the Duke Endowment</i>)
1:30pm-2:30pm	One on One Brief Assessment and Crisis Management
2:30pm-2:45pm	Break
2:45pm-3:45pm	Congregational Care Maintenance
3:45pm-4:30pm	Role Plays and Question and Answer

CREDITS

CEUs: MAHEC designates this continuing education activity as meeting the criteria for **6.0 Contact Hours**

**FREE,
but must
register
to attend**

Directions to MAHEC Biltmore Campus

121 Hendersonville Rd., Asheville, NC, 28803

From I-40 Eastbound, take Exit 50 and turn left onto Hendersonville Road.

From I-40 Westbound, take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

From 19-23 (I-26) take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

Directions to Fayetteville State University

Business and Economics Bldg. Rm 145

Fayetteville, NC 28301

<http://www.uncfsu.edu/our-campus/directions>



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**Contact information will be shared with program
co-sponsors**

Updated contact info

Name _____

Credentials _____

Social Security # **XXX-XX-**____ (last 4 digits required)

Occupation _____

E-mail Address _____

Home Address _____

City _____ State _____ Zip _____

Home County _____

Home # _____ Work # _____

Employer _____

Department _____

Employer's Address _____

City _____ State _____ Zip _____

Work County _____

Program announcements will be sent to your email unless you opt out from receiving emails from MAHEC. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

17MH008/50183

Send completed registration form to:

MAHEC Registration

121 Hendersonville Rd., Asheville, NC 28803

Fax to 828-257-4768

Have a question?



Special Services:
828-257-4761

Contact for MAHEC Program:

Scott Melton, M.Div. 828-257-4402
scott.melton@mahec.net

Contact for Fayetteville State University Program:

Lisa Tyndall, PhD, LMFT 919-821-0485
lisa.tyndall@foundationhli.org

Registration Information:

Fax Registration: 828-257-4768
Online Registration: www.mahec.net
Email: registration@mahec.net

Mail: MAHEC Registration
121 Hendersonville Rd., Asheville, NC 28803