

TREATING PAIN SAFELY:

Fewer Opioids and Better Results Controlled Substances Education for Prescribers



OCTOBER 30, 2018 OR APRIL 4, 2019

MAHEC (ASHEVILLE NC)

LOCATION MAHEC Mary C. Nesbitt Biltmore Campus
121 Hendersonville Rd, Asheville NC 28803

DATE 1 **Tuesday, October 30, 2018**
REGISTRATION PROGRAM 5:00 pm–5:30 pm (*dinner provided*)
5:30 pm–8:45 pm

OR

DATE 2 **Thursday, April 4, 2019**
REGISTRATION PROGRAM 5:00 pm–5:30 pm (*dinner provided*)
5:30 pm–8:45 pm

PROGRAM FEE \$45
MAHEC EMPLOYEE \$20
PHARMACY RESIDENT \$20
STUDENT \$20

(*proof of enrollment required at check-in*)

AUDIENCE

Recommended for physicians, physician assistants, pharmacists, nurse practitioners, and podiatrists.

OBJECTIVES

Upon completion of this knowledge-based, educational program, participants will be able to:

- Describe the impact of the opioid crisis
- Identify the CDC guidelines for prescribing opioids for acute pain
- Identify the CDC guidelines for prescribing opioids for chronic pain
- Discuss what to do with patients on opioids that fall outside the guidelines

DESCRIPTION

Literature has shown that prescribers receive little education on the treatment of pain resulting in less effective pain treatment with worse outcomes. Attendees will learn the evidence-based analysis of the relative effectiveness of medications and their side effects, recommendations on how to improve treatment of acute and chronic pain and recognizing substance use/opioid use disorders. This program will include the three required topics outlined by the new CME requirement in 21 NCAC 32R .0101:

- Controlled substances prescribing practices
- Recognizing signs of the abuse or misuse of controlled substances
- Controlled substance prescribing for chronic pain management

As of July 1, 2017 all physicians (other than residents), physician assistants, nurse practitioners, podiatrists, and dentists who prescribe controlled substances must satisfy the controlled-substance prescribing CE requirements as set forth by their licensing boards; requirements vary by discipline and board. Physicians must follow the CME requirement per 21 NCAC 32R .0101 and will turn in record of controlled substance CME when they renew licensure.

CO-SPONSORED BY



UNC
ESHELMAN
SCHOOL OF PHARMACY

AGENDA

5:00–5:30 Registration and Dinner (*provided*)

5:30–6:00 Effectiveness and Side Effects of Common Oral Pain Medications

6:00–7:00 A Renewed Look at Pain Management

7:00–7:15 Break

7:15–7:45 Substance Use and Opioid Use Screening and Treatment

7:45–8:30 Public Health Effects and Costs of Opioid Prescriptions for Acute and Chronic Pain

8:30–8:45 Preparing for Practice Change

FACULTY

Susan McDowell, MD, completed her undergraduate education in neuroscience at the College of Wooster, medical school at the Medical College of Virginia (VCU School of Medicine), and family medicine residency at Mountain Area Health Education Center (MAHEC) in Asheville in 2013. Since that time, she has been working at the Hot Springs Health Program—a look-alike, federally qualified health center in Madison County, NC. She recently joined MAHEC at the beginning of 2019 as a faculty member focusing on the opiate crisis.

MEDICAL COURSE DIRECTOR

Blake Fagan, MD, MAHEC, Asheville, NC

CREDITS

Continuing Medical Education

Accreditation: The Mountain Area Health Education Center (MAHEC) is accredited by the North Carolina Medical Society (NCMS) to provide continuing medical education for physicians.

Credit Designation: MAHEC designates this live activity for a maximum of **3.0 AMA PRA Category 1 Credit(s)**[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity. This course will offer 3.0 AMA PRA Category 1 Credit(s)[™] which will fulfill 3.0 hours of the North Carolina Medical Boards requirement of controlled substance continuing education.

Disclosure: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.



The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

This program ACPE #0046-9999-18-295-L04 will provide 3.0 Contact Hours of continuing education.

Credit statements can be viewed and printed from CPE Monitor. In order to receive CE credit, attendance must be acknowledged at the registration desk upon arrival at the program. Participants will evaluate this program using a standard evaluation form.

CEUs: MAHEC designates this continuing education activity as meeting the criteria for **0.3 CEUs** as established by the National Task Force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.

Contact Hours: MAHEC designates this continuing education activity as meeting the criteria for **3.0 Contact Hours**. Full attendance is required to receive credit.

REGISTRATION

Early registration deadlines:

- **October 23, 2018** (Oct 30th program)
- **March 28, 2019** (April 4th program)

The registration fee is \$45.00 and \$20.00 for MAHEC employees, pharmacy residents, and students (proof of enrollment required at check-in). These program fees include administrative costs, educational materials, and dinner. If registration is received after the deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

MAHEC assumes permission to use audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.

OCT 30

**CLICK HERE
TO REGISTER**

APR 4

**CLICK HERE
TO REGISTER**

DIRECTIONS

MAHEC Mary C. Nesbitt Biltmore Campus
121 Hendersonville Road, Asheville, NC 28803

From I-40 E: Take Exit 50; turn left on Hendersonville Rd.
From I-40 W: Take Exit 50B; merge on Hendersonville Rd.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

From 19-23 (I-26): Take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

HAVE A QUESTION?

Contact the Program Planner

Rhonda Egerton, PTA
rhonda.egerton@mahec.net or 828-257-2984

REGISTRATION INFORMATION 828-257-4475

FAX REGISTRATION 828-257-4768

ONLINE REGISTRATION www.mahec.net

EMAIL registration@mahec.net

MAIL MAHEC Registration
121 Hendersonville Road, Asheville, NC 28803



Special Services
828-257-4761



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Substances Education for Prescribers*

10/30/18 or 4/4/19 | MAHEC

Updated contact information.

NAME _____

CREDENTIALS _____

SOCIAL SECURITY # XXX-XX-____ (last 4 digits required)

OCCUPATION _____

EMAIL ADDRESS _____

SHIPPING ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

HOME COUNTY _____

HOME # _____ **WORK #** _____

EMPLOYER _____

DEPARTMENT _____

EMPLOYER'S ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

WORK COUNTY _____

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

MEAL PREFERENCE Vegetarian Gluten-free Vegan

SELECT WHICH PROGRAM DATE YOU ARE ATTENDING

TUESDAY, OCTOBER 30, 2018 # 19ME019/56738

PROGRAM FEE \$45.00 \$60.00 (after Oct 23rd)

MAHEC EMPLOYEE \$20.00 \$35.00 (after Oct 23rd)

PHARMACY RESIDENT \$20.00 \$35.00 (after Oct 23rd)

STUDENT \$20.00 \$35.00 (after Oct 23rd)
(proof of enrollment required at check-in)

THURSDAY, APRIL 4, 2019 # 19ME020/56740

PROGRAM FEE \$45.00 \$60.00 (after Mar 28th)

MAHEC EMPLOYEE \$20.00 \$35.00 (after Mar 28th)

PHARMACY RESIDENT \$20.00 \$35.00 (after Mar 28th)

STUDENT \$20.00 \$35.00 (after Mar 28th)
(proof of enrollment required at check-in)

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed Credit card information provided

Visa MasterCard Discover Card American Express

ACCOUNT # _____

EXP ____ / ____ **CODE ON BACK OF CARD** _____ (3 digits)

NAME ON CARD _____

SIGNATURE _____

Send completed registration form to:
MAHEC Registration
121 Hendersonville Road, Asheville, NC 28803

Fax completed registration form to: 828-257-4768