



PROJECT CARA WEBINAR SERIES:

Building a Culture of Ethical Perinatal Substance Use Care

3-Part Webinar Series: February 12, 19, & 26, 2019

ALL SESSIONS ARE VIA WEBINAR

DESCRIPTION

In the past 15 years, the national prevalence of opioid use disorder in pregnant women jumped 333%, from 1.5 cases per 1,000 delivery hospitalizations to 6.5 per 1,000.9. Despite the clear need for appropriate substance use treatment, rural women in particular face barriers to receiving adequate substance use care including transportation, access, and stigma. Given the pervasiveness and alarming increase of this disease, perinatal substance use demands creative, gender specific care models to appropriately treat women impacted by substance use disorders.

Since its inception in 2014, Project CARA (Care that Advocates Respect, Resilience, and Recovery for All) has housed its hub site at MAHEC OB in Asheville, and has evolved to meet the needs of clients, providers, and the service delivery system across Western North Carolina (WNC). Project CARA's foundation has been built on evidence-based perinatal substance use care while also nurturing partnerships with local and regional agencies to best serve these women and their families. In this 3-part webinar series, participants will develop a specialty in the treatment of substance use disorders during the perinatal period.

Agencies completing all course work are eligible to receive a Project CARA certificate and be recognized as a perinatal substance use disorder service dedicated to maintaining education and training of staff on person centered, trauma-informed care.

AUDIENCE

Physicians, Nurses, Mental Health and Substance Use Professionals, Case Managers, Social Workers, Counselors and others interested in this topic

COURSE OBJECTIVES

Upon completion of this course, participants will be able to:

- Examine the biological differences between men and women in relation to substance use disorders
- Differentiate between different Medication Assisted Treatment (MAT) options available for pregnant and parenting women
- Evaluate current research on Adverse Childhood Experiences (ACES), examine trauma informed care and how to implement it into practice
- Integrate these new skills into their home communities to build perinatal substance use collaboratives



SESSION 1:

What if We Treated Everyone as if They Have a Trauma History?

Participants will review trauma informed care and improve practical skills to screen pregnant women with substance use disorders.

DATE PROGRAM **Tuesday, February 12, 2019**
7:00 am–8:00 am **OR** 12:00 pm–1:00 pm

SESSION 2:

Medication Assisted Treatment (MAT) and Pregnant Women: Expertise in Evaluating the Client in Active Disease

Participants will develop expertise in evaluating the client in active disease.

DATE PROGRAM **Tuesday, February 19, 2019**
7:00 am–8:00 am **OR** 12:00 pm–1:00 pm

SESSION 3:

The Team Approach: How to Change Generational Patterns of Substance Use Disorders One Pregnancy at a Time

Participants will learn collaborative team approach methods that affect the incidence of inter-generational substance use disorder.

DATE PROGRAM **Tuesday, February 26, 2019**
7:00 am–8:00 am **OR** 12:00 pm–1:00 pm

Early registration fees through February 3, 2019.

FEE	\$35.00
GROUPS	\$25.00

(five or more from same agency, registering and paying at same time)

MEDICAL COURSE DIRECTORS

Blake Fagan, MD
MAHEC

OTHER PROGRAMS ON THIS SUBJECT INCLUDE:

Maternal Mental Health Conference: Exploring and Impacting the Mother Baby Dyad

Friday, February 15, 2019

[CLICK HERE TO REGISTER](#)

FACULTY



Melinda Ramage, RN, FNP, is a family nurse practitioner with focused training in high risk pregnancy. She is a certified diabetes educator specializing in women who have type one and type two diabetes during pregnancy. She is also a Certified Advanced Practice Addictions Nurse and is currently the medical director of MAHEC OB's Perinatal Substance Use Clinic/Project CARA.

She is passionate about empowering patients in directing their own healthcare and is involved in local upstream movements to readdress healthcare delivery system. She also really enjoys a good run in the woods and watching Netflix.



Marie Gannon, LPC, LCAS, is a licensed clinical addiction specialist, professional counselor, and clinical supervisor with over 15 years' experience working with patients with addiction disorders through the lifespan. She is the behavioral director of MAHEC OB's Perinatal Substance Use Clinic/Project CARA. As co-founder of the MAHEC Substance Use Clinic, her passion is providing

opportunities for education to healthcare providers with the goal of reducing stigma against addiction. When she is not working, Marie loves snuggling her two kids and reading good books.



Connie Renz, LCSW, LCAS, has had over 40 years of experience in the fields of domestic violence, women and addiction, and child maltreatment in both clinical and administrative capacities. From 1993-2013, she served as an assistant clinical professor in the UNC Department of Obstetrics and Gynecology where she was director of the UNC Horizons Program, which is

a comprehensive substance abuse treatment program for pregnant/parenting women and their children. Connie has served for the past five years as a consultant and trainer with the Governor's Institute on Substance Abuse, AHEC's and other community providers, to address the challenges of opioid addictions for pregnant/postpartum women and their children. Connie is currently a consultant with the UNC Project ECHO which is recruiting and supporting new buprenorphine providers across the state.



Erin Bowman, MSW, LCAS, LCSW, CCS, works as the director of the Julian F. Keith Alcohol and Drug Abuse Treatment Center. As an addictions therapist specializing in trauma she understands the importance of treating the whole person without judgement or stigma. Erin holds a Bachelor of Arts in Communications and Master of Social Work from the University of North Carolina at Chapel

Hill. She is a clinical supervisor and helped start an inpatient Opioid Treatment Center at the inpatient substance use program that she leads. Erin's passions include connecting patients to the care they need and building bridges between community partners. She trains on substance use disorders, trauma-informed care and specializes in perinatal mood and anxiety disorders.



