

10th Annual Coping with Cancer: Cancer Pain Management During the Opioid Epidemic

Saturday, October 27, 2018 | Chapel Hill, NC



DESCRIPTION

North Carolina faces a drug misuse problem that has strained police departments, hospitals and communities. More than 12,000 North Carolinians died from opioid-related overdoses from 1999-2016 and the numbers are rising. Since 2012, emergency visits for opioid-related problems across the state have increased nearly 75%, according to data from the NC Hospital Association. This epidemic and the unintended consequences of efforts to control this outbreak are leading to significant barriers for effective pain control for oncology patients. This conference will bring together national experts to discuss the current crisis and how cancer pain can be managed through the skillful application of pharmacologic and non-pharmacologic interventions.

AUDIENCE

This live continuing education course is designed for physicians, nurses and other healthcare professionals in family medicine, internal medicine, cardiology, oncology, pulmonary, geriatrics, palliative care, psychology, pharmacy, social work, pastoral care and hospice. We also welcome fellows, pre-med and nursing students.

OBJECTIVES

Upon completion of this knowledge-based continuing education activity, participants will be able to:

- Describe the pain management needs/treatment options of oncology patients throughout the cancer continuum
- Identify non-pharmacologic interventions that may be incorporated into cancer pain management
- Evaluate screening tools to identify oncology patients who may be at risk for substance abuse
- Summarize safe and legal pharmacologic approaches for opioid use in cancer pain management

MEDICAL COURSE DIRECTORS

Thomas Shea, MD

Professor, Department of Medicine
Director, Bone Marrow & Stem Cell Transplantation Program
Associate Director, UNC Cancer Network
UNC Lineberger Comprehensive Cancer Center

Donald Rosenstein, MD

Professor, Departments of Psychiatry and Medicine
Director, Comprehensive Cancer Support Program
University of North Carolina at Chapel Hill

LOCATION

The Carolina Inn

211 Pittsboro Street, Chapel Hill, NC 27516

DATE

Saturday, October 27, 2018

REGISTRATION PROGRAM

7:30 am–8:30 am (*breakfast provided*)

PROGRAM

8:30 am–2:30 pm (*lunch provided*)

REGISTRATION FEE WAIVED

In an effort to be sensitive to those dealing with the aftermath of Hurricane Florence, UNC Lineberger Comprehensive Cancer Center is waiving the registration fee. Registration is required. We ask that if your plans change, please let us know.

[CLICK HERE TO REGISTER](#)

PLANNING COMMITTEE

Mary King

UNC Lineberger Comprehensive Cancer Center, Chapel Hill, NC

Deborah Mayer, PhD, RN, AOCN, FAAN

UNC School of Nursing, Chapel Hill, NC

Tim Poe

UNC Lineberger Comprehensive Cancer Center, Chapel Hill, NC

Lisa Roy, MSW

MAHEC, Asheville, NC

Jean Sellers, RN, MSN

UNC Lineberger Comprehensive Cancer Center, Chapel Hill, NC

This program is jointly provided by:



**This program is
co-sponsored by:**



AGENDA

- 7:30–8:30** Registration and Networking Breakfast
- 8:30–8:45** Welcome and Introductions
— Thomas Shea, MD
- 8:45–9:00** The State of the Opioid Epidemic in North Carolina
— Nidhi Sachdeva, MPH
- 9:00–10:00** **Keynote:** Managing Pain During an Opioid Epidemic
— Judith Paice, PhD, RN, FAAN
- 10:00–10:30** Break and Networking
- 10:30–11:30** Flipping Cancer Performance
— Marie Alisa Garlock, PhD Candidate
- 11:30–12:00** Break, Networking and Pick Up Lunch
- 12:00–12:30** Recognizing and Managing Substance Abuse Issues in Cancer Patients
— Kyle Lavin, MD, MPH
- 12:30–1:15** **Panel Discussion:** Procedural, Nonpharmacologic and Complementary Therapies for Pain Management in Cancer Patients
— Gary Asher, MD, MPH
— Maryam Jowza, MD
— Carly Bailey, MA, ACSM-CEP
- 1:15–1:30** Break and Networking
- 1:30–2:15** Rules of the Road: Safe and Legal Pharmacological Treatment of Pain in Cancer Patients
— Meredith Keisler, PharmD, CPP, BCOP
- 2:15–2:30** Reflections and Wrap-Up
— Donald Rosenstein, MD
- 2:30** Adjourn

