

The Southern Pain Society and
the Southern Headache Society
present

From Head to Toe: A Combined Chronic Pain and Headache Meeting

September 8-10, 2017



Astor Crowne Plaza
New Orleans

Jointly provided by



From Head to Toe:
A Combined Chronic Pain
and Headache Meeting

September 8-10, 2017



The 2017 Southern Pain Society and Southern Headache Societies are collaborating together to present their combined annual meeting. We will examine controversies in chronic pain and headache management affecting healthcare practitioners. Attendees will be provided with practical, exportable solutions that can be immediately implemented in their daily practice.

AUDIENCE

Physicians, physician assistants, nurse practitioners, psychologists and any other interested healthcare professionals.

CONFERENCE OBJECTIVES

- At the conclusion of this program, providers/clinicians will be able to
- Discuss current standards and recommendations for opioid use in chronic pain
 - Review advances in translational medicine related to diagnosing and caring for the complex pain patient.
 - Discuss advanced techniques in neuromodulation for the pain and non-pain management practitioner
 - Select innovative therapies, medications and procedures for the treatment of migraine and cluster headaches.
 - Perform specific interventional techniques with headache patients in the office setting
 - Utilize appropriate behavioral interventions when interacting with patients.

THE SOUTHERN PAIN SOCIETY

The Southern Pain Society (SPS) was established in 1986 as a regional section of the American Pain Society and endorses and supports the mission and goals of the American Pain Society. The Southern Pain Society's missions are to serve people with pain by advancing research and treatment and to increase the knowledge and skill of the regional professional community.

Visit www.southernpainsociety.org to join and take advantage of the discounted registration fee.

THE SOUTHERN HEADACHE SOCIETY

The Southern Headache Society is a regional professional headache society, formed in 2011. The Southern Headache Society's mission is to improve the quality of life of patients with headaches and facial pain by promoting education to professionals.

Visit www.southernheadache.org to join and take advantage of the discounted registration fee.

POSTER PRESENTATIONS

Each year, we host a poster session where professionals and learners can showcase their research and projects. Posters can be clinically or research oriented. Please see the SPS website at www.southernpainsociety.org for details on submission.



PROGRAM AGENDA

FRIDAY, SEPTEMBER 8, 2017

- 2:00 – 2:10 **Welcome and Overview of the Day**
Brian Loftus, MD
- 2:10 – 2:50 **Listening to the Voice of the Provider: How Payors and Providers Collaborate**
Terri Riley
- 2:50 – 3:30 **Determining Disability from Chronic Pain and Headache**
Marianne Cloeren, MD, MPH
- 3:30 – 3:50 **Break**
- 3:50 – 4:30 **Opioids and Abuse Deterrent Formulations**
Feng Zhang, PhD
- 4:30 – 5:00 **Panel Q & A**
- 5:00 – 6:00 **SPS and SHS Business Meetings**

SATURDAY, SEPTEMBER 9, 2017

- 7:00 – 8:00 **Breakfast**
- 8:00 – 8:10 **Welcome and Overview of the Day**
Mordecai Potash, MD
- 8:10 – 8:50 **Advances in Translational Medicine: New Targets and New Ways of Diagnosing and Caring for the Complex Pain Patient: Part 1**
William Maixner, DDS, PhD
- 8:50 – 9:30 **Progressing from Acute to Chronic Pain - Impact of Environment and Life Style Choices**
Paul Durham, PhD
- 9:30 – 9:50 **Panel Q & A**
- 9:50 – 10:20 **Break**
- 10:20 – 11:00 **Pain Management for the Cognitively Impaired Patient**
Keela A. Herr, PhD, RN
- 11:00 – 11:40 **Advances in Translational Medicine: New Targets and New Ways of Diagnosing and Caring for the Complex Pain Patient: Part 2**
William Maixner, DDS, PhD
- 11:40 – 12:00 **Panel Q & A**
- 12:10 – 1:10 **Lunch & Learn: The Louisiana Medical Marijuana Program**
William B. Richardson, PhD

SPS BREAKOUT SESSIONS

- 1:20 – 1:50 **Biopsychosocial Approaches to Treating Chronic Pain and Headache**
Geraldyn Datz, PhD
- 1:50 – 2:30 **CDC Opioid Guidelines: One Year In**
Hans Hansen, MD
- 2:30 – 3:00 **Break**
- 3:00 – 3:40 **Ketamine and Pain Management Issues**
Hans Hansen, MD
- 3:40 – 4:10 **Advanced Techniques in Neuromodulation**
Todd Sitzman, MD, MPH
- 4:10 – 4:40 **Regulatory Update**
Mordecai Potash, MD
- 4:40 – 5:00 **Breakout Panel Q & A**

