



**Southern Pain Society  
35th Annual Meeting**

**Pain Management:  
The Times They Are A-Changing**

**September 10-12, 2021**

Astor Crowne Plaza Hotel  
**New Orleans**

Jointly provided by





## Pain Management: The Times They Are A-Changing September 10-12, 2021

This conference will address the complex landscape of chronic pain treatment across the continuum of primary and specialty care, including pharmacological, non-pharmacological, and interventional modalities.

The curriculum is intended for participants with fundamental as well as advanced knowledge of chronic pain. The focus of the meeting will cover the following clinical topics: Options, advances, pharmacological treatments and interventional management of headaches, peripheral nerve pain, rheumatoid and psoriatic arthritis and ankylosing spondylitis, cancer pain, telehealth, billing and the management of pain in children and women.

### AUDIENCE

Physicians, nurse practitioners, physician assistants, RNs, psychologists and any other interested healthcare professionals.

### CONFERENCE OBJECTIVES

At the conclusion of this program, healthcare providers will be able to:

- Discuss the pharmacologic options and advances for managing migraines
- Review the interventional therapies for refractory headaches
- Outline new treatments for rheumatoid and psoriatic arthritis and ankylosing spondylitis
- Discuss interventional pain management techniques for primary care and specialist providers
- Review the use of interventional modalities for managing peripheral nerve pain
- Update the management of pain in cancer patients, children and women
- Discuss telehealth, telementoring and billing in the era of COVID

### THE SOUTHERN PAIN SOCIETY – JOIN AND SAVE!

The Southern Pain Society (SPS) was established in 1986. The Southern Pain Society's mission is to serve people with pain by advancing research and treatment and to increase the knowledge and skill of the regional professional community.

Visit [www.southernpainsociety.org](http://www.southernpainsociety.org) to join and take advantage of the discounted registration fee.

### POSTER PRESENTATIONS

Each year, we host a poster session where professionals and learners can showcase their research and projects. Posters can be clinically or research oriented. Please see the SPS website at [www.southernpainsociety.org](http://www.southernpainsociety.org) for details on submission.

### OPTIONAL TOUR

An optional "Historical, Architectural Walking Tour" of the French Quarter has been arranged for SPS attendees, and will be conducted by our own board member, Randy Roig, MD on behalf of the Friends of the Cabildo. **The cost is \$15 pp plus \$1.75 in fees for the 2 hour tour leaving at 1pm, Sunday, September 12, 2021.** The tour will leave from the front lobby of the Astor Crowne Plaza and will cover 20 blocks in the French Quarter. *Please use this link to register: <http://bit.ly/southernpaintour>.* Since this is a special tour, refunds cannot be accommodated; however, you may be able to find a substitute from your colleagues at the meeting.



## PROGRAM AGENDA

### FRIDAY, SEPTEMBER 10

- 1:00 – 1:15 Welcome and Course Overview
- 1:15 – 2:15 New Agents and Approaches for Migraine Treatment  
Carol Redillas, MD
- 2:15 – 3:15 Interventional Therapies for Refractory Headaches  
Samer Narouze, MD, PhD
- 3:15 – 3:45 Break
- 3:45 – 4:45 Ketamine: The Good, The Bad and The Ugly  
R. Norman Harden, MD

### SATURDAY, SEPTEMBER 11

- 7:00 – 8:00 Sponsored Breakfast
- 8:00 – 8:15 Welcome and Agenda Review
- 8:15 – 9:15 Pain Management in 2021: Exploring the Benefits of ECHO  
Pain Telementoring and Direct Telehealth for Your Practice  
Joanna Katzman MD, MSPH
- 9:15 – 10:15 Pain Management in Infants, Children, and Adolescents  
Helen N. Turner, DPN, CNS, APRN
- 10:15 – 10:45 Break
- 10:45 – 11:45 Chronic Pain in Women  
Colleen Fitzgerald, MD, MS
- 12:00 – 1:00 Sponsored Lunch
- 1:00 – 2:00 Uncommon Pain Syndromes  
Maged Guirguis, MD
- 2:00 – 3:00 New Treatments for Rheumatoid and Psoriatic Arthritis and  
Ankylosing Spondylitis  
Lynne S. Peterson, MD
- 3:00 – 3:30 Break
- 3:30 – 4:30 Cancer Pain Management Challenges: Beyond Opioids  
Keith Swetz, MD, MA
- 4:30 – 5:00 Business Meeting
- 5:00 – 6:00 Reception with Poster Presentations