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FACULTY



Gary Asher, MD, MPH, is Director of Integrative Medicine Services at the UNC Lineberger Comprehensive Cancer Center, and Assistant Director of the Chatham Hospital Emergency Department. He has been a practitioner, teacher, and researcher in the field of Integrative Medicine for over 20 years. He earned his medical degree at Columbia University–Ben Gurion University Medical

School for International Health, completed residency training in Family Medicine at MAHEC in Western North Carolina, and completed both a Master's in Public Health and a clinical research fellowship at UNC.



Carly Bailey, MA, ACSM-CEP, is the Physical Activity and Wellness Coordinator for UNC Lineberger Comprehensive Cancer Center. She is a graduate of UNC–Chapel Hill's curriculum in Exercise Physiology, where she received an MA. Carly serves as the liaison between physical activity programs—like Get Real and Heel—the cancer center, and the community. Carly is a Certified Exercise Physiologist.



Marie Alisa Garlock, PhD Candidate, designs participatory research initiatives as a communication specialist and performing artist dedicated to centering the stories and priorities of persons facing life-threatening illness. Her awarded narrative research and arts leadership on health equity issues like advanced cancers includes partnership with the U.S. Commission on Civil Rights, ArtPlace America, Hospital Systems, Universities, Medical Schools, health rights and healthcare quality trainings across the rural U.S. south, Malawi, Kenya, and Tanzania. The Flipping Cancer keynote is a live performance installation created from interviews with people who face advanced cancers. This dynamic production is tailored to potent themes in cancer pain management amidst the opioid crisis, with a hospital-based open rehearsal series involving healthcare providers, patients, and caregivers. The Flipping Cancer Project hosts critical interprofessional dialogue, develops intersectional understanding of patient advocacy skills and ethics, and motivates creative approaches to partnering with vulnerable populations with advanced cancers.



Maryam Jowza, MD, is a pain physician and board certified anesthesiologist. After finishing medical school at Rutgers Medical School in New Jersey, she completed a residency in Anesthesiology followed by a fellowship in Pain Management at Massachusetts General Hospital in Boston. She worked for four years as a faculty member at Weill Cornell Medical College before yearning for “a southern slice of heaven”

and moving to Chapel Hill. Here, she is an assistant professor in the Department of Anesthesiology and spends time in both inpatient and outpatient settings treating both adult and pediatric patients.



Meredith Keisler, PharmD, CPP, BCOP, received her Doctor of Pharmacy degree at the UNC Eshelman School of Pharmacy in Chapel Hill, NC. She completed her pharmacy practice and oncology residencies at the UNC Medical Center. Since 2014, Dr. Keisler has been practicing as a clinical pharmacist practitioner with the Outpatient Oncology Palliative Care service at UNC Medical Center. Her clinical interests include

pain management and helping patients find physical and emotional comfort at the end of their lives.



Kyle Lavin, MD, MPH, is an Assistant Professor in the Department of Psychiatry at the UNC School of Medicine. He is board certified in Psychiatry and has completed fellowship training in Palliative Medicine. Dr. Lavin serves as an attending physician in the UNC Palliative Care Program and is also a Psychiatry attending physician in the Comprehensive Cancer Support Program. Dr. Lavin completed his medical

school and masters in public health at UNC–Chapel Hill. He finished his Psychiatry training at Vanderbilt University, and did a Palliative Care Fellowship at the University of Washington in Seattle.



Judith Paice, PhD, RN, FAAN, is the Director of the Cancer Pain Program in the Division of Hematology-Oncology and a Research Professor of Medicine at Northwestern University's Feinberg School of Medicine. She is also a member of the Robert H. Lurie Comprehensive Cancer Center. Dr. Paice has served as President of the American Pain Society and Secretary of the International Association for the

Study of Pain. Much of Dr. Paice's clinical work has been in the relief of pain associated with cancer and HIV disease. She has traveled widely within the People's Republic of China, Indonesia, Japan, Kenya, Korea, Kyrgyzstan, Russia, Taiwan, Tanzania, Tajikistan, etc. to educate healthcare professionals on cancer pain relief and palliative care. Dr. Paice serves on the editorial board of the Journal of Pain and the Journal of Pain and Symptom Management and is the author of more than 150 scientific manuscripts. She was one of the original consultants in the End of Life Nursing Education Consortium (ELNEC) and has continued serving as a faculty member in this program.



