

# LEVEL UP YOUR SUD SKILLS:

## Evidence-Based Practices for Caring for Patients with Substance Use Disorders

4-PART TRAINING SERIES



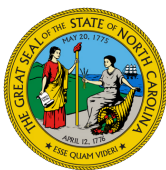
### SERIES DESCRIPTION

This four-part training series is designed by an interdisciplinary team of experts to empower clinical teams to provide evidence-based, patient-centered care to those experiencing substance use disorders. Throughout this series, we will explore foundational concepts in substance use disorder screening and treatment, medication for opioid use disorder, and the intersection of substance use treatment and perinatal healthcare. Discover best practices for harm reduction within clinical settings, gain insights into current trends in substance use, understand safe prescribing guidelines for opioid use disorders, and identify evidence-based treatment recommendations for pregnant women with substance use disorder.

PROVIDED BY



SUPPORTED BY



NC DEPARTMENT OF  
**HEALTH AND  
HUMAN SERVICES**

*This training initiative is supported by funds from the North Carolina Department of Health and Human Services through the Center for Disease Control and Prevention (CDC) Cooperative Agreement Number NU17CE925024.*

### ATTEND ANY OR ALL SESSIONS IN THIS 4-PART TRAINING SERIES

**TOPIC** Overview of Perinatal Substance Use Disorders with Case Studies

**DATE** Friday, April 26, 2024

**TIME** 12:30 pm–1:30 pm EST

**FORMAT** Live webinar (*Webex platform*)

**TOPