



TWO DATES TO CHOOSE FROM:

NOV  
30  
2017

OR

DEC  
11  
2017

AMERICAN ACADEMY OF FAMILY PHYSICIANS

SEATING IS LIMITED!

**LOCATION** MAHEC Mary C. Nesbitt Biltmore Campus  
121 Hendersonville Rd, Asheville NC 28803

**DATE** **Thursday, November 30, 2017**  
**REGISTRATION PROGRAM** 7:00 am–7:20 am (*breakfast provided*)  
7:20 am–6:00 pm (*lunch provided*)  
**Note:** Registration will close at 5:00 pm on November 20, 2017.

**DATE** **Monday, December 11, 2017**  
**REGISTRATION PROGRAM** 7:00 am–7:20 am (*breakfast provided*)  
7:20 am–6:00 pm (*lunch provided*)  
**Note:** Registration will close at 5:00 pm on December 4, 2017.

**Early registration fees until 14 days prior to start date.**

**PROVIDERS \$150.00**

**BLUE RIDGE REGIONAL HOSPITAL, ANGEL MEDICAL CENTER, PENNSYLVANIA REGIONAL HOSPITAL AND HIGHLANDS-CASHIERS HOSPITAL NURSES \$25.00**

**ALL OTHER NURSES \$99.00**

**IN-STATE EMS, EMTs & PARAMEDICS \$25.00**

**OUT-OF-STATE EMS, EMTs & PARAMEDICS \$99.00**

## DESCRIPTION

In some rural communities, providing maternity care means that women have to travel farther distances to receive prenatal care and deliver their baby. Women who travel longer distances to give birth increase their risks and can lead to poorer health for them and their babies. In addition, the rate of premature births is increasing across the country. When normal and emergency pre-hospital obstetric care needs arise, first responders and emergency personnel can respond effectively with the knowledge and confidence they gain as a result of the BLSO® curriculum. BLSO® is an evidence-based, hands-on training program that helps you manage normal labor and perinatal emergencies while promoting an environment of teamwork. Adapted from the Advanced Life Support in Obstetrics (ALSO®) Program, this one-day course focuses on the practical management of normal deliveries and common obstetric emergencies.

## COURSE SYLLABUS

All participants are expected to bring with them a course syllabus. The price of this material is included in the registration fee.

**After the following dates, every effort will be made to deliver the syllabus before the course.** If your registration is received after the early registration deadline, the total will be the registration fee + a \$50.00 charge to ship the manual via express shipping.

- **Attending November 30, 2017:** must register by Nov. 20, 2017.
- **Attending December 11, 2017:** must register by Dec. 4, 2017.

## PRE-COURSE EXAM

Upon registration, you will be emailed a link to the pre-course exam. Registrants are required to score at least 80% and provide the exam summary page to the MAHEC Program Coordinator before attending.

## TARGET AUDIENCE

The BLSO® Provider Course is adapted from the Advanced Life Support in Obstetrics (ALSO®) program. BLSO® is an educational program designed to enhance cognitive and procedural skills for medical, nursing and physician assistant students, pre-hospital care providers and emergency personnel.

## OBJECTIVES

Upon completion of this live activity, participants will be able to:

- Improve the management of normal deliveries, as well as obstetrical emergencies, by standardizing the skills of emergency personnel, first responders and medical, nursing and physician assistant students
- Facilitate productive, collegial interactions between all students interested in maternity care, first responders and maternity care providers
- Assist in establishing and maintaining high standards of education and training for first responders in pre-hospital care, emergency personnel and students in healthcare
- Elevate the quality of patient care, teamwork and patient safety in pre-hospital, emergency personnel and students interested in the provision of maternity care

*Detailed educational objectives are listed at the beginning of each BLSO® Course Syllabus chapter.*

