UPDATED MANAGEMENT OF ULCERATIVE COLITIS

A Longitudinal Program for Gastroenterology Trainees

> A 12-WEEK VIRTUAL SERIES STARTING JULY 7, 2020



DESCRIPTION

Among its other wide-reaching impacts, the Coronavirus pandemic has also interfered with the ongoing care of IBD patients. Closures of outpatient clinics and, consequently, lack of access to treatment have been key factors. Circumstances such as job loss have also contributed to ever sicker IBD patients, particularly those with ulcerative colitis (UC).

This 12-week, virtual, longitudinal curriculum on the management of ulcerative colitis (UC) is designed with the needs of gastroenterology trainees in mind. Through a total of 24 one-hour sessions, the program will promote a better understanding of UC management for trainees and address a continuum of care from the mild to severe patient, including care for special populations. In addition, this course will specifically discuss the appropriate implementation of telehealth and the delivery of outpatient care to prevent disease complications. By completing this comprehensive and applicable curriculum on UC, trainees will gain critical knowledge that they can immediately implement into their practice.

Each week, program content will be offered in two parts:

Part 1: Didactic Lecture (Tuesdays at 8:00 pm EST)

• Each lecture will address a particular aspect of UC management. Faculty will answer moderated questions from trainees.

Part 2: ECHO[®] Session (Thursdays at 8:00 pm EST)

 Each ECHO[®] (Extension in Community Healthcare Outcomes) will consist of virtual, case-based discussions with faculty. This format will solidify and expand upon the didactic session's content, while building a community of practice among physicians.

Participants may select any or all of the sessions to attend, but are encouraged to attend both sessions each individual week (i.e., the didactic lecture and the subsequent ECHO[®] session). Educational credit certificates will be provided to participants per each session they attend.

This program is offered principally by the faculty of the University of North Carolina at Chapel Hill, which houses an internationallyrenowned inflammatory bowel disease center, and includes faculty members who are authors of three recent guidelines on inflammatory bowel disease. The course directors are: Dr. Millie Long—a current gastroenterology and hepatology program director—and Dr. Hans Herfarth—Co-director of UNC's Multidisciplinary IBD center. In addition, this program will feature nationally recognized experts from IBD centers around the United States who will deliver content in their areas of expertise.

AUDIENCE

Physicians, PAs, and NP Trainees in Gastroenterology

CLICK HERE TO REGISTER

A 12-WEEK VIRTUAL SERIES STARTING JULY 7, 2020!

LOCATION	Join live via webinar (Zoom platform)
DATES	July 7, 2020 – September 24, 2020 (Didactic Lecture on Tuesday each week) (ECHO [®] Session on Thursday each week)
TIMES	8:00 pm-9:00 pm EST (every Tuesday and Thursday evening)
SERIES FEE	FREE (must register in order to attend)

OBJECTIVES

Upon completion of this activity, participants will be able to:

- State the epidemiology of ulcerative colitis and demonstrate how to provide accurate diagnosis, including an individualized assessment of disease severity (rather than disease activity)
- Explain and apply the management of mild to moderate ulcerative colitis, including available therapeutics (medical as well as complementary)
- Explain and apply the management of moderate to severe ulcerative colitis, including identifying available medical therapeutics, specifically biologics (including biosimilars) and small molecules (JAK inhibitors)
- Improve the management of the hospitalized, severe ulcerative colitis patient, including the role of colectomy
- Review and implement the latest guidelines for the management of ulcerative colitis, including optimization of therapies and the use of therapeutic drug monitoring
- Describe and integrate the management of special populations: the pregnant patient
- Describe and integrate the management of special populations: the patient with extra-intestinal manifestations
- Describe and integrate the management of special populations: the patient with liver disease (primary sclerosing cholangitis, nonalcoholic fatty liver disease)
- Describe and integrate the management of special populations: the elderly and those with comorbidities and prior malignancy
- Recommend strategies to optimize health maintenance and prevention in patients with ulcerative colitis
- Recognize and select the novel therapies in the pipeline for ulcerative colitis
- Recognize and synthesize best practices surrounding telehealth delivery and shared decision-making in patients with ulcerative colitis

A 12-WEEK VIRTUAL SERIES STARTING JULY 7, 2020 | SELECT ANY NUMBER OF SESSIONS DESIRED!

