



**Southern Pain Society  
36th Annual Meeting**

**Pain Management:  
The Times They Are *Still A-Changin'***

**October 7-9, 2022**

Astor Crowne Plaza Hotel  
**New Orleans**

Jointly provided by





## Pain Management: The Times They Are *Still* A-Changin' October 7-9, 2022

This conference will address the complex landscape of chronic pain treatment across the continuum of primary and specialty care, including pharmacological, non-pharmacological, and interventional modalities.

The curriculum is intended for participants with fundamental as well as advanced knowledge of chronic pain. The focus of the meeting will cover the following clinical topics: Options, advances, pharmacological treatments and interventional management of headaches, peripheral nerve pain, rheumatoid and psoriatic arthritis and ankylosing spondylitis, cancer pain, telehealth, billing and the management of pain in children and women.

### AUDIENCE

Physicians, nurse practitioners, physician assistants, RNs, psychologists and any other interested healthcare professionals.

### CONFERENCE OBJECTIVES

At the conclusion of this program, healthcare providers will be able to:

- Discuss the pharmacologic options and advances for managing migraines
- Review peripheral pain interventions
- Outline new treatments for rheumatoid and psoriatic arthritis and ankylosing spondylitis
- Discuss interventional pain management techniques for primary care and specialist providers
- Update the management of pain in cancer patients, children and women
- Discuss the legal issues for telehealth during and after the pandemic
- Review the current guidelines for the diagnosis and treatment of complex regional pain syndromes

### THE SOUTHERN PAIN SOCIETY – JOIN AND SAVE!

The Southern Pain Society (SPS) was established in 1986. The Southern Pain Society's mission is to serve people with pain by advancing research and treatment and to increase the knowledge and skill of the regional professional community.

Visit [www.southernpainsociety.org](http://www.southernpainsociety.org) to join and take advantage of the discounted registration fee.

### POSTER PRESENTATIONS

Each year, we host a poster session where professionals and learners can showcase their research and projects. Posters can be clinically or research oriented. Please see the SPS website at [www.southernpainsociety.org](http://www.southernpainsociety.org) for details on submission.

**Abstracts are due by September 15th, 2022**



## PROGRAM AGENDA

### FRIDAY, OCTOBER 7

- 1:00 – 1:15 Welcome and Course Overview
- 1:15 – 2:15 New Agents and Approaches for Migraine Treatment  
Carol Redillas, MD
- 2:15 – 3:15 Atypical Facial Pain and TMJ  
Marcela Romero-Reyes, DDS, PhD
- 3:15 – 3:45 Break
- 3:45 – 4:45 Ketamine: The Good, The Bad and The Ugly  
Jijun Xu, MD, PhD

### SATURDAY, OCTOBER 8

- 7:00 – 8:00 Breakfast
- 8:00 – 8:15 Welcome and Agenda Review
- 8:15 – 9:15 CRPS Update: Diagnosis and Treatment  
Norman Harden, MD
- 9:15 – 10:15 Pain Management in Infants, Children, and Adolescents  
Helen N. Turner, DNP, CNS, APRN
- 10:15 – 10:45 Break
- 10:45 – 11:45 Personality Disorders in Chronic Pain: The Chicken or the Egg  
James Weisberg, PhD
- 12:00 – 1:00 Sponsored Lunch  
TBD
- 1:00 – 2:00 Uncommon Pain Syndromes  
Yashar Eshraghi, MD
- 2:00 – 3:00 New Treatments for Rheumatoid and Psoriatic Arthritis and Ankylosing Spondylitis  
Lynne S. Peterson, MD
- 3:00 – 3:30 Break
- 3:30 – 4:30 Cancer Pain Management Challenges: Beyond Opioids  
Keith Swetz, MD, MA
- 4:30 – 5:00 Business Meeting
- 5:00 – 6:00 Reception with Poster Presentations

### SUNDAY, OCTOBER 9

- 7:00 – 8:00 Breakfast
- 8:00 – 8:15 Welcome and Agenda Review
- 8:15 – 9:15 Interventional Pain Techniques for the Primary Care Provider  
Eric Royster, MD
- 9:15 – 10:15 Neuropathic Pain: Can CGRP Modulation Help?  
Raghav Govindarajan, MD
- 10:15 – 10:30 Break
- 10:30 – 11:30 Peripheral Nerve Interventions  
Chris Gilmore, MD
- 11:30 – 12:30 Legal Issues for Telehealth and E/M Billing During and After Covid  
David Vaughn, Esq. CPC
- 12:30 – 12:45 Close-out/evaluations

## CREDITS

**Continuing Medical Education Accreditation:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of Mountain Area Health Education Center (MAHEC) and Southern Pain Society. MAHEC is accredited by the NCMS to provide continuing medical education for physicians.

**Credit Designation:** MAHEC designates this live educational activity for a maximum of 15.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Disclosure Statement:** MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

**Continuing Nursing Education (CNE) Contact Hour:** Mountain Area Health Education Center (MAHEC) is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Participants must attend 80% of the activity to receive credit.

**Contact Hours and Continuing Education Units (CEU):** MAHEC designates this live continuing education activity as meeting the criteria for 15.0 contact hours.

MAHEC designates this live continuing education activity as meeting the criteria for 1.5 CEUs as established by the National Task Force on the Continuing Education Unit.

## PROGRAM FACULTY

### **Yashar Eshraghi, MD**

Medical Director Pain Research  
Louisiana State University School of Medicine  
New Orleans, Louisiana

### **Chris Gilmore, MD**

Carolinas Pain Institute  
Winston-Salem, North Carolina

### **Raghav Govindarajan, MD**

Department of Neurology  
University of Missouri Healthcare  
Columbia, Missouri

### **R. Norman Harden, MD**

Professor  
Northwestern University  
Athens, Georgia

### **Lynne S. Peterson, MD**

Department of Rheumatology  
Mayo Clinic  
Rochester, Minnesota

### **Carol Redillas, MD**

Crescent City Headache & Neurology  
New Orleans, Louisiana

### **Marcela Romero-Reyes, DDS, PhD**

University of Maryland School of Dentistry  
Baltimore, Maryland

### **Eric Royster, MD**

Integrated Pain and Neuroscience  
New Orleans, Louisiana

### **Keith M. Swetz, MD, MA**

Professor of Medicine  
UAB School of Medicine  
Birmingham, Alabama

### **Helen N. Turner**

**DNP, CNS, APRN**  
Associate Professor  
Oregon Health & Science University  
Portland, Oregon

### **David Vaughn, Esq., CPC**

Vaughn & Associates, LLC  
Baton Rouge, Louisiana

### **James N. Weisberg, PhD**

Associate Professor of Anesthesiology  
UAB School of Medicine  
Birmingham, Alabama

### **Jijun Xu, MD, PhD**

Associate Professor of Anesthesiology  
Case Western Reserve University  
Cleveland, Ohio

### **Program Medical Director**

**Thomas Davis, MD**  
Chattanooga, Tennessee



## REGISTRATION & CANCELLATION FEES

Registration fee for the conference includes course materials, continental breakfasts, coffee breaks, lunch and a reception on Saturday, and other amenities involved in creating a comfortable and rewarding learning experience. A maximum enrollment has been set, so early registration is highly recommended.

Written cancellations received by September 16, 2022 will receive a full refund. Cancellations received between three weeks and 72 hours prior to the program date will receive a 70% refund. No refunds will be given for cancellations received within 72 hours of the meeting, although substitutions will be permitted.

Have a question?