Donald Rosenstein, MD, is Professor of Psychiatry and Medicine at UNC, where he is Director of the Comprehensive Cancer Support Program and Vice-Chair of the Division of Hospital Psychiatry. Dr. Rosenstein earned his undergraduate degree in psychology from Wesleyan University, his medical degree from Northwestern University School of Medicine, and completed his residency training in psychiatry at Yale University. He is the former Clinical Director of the National Institute of Mental Health (NIMH) and Past-President of both the Academy of Consultation Liaison Psychiatry and the American Psychosocial Oncology Society (APOS).



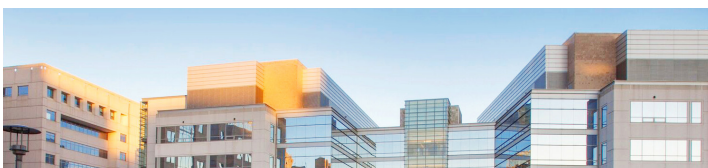
Nidhi Sachdeva, MPH, is an Injury Prevention Consultant with the Injury and Violence Prevention Branch at the North Carolina Division of Public Health (DPH), Department of Health and Human Services, where she leads strategic planning, partnership development, capacity building and training, policy implementation, and community interventions focused on drug overdose prevention around the state. Nidhi previously lead, and now supports, CORE injury and violence prevention efforts addressing suicide, sexual violence, falls, and motor vehicle crashes. Prior to joining DPH, Nidhi was the Project Manager for multiple poisoning and overdose prevention policy and program evaluation studies at the UNC Injury Prevention Research Center. Nidhi served as a Senior Public Health Educator and Healthy Carolinians Coordinator with the Orange County Health Department and is a volunteer with the North Carolina Harm Reduction Coalition. She has worked in public health in various capacities and at various levels for many years. Nidhi graduated from UNC's Gillings School of Global Public Health and the University of Virginia.



Thomas Shea, MD, has performed over 2,000 autologous and allogeneic related and unrelated donor transplants and has recently completed a trial measuring drug levels of IV busulfan for targeting individualized dosing of this agent when given by continuous infusion. Additional trials have examined methods to prevent and treat graft vs. host disease as well as efforts to reduce the incidence of relapse

following transplants for patients with multiple myeloma, acute leukemia, and lymphoma. The program has recently expanded to embrace the use of CAR T cells as cellular therapy for Hodgkin and non-Hodgkin Lymphoma and will soon expand these exciting efforts into therapies for leukemia and myeloma. UNC is a main member of the ALLIANCE and the NHLBI sponsored BMT Clinical Trials Network. Dr. Shea is the recent past-chair of the Scientific Advisory Committee of the Center for International Bone Marrow Transplant Research (CIBMTR)—an organization devoted to developing, maintaining, and reporting research studies that have come out of a data repository with records from over 300,000 stem cell transplants performed over the past 40 years. He is also vice chair of the ALLIANCE Transplant and Leukemia Committees, a member of the ALLIANCE Lymphoma Committee, and is a member of the Advisory Committees for several pharmaceutical companies. When not working, Dr. Shea can usually be found walking his dog, playing golf, working out, or cutting the grass at his mountain retreat in Southeastern Virginia.

MAHEC assumes permission to use audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.



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CREDITS



The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

This program ACPE# 0046-9999-18-340-L01-P will provide **5.25** contact hours of continuing education.

Credit statements can be viewed and printed from CPE Monitor. In order to receive CE credit, attendance must be acknowledged at the registration desk upon arrival at the program. Participants will evaluate this program using a standard evaluation form.

Continuing Medical Education

Accreditation: This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of MAHEC and UNC Lineberger Comprehensive Cancer Center. MAHEC is accredited by the NCMS to provide continuing medical education for physicians.

Credit Designation: MAHEC designates this live continuing education activity for a maximum of **5.25** AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation.