### SUNDAY, SEPTEMBER 12

- 7:00 – 8:00 Sponsored Breakfast
- 8:00 – 8:15 Welcome and Agenda Review
- 8:15 – 9:15 Interventional Pain Techniques  
Eric Royster, MD
- 9:15 – 10:15 Personality Disorders in Chronic Pain: The Chicken or the Egg  
James Weisberg, PhD
- 10:15 – 10:30 Break
- 10:30 – 11:30 Peripheral Nerve Interventions  
Lawrence Poree, MD, PhD
- 11:30 – 12:30 Legal Issues for Telehealth and E/M Billing During and After  
Covid  
David Vaughn, Esq. CPC
- 12:30 – 12:45 Close-out/evaluations
- 1:00 – 1:30 Optional “Historical, Architectural Walking Tour  
of the French Quarter.”  
Randy Roig, MD

## CREDITS

**Continuing Medical Education Accreditation:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of Mountain Area Health Education Center (MAHEC) and Southern Pain Society. MAHEC is accredited by the NCMS to provide continuing medical education for physicians.

**Credit Designation:** MAHEC designates this live educational activity for a maximum of 15.0 AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Disclosure Statement:** MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

**Continuing Nursing Education (CNE) Contact Hour:** Mountain Area Health Education Center (MAHEC) is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Participants must attend 80% of the activity to receive credit.

**Contact Hours and Continuing Education Units (CEU):** MAHEC designates this live continuing education activity as meeting the criteria for 15.0 contact hours.

MAHEC designates this live continuing education activity as meeting the criteria for 1.5 CEUs as established by the National Task Force on the Continuing Education Unit.

## PROGRAM FACULTY

### Colleen M. Fitzgerald, MD, MS

Professor, Physical Medicine and Rehabilitation (PM&R)  
Loyola University/ Chicago Stritch School of Medicine  
Maywood, Illinois

### Maged Guirguis, MD

Associate Professor - Anesthesiology & Critical Care  
Medicine  
Ochsner Medical School  
New Orleans, Louisiana

### R. Norman Harden, MD

Professor  
Northwestern University  
Athens, Georgia

### Joanna Katzman, MD, MSPH

Departments of Neurosurgery, Psychiatry and Nursing  
University of New Mexico School of Medicine  
Albuquerque, New Mexico

### Samer Narouze, MD,

Chairman, Center for Pain Medicine  
Western Reserve Hospital  
Cuyahoga Falls, Ohio

### Lynne S. Peterson, MD

Department of Rheumatology  
Mayo Clinic  
Rochester, Minnesota

### Lawrence Poree, MP, PhD

Clinical Professor Anesthesiology  
UCSF  
San Francisco, California

### Carol Redillas, MD

Crescent City Headache & Neurology  
New Orleans, Louisiana

### Eric Royster, MD

Integrated Pain and Neuroscience  
New Orleans, Louisiana

### Keith M. Swetz, MD, MA

Professor of Medicine  
UAB School of Medicine  
Birmingham, Alabama

### Helen N. Turner, DNP, CNS

Associate Professor  
Oregon Health & Science University  
Portland, Oregon

### David Vaughn, Esq., CPC

Vaughn & Associates, LLC  
Baton Rouge, Louisiana

### James N. Weisberg, PhD

Associate Professor of Anesthesiology  
UAB School of Medicine  
Birmingham, Alabama

### Program Medical Director

### Thomas Davis, MD

Chattanooga, Tennessee



## REGISTRATION & CANCELLATION FEES

Registration fee for the conference includes course materials, continental breakfasts, coffee breaks, lunch and a reception on Saturday, and other amenities involved in creating a comfortable and rewarding learning experience. A maximum enrollment has been set, so early registration is highly recommended.