Epidemiology of Ulcerative Colitis

Michael D. Kappelman, MD, MPH University of North Carolina

Didactic Lecture	Tues, July 7, 2020
Registration	7:30 pm–8:00 pm EST
Program	8:00 pm–9:00 pm EST
ECHO [®] Session	Thurs, July 9, 2020
Registration	7:30 pm–8:00 pm EST
Program	8:00 pm–9:00 pm EST

Mild to Moderate Ulcerative Colitis

Hans H. Herfarth, MD, PhD University of North Carolina

Didactic Lecture	Tues, July 14, 2020
Registration	7:30 pm–8:00 pm EST
Program	8:00 pm–9:00 pm EST
ECHO [®] Session	Thurs, July 16, 2020
Registration	7:30 pm–8:00 pm EST
Program	8:00 pm–9:00 pm EST

Moderate to Severe Ulcerative Colitis

Kim L. Isaacs, MD, PhD University of North Carolina

Didactic Lecture	Tues, July 21, 2020
Registration	7:30 pm–8:00 pm EST
Program	8:00 pm–9:00 pm EST
ECHO [®] Session	Thurs, July 23, 2020
Registration	7:30 pm–8:00 pm EST
Program	8:00 pm–9:00 pm EST

Extraintestinal Manifestations of Inflammatory Bowel Disease

Jonathan Hansen, MD, PhD University of North Carolina

Didactic Lecture	Tues, July 28, 2020
Registration	7:30 pm–8:00 pm EST
Program	8:00 pm–9:00 pm EST
ECHO [®] Session	Thurs, July 30, 2020
Registration	7:30 pm–8:00 pm EST
Program	8:00 pm–9:00 pm EST

Health Maintenance and Prevention in Inflammatory Bowel Disease Millie D. Long, MD, MPH University of North Carolina

Didactic Lecture
Registration
ProgramTues, August 4, 2020
7:30 pm-8:00 pm EST
8:00 pm-9:00 pm ESTECHO® Session
Registration
ProgramThurs, August 6, 2020
7:30 pm-8:00 pm EST
8:00 pm-9:00 pm EST

Pregnancy in Inflammatory Bowel Disease

Uma Mahadevan, MD University of California, San Francisco

Didactic Lecture	Tues, August 11, 2020
Registration	7:30 pm–8:00 pm EST
Program	8:00 pm–9:00 pm EST
ECHO [®] Session	Thurs, August 13, 2020
ECHO [®] Session Registration	Thurs, August 13, 2020 7:30 pm–8:00 pm EST

Management of Acute Severe Ulcerative Colitis

Edward L. Barnes, MD, MPH University of North Carolina

Didactic Lecture	Tues, August 18, 2020
Registration	7:30 pm–8:00 pm EST
Program	8:00 pm–9:00 pm EST
ECHO [®] Session	Thurs, August 20, 2020
Registration	7:30 pm–8:00 pm EST
Program	8:00 pm=9:00 pm EST

Management of Liver Disease Associated with Inflammatory Bowel Disease A. Sidney Barritt, MD, MSCR

University of North Carolina

Didactic Lecture	Tues, August 25, 2020
Registration	7:30 pm–8:00 pm EST
Program	8:00 pm–9:00 pm EST
ECHO [®] Session	Thurs, August 27, 2020
Registration	7:30 pm–8:00 pm EST
Program	8:00 pm–9:00 pm EST

Guidelines for the Management of Ulcerative Colitis

David Rubin, MD University of Chicago

Didactic Lecture	Tues, September 1, 2020
Registration	7:30 pm–8:00 pm EST
Program	8:00 pm–9:00 pm EST
ECHO [®] Session	Thurs, September 3, 2020
Registration	7:30 pm–8:00 pm EST
Program	8:00 pm–9:00 pm EST

Telehealth in Inflammatory Bowel Disease: The New Frontier

Raymond Cross, MD, MS University of Maryland

Didactic Lecture Registration Program	Tues, September 8, 2020 7:30 pm–8:00 pm EST 8:00 pm–9:00 pm EST
ECHO [®] Session	Thurs, September 10, 2020
Registration	7:30 pm–8:00 pm EST
Program	8:00 pm–9:00 pm EST

A Focus on Elderly Patients with IBD: Role of Comorbidities and Malignancies

Bharati Kochar, MD, MSCR Massachusetts General Hospital

Didactic Lecture Registration Program	Tues, September 15, 2020 7:30 pm–8:00 pm EST 8:00 pm–9:00 pm EST
ECHO [®] Session	Thurs, September 17, 2020
Registration	7:30 pm–8:00 pm EST
Program	8:00 pm–9:00 pm EST

Personalized Therapy in Ulcerative Colitis: What's on the Horizon?

Animesh Jain, MD

University of North Carolina

Didactic Lecture	Tues, September 22, 2020
Registration	7:30 pm–8:00 pm EST
Program	8:00 pm–9:00 pm EST
ECHO [®] Session	Thurs, September 24, 2020
Registration	7:30 pm–8:00 pm EST
Program	8:00 pm–9:00 pm EST

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This activity is supported by an educational grant from Pfizer.

CREDITS

Continuing Medical Education

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of Mountain Area Health Education Center (MAHEC) and UNC Division of Gastroenterology and Hepatology. MAHEC is accredited by the NCMS to provide continuing medical education for physicians.

<u>Credit Designation</u>: MAHEC designates this live educational activity for a maximum of **24.0 (1.0 per session)** AMA PRA Category 1 Credit(s)TM. Physicians should only claim credit commensurate with the extent of their participation in the activity.

<u>Disclosure Statement</u>: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

CEUs: Mountain Area Health Education Center (MAHEC) designates this live continuing education activity as meeting the criteria for **2.4 (0.1 per session)** CEUs as established by the National Task Force on the Continuing Education Unit.

Contact Hours: Mountain Area Health Education Center (MAHEC) designates this live continuing education activity as meeting the criteria for **24.0 (1.0 per session)** contact hours.

MEDICAL COURSE DIRECTORS

Hans H. Herfarth MD, PhD UNC-Chapel Hill, Chapel Hill, NC

Millie D. Long MD, MPH UNC-Chapel Hill, Chapel Hill, NC

PLANNING COMMITTEE

Blake Fagan, MD UNC Health Sciences at MAHEC, Asheville, NC

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Project Pro

REGISTRATION FORM	Epidemiology of Ulcerative Colitis Tues, July 7, 2020 and Thurs, July 9, 2020
Please select your desired session attendance at right.	Didactic Lecture (Tuesday)
By registering for this workshop, you are granting permission for your contact information to be shared with UNC–Chapel Hill, which is a collaborating partner of this continuing education activity.	Mild to Moderate Ulcerative Colitis Tues, July 14, 2020 and Thurs, July 16, 2020
	Didactic Lecture (Tuesday) ECHO [®] Session (Thursday)
Updated contact information.	Moderate to Severe Ulcerative Colitis Tues, July 21, 2020 and Thurs, July 23, 2020
	Didactic Lecture (Tuesday) ECHO® Session (Thursday)
CREDENTIALS	Extraintestinal Manifestations of Inflammatory Bowel Disease Tues, July 28, 2020 and Thurs, July 30, 2020
SOCIAL SECURITY # XXX-XX (last 4 digits required)	Didactic Lecture (Tuesday) ECHO® Session (Thursday)
OCCUPATION	Health Maintenance and Prevention in Inflammatory Bowel Disease Tues, August 4, 2020 and Thurs, August 6, 2020
EMAIL ADDRESS	Didactic Lecture (Tuesday) ECHO [®] Session (Thursday)
HOME ADDRESS	Pregnancy in Inflammatory Bowel Disease Tues, August 11, 2020 and Thurs, August 13, 2020
CITY STATE ZIP	Didactic Lecture (Tuesday) ECHO® Session (Thursday)
HOME COUNTY	Management of Acute Severe Ulcerative Colitis Tues, August 18, 2020 and Thurs, August 20, 2020
HOME # WORK #	Didactic Lecture (Tuesday) ECHO® Session (Thursday)
	Management of Liver Disease Associated with Inflammatory Bowel Disease Tues, August 25, 2020 and Thurs, August 27, 2020
DEPARTMENT	Didactic Lecture (Tuesday) ECHO [®] Session (Thursday)
EMPLOYER'S ADDRESS	Guidelines for the Management of Ulcerative Colitis Tues, September 1, 2020 and Thurs, September 3, 2020
	Didactic Lecture (Tuesday) ECHO® Session (Thursday)
CITY STATE ZIP WORK COUNTY	Telehealth in Inflammatory Bowel Disease: The New Frontier Tues, September 8, 2020 and Thurs, September 10, 2020
	Didactic Lecture (Tuesday) ECHO® Session (Thursday)
Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.	A Focus on Elderly Patients with IBD: Role of Comorbidities and Malignancies
Please remove my name from the MAHEC mailing list.	Tues, September 15, 2020 and Thurs, September 17, 2020
Send completed registration form to: Event #63636 MAHEC Registration	Personalized Therapy in Ulcerative Colitis: What's on the Horizon? Tues, September 22, 2020 and Thurs, September 24, 2020
121 Hendersonville Road, Asheville, NC 28803 Fax: 828-257-4768	Didactic Lecture (Tuesday) ECHO [®] Session (Thursday)