



Ethical and Therapeutic Considerations in the Treatment of Trauma and Dissociation

Monday, April 8, 2019

OBJECTIVES

Upon completion of this seminar, participants will be able to:

- Identify and explore the intersection of their personal and professional ethics, and ways in which their ethical decision-making might be further developed
- Discuss flexible guidelines that support adaptive growth in both client and therapist
- Identify common ethical issues in the treatment of complex trauma
- Employ practical approaches to resolve specific complex ethical dilemmas in chronic trauma survivors
- Analyze the ethical use of therapeutic boundaries with clients who have experienced complex trauma
- Examine at least two ethical dilemmas in their current caseload

CREDITS



NAADAC: This course has been approved by MAHEC, as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #96726. MAHEC is responsible for all aspects of their programming. Full attendance is required to receive credit from NAADAC. Approved for **6.0 Hours**.



NBCC: MAHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5514. Programs that do not qualify for NBCC credit are clearly identified. MAHEC is solely responsible for all aspects of their programs. Full attendance is required to receive credit. Approved for **6.0 Hours**.

Psychologists: MAHEC is recognized by the North Carolina Psychology Board as an approved Provider of Category A Continuing Education for North Carolina Licensed Psychologists. Approved for **6.0 Hours Category A**. Full attendance is required to receive credit.

CEUs: MAHEC designates this continuing education activity as meeting the criteria for **0.6 CEUs** as established by the National Task Force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.

Contact Hours: MAHEC designates this continuing education activity as meeting the criteria for **6.0 Contact Hours**. Full attendance is required to receive credit.

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| LOCATION | MAHEC Mary C. Nesbitt Biltmore Campus 121 Hendersonville Rd, Asheville, NC 28803 |
| DATE | Monday, April 8, 2019 |
| REGISTRATION PROGRAM | 8:30 am–9:00 am (<i>continental breakfast provided</i>) 9:00 am–4:30 pm (<i>lunch provided</i>) |

EARLY REGISTRATION FEES THROUGH APRIL 1, 2019

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|-----------------|---|
| \$159.00 | Program Fee |
| \$145.00 | Groups of Five or More from the Same Agency (<i>per person; must register and pay at the same time</i>) |
| \$85.00 | Peer Support Specialists |
| \$85.00 | Students (<i>must provide valid student ID at check-in</i>) |
| \$15.00 | MAHEC Employees |

DESCRIPTION

This unique workshop explores complicated ethical dilemmas in treating clients with complex trauma and dissociation. Common ethical challenges will be discussed, including re-victimization, safety issues such as self-harm and suicidality, boundary and dependency problems, management of intense countertransference, working with severe dissociative disorders, what do to when therapy is at an impasse, and dilemmas faced when using evidence-based protocols versus other types of effective therapies. Group discussion, case examples, and didactic material will offer a lively day of interaction and learning.

AUDIENCE

Mental health professionals including substance abuse counselors, social workers, psychologists, counselors, marriage and family therapists, school counselors and other professionals interested in this subject



AGENDA

- 9:00–9:30** Exploring the Intersection of Personal Ethics and Professional Ethics
- 9:30–10:00** Limits of Professional Codes of Ethics and How to Bridge Them In
- 10:00–10:30** Resolving Confusion Between What is Legal and What is Ethical
- 10:30–10:45** Break (*refreshments provided*)
- 10:45–11:15** Ethical Challenges in Complex Trauma and Dissociation
- 11:15–11:45** Dilemmas in using Evidence-based Protocols Versus Other Types of Therapy
- 11:45–12:15** Management of Countertransference as an Ethical Issue
- 12:15–1:15** Lunch (*provided*)
- 1:15–1:45** Ethical Challenges in Complex Trauma and Dissociation
- 1:45–2:15** Treatment Frame and Boundary Issues, Including the Challenges of Dependency
- 2:15–2:45** Ethics and Safety Issues
- 2:45–3:00** Break (*refreshments provided*)
- 3:00–3:15** Ethical Challenges in Complex Trauma and Dissociation
- 3:15–3:30** Managing Dissociative Disorders in an Ethical Way
- 3:30–4:00** Ethics and Team Conflicts and Splitting
- 4:00–4:30** Ethics and Reporting, Termination, and Referrals
- 4:30** Adjournment