## AGENDA

<b>7:00–7:20</b>	Registration and Light Breakfast ( <i>provided</i> )
<b>7:20–7:45</b>	Course Overview
<b>7:45–11:15</b>	<b>Workstations:</b> Normal Labor, Emergency Prenatal Assessment, Maternal Resuscitation and PPH, and Malpresentations
<b>11:15–11:45</b>	Lunch ( <i>provided</i> )
<b>11:45–3:15</b>	<b>Workstations:</b> Shoulder Dystocia, Hypertensive Emergencies, Preterm Labor and Premature Rupture of Membranes (PROM), and Neonatal Resuscitation
<b>3:15–3:25</b>	Break
<b>3:25–3:45</b>	Practice
<b>3:45–4:45</b>	Testing, Evaluations, and Wrap-up

JOINTLY PROVIDED BY



## MEDICAL COURSE DIRECTOR

**Julia Oat-Judge, MD**, MAHEC Family Health Center at Biltmore

## FACULTY

**Elaine Alexander, MSN, RNC-OB**, MAHEC  
**Susan Alexander, MD**, MAHEC Family Health Center at Biltmore  
**Bre Bolivar, MD, MPH**, MAHEC OB/GYN Specialists  
**Michael Coladonato, MD**, MAHEC Family Health Center at Biltmore  
**Kelly Garcia, MD**, MAHEC Family Health Center at Biltmore  
**Amber Heckart, MD**, MAHEC Family Medicine  
**Amber Henson, MD**, MAHEC Family Medicine  
**Heidi Knoll, MD**, MAHEC Family Health Center at Biltmore  
**Kellett Letson, MD**, Mission Health

## CREDITS

**AAFP:** This Live activity, BLSO Provider Course, has been reviewed and accepted for up to **8.0 Prescribed credit(s)** by the American Academy of Family Physicians. Physicians should only claim credit commensurate with the extent of their participation in the activity.

### Continuing Medical Education

**Accreditation:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of Mountain Area Health Education Center (MAHEC) and Mission Health. MAHEC is accredited by the NCMS to provide medical education for physicians.

**Credit:** MAHEC designates this live educational activity for a maximum of **8.0 AMA PRA Category 1 Credits**. Physicians should only claim credit commensurate with the extent of their participation.

**Disclosure Statement:** MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

### 8.0 CNE Contact Hours

MAHEC's Department of Nursing Education is an Approved Provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Participants must attend entire activity to receive credit. No partial credit is given for this activity. MAHEC adheres to the ANCC/ACCME Standards regarding industry support to continuing nursing education. Disclosure of presenters, planners, and commercial support relationships, if any, will be made known at the time of the activity.

**CEUs:** MAHEC designates this continuing education activity as meeting the criteria for **0.8 CEUs** as established by the National Task Force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.

**Contact Hours:** MAHEC designates this continuing education activity as meeting the criteria for **8.0 Contact Hours**. Full attendance is required to receive credit.

## PROGRAM COMMITTEE

**Elaine Alexander, BSN, MSN, RNC-OB**  
MAHEC Division of Regional Services, Asheville, NC  
**Kim Bailey, BA, NREMT-P**  
Transylvania County EMS, Brevard, NC  
**Rebecca Carter, MSN, RN, FACHE**  
Mission Health, Asheville, NC  
**Alison Fore, RN, BHA, CEN**  
Transylvania Regional Hospital, Brevard, NC  
**Ned H. Fowler, AAS, BS, MAEd**  
Mission Health, Asheville, NC  
**Teresa Neill, RN**  
Blue Ridge Regional Hospital, Spruce Pine, NC  
**Lynn Tyler, RN, CEN**  
Transylvania Regional Hospital, Brevard, NC

## REGISTRATION

- **November 30, 2017: Early registration deadline is 11/16/17.**  
Registration will close at 5:00 pm on November 20, 2017.
- **December 11, 2017: Early registration deadline is 11/27/17.**  
Registration will close at 5:00 pm on December 4, 2017.

The registration fee is \$150.00 for Providers; \$25.00 for Nurses from Blue Ridge Regional Hospital, Angel Medical Center, Transylvania Regional Hospital and Highlands-Cashiers Hospital; \$99.00 for All Other Nurses; \$25.00 for In-State EMS, EMTs and Paramedics; and \$99.00 for Out-of-State EMS, EMTs and Paramedics. These fees include administrative costs, educational materials, breakfast and lunch. If your registration is received after the early registration deadline, the total will be the registration fee + a \$50.00 charge to ship the manual via express shipping.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

*MAHEC assumes permission to use audio, video and still images from this program for promotional and educational purposes unless prior written notification is given by individual attendees.*

**CLICK CHOSEN DATE TO REGISTER:**

11/30/17

12/11/17

## DIRECTIONS

**MAHEC Mary C. Nesbitt Biltmore Campus**  
**121 Hendersonville Road, Asheville NC 28803**

**From I-40 E:** Take Exit 50 and turn left onto Hendersonville Road.

**From I-40 W:** Take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

**From 19-23 (I-26):** Take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

### HAVE A QUESTION?

#### Contact the Program Planner

Elaine Alexander, MSN, RNC-OB

elaine.alexander@mahec.net or 828-257-4414



Special Services  
828-257-4485

**REGISTRATION INFORMATION:** 828-257-4475

**FAX REGISTRATION:** 828-257-4768

**ONLINE REGISTRATION:** www.mahec.net

**EMAIL:** registration@mahec.net

**MAIL:** MAHEC Registration  
121 Hendersonville Rd., Asheville, NC 28803



Basic Life Support in Obstetrics

AMERICAN ACADEMY OF FAMILY PHYSICIANS

NOV. 30, 2017

OR

DEC. 11, 2017

Updated contact information.

NAME \_\_\_\_\_

CREDENTIALS \_\_\_\_\_

SOCIAL SECURITY # XXX-XX- \_\_\_\_ \_\_\_\_ \_\_\_\_ (last 4 digits required)

OCCUPATION \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

HOME ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

HOME COUNTY \_\_\_\_\_

HOME # \_\_\_\_\_ WORK # \_\_\_\_\_

EMPLOYER \_\_\_\_\_

DEPARTMENT \_\_\_\_\_

EMPLOYER'S ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

WORK COUNTY \_\_\_\_\_

*Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.*

Please remove my name from the MAHEC mailing list.

**SELECT WHICH PROGRAM DATE YOU ARE ATTENDING:**

**November 30, 2017** (Registration closes at 5:00 pm on 11/20/17)

**December 11, 2017** (Registration closes at 5:00 pm on 12/4/17)

**MEAL PREFERENCE:**  Vegetarian  Gluten-free  Vegan

*If your registration is received after the early registration deadline, the total will be the registration fee + a \$50.00 charge to ship the manual via express shipping.*

**PROVIDERS:**  \$150.00  \$200.00 (14 days prior)

**BLUE RIDGE REGIONAL HOSPITAL, ANGEL MEDICAL CENTER, PENNSYLVANIA REGIONAL HOSPITAL AND HIGHLANDS-CASHIERS HOSPITAL NURSES**

\$25.00  \$75.00 (14 days prior)

**ALL OTHER NURSES:**  \$99.00  \$149.00 (14 days prior)

**IN-STATE EMS, EMTs & PARAMEDICS**  \$25.00  \$75.00 (14 days prior)

**OUT-OF-STATE EMS, EMTs & PARAMEDICS**  \$99.00  \$149.00 (14 days prior)

*Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.*

Check is enclosed  Credit card information provided

Visa  MasterCard  Discover Card  American Express

**ACCOUNT #** \_\_\_\_\_

**EXP** \_\_\_\_ / \_\_\_\_ **CODE ON BACK OF CARD** \_\_\_\_\_ (3 digits)

**NAME ON CARD** \_\_\_\_\_

**SIGNATURE** \_\_\_\_\_

**Send completed registration form to:** #18ME023/53667  
MAHEC Registration #18ME024/53668  
121 Hendersonville Rd., Asheville, NC 28803 **Fax to:** 828-257-4768