Written cancellations received by August 20, 2021 will receive a full refund. Cancellations received between three weeks and 72 hours prior to the program date will receive a 70% refund. No refunds will be given for cancellations received within 72 hours of the meeting, although substitutions will be permitted.

Have a question?

Lisa Roy

Lisa.Roy@mahec.net

828-257-4491

Registration Information:

828-257-4475

Fax Registration:

828-257-4768

**Online Registration:**

[www.mahec.net/sps](http://www.mahec.net/sps)

Email:

[registration@mahec.net](mailto:registration@mahec.net)

Mail: MAHEC Registration

121 Hendersonville Rd., Asheville, NC 28803



Special Services:

828-257-4491

## PLANNING COMMITTEE

Thomas Davis, MD

*Conference Co-Chair*

David Gavel, PhD

Harry J. Gould, III, MD, PhD

R. Norman Harden, MD

Donald Penzien, PhD

Lori H. Postal, RN, MHA

Ann Quinlan-Colwell, PhD, APN

*Conference Co-Chair*

Randall Roig, MD

Lisa Roy, MSW

Eric Royster, MD

Michele Simoneaux, MD

B. Todd Sitzman, MD

James Weisberg, PhD



## LOCATION AND ACCOMMODATIONS

### Astor Crowne Plaza

739 Canal St. at Bourbon  
877-270-1393  
[www.astorneneworleans.com/](http://www.astorneneworleans.com/)

*A Four Diamond New Orleans Luxury Hotel, Radiating Elegance.* Situated amid one of the country's most exhilarating cities, Astor Crowne Plaza New Orleans features a wealth of lavish conveniences that make it a vacation destination of its own. Indulge in delicious Creole specialties and decadent desserts at Dickie Brennan's Bourbon House and Beyond, conveniently stationed within our ideally-located French Quarter hotel. You may also enjoy a relaxing dip in our sparkling swimming pool.

### Reservations

A limited block of rooms has been reserved at the Astor Crowne Plaza New Orleans for reservations received by August 27, 2021. If you wish to make reservations, please call 877-408-9661 and refer to the Southern Pain Society to receive the special rate of \$159 per night (+ state and local taxes). Room blocks fill quickly; we encourage you to make your reservations as soon as possible.

There is a convenient link to book your hotel room online at [southernpainsociety.org](http://southernpainsociety.org). Day Valet parking is available for \$20 per day.

### Southern Pain Society

[southernpainsociety.org](http://southernpainsociety.org) • [info@southernpainsociety.org](mailto:info@southernpainsociety.org) • 828-575-9275



# Pain Management: The Times They Are A-Changing

September 10-12, 2021

## REGISTRATION FORM

Updated contact info

Name \_\_\_\_\_

Credentials \_\_\_\_\_

Social Security #    **XXX-XX-** \_\_\_\_\_ (last 4 digits required)

Specialty \_\_\_\_\_

E-mail Address \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home # \_\_\_\_\_ Work # \_\_\_\_\_

## EARLY REGISTRATION BY AUGUST 27, 2021

### Southern Pain Society Members

- \$395 Doctoral Level (MD, DO, PhD)
- \$335 Non – Doctoral Level (NP, PA, RN)
- \$60 Student/Fellow/Resident

### Non-Southern Pain Society Members

- \$475 Doctoral Level (MD, DO, PhD)
- \$405 Non – Doctoral Level (NP, PA, RN)
- \$90 Student/Fellow/Resident

### Late Registration after August 27, 2021 will be an additional \$50

- Check is enclosed payable to MAHEC     Credit card info provided
- Visa     Mastercard     Discover Card     American Express

Account # \_\_\_\_\_ Exp \_\_\_\_\_ / \_\_\_\_\_ Code on back of card \_\_\_\_\_

Name on Card \_\_\_\_\_

Signature \_\_\_\_\_

Send completed registration form to:  
 MAHEC Registration  
 121 Hendersonville Rd., Asheville, NC 28803  
 Fax to 828-257-4768

Or register online at [www.mahec.net/sps](http://www.mahec.net/sps) or  
[www.southernpainsociety.org](http://www.southernpainsociety.org)