

# **ETHICAL ISSUES:**

Treating Pandemic Trauma

MONDAY, APRIL 12, 2021

LOCATION DATE WEBINAR LOGIN

**PROGRAM** 

Attend virtually via live webinar Monday, April 12, 2021

8:30 am-9:00 am 9:00 am-1:15 pm

**EARLY FEES AVAILABLE NOW THROUGH APRIL 5, 2021** 

\$99.00 General Program Fee

**FREE** MAHEC Employees (must register in order to attend)

#### **DESCRIPTION**

The COVID-19 pandemic has impacted almost every aspect of life in America. Unique stressors, not previously faced, have had negative effects on individuals, couples, and families. In order to best help and support clients during this unprecedented time, psychologists and other mental health professionals must be aware of pandemic-specific factors which may result in trauma.

Ethical care demands that all psychotherapists be aware of their own personal views and beliefs about current events to minimize bias and countertransference. It is also imperative that therapists be able to adopt therapeutic techniques to remotely treat trauma on livestream platforms. Please join **Dr. Heather Ulrich**, clinical psychologist, for this highly-relevant ethics seminar. This is a great opportunity to obtain ethics hours needed to renew your clinical license, while simultaneously increasing insight necessary to provide optimal remote care in this time of crisis.

#### **FACULTY**

Heather Ulrich, PhD, is a licensed psychologist in the states of North Carolina and Delaware, with exceptional expertise in the fields of infant mental health, attachment, child development, family dynamics, relational neurobiology, trauma, and toxic stress. Dr. Ulrich has practiced in a wide variety of settings including academia, community mental health centers, private practice, and research-based programs. As a compelling and captivating speaker, Dr. Ulrich has presented practical, evidence-based information and clear solutions at national conferences for a multitude of organizations. Currently, she has a successful practice providing telehealth-based therapy to the families of Delaware and North Carolina. Dr. Ulrich also founded "Parent 911," an online parent coaching and education organization serving families across the United States and around the world.

### **AUDIENCE**

Psychologists, Licensed Clinical Social Workers, Licensed Counselors, Substance Use Therapists, Marriage and Family Therapists, and other Mental Health Clinicians interested in this topic.

#### **OBJECTIVES**

Upon completion of this seminar, participants will be able to:

- Discuss multiple, unique stressors that have occurred during 2020-2021 to-date and their individual and cumulative impact on individuals, couples, and families
- Identify ethically sound ways of discussing current events to minimize any therapist bias or personal views impacting client treatment
- Outline ethical strategies and techniques to provide client care in a remote-based capacity

#### **CREDITS**



**NAADAC:** This course has been approved by MAHEC, as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #165445. MAHEC is responsible for all aspects of their programming. Approved for **4.0** hours.



**NBCC:** MAHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5514. Programs that do not qualify for NBCC credit are clearly identified. MAHEC is responsible for all aspects of their programs. Approved for **4.0** hours.

**Psychologists:** MAHEC is recognized by the NC Psychology Board as an approved Provider of Category A Continuing Education for NC Licensed Psychologists. Approved for **4.0** hours Category A.

**CEUs:** MAHEC designates this live continuing education activity as meeting the criteria for **0.4** CEUs as established by the National Task Force on the Continuing Education Unit.

**Contact Hours:** MAHEC designates this live continuing education activity as meeting the criteria for **4.0** contact hours.



#### AGENDA (EST)

8:30-9:00 Webinar Login 9.00-10.00 Ethical Implications: Stressors Unique to 2020-2021 To-date and Impact on Individuals, Couples, and **Families** 10:00-11:00 Compounded Effects of Trauma Requiring Ethically-Sound Response 11:00-11:15 11:15–12:00 Addressing Client Responses to Current **Events While Minimizing Therapist Bias** 12:00-1:00 Ethical Strategies and Techniques: Providing Client Care in Virtual Settings 1:00-1:15 Key Takeaway Points / Questions & Answers

#### REGISTRATION

#### Early registration deadline: April 5, 2021

Program fees include administrative costs and educational materials. If your registration is received after the early registration deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations that are received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Unless otherwise noted in course materials, the following cancellation policy applies to all programs:

- Cancellations must be in writing (via fax, email, or mail)
- Cancellations received more than 2 weeks prior to the event will receive 100% refund
- Cancellations received between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee
- No refunds or credits will be given for cancellations received less than two full business days prior to the event
- · No vouchers will be issued in lieu of a refund
- Transfers/substitute(s) are welcome (please notify us in advance of the program)

MAHEC assumes permission to use audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.

## HAVE A QUESTION? Contact the Program Planner



Special Services 828-348-3630

registration@mahec.net

Barbara Warren, MSW, LCSW, LCAS-A, CFT

barbara.warren@mahec.net or 828-257-4728

REGISTRATION INFORMATION FAX REGISTRATION ONLINE REGISTRATION EMAIL

828-257-4475 828-257-4768 www.mahec.net.cpd

MAIL MAHEC Registration

121 Hendersonville Road, Asheville, NC 28803

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Updated contact information.	Event #64899
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CREDENTIALS	
SOCIAL SECURITY # XXX-XX	(last 4 digits required)
OCCUPATION	
EMAIL ADDRESS	
HOME ADDRESS	
CITY	STATE ZIP
HOME COUNTY	
HOME #	WORK #
EMPLOYER	
DEPARTMENT	
EMPLOYER'S ADDRESS	
CITY	_ STATE ZIP
WORK COUNTY	
_	\$99.00 \[ \] \$114.00 (after 4/5/21)  FREE (must register to attend)
	all submitted registrations unless a I in advance. Registrations received iill not be processed.
Check is enclosed Cre	edit card information provided
☐ Visa ☐ MasterCard ☐ Dis	scover Card
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