

2023 North Carolina Cardiovascular Update



Featuring
The 22nd Annual
Ernest and Hazel Craige Lecture

October 6, 2023

Keynote Speaker
Michelle A. Albert, MD, MPH, FACC, FAHA

Walter A. Haas-Lucie Stern Endowed Chair in Cardiology and Professor in Medicine at the University of California at San Francisco (UCSF), and Admissions Dean for UCSF Medical School and Director of the Center for the Study of Adversity and Cardiovascular Disease (NURTURE Center)

JOINTLY PROVIDED BY



COURSE DESCRIPTION

This educational activity will provide a refresher on optimal treatment of various cardiovascular diseases. New technologies and drug therapies will be discussed. Challenging cases will be reviewed to put current treatment recommendations in perspective. Lastly, panel discussions will be held and questions solicited from the audience.

LEARNING OBJECTIVES

Upon completion of this educational activity, the participant will be able to:

1. Identify and integrate various state-of-the-art treatments for cardiovascular disease, including percutaneous and surgical therapies, by primary care physicians and cardiologists.
2. Review state-of-the-art diagnostic techniques and imaging options for assessing patients with cardiovascular disease.
3. Review important clinical trials in cardiology that have been completed within the past year, including by not limited to cholesterol-lowering drugs, and apply information learned to daily practice.

TARGET AUDIENCE

Cardiologists, cardiac surgeons, internists, family practice and primary care physicians, emergency physicians, physician assistants, nurse practitioners, nurses, and other health professionals involved in the treatment of cardiovascular disease.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint provider-ship of Mountain Area Health Education Center (MAHEC) and UNC Center for Heart and Vascular Care. MAHEC is accredited by the NCMS to provide continuing medical education for physicians.

CREDIT DESIGNATION STATEMENT

MAHEC designates this live activity for a maximum of 7.0 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

DISCLOSURE

MAHEC adheres to the ACCME Standards regarding industry support for continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

PHYSICIAN ASSISTANTS

AAPA accepts certificate of participation for educational activities certified for AMA PRA Category 1 Credits[™] from organizations accredited by ACCME or a recognized state medical society. Physician Assistants may receive a maximum of 7.0 hours of Category 1 credit for completing this program.

NURSE PRACTITIONERS

MAHEC designates this continuing education activity as meeting the criteria for 7.0 contact hours.

NURSING

MAHEC is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

CEU

MAHEC designates this live continuing education activity as meeting the criteria for .70 CEUs as established by the National Task Force on the Continuing Education Unit.

For questions about registration, please go to our website, www.mahec.net or call Mountain AHEC at (828) 257-4475.

CANCELLATION POLICY

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive an 80% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or e-mail). Substitutions can be accommodated in advance of the program. MAHEC has a pay-up-front policy for all CE programs. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

AMERICANS WITH DISABILITIES ACT (ADA)

Mountain AHEC is committed to equality of educational opportunity and does not discriminate against applicants, students, or employees on the basis of race, color, religion, sex, national origin, age, disability or veteran's status. If you require reasonable accommodations for a disability in order to participate fully in continuing education activity, please call (828) 257-4475 no later



