



Annual Meeting

July 13 – 16, 2016



Biltmore Estate Asheville NC

New location, same great meeting, at the perfect family escape – Biltmore.



Annual Meeting

July 13 – 16, 2016

In its 62nd season, the Southern Obstetric and Gynecologic Seminar is a three-day educational event designed to address relevant and timely topics in women's health for the busy provider. Distinguished lecturers and leading experts in the field of obstetrics and gynecology will present clinical best-practices and care recommendations the provider can easily implement to improve patient care and outcomes. The content covered in this year's conference was derived from assessing the information needs and educational gaps reported by Southern's physician membership. Information will be delivered through a series of four lectures each day, case studies, and question and answer sessions.

Accompanying the academic portion of the annual meeting, Southern's members value the opportunity to interact socially with longstanding and new members. This year Southern has moved the Seminar to the Biltmore Estate, George W. Vanderbilt's summer house. Make plans to attend Wednesday evening's Welcome Reception in Cedric's Garden at the Biltmore and the Friday evening dinner and social in the historic Antler Hill Main Barn at the Biltmore.

Book your overnight accommodations at the Village Hotel on the Biltmore Estate by logging onto <http://www.biltmore.com/stay/inn/make-reservations> or by calling (866) 779-6277 and identifying yourself as being part of the Southern Ob/Gyn Seminar room block. **The cut-off date for reserving a room at the Village Hotel on the Biltmore Estate is May 29, 2016.**

As always, Annual Meeting registration fees are determined by your membership status. You may register and pay both your annual meeting fee and membership dues online by clicking the Registration tab on the event listing on the MAHEC website. Should you prefer, you can click the pdf brochure icon and print a hard copy registration form to register or pay dues via fax or mail.

Don't delay! Renew your annual membership and register for this year's meeting online or by mail today!

www.southernobgynseminar.org

CONFERENCE AT - A - GLANCE

WEDNESDAY, JULY 13, 2016

Registration Open: 12:30 PM - 4:00 PM
Welcome Reception: 6:00 PM - 9:00 PM

THURSDAY, JULY 14, 2016

Breakfast: 6:30 AM - 7:30 AM
Registration Open: 7:30 AM - 8:00 AM
Program: 8:00 AM - 12:30 PM

FRIDAY, JULY 15, 2016

Breakfast: 6:30 AM - 7:30 AM
Registration Open: 7:30 AM - 8:00 AM
Program: 8:00 AM - 12:30 PM
Dinner Reception: 7:00 PM - 10:00 PM

SATURDAY, JULY 16, 2016

Breakfast: 6:30 AM - 7:30 AM
Registration Open: 7:30 AM - 8:00 AM
Program: 8:00 AM - 12:30 PM

CONFERENCE OBJECTIVES

At the conclusion of this program, providers/clinicians will be able to:

Thursday July 14, 2016

- Develop an appreciation for the complexities in the diagnosis and treatment of women with voiding dysfunction
- Formulate a plan of treatment based on current recommendations for women experiencing severe menopausal symptoms
- Integrate evidence-based medical information into the algorithm for diagnosing and treating patients with bladder pain
- Apply fair-balanced, scientific education about performing a postmenopausal well-woman examination

Friday July 15, 2106

- Identify the top 10 mistakes made in the interpretation of FHR
- Evaluate the management of adnexal masses in pregnancy
- Review the major findings of the most recent clinical studies on cell-free DNA Testing and NIPT
- List the indications and ultrasound findings for fetal CNS, abdominal or vascular abnormalities

Saturday July 16, 2016

- Define the risks associated with contraception for the obese woman and review treatment options
- Anticipate the excess morbidity caused by obesity in pregnancy and implement strategies to address this risk
- Apply evidence-based strategies for successful ovarian stimulation in women with PCOS
- Identify controversial areas in the surgical treatment and preparation of older obese women having Gyn surgery

CREDIT

Continuing Medical Education (CME) Credit:

Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of the Mountain Area Health Education Center and the Southern Obstetrical and Gynecologic Seminar, Inc. The Mountain Area Health Education Center is accredited by the NCMS to provide continuing medical education for physicians.

Credit

MAHEC designates this live activity for a maximum of 12.0 AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure

The Mountain Area Health Education Center adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the activity.

ACOG

The American College of Obstetricians and Gynecologists has assigned up to 12 cognate credits to this program.

12.0 CNE Contact Hours

The Mountain Area Health Education Center's Department of Nursing Education is an Approved Provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Participants must attend entire activity or activities to receive credit. No partial credit is given for this activity.

MAHEC adheres to the ANCC/ACCME Standards regarding industry support to continuing nursing education. Disclosure of presenters, planners, and commercial support relationships, if any, will be made known at the time of the activity.

The Mountain Area Health Education Center's Department of Nursing operates in an ethical manner and complies with all applicable local, regional, and state or national laws and regulations as outlined in our Corporate Compliance Plan.

Continuing Education Units (CEU):

The Mountain Area Health Education Center designates this continuing education activity as meeting the criteria for 1.2 CEUs as established by the National Task force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.

All breakfasts, breaks and exhibits will be on the Lioncrest Veranda.
 All registration will be in the Lioncrest lobby.
 All presentations and Q&A sessions will be in Lioncrest Grand Ballroom.
 Locations of social events are specified below.

WEDNESDAY, JULY 13, 2016

6:00 PM - 9:00 PM Welcome Reception | Cocktails and Hors d'oeuvres
 Location: Cedrics' Garden

THURSDAY JULY 14, 2016

6:30 AM - 7:30 AM Breakfast
 6:30 AM - 1:30 PM Exhibits
 7:30 AM - 8:00 AM Registration
 8:00 AM - 8:45 AM Voiding Dysfunction in Women
 Jeff Garris, MD

ABE MICKAL LECTURE
 Current Recommendations and Treatment Options for
 Severe Menopausal Symptoms
 Mahreen Hashmi, MD

8:45 AM - 9:30 AM
 9:30 AM - 10:00 AM Questions and Answers
 10:00 AM - 10:30 AM Break and Exhibits
 10:30 AM - 11:15 AM Bladder Pain in Women
 Jeff Garris, MD
 11:15 AM - 12:00 PM The Postmenopausal Well-women Exam
 Mahreen Hashmi, MD
 12:00 PM - 12:30 PM Questions and Answers
 12:30 PM Adjourn

FRIDAY JULY 15, 2016

6:30 AM - 7:30 AM Breakfast
 6:30 AM - 1:30 PM Exhibits
 7:30 AM - 8:00 AM Registration
 8:00 AM - 8:45 AM Top 10 Mistakes Made during FHR Interpretation
 Sean Esplin, MD
 8:45 AM - 9:30 AM Adnexal Masses in Pregnancy
 Sarah Ellestad, MD
 9:30 AM - 10:00 AM Questions and Answers
 10:00 AM - 10:30 AM Break and Exhibits
 10:30 AM - 11:15 AM
ROY PARKER LECTURE
 Current Status of Cell-free DNA Testing and NIPT
 Sean Esplin, MD
 11:15 AM - 12:00 PM Use of Ultrasound in the Diagnosis of Maternal and Fetal
 Anatomic Abnormalities Associated with First Trimester Loss
 Sarah Ellestad, MD
 12:00 PM - 12:30 PM Questions and Answers
 12:30 PM Adjourn
 7:00 PM - 10:00 PM Dinner Reception / Cocktails and Outdoor Barbecue,
 "Biltmore Style"
 Location: Historic Antler Hill Main Barn

SATURDAY JULY 16, 2016

6:30 AM - 7:30 AM Breakfast
 6:30 AM - 1:30 PM Exhibits
 7:30 AM - 8:00 AM Registration
 8:00 AM - 8:45 AM Management of PCOS: Challenges of Contraception in
 the Obese Patient
 Rebecca Usadi, MD
 8:45 AM - 9:30 AM The Effects of Obesity on Pregnancy and Recommendations
 for Management
 Hytham Imseis, MD
 9:30 AM - 10:00 AM Questions and Answers
 10:00 AM - 10:30 AM Break and Exhibits
 10:30 AM - 11:15 AM Current Update on Ovulation Induction Techniques in
 Obese Women with PCOS and Anovulatory Cycles
 Rebecca Usadi, MD
 11:15 AM - 12:00 PM The Effects of Obesity on Gyn Surgery, Especially in
 Older Women
 Grover May, MD
 12:00 PM - 12:30 PM Questions and Answers
 12:30 PM Adjourn

SPEAKERS *in order of the agenda*

Jeffrey (Jeff) B. Garris, MD, MS, FACOG, FACS
 Park Ridge Health
 Urogynecology Center
 Arden, NC

Mahreen Hashmi, MD
 West Virginia University Hospital
 Department of OB/GYN
 Morgantown, WV

Sean Esplin, MD
 Intermountain Maternal Fetal Medicine Specialists
 Obstetrics and Gynecology
 Murray, UT

Sarah C. Ellestad, MD
 Assistant Professor of Obstetrics & Gynecology
 Duke Health
 Department of Obstetrics & Gynecology
 Division of Maternal-Fetal Medicine
 Durham, NC

Rebecca S. Usadi, MD
 Carolinas Medical Center
 CMC Women's Institute - Fertility Care
 Charlotte, NC

Hytham M. Imseis, MD
 Maternal Fetal Medicine Charlotte
 Novant Health Maternal-Fetal Medicine
 Charlotte, NC

Grover May, MD, FACOG
 Clinical Faculty at East Tennessee State University
 State of Franklin Healthcare Associates
 Johnson City, TN

MEDICAL COURSE DIRECTOR

Susan West, MD
 Laurel OB/GYN, PA
 Asheville, NC

EXECUTIVE COMMITTEE OFFICERS:

Elizabeth G. Livingston, MD
 President
 Duke University School of Medicine
 Durham, NC

Susan M. West, MD
 Vice President and Program Director
 Laurel OB/GYN, PA
 Asheville, NC

www.southernobgynseminar.org

Arthur Ollendorff, MD
 Secretary/Treasurer
 MAHEC OB/GYN Specialists
 Asheville, NC

REGISTRATION/MEMBERSHIP & DINNER FEES:

- \$175 (+ payment of \$125 dues) for So OB/GYN Members
- \$375 Non-member physicians
- \$150 Nurses and Allied Health
- \$75 (+ payment of \$125 dues) for Junior Fellow Physician Members

Dinner reception at Antler Hill Main Barn on Friday, July 15th:
 \$65 per adult
 \$30 per child under 18

Registration fee includes conference administrative costs, educational materials and breakfast Thursday through Saturday. Friday night's dinner and reception has a separate fee and you may purchase as many tickets as you like.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

CONFERENCE VENUE AND LODGING

BILTMORE ESTATE

www.biltmore.com

Book your overnight accommodations at the Village Hotel on the Biltmore Estate by logging onto <http://www.biltmore.com/stay/inn/make-reservations> or by calling (866) 779-6277 and identifying yourself as being part of the Southern Ob/Gyn Seminar room block. **The cut-off date for reserving a room at the Village Hotel on the Biltmore Estate is May 29, 2016.**

Wednesday 7/13 - Thursday 7/14, 2016

Single/Double Occupancy = \$179.00

Friday 7/15 - Saturday 7/16, 2016

Single/Double Occupancy = \$269.00

Please note: The Biltmore Estate offers FREE transportation to/from all of the venues and also all over the Estate.

Look for the posters on easels near the registration desk, entrance to the lecture hall and entrance to the Veranda with the Southern OB/GYN logo.

www.southernobgynseminar.org

Want to become a member or renew your membership, but cannot attend the meeting?

Use this form to pay your membership fees.

Have a question?

Conference Administrator:
 Elaine Alexander, MSN, RNC-OB
elaine.alexander@mahec.net

828-257-4414

Registration Information:

Fax Registration:
 Online Registration:

Email:
 Mail: MAHEC Registration

828-257-4475

828-257-4768

www.mahec.net

registration@mahec.net

121 Hendersonville Rd., Asheville, NC 28803

Special Services:
 828-257-4468



Annual Meeting

July 13 - 16, 2016

Updated contact info

Name _____

Credentials _____

Social Security # **XXX-XX-** _____ (last 4 digits required)

Occupation _____

E-mail Address _____

Home Address _____

City _____ State _____ Zip _____

Home County _____

Home # _____ Work # _____

Employer _____

Department _____

Employer's Address _____

City _____ State _____ Zip _____

Work County _____

Program announcements will be sent to your email unless you opt out from receiving emails from MAHEC. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

REGISTRATION/MEMBERSHIP & DINNER FEES:

So OB/GYN members* \$175 + payment of \$125 dues (\$300 total) | *Includes dinner reception at the Antler Hill Barn for member only

Non-member physicians \$375

Nurses and Allied Health \$150

Junior Fellow Physician Members \$75 + payment of \$125 dues (\$200 total)

Dinner reception at Antler Hill Main Barn

_____ tickets at \$65 per adult = _____

_____ tickets at \$30 per child under 18 = _____

TOTAL

I cannot attend, but want to pay my membership fee of \$125.00

Check is enclosed Credit card info provided

Visa Mastercard Discover Card American Express

Account # _____

Exp _____ / _____ Code on back of card _____

Name on Card _____

Signature _____

Send completed registration form to:
 MAHEC Registration
 121 Hendersonville Rd., Asheville, NC 28803
 Fax to 828-257-4768