FACULTY

Kathy Steele, MN, CS, APRN, has been in private practice in Atlanta, Georgia for more than three decades, specializing in the treatment of complex trauma, dissociation, and attachment difficulties. She excels in working with challenging cases and employing complicated therapies to achieve lasting results. Kathy is the recipient of a number of awards for her clinical and published works, including the 2010 Lifetime Achievement Award from the International Society for the Study of Trauma and Dissociation. She frequently consults and lectures on an international level. She has (co) authored three books in the acclaimed Norton Series on Interpersonal Neurobiology, including *The Haunted Self: Structural Dissociation of the Personality* and *Treatment of Chronic Traumatization* (2006), *Coping with Trauma-related Dissociation: Skills Training for Patients and Therapists* (2011), and most recently, *Treating Trauma-related Dissociation: A Practical, Integrative Approach* (2017).

Stephanie Citron, PhD, LP, specializes in treatment of trauma as a licensed clinical psychologist, trainer and consultant. She is a certified Somatic Experiencing Practitioner (SEP) and a senior trainer in the Reconnect for Resilience curriculum. In the United States and on an international level, Stephanie has trained both mental health professionals and lay community health workers in the use of effective emotional regulation skills. With a long established private clinical practice in Asheville, NC, Stephanie serves adults and adolescents who have experienced acute and complex trauma, mood disorders, women's health issues and couples conflict.

Since 2010, she has conducted trauma training after disasters in Haiti and the Philippines. Dr. Citron currently directs Resources for Resilience which brings resiliency training to schools, hospitals, systems of care, prisons and jails, shelters, churches, first responders and others who serve on the front lines dealing with trauma in the Southeastern United States.



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REGISTRATION

Early registration deadline: April 1, 2019

The registration fee for this program is \$159.00, \$145.00 for Groups of Five or More from the Same Agency (per person; must register and pay at the same time), \$85.00 for Peer Support Specialists, \$85.00 for Students (must provide valid student ID at check-in), and \$15.00 for MAHEC Employees. These fees include administrative costs, educational materials, and lunch. If registration is received after the deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

DIRECTIONS

MAHEC Mary C. Nesbitt Biltmore Campus
121 Hendersonville Road, Asheville, NC 28803

From I-40 E: Take Exit 50 and turn left onto Hendersonville Road.

From I-40 W: Take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

From 19-23 (I-26): Take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

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Monday, April 8, 2019

Updated contact information.

NAME _____

CREDENTIALS _____

SOCIAL SECURITY # XXX-XX- ____ ____ ____ (last 4 digits required)

OCCUPATION _____

EMAIL ADDRESS _____

HOME ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

HOME COUNTY _____

HOME # _____ **WORK #** _____

EMPLOYER _____

DEPARTMENT _____

EMPLOYER'S ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

WORK COUNTY _____

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

MEAL PREFERENCE Vegetarian Gluten-free Vegan

PROGRAM FEE \$159.00 \$174.00 (after 4/1/19)

GROUPS OF FIVE OR MORE (same agency) \$145.00 \$160.00 (after 4/1/19) (must register and pay at the same time)

PEER SUPPORT SPECIALISTS \$85.00 \$100.00 (after 4/1/19)

STUDENTS \$85.00 \$100.00 (after 4/1/19) (must provide student ID at check-in)

MAHEC EMPLOYEES \$15.00 \$30.00 (after 4/1/19)

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed Credit card information provided

Visa MasterCard Discover Card American Express

ACCOUNT # _____

EXP ____ / ____ **CODE ON BACK OF CARD** _____ (3 digits)

NAME ON CARD _____

SIGNATURE _____

Send completed registration form to: # 19MH030/57672
MAHEC Registration
121 Hendersonville Road, Asheville, NC 28803 **Fax:** 828-257-4768

HAVE A QUESTION? Contact the Program Planner



Special Services
828-257-4778

Barbara Warren, MSW, LCSW, LCAS-A, CFT
barbara.warren@mahec.net or 828-257-4728

REGISTRATION INFORMATION: 828-257-4475

FAX REGISTRATION: 828-257-4768

ONLINE REGISTRATION: www.mahec.net

EMAIL: registration@mahec.net

MAIL: MAHEC Registration
121 Hendersonville Road, Asheville, NC 28803