22nd Annual North Carolina Cardiovascular Update

2023 North Carolina Cardiovascular Update October 6, 2023

7:00 a.m. - 8:00 a.m.	Continental Breakfast, Check-In & Exhibits	
8:00 a.m. - 8:05 a.m.	Opening Remarks	Rick Stouffer, MD Matt Cavendar, MD, MPH
8:05 a.m. - 8:35 a.m.	Using GLP-1RA — Practical Considerations for the Clinician	John Buse, MD
8:35 a.m. - 9:00 a.m.	An Update on Renal Denervation for the Treatment of Hypertension — Views from a Nephrologist	George Bakris, MD
9:00 a.m. - 9:10 a.m.	Panel Discussion and Q&A	
9:10 a.m. - 9:30 a.m.	Break & Exhibits	
9:30 a.m. - 9:40 a.m.	Clinical Case — Multivessel Coronary Artery Disease on CTA	Cassie Ramm, NP
9:40 a.m. - 9:55 a.m.	The Case for Revascularization	Kevin Friede, MD
9:55 a.m. - 10:10 a.m.	The Case for Lipid Lowering and Medical Therapy	Larry Klein, MD
10:10 a.m. - 10:30 a.m.	Current Guidelines for Chronic Coronary Syndrome	Essraa Bayoumi, MD
10:30 a.m. - 10:50 a.m.	Breaks & Exhibits	
10:50 a.m. - 11:00 a.m.	Remembering Dr. Ernest Craige	Rick Stouffer, MD
11:00 a.m. - 12:00 p.m.	Craige Lecture	Michelle Albert, MD, MPH
12:00 p.m. - 1:00 p.m.	Lunch (provided)	
1:00 p.m. - 1:05 p.m.	Clinical Case — 67 year old male with severe aortic stenosis and a dilated aortic root	Tabitha Linville, NP
1:05 p.m. - 1:20 p.m.	The Case for TAVR	John Vavalle, MD
1:20 p.m. - 1:35 p.m.	The Case for Surgery	John Ikonomidis, MD Tommy Caranasos, MD
1:35 p.m. - 1:45 p.m.	Panel Discussion, Q&A	
1:45 p.m. - 2:05 p.m.	Remote Monitoring in Heart Failure	Mirnela Byku, MD Carrie Neal, MD
2:05 p.m. - 2:30 p.m.	How to Improve Healthcare Quality — In the US and Abroad	Sidney Smith, MD
2:30 p.m. - 2:45 p.m.	Break & Exhibits	
2:45 p.m. - 3:30 p.m.	Treating Kidney Disease in Patients with Heart Disease	George Bakris, MD
3:30 p.m. - 3:50 p.m.	Three Most Important Cardiovascular Studies of 2023	Cody Deen, MD
3:50 p.m. - 4:00 p.m.	Panel Discussion and Q&A	
4:00 p.m. - 4:25 p.m.	Updates in Atrial Fibrillation	Anil Gehi, MD
4:25 p.m. - 4:40 p.m.	Postural Orthostatic Hypertension — What is it, How do we diagnose, and what do we do about it?	Faisal Syed, MD
4:40 p.m.	Q&A and Final Remarks	Rick Stouffer, MD Matt Cavender, MD, MPH

Organizers

George A. (Rick) Stouffer, III, MD
Ernest & Hazel Craige Distinguished Professor of Cardiovascular Medicine; Chief, Division of Cardiology; Co-Director, McAllister Heart Institute; Physician-in-Chief, UNC Heart & Vascular Service Line

Matthew A. Cavender, MD, MPH
Associate Professor of Medicine, Cardiology; Co-Director of Cardiology Clinical Trials

Guest Speakers

Michelle Albert, MD, MPH (Ernest and Hazel Craige Lecture)
Walter A. Haas-Lucie Stern Endowed Chair in Cardiology and Professor in Medicine at the University of California at San Francisco (UCSF), Admissions Dean for UCSF Medical School, Director of the Center for the Study of Adversity and Cardiovascular Disease (NURTURE Center)

George Bakris, MD
Professor of Medicine, Director, AHA Comprehensive Hypertension Center, University of Chicago Medicine

Conference Location

The Carolina Club at the George Watts Alumni Center on the University of North Carolina at Chapel Hill campus at 150 Stadium Drive, Chapel Hill, NC 27514.

Room: Alumni Hall Ballroom

Parking vouchers will be provided: Ramshead Parking Deck

Access to the Club by vehicle with GPS

Enter 104 Ridge Road, Chapel Hill, NC 27514 (Parking on the 3rd level provides the most direct exit out toward the Carolina Club, however you can park on any of the levels.

- Lunch will be provided.
- Please bring a light jacket or sweater in case the room is too cool for your comfort.
- WiFi access & electrical outlets will be available.

Please Print Legibly

Program # 71305

Last Name: _____ First Name: _____ MI: _____

Home Address: _____

City: _____ State: _____ Zip Code: _____

Phone (will not be used for marketing purposes): _____

E-mail: _____ Sex: Male Female

Degree: _____ Last 4 digits of Social Security #: _____

Employer: _____ Specialty: _____

Work Address: _____

Disclaimer: MAHEC may potentially share your contact information with UNC Center for Heart and Vascular Care. Please let us know if you wish to not have your information shared.

Please check all that apply:

- Fellow MD DO PA Resident PhD PharmD
 RPh Student NP RN Other

Registration:

Please complete a separate registration form for each person. Registrations will not be processed unless accompanied by full payment (check or credit card). You may register by:

- Faxing your form with complete credit card information to (828) 257-4768
- Registering online at: www.mahec.net
- Mailing your form along with a check or complete credit card information to:
Mountain AHEC Registrar
121 Hendersonville Road
Asheville, NC 28803

Registration Fees: (please mark applicable fee)

- \$50.00 Alamance, Chatham & Orange County PCP's - must pre-register
 \$50.00 Non-UNC Residents and Fellows
 \$90.00 Nurses
 \$150.00 MDs & DOs
 \$250.00 Other healthcare professionals
 All UNC Affiliated Staff — fee is waved but you must pre-register

Program

Method of Payment

- Check made payable to Mountain AHEC enclosed.
- Credit Card (Visa, MasterCard, Discover or American Express)

Credit Card #: _____ Security Code: _____

Expiration date: _____ For your security, please provide us the zip code of your credit card billing address: _____

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