SHS BREAKOUT SESSIONS

- 1:20 – 2:00 **CGRP Antagonist for Migraine and Cluster Headaches**
Amy Wilcox Voigt, MD
- 2:00 – 2:40 **From Chicken Soup to Cannabis: Novel Therapeutics for Quieting the Trigeminal System**
Paul Durham, PhD
- 2:40 – 3:10 **Break**
- 3:10 – 3:50 **Building an Infusion Practice for Migraine**
Michael Ready, MD
- 3:50 – 4:30 **The Art of The Headache and Pain History: Deconstructing The Components**
Larry Robbins, MD
- 4:30 – 5:00 **Breakout Panel Q & A**
- 5:00 – 6:00 **Reception with Poster Presentations**

PROGRAM FACULTY

Jessica Ailani, MD

Georgetown Headache Center and MedStar Georgetown University Hospital
Chevy Chase, MD

Marianne Cloeren, MD, MPH

University of Maryland School of Medicine
Baltimore, MD

Geraldyn Datz, PhD

Southern Behavioral Medicine Associates
Hattiesburg, MS

Paul Durham, PhD

Center for Biomedical and Life Sciences at Missouri State University
Springfield, MO

Hans C. Hansen, MD

Pain Relief Centers
Conover, NC

Keela A. Herr, PhD, RN

Cosmay Center for Gerontological Excellence at the University of Iowa
College of Nursing
Iowa City, IA

Francis Joseph Keefe, PhD

Duke University
Durham, NC

William Maixner, DDS, PhD

Center for Translational Pain Medicine at Duke University
Durham, NC

Arwen Podesta, MD

Podesta Wellness
New Orleans, LA

Mordecai Potash, MD

Tulane University School of Medicine and Louisiana State University Health Sciences Center
New Orleans, LA

Michael Ready, MD

Baylor Scott & White
Temple, TX

William B. Richardson, PhD

Louisiana State University
Baton Rouge, LA

Erich O. Richter, MD

New Orleans, LA

Terri Riley

Sedgwick Claims Management Services, Inc.
Memphis, TN

Larry Robbins, MD

Robbins Headache Clinic
Riverwoods, IL

Todd Sitzman, MD, MPH

Advanced Pain Therapy, PLLC
Hattiesburg, MS

Amy Wilcox Voigt, MD

Department of Neurology at Louisiana State University
New Orleans, LA

Feng Zhang, PhD

The University of Texas at Austin College of Pharmacy
Austin, TX

PROGRAM AGENDA

SUNDAY, SEPTEMBER 10, 2017

7:00 – 8:00	Breakfast
8:00 – 8:10	Welcome Back and Overview of the Day Geraldyn Datz, PhD and Donald Penzien, PhD
8:10 – 8:50	Issues of Addiction in Chronic Pain Arwen Podesta, MD
8:50 – 9:30	Virtual Reality Francis Joseph Keefe, PhD
9:30 – 9:50	Panel Q & A
9:50 – 10:10	Break
10:10 – 10:50	Invasive Treatment of Cervicogenic Headaches Erich O. Richter, MD
10:50 – 11:30	Interventional Treatment of Headache Jessica Ailani, MD
11:30 – 12:10	Panel Q & A
12:10 – 12:20	Recap of the meeting and evaluations

CREDITS

Continuing Medical Education Credit (CME):

Accreditation:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of Mountain Area Health Education Center, the Southern Pain Society and the Southern Headache Society. The Mountain Area Health Education Center is accredited by the NCMS to provide continuing medical education for physicians.

Credit Designation: The Mountain Area Health Education Center designates this live educational activity for a maximum of 15 AMA PRA Category 1 Credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Continuing Education Units (CEU): The Mountain Area Health Education Center designates this continuing education activity as meeting the criteria for 1.5 CEUs as established by the National task force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.

Nursing Education Contact Hours (CNE): The Mountain Area Health Education Center's Department of Nursing Education is an Approved Provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

APA Psychology Credit: Mountain Area Health Education Center is approved by the American Psychological Association to sponsor education for psychologists. Mountain Area Health Education Center maintains responsibility for this program and its content. This program will be offered for 15 hours CE.

Disclosure: MAHEC adheres to the ANCC/ACCME Standards regarding industry support to continuing nursing education. Disclosure of presenters, planners, and commercial support relationships, if any, will be made known at the time of the activity.

KEYNOTE SPEAKER

William Maixner, DDS, PhD

Professor in Anesthesiology, Duke University
Director, Center for Translational Pain Medicine

This year the conference is pleased to have keynote presenter, William Maixner, DDS, PhD, a world renowned pain research. He has published more than 200 manuscripts and book chapters and has been continuously funded by the National Institutes of Health (NIH) since 1986. Dr. Maixner's primary research focus is on biological, environmental, and genetic factors involved in pain transmission and modulation.



REGISTRATION & CANCELLATION FEES

Registration fee for the conference includes course materials, continental breakfasts, coffee breaks, lunch and a reception on Saturday and other amenities involved in creating a comfortable and rewarding learning experience. A maximum enrollment has been set, so early registration is highly recommended.

Written cancellations received by August 25, 2017 will receive a full refund. Cancellations received between two weeks and 48 hours prior to the program date will receive a 70% refund. No refunds will be given for cancellations received less than 48 hours prior to September 8, 2017, although substitutions will be permitted.

Fax: 828-257-4768

Email: registration@mahec.net

Mail: MAHEC Registration
121 Hendersonville Rd., Asheville, NC 28803

MAHEC respectfully requests that payment be made at time of registration. This facilitates easy and quick check-in at the conference.

ADA Statement

If you need any of the auxiliary aids or services identified in the American with Disabilities Act in order to attend this course, Rhonda Egerton at 828-257-2984.

LOCATION AND ACCOMODATIONS

Astor Crowne Plaza

739 Canal St. at Bourbon
877-270-1393

www.astornorleans.com/

A Four Diamond New Orleans Luxury Hotel, Radiating Elegance

Situated amid one of the country's most exhilarating cities, Astor Crowne Plaza New Orleans features a wealth of lavish conveniences that make it a vacation destination of its own. Indulge in delicious Creole specialties and decadent desserts at Dickie Brennan's Bourbon House and Beyond, conveniently stationed within our ideally-located French Quarter hotel. You may also enjoy a relaxing dip in our sparkling swimming pool.

Reservations

A limited block of rooms has been reserved at Astor Crowne Plaza New Orleans for reservations received by August 18, 2017. If you wish to make reservations, please call 877-408-9661 and refer to the Southern Pain Society to receive the special rate of \$159 per night (+ state and local taxes). Room blocks fill quickly; we encourage you to make your reservations as soon as possible.

There is a convenient link to book your hotel room online at southernpainsociety.org. Valet parking is available for a fee. Self parking is offsite and not managed by the hotel.

Have a question?

Rhonda Egerton

Rhonda.Egerton@mahec.net

 Special Services:
828-771-4216

828-257-2984

Registration Information:

828-257-4475

Fax Registration:

828-257-4768

Online Registration:

www.mahec.net/headtotoe

Email:

registration@mahec.net

Mail: MAHEC Registration

121 Hendersonville Rd., Asheville, NC 28803

Southern Pain Society
southernpainsociety.org
info@southernpainsociety.org
828-575-9275

Southern Headache Society
southernheadache.org
admin@southernheadache.org

REGISTRATION FORM



**From Head to Toe:
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Updated contact info

Name _____

Credentials _____

Social Security # **XXX-XX-** _____ (last 4 digits required)

Occupation _____

E-mail Address _____

Home Address _____

City _____ State _____ Zip _____

Home # _____ Work # _____

Employer _____

Department _____

Employer's Address _____

City _____ State _____ Zip _____

Portions of your registration information may be shared with Southern Pain, Southern Headache or vendor representatives.

EARLY REGISTRATION

Southern Pain or Southern Headache Society Members

- \$360 Doctoral Level
- \$300 Non – Doctoral Level
- \$50 Student/Fellows/Residents

Non-Southern Pain or Southern Headache Society Members

- \$385 Doctoral Level
- \$325 Non – Doctoral Level
- \$75 Student/Fellows/Residents

Registrations due by August 25, 2017; after that date an additional \$50.00 will be charged.

- Check is enclosed Credit card info provided
- Visa Mastercard Discover Card American Express

Account # _____

Exp ____ / _____ Code on back of card _____

Name on Card _____

Signature _____

Send completed registration form to:
MAHEC Registration
121 Hendersonville Rd., Asheville, NC 28803
Fax to 828-257-4768

**Or register online at www.mahec.net/headtooe or
www.southernpainsociety.org**