Disclosure Statement: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

5.25 CNE Contact Hours

MAHEC is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Participants must attend the entire activity to receive credit. No partial credit is given for this activity.

CEUs: MAHEC designates this continuing education activity as meeting the criteria for **0.5** CEUs as established by the National Task Force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.

Contact Hours: MAHEC designates this live continuing education activity as meeting the criteria for **5.25** contact hours. Full attendance is required to receive credit.

HAVE A QUESTION?

Contact the Program Planner

Lisa Roy, MSW

lisa.roy@mahec.net or 828-257-4491



Special Services

828-257-4468

REGISTRATION INFORMATION

828-257-4475

FAX REGISTRATION

828-257-4768

ONLINE REGISTRATION

www.mahec.net

EMAIL

registration@mahec.net

MAIL

MAHEC Registration

121 Hendersonville Road, Asheville, NC 28803



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10th Annual Coping with Cancer: Cancer Pain Management During the Opioid Epidemic **OCTOBER 27, 2018**



LOCATION

The Carolina Inn
211 Pittsboro Street
Chapel Hill, NC 27516

919-933-2001

DIRECTIONS

OVERFLOW PARKING

REGISTRATION FORM

By registering for this conference, you are granting permission for your contact information to be shared with UNC Lineberger Comprehensive Cancer Center, which is a joint provider of this education event.

Updated contact information.

NAME _____

CREDENTIALS _____

SOCIAL SECURITY # XXX-XX- ____ ____ ____ ____ (last 4 digits required)

OCCUPATION _____

EMAIL ADDRESS _____

HOME ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

HOME COUNTY _____

HOME # _____ **WORK #** _____

EMPLOYER _____

DEPARTMENT _____

EMPLOYER'S ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

WORK COUNTY _____

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

MEAL PREFERENCE Vegetarian Gluten-free Vegan

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DIRECTIONS

From I-40 WEST (Coming from the East—RDU Airport, Raleigh, Wilmington)

- Follow I-40 West to Exit 273A (Chapel Hill)
- Turn right onto NC-54 West toward Chapel Hill
- Stay straight to go onto Raleigh Road/NC-54 BR West. Continue to follow Raleigh Rd/NC-54 BR West.
- Turn slight right onto South Columbia Street
- Turn left onto West Cameron Avenue
- Turn left on Pittsboro Street

From I-85 NORTH (Coming from the South—Charlotte, Atlanta)

- Take I-85 North to I-40
- Take I-40 East toward Raleigh
- Take the NC-86 Exit, Exit 266, toward Chapel Hill
- Turn right on NC-86
- Turn right onto West Cameron Avenue
- Turn left onto Pittsboro Street

Coming from Savannah, GA

- Take I-95 North to I-40 West
- Merge onto I-40 West via Exit 81 toward Raleigh
- Merge onto NC-54 West via Exit 273A toward Chapel Hill
- Stay straight onto Raleigh Road
- Turn slight right onto South COLUMBIA Street
- Turn left onto West Cameron Avenue
- Turn left onto Pittsboro Street

From I-85 SOUTH (Coming from the North—Virginia and Points North)

- Take I-95 South to I-85 South (I-85 becomes US-15)
- Keep left to take US-15 S./US-15-501 South via Exit 174A toward Chapel Hill
- Take the Exit toward UNC Chapel Hill
- Turn onto Raleigh Road/NC-54 BR W. Continue to follow Raleigh Rd/NC-54 BR West
- Turn slight right onto South Columbia Street/NC-86 North
- Turn left onto West Cameron Avenue
- Turn left onto Pittsboro Street

Coming from Washington, D.C.

- I-395 South becomes I-95 South
- Merge onto I-85 South via Exit 51 to Durham
- Follow the directions above

From I-40 EAST (Coming from the West—Winston-Salem, Asheville; Knoxville, TN)

- Take I-40 East to NC-86
- Take the NC-86 Exit, Exit 266, toward Chapel Hill
- Keep right at the fork to go on NC-86
- Turn right onto West Cameron Avenue
- Turn left onto Pittsboro Street

Send completed registration form to:

#19ME030/57037

MAHEC Registration

121 Hendersonville Road, Asheville, NC 28803

Fax: 828-257-4768