Elisabeth Johnson, PhD, NP, serves as a nurse practitioner with over twenty years of clinical experience in women's health and pediatrics. Her current clinical practice consists primarily of providing obstetric care to women with substance use disorders. Many of her patients are on opioid replacement therapy. For these women, she prescribes and manages medication assisted

treatment with buprenorphine.



Tammy Cody, LCSW, has been a social worker focusing on the Mother-Baby dyad for over 25 years. She is the Western North Carolina regional lead for plan of safe care and integration of multi-disciplinary teams that work with substance affected families both inpatient and outpatient. She is the leader of the Integrated Care Team of Project CARA across multiple counties and is dedicated to

patient-centered healthcare systems.



Dan Pizzo, BS, CSAC, is the sobriety treatment and recovery team social work supervisor at Buncombe County HHS. It is the first addiction specialty team of its kind at a child welfare agency in NC. He feels privileged to work with an amazing team comprising of: peer support specialists who are professionals in long-term recovery and have had their own child welfare case; specially trained

social workers; and a clinical addiction specialist, whom all support families struggling with drug and alcohol use co-occurring with child maltreatment. The team provides rapid linkage to intensive treatment and supports in order to minimize separations and keep family units intact through recovery. Dan has been working in the helping profession for over a decade with experiences varying from working with the homeless in various locations around the world, mentoring adolescent youth who struggled with addiction, and most recently five years in child welfare. He has taken a keen interest in looking beyond the surface of perplexing disorders that often challenge pre-held notions of what is morally acceptable in human behavior to find opportunities for healing and recovery. Dan is passionate about building connections in the community and working in partnership with families and organizations to bring hope and holistic wellness.



Ashley McClary, MD, MPH, practices pediatric medicine at McDowell Pediatrics and serves as Mission Health's regional community pediatric lead. Ashley graduated from the University of Virginia with a bachelor's degree in biology. From there, she ventured to New Orleans to attend medical school at Tulane University School of Medicine to work with the underserved following Katrina. After

receiving her doctorate degree as well as a master's in Public Health, she matched at Stanford's Lucile Packard Children's Hospital in Palo Alto, California where she focused on early childhood development and advocacy. Hoping to be closer to family and continue her work within public health, advocacy, and physician leadership, she moved with her husband and dogs to the beautiful mountains of Western North Carolina.

HAVE A QUESTION?

Contact the Program Planner

Scott Melton, M.Div.

scott.melton@mahec.net or 828-257-4402



Special Services

828-348-3624

REGISTRATION INFORMATION: 828-257-4475

FAX REGISTRATION: 828-257-4768

ONLINE REGISTRATION: www.mahec.net

EMAIL: registration@mahec.net

MAIL: MAHEC Registration
121 Hendersonville Road, Asheville, NC 28803

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CREDITS

Continuing Medical Education

Accreditation: The Mountain Area Health Education Center (MAHEC) is accredited by the North Carolina Medical Society (NCMS) to provide continuing medical education for physicians.

Credit Designation: MAHEC designates this live activity for a maximum of **3.0 AMA PRA Category 1 Credit(s)**[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

3.0 CNE Contact Hours

Mountain Area Health Education Center (MAHEC) is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Participants must attend the entire activity to receive credit.



NBCC: MAHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5514. Programs that do not qualify for NBCC credit are clearly identified. MAHEC is solely responsible for all aspects of their programs. Approved for **3.0 hours**.



NAADAC: This course has been approved by MAHEC, as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #96726. MAHEC is responsible for all aspects of their programming. Approved for **3.0 hours**.

CEUs: MAHEC designates this continuing education activity as meeting the criteria for **0.3 CEUs** as established by the National Task Force on the Continuing Education Unit.

Contact Hours: MAHEC designates this live continuing education activity as meeting the criteria for **3.0 Contact Hours**.

REGISTRATION

EARLY REGISTRATION DEADLINE: FEBRUARY 3, 2019

The registration fee is \$35.00 or \$25.00 for groups (five or more from same agency, registering and paying at same time). Fees include administrative costs and educational materials. If your registration is received after the early registration deadline, the total will be the registration fee + a \$10.00 charge to ship the manual via Federal Express.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

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Updated contact information.

NAME _____

CREDENTIALS _____

SOCIAL SECURITY # XXX-XX- ____ ____ ____ ____ (last 4 digits required)

OCCUPATION _____

EMAIL ADDRESS _____ (required)

ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

HOME COUNTY _____

HOME # _____ **WORK #** _____

EMPLOYER _____

DEPARTMENT _____

EMPLOYER'S ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

WORK COUNTY _____

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

PREFERRED WEBINAR TIME:

7:00 am–8:00 am

12:00 pm–1:00 pm

FEE \$35.00 \$45.00 (after 2/10/19)

GROUP \$25.00 \$35.00 (after 2/10/19)
(five or more from same agency, registering and paying at same time)

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed Credit card information provided

Visa MasterCard Discover Card American Express

ACCOUNT # _____

EXP ____ / ____ **CODE ON BACK OF CARD** _____ (3 digits)

NAME ON CARD _____

SIGNATURE _____

Send completed registration form to: #19MH033/58163

MAHEC Registration

121 Hendersonville Road, Asheville, NC 28803

Fax: 828-257-4768