

AFTERSHOCK: *Responding to the After Effects of Unexpected Mass Violence*



Wednesday, February 26, 2020

LOCATION	MAHEC Mary C. Nesbitt Biltmore Campus Education Building 121 Hendersonville Rd, Asheville NC 28803
DATE	Wednesday, February 26, 2020
REGISTRATION PROGRAM	8:30 am–9:00 am (<i>light breakfast provided</i>) 9:00 am–4:30 pm (<i>lunch provided</i>)
SNOW DATE	Wednesday, March 11, 2020

EARLY REGISTRATION FEES THROUGH FEBRUARY 19, 2020

PROGRAM FEE	\$99.00
FIVE OR MORE FROM SAME AGENCY	\$75.00 (<i>must register at the same time</i>)
RN REFRESHER STUDENTS & STUDENTS	\$49.00 (<i>must show student ID at check-in</i>)
MAHEC EMPLOYEES	Free (<i>must register to attend</i>)

[CLICK HERE TO REGISTER](#)

DIRECTIONS

MAHEC Mary C. Nesbitt Biltmore Campus
121 Hendersonville Road, Asheville, NC 28803

From I-40 E: Take Exit 50; turn left on Hendersonville Rd.

From I-40 W: Take Exit 50B; merge on Hendersonville Rd.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

From 19-23 (I-26): Take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

DESCRIPTION

Violence in our society has unfortunately become an all too common part of daily life. Large scale mass casualty incidents present significant challenges for immediate response as well as for coping in the aftermath as communities attempt to recover. Human service professionals and emergency responders play multiple roles throughout these processes. It is essential that human service professionals recognize complex issues from both an internal and practice standpoint, and are prepared to respond to as they work within highly-charged, traumatic environments.

FACULTY

Matt Sullivan, JD, MSW | As the town of Chapel Hill's Fire Chief, and as a member of the town's executive staff, Matt Sullivan is responsible for oversight, development and implementation of the town's strategic vision. Prior to his appointment as Fire Chief, he served as the town's Emergency Management Coordinator, which included, directing all emergency management efforts, assisting with the development of emergency preparedness plans, and providing practical oversight for the Emergency Operations Center.

Prior to these recent appointments, Matt spent 26 years in the Chapel Hill Police Department, where he served in a variety of roles including staff legal advisor, interim police attorney, police crisis counselor, narcotics investigator, public safety officer, departmental hostage negotiator, community police officer, crime prevention officer and as a youth services DARE officer.

This presenter is being supported through a partnership between the UNC-CH, School of Social Work and the NC AHEC Program

OBJECTIVES

Upon completion of this program, participants will be able to:

- List multiple roles that human service professionals may play in responding to incidents of mass violence in a community.
- Discuss possible signs and symptoms of traumatic stress that may present in individuals.
- Explain how to recognize symptoms of secondary trauma and compassion fatigue.
- List viable strategies that can be utilized for self-care when working within emotionally charged traumatic environments.
- Outline the importance of an organizational continuity of operations plan (COOP) and the challenges presented by mass casualty violence incidents.

AGENDA

- 8:30-9:00** On-Site Registration / Check-In (*light breakfast provided*)
- 9:00-10:30** Immediate Impacts after an Incident of Mass Violence — Challenges Presented
- Roles of Human Services Professionals and Emergency Responders During Incidents of Community Mass Violence
- Response Considerations / Planning
- 10:30-10:45** Break (*with refreshments*)
- 10:45-12:15** Signs and Symptoms of Traumatic Stress
- Recognizing Symptoms of Secondary Trauma and Compassion Fatigue
- Effective Self-Care Strategies to Apply in Emotionally-Charged, Traumatic Environments
- Introduction to Designing an Organizational Continuity of Operations Plan (COOP)
- 12:15-1:15** Lunch (*provided*)
- 1:15-2:45** Practicum / Table Top Exercise
- Reactions
- 2:45-3:00** Break (*with refreshments*)
- 3:00-3:30** Table Top Discussion
- Development of Crisis Response Plans and COOPs for Key Areas in Western North Carolina
- 3:30-4:30** Group Discussion of Comprehensive Crisis Response Plans / COOP / Logistics and Community Implementation; Questions and Planning for Follow Up
- 4:30** Adjournment

HAVE A QUESTION?

Contact the Program Planner

Barbara Warren, MSW, LCSW, LCAS-A, CFT
barbara.warren@mahec.net or 828-257-4728



Special Services

828-348-3624

REGISTRATION INFORMATION

828-257-4475

FAX REGISTRATION

828-257-4768

ONLINE REGISTRATION

www.mahec.net/cpd

EMAIL

registration@mahec.net

MAIL

MAHEC Registration
121 Hendersonville Road, Asheville, NC 28803

CREDITS



NBCC: MAHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5514. Programs that do not qualify for NBCC credit are clearly identified. MAHEC is solely responsible for all aspects of their programs. Approved for **6.00** hours.



NAADAC: This course has been approved by MAHEC, as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #165445. MAHEC is responsible for all aspects of their programming. Approved for **6.00** hours.

Psychologists: MAHEC is recognized by the North Carolina Psychology Board as an approved Provider of Category A Continuing Education for North Carolina Licensed Psychologists. Approved for **6.00** hours Category A.

CEUs: MAHEC designates this continuing education activity as meeting the criteria for **0.60** CEUs as established by the National Task Force on the Continuing Education Unit.

Contact Hours: MAHEC designates this live continuing education activity as meeting the criteria for **6.00** contact hours.

AUDIENCE

All interested health and human services professionals, as well as emergency responders.

REGISTRATION

Early registration deadline: February 19, 2020

The program registration fee is \$99.00; \$75.00 for Five or more from same agency; \$49.00 for RN Refresher & Students; or free for MAHEC employees. These fees include administrative costs, educational materials, refreshments, and lunch. If your registration is received after the above deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exception is for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program. Unless otherwise noted in course materials, the following cancellation policy applies to all programs:

- Cancellations must be in writing (via fax, email, or mail)
- Cancellations received more than 2 weeks prior to the event will receive 100% refund
- Cancellations received between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee
- No refunds or credits will be given for cancellations received less than two full business days prior to the event
- No vouchers will be issued in lieu of a refund
- Transfers/substitute(s) are welcome (please notify us in advance of the program)



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AFTERSHOCK:

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Send completed registration form to: #20MH030/60562
MAHEC Registration
121 Hendersonville Road, Asheville, NC 28803 Fax: 828-257-4768

REGISTRATION FORM

☐ Updated contact information.

NAME _____

CREDENTIALS _____

SOCIAL SECURITY # XXX-XX-____ (last 4 digits required)

OCCUPATION _____

EMAIL ADDRESS _____

HOME ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOME COUNTY _____

HOME # _____ WORK # _____

EMPLOYER _____

DEPARTMENT _____

MAHEC assumes permission to use audio, video and still images
from this program for promotional and educational purposes.
Please speak with a staff member if you have any concerns.

EMPLOYER'S ADDRESS _____

CITY _____ STATE _____ ZIP _____

WORK COUNTY _____

Program announcements will be sent to your email unless you opt out
from receiving MAHEC emails. We never share our mailing lists.

☐ Please remove my name from the MAHEC mailing list.

MEAL PREFERENCE ☐ Vegetarian ☐ Gluten-free ☐ Vegan

PROGRAM FEE ☐ \$99.00 ☐ \$114.00 (after 2/19/20)

FIVE OR MORE FROM
SAME AGENCY ☐ \$75.00 ☐ \$90.00 (after 2/19/20)
(must register at the same time)

RN REFRESHER
STUDENTS &
STUDENTS ☐ \$49.00 ☐ \$64.00 (after 2/19/20)
(students must provide ID at check-in)

MAHEC EMPLOYEES ☐ Free (must register to attend)

Full payment must accompany all submitted registrations unless a
payment plan has been approved in advance. Registrations received
without accompanying payment will not be processed.

☐ Check is enclosed ☐ Credit card information provided

☐ Visa ☐ MasterCard ☐ Discover Card ☐ American Express

ACCOUNT # _____

EXP ____ / ____ CODE ON BACK OF CARD _____ (3 digits)

NAME ON CARD _____

SIGNATURE _____