Lyndsay Nicholson, CMP

Lyndsay.Nicholson@mahec.net

828-407-2596



Special Services:  
828-257-4491

Registration Information:

828-257-4475

Fax Registration:

828-257-4768

**Online Registration:**

**www.mahec.net/sps**

Email:

registration@mahec.net

Mail: MAHEC Registration

121 Hendersonville Rd., Asheville, NC 28803

MAHEC respectfully requests that payment be made at time of registration. This facilitates easy and quick check-in at the conference.

### **ADA Statement**

If you need any of the auxiliary aids or services identified in the American with Disabilities Act in order to attend this course, Lyndsay Nicholson, CMP at 828-407-2596.

## LOCATION AND ACCOMMODATIONS

### **Astor Crowne Plaza**

739 Canal St. at Bourbon  
504-962-0500

[www.astorneneworleans.com/](http://www.astorneneworleans.com/)

*A Four Diamond New Orleans Luxury Hotel, Radiating Elegance.* Situated amid one of the country's most exhilarating cities, Astor Crowne Plaza New Orleans features a wealth of lavish conveniences that make it a vacation destination of its own. Indulge in delicious Creole specialties and decadent desserts at Dickie Brennan's Bourbon House and Beyond, conveniently stationed within our ideally-located French Quarter hotel. You may also enjoy a relaxing dip in our sparkling swimming pool.

### **Reservations**

A limited block of rooms has been reserved at the Astor Crowne Plaza New Orleans for reservations received by September 24, 2022. If you wish to make reservations, please call 877-408-9661 and refer to the Southern Pain Society to receive the special rate of \$185 per night (+ state and local taxes). Room blocks fill quickly; we encourage you to make your reservations as soon as possible. Alternatively, you can book using the hotel link on the home page of

**www.southernpainsociety.org**

There is a convenient link to book your hotel room online at [southernpainsociety.org](http://southernpainsociety.org). Day Valet parking is available for \$20 per day.

### **Southern Pain Society**

[southernpainsociety.org](http://southernpainsociety.org) • [info@southernpainsociety.org](mailto:info@southernpainsociety.org) • 828-575-9275

## PLANNING COMMITTEE

Thomas Davis, MD

*Conference Co-Chair*

Harry J. Gould, III, MD, PhD

R. Norman Harden, MD

Lyndsay Nicholson, CMP

Lori H. Postal, RN, MHA

Ann Quinlan-Colwell, PhD, APN

*Conference Co-Chair*

Randall Roig, MD

Eric Royster, MD

Alethia Sellers, MD

Michele Simoneaux, MD

James Weisberg, PhD





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**REGISTRATION FORM**

Updated contact info

Name \_\_\_\_\_

Credentials \_\_\_\_\_

PIN# \_\_\_\_ (4 digits of your choosing that you will use on the MAHEC website.)

Specialty \_\_\_\_\_

E-mail Address \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home # \_\_\_\_\_ Work # \_\_\_\_\_

**EARLY REGISTRATION BY SEPTEMBER 23, 2022**

**Southern Pain Society Members**

- \$395 Doctoral Level (MD, DO, PhD)
- \$335 Non – Doctoral Level (NP, PA, RN)
- \$60 Student/Fellow/Resident

**Non-Southern Pain Society Members**

- \$475 Doctoral Level (MD, DO, PhD)
- \$405 Non – Doctoral Level (NP, PA, RN)
- \$90 Student/Fellow/Resident

**Late Registration after September 23, 2022 will be an additional \$50**

- Check is enclosed payable to MAHEC       Credit card info provided
- Visa     Mastercard     Discover Card     American Express

Account # \_\_\_\_\_ Exp \_\_\_\_\_ / \_\_\_\_\_ Code on back of card \_\_\_\_\_

Name on Card \_\_\_\_\_

Signature \_\_\_\_\_

Send completed registration form to:  
 MAHEC Registration  
 121 Hendersonville Rd., Asheville, NC 28803  
 Fax to 828-257-4768

**Or register online at [www.mahec.net/event/68178](http://www.mahec.net/event/68178)  
[www.southernpainsociety.org](http://www.southernpainsociety.org)**