

Ethics of Being Trauma Informed



5 ETHICS
HOURS

TUESDAY, APRIL 17, 2018

LOCATION: MAHEC Mary C. Nesbitt Biltmore Campus
121 Hendersonville Rd, Asheville NC 28803

REGISTRATION: 8:30 am - 9:00 am (*light breakfast provided*)

PROGRAM: 9:00 am - 3:30 pm (*lunch provided*)

Early registration fees available through April 10th:

FEE: \$135

GROUP: \$120

(*Five or more from same agency, registering and paying at same time*)

STUDENT: \$70

(*Proof of enrollment required at check-in*)

PEER SUPPORT SPECIALIST: \$70

MAHEC EMPLOYEE: \$15

The Ethics of Being Trauma-Informed™ is a compelling, unique and experiential ethics workshop providing mental health clinicians with a variety of trauma-focused practical skills and vital information to positively enhance client care, expand options, and increase perspective. Trauma-informed care across widespread systems, practices and settings will be reviewed and analyzed, in light of various ethical issues.

Audience

Licensed mental health clinicians and practitioners who work with individuals with a history of trauma, including psychologists, licensed clinical social workers, licensed counselors, licensed marriage and family therapists, and substance abuse professionals.

Objectives

Upon completion of this program, participants will be able to:

- List ways in which mental health practice may be enhanced and updated to include Trauma-Informed Practice
- Discuss a working definition of trauma
- Explain the basic neuroscience of trauma
- Outline the core competencies as a trauma-informed clinician
- Develop and articulate clinical and personal standards of practice as a TI practitioner
- List the ethical implications of practicing inside - or outside - of this context
- Create a Practice Pledge for their agencies

Agenda

9:00-10:30am	Introduction to Neuroscience of Basic Trauma Trauma as a Sensory Experience How Does Trauma Show Up in the Therapy Room?
10:30-10:45am	Break
10:45-12:00pm	Introduction to Sensory Based Therapies as "Better Ethical Practice" Linking Trauma Informed Care to Ethically Based Care Mindfulness Umbrella Journal Therapy Sand Tray Therapy Play Therapy
12:00-1:00pm	Lunch (provided)
1:00-2:15pm	Experiential Introductions to Expressive Therapies (continued) The Benefits of Trauma-Informed Systems as Ethical Care for Clients
2:15-2:30pm	Break
2:30-3:35pm	Trauma-Informing Your Practice - Ethics Pledge Sensory Based Debriefing Closing Exercise

Faculty

Cherie L. Spehar, MSW, LCSW, CTC-S, RPT-S, is a Licensed Clinical Social Worker, Facilitator, Registered Play Therapist-Supervisor, and Certified Trauma Consultant-Supervisor in Apex, NC. A clinician since 1994, she has dedicated her life to the well-being and healing of children, women and families. Cherie's professional path has found her in a variety of roles such as Executive Director of The Child Abuse Prevention Center in Raleigh, North Carolina and Training Coordinator and Developer with the North Carolina State University Social Work Department. Ms. Spehar may be found at her private practice center, Smiling Spirit Pathways, a haven for traumatized clients, where consultation, training, child and family therapy, and trauma services are provided. Other services in which Cherie specializes are children's groups, resiliency workshops, "trauma parenting," and women's wellness. She also serves as a field instructor for UNC-Chapel Hill School of Social Work. Ms. Spehar is a Certified Trauma Consultant-Supervisor with The National Center for Trauma and Loss in Children (TLC) and has served hundreds of children and adults with TLC Programs. Additionally, she has pioneered efforts in local and statewide school systems to bring Trauma-Informed approaches into the educational setting. She also provides regular consultation to community agencies on Trauma-Informed Care. Ms. Spehar delivers local and national presentations on working with traumatized children and adults. She further specializes in therapeutic writing interventions and holds a Certificate of Advanced Study in this expressive therapy field. Cherie recently developed a Trauma Mentorship Program in which she accepts beginner and advanced candidates for intensive study in the use of trauma-informed interventions.

Credits



NBCC: Mountain Area Health Education Center (MAHEC) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5514. Programs that do not qualify for NBCC credit are clearly identified. MAHEC is solely responsible for all aspects of the programs. Full attendance is required to receive credit. **5.0 hours**



NAADAC: This course has been approved by MAHEC, as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #96726. MAHEC is responsible for all aspects of their programming. Full attendance is required to receive credit from NAADAC. **Approved for 5.0 hours.**

Psychologists: MAHEC is recognized by the North Carolina Psychology Board as an approved Provider of Category A Continuing Education for North Carolina Licensed Psychologists. **Approved for 5.0 hours Category A.** Full attendance is required.

CEUs: MAHEC designates this continuing education activity as meeting the criteria for **0.50 CEUs** as established by the National Task Force on the Continuing Education Unit. Full attendance is required to receive credit.

Contact Hours: MAHEC designates this continuing education activity as meeting the criteria for **5.0 Contact Hours.** Full attendance is required to receive credit.



This presenter is being supported through a partnership between UNC-CH, School of Social Work and the NCAHEC Program.

Registration

Early Registration Deadline: April 10, 2017

Early registration fee is \$135, \$120 for groups (five or more from same agency, registering and paying at same time), \$70 for students (proof of enrollment required at check-in), \$70 for peer support specialists, and \$15 for MAHEC employees. Registration fee includes administrative costs, lunch, and educational materials. If registration is received after the deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

Directions to the Biltmore Campus

121 Hendersonville Rd., Asheville, NC, 28803

From I-40 Eastbound, take Exit 50 and turn left onto Hendersonville Road.

From I-40 Westbound, take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

From 19-23 (I-26) take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

MAHEC assumes permission to use audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.

HAVE A QUESTION?

CE Planner:
Barbara Warren, MSW, LCSW, LCAS-A, CFT 828-257-4728
barbara.warren@mahec.net

Registration Information: 828-257-4475
Fax Registration: 828-257-4768
Online Registration: www.mahec.net
Email: registration@mahec.net
Mail: MAHEC Registration
121 Hendersonville Rd., Asheville, NC 28803



Special Services:
828-257-4778

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TUESDAY, APRIL 17, 2018

Updated contact info

Name _____

Credentials _____

Social Security # **XXX-XX-**____ (last 4 digits required)

Occupation _____

E-mail Address _____

Home Address _____

City _____ State _____ Zip _____

Home County _____

Home # _____ Work # _____

*Employer _____

Department _____

Employer's Address _____

City _____ State _____ Zip _____

Work County _____

Program announcements will be sent to your email unless you opt out from receiving emails from MAHEC. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

Please provide a:

Vegetarian Option

Gluten-free Option

After April 10th

Fee: \$135 \$150

Groups: \$120 ~~\$135~~ *\$120 late fee waived*
(Five or more from same agency, registering and paying at same time)

Students: \$70 \$85
(Proof of enrollment required at check-in)

Peer Support Specialist: \$70 \$85

MAHEC Employees: \$15 ~~\$30~~ *\$15 late fee waived*

Full payment must accompany all registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed (made payable to MAHEC) Credit card info provided

Visa Mastercard Discover Card American Express

Account # _____

Exp ____ / ____ Code on back of card _____

Name on Card _____

Signature _____

Send completed registration form to: # 18MH009/53666

MAHEC Registration

121 Hendersonville Rd., Asheville, NC 28803

Fax to 828-257-4768