

MAHEC PROJECT ECHO® FOR CHRONIC PAIN

5-Part Video Teleconferencing Series Starting Tuesday, August 13, 2019



DESCRIPTION

Project ECHO® is a lifelong learning and guided practice model that revolutionizes medical education to provide best-practice specialty care and reduce health disparities. ECHO is led by an expert team that uses multi-point videoconferencing to conduct virtual learning sessions comprised of a short didactic followed by case presentations provided by participants.

The increase in mortality due to the misuse of prescription medications has caused the medical field to re-examine the use of opioids for pain management. This live online course explores the benefits and risks of opioids as well as various medications currently available for the treatment of chronic pain. This Chronic Pain ECHO is designed to provide medical professionals with specialized training in opioid prescribing and interventional pain management. Evidence-based practices will be shared by an interdisciplinary team of experts in chronic pain management, integrated family practice, and medication-assisted therapy.

This video teleconferencing series, guided by experts, takes place over five bi-weekly modules (1-hour each) and covers topics such as:

- Opioid Basics: Regulatory Update (CDC, NCMB, and Stop Act)
- The Urine Drug Screen
- Psychology of Pain and Behavioral Health Treatment Modalities
- Opioid De-prescribing
- Central Sensitization and Addiction: Identifying and Treating Substance Use Disorders

This program will include the three required topics outlined by the new CME requirement in 21 NCAC 32R .0101:

1. Controlled substances prescribing practices
2. Recognizing signs of the abuse/misuse of controlled substances
3. Controlled substance prescribing for chronic pain management

This program includes up to 1.0 hour per module of controlled substances content. As of July 1, 2017, all physicians (aside from residents), physician assistants, nurse practitioners, podiatrists, and dentists who prescribe controlled substances must satisfy the controlled-substance prescribing CME requirement set forth in 21 NCAC 32R .0101. Requirements vary by discipline and board. Prescribers will turn in controlled substance CME when they renew licensure.

LOCATION

Project ECHO® Video Teleconferencing

MODULE 1

Tuesday, **August 13, 2019**

MODULE 2

Tuesday, **August 27, 2019**

MODULE 3

Tuesday, **September 10, 2019**

MODULE 4

Tuesday, **September 24, 2019**

MODULE 5

Tuesday, **October 8, 2019**

REGISTRATION

6:30 am–7:00 am (*same for every module*)
Note: must login at 6:50 am for attendance

PROGRAM

7:00 am–8:00 am (*same for every module*)

SERIES FEE

FREE (*must register in order to attend*)

[CLICK HERE TO REGISTER](#)

AUDIENCE

Primary Care Physicians, Nurses, NPs, PAs, Behavioral Health Professionals, and Pharmacists.

OBJECTIVES

Upon completion of this video teleconferencing series, participants will be able to:

- Describe learned best practice for opioid prescribing in their medical practice
- Apply learned skills for interventional pain management to develop a specialty in office-based opioid treatment (OBOT)
- Discuss non-pharmacological alternatives for treating chronic pain in their medical practice

PROVIDED BY



IN COLLABORATION WITH



THE UNIVERSITY
of NORTH CAROLINA
at CHAPEL HILL

CO-SPONSORED BY



UNC
ESHelman
SCHOOL OF PHARMACY

CREDITS



ACPE: The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

This program ACPE# 0046-9999-19-281-L04-P will provide up to **5.0 Contact Hours (1.0 hours per module)** of continuing education. No partial credit will be given.

Credit statements can be viewed and printed from CPE Monitor. In order to receive CE credit, attendance must be acknowledged at the registration desk upon arrival at the program. Participants will evaluate this program using a standard evaluation form.



NBCC: MAHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5514. Programs that do not qualify for NBCC credit are clearly identified. MAHEC is solely responsible for all aspects of their programs. Approved for **1.0 hours per module**.

Continuing Medical Education

Accreditation: MAHEC is accredited by the NC Medical Society (NCMS) to provide continuing medical education for physicians.

Credit Designation: MAHEC designates this live activity for a maximum of **1.0 AMA PRA Category 1 Credit(s)™ per module**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

1.0 CNE Contact Hours per module

MAHEC is an approved provider of continuing nursing education by the NC Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Participants must attend the entire activity to receive credit.

Psychologists: MAHEC is recognized by the NC Psychology Board as an approved Provider of Category A Continuing Education for NC Licensed Psychologists. Approved for **1.0 hours Category A per module**.

CEUs: MAHEC designates this live continuing education activity as meeting the criteria for **0.1 CEUs per module** as established by the National Task Force on the Continuing Education Unit.

Contact Hours: MAHEC designates this live continuing education activity as meeting the criteria for **1.0 contact hours per module**.

MEDICAL COURSE DIRECTORS

Blake Fagan, MD, MAHEC, Asheville, NC

Carriedelle Wilson Fusco, RN, MSN, FNP-BC
MAHEC, Asheville, NC

FACULTY

Blake Fagan, MD, completed his undergraduate education at the University of Missouri–Columbia. He attended Vanderbilt University School of Medicine and graduated in 1998 before finishing his family medicine residency at MAHEC in Asheville, NC. He has been a faculty member at MAHEC since completing his residency in 2001. During that time, he has been the Co-clinical Director, Assistant Residency Director, and the Residency Director. Currently, he serves as the Chief Education Officer at MAHEC.

Carriedelle Wilson Fusco, RN, MSN, FNP-BC, holds a Masters in Nursing from Vanderbilt University and is board-certified as a Family Nurse Practitioner. She is a native of Wilmington, NC and has lived in Asheville for the past 11 years. Carriedelle is on faculty at MAHEC in the Family Medicine Residency program, where she has worked since 2012. She works with an interdisciplinary team to care for patients in chronic pain, on chronic opioid therapy, and patients struggling with opioid addiction. She teaches medical, nurse practitioner, and pharmacy students (in addition to medical residents), other learners, and community medical providers about pain management and substance use disorders.

Don Teater, MD, MPH, is a family physician who has lived and worked in Western NC since 1988. His work in the southern Appalachian Mountains made him acutely aware of the problems with opioid pain medications. In 2004, he started a clinic to treat those addicted to opioids in his primary care practice. From 2013 to mid-2016, he worked as Medical Advisor at the National Safety Council addressing the national epidemic of opioid abuse, addiction, and overdose. Dr. Teater was lead facilitator for the expert panel discussion during the development of the CDC Guideline for Prescribing Opioids for Chronic Pain (United States, 2016). He has also served on the World Health Organization Committee addressing drugged driving that met in Mallorca, Spain in December 2015. Since June 2016, he has worked for Teater Health Solutions to concentrate on educating prescribers and others on the science of opioids and how that should influence treatment and policy decisions. Currently, he contracts with the CDC on the academic detailing of prescribers to educate them on the appropriate use of opioids for the treatment of pain. He continues to work one day per week treating those afflicted by the disease of addiction at Meridian Behavioral Health Services in WNC.

Martha Teater, MA, LMFT, LPC, LCAS, NNC, has been in private practice in Waynesville, NC since 1990. She has worked in primary care settings, free clinics, and medication-assisted treatment programs. She has provided hundreds of trainings in 45 states and internationally on topics such as evidence-based treatments for trauma, DSM-5, compassion fatigue, and the behavioral treatment of chronic pain. Martha has written over 175 articles in newspapers and magazines, including *Psychotherapy Networker* and *Family Therapy Magazine*. She is co-author (with John Ludgate) of *Overcoming Compassion Fatigue: A Practical Resilience Workbook*. She is also co-author (with Don Teater) of *Treating Chronic Pain: A Pill-Free Approach to Move People from Hurt to Hope*.

MAHEC PROJECT ECHO® FOR CHRONIC PAIN



Video Teleconferencing Series (5-Part) Starting on 8/13/2019

REGISTRATION FORM

By registering for this workshop, you are granting permission for your contact information to be shared with UNC Chapel Hill which is a collaborating partner of this continuing education activity.

MAHEC engages in evaluation activities to better understand the impact of our programs. By registering for this course, you agree that we may use your personal information in evaluative research regarding this program. Any reports published will be de-identified and reported in aggregate format.

Updated contact information #20ME017/59812

NAME _____

CREDENTIALS _____

SOCIAL SECURITY # XXX-XX- ____ ____ ____ (last 4 digits required)

OCCUPATION _____

EMAIL ADDRESS _____

HOME ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOME COUNTY _____

HOME # _____ WORK # _____

EMPLOYER _____

DEPARTMENT _____

EMPLOYER'S ADDRESS _____

CITY _____ STATE _____ ZIP _____

WORK COUNTY _____

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

MAHEC assumes permission to use audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.

PLANNING COMMITTEE MEMBERS

Blake Fagan, MD

MAHEC, Asheville, NC

Elizabeth Flemming, LPC

MAHEC, Asheville, NC

Carriedelle Wilson Fusco, RN, MSN, FNP-BC

MAHEC, Asheville, NC

Lourdes Lorenz-Miller, RN, MSN, NEA-BC, AHN-BC

MAHEC, Asheville, NC

HAVE A QUESTION?

Contact the Program Planner

Lourdes Lorenz-Miller, RN, MSN, NEA-BC, AHN-BC

lourdes.lorenz-miller@mahec.net or 828-707-5111

REGISTRATION INFORMATION

828-257-4475

FAX REGISTRATION

828-257-4768

ONLINE REGISTRATION

www.mahec.net/cpd

EMAIL

registration@mahec.net

MAIL

MAHEC Registration

121 Hendersonville Road, Asheville, NC 28803



Special Services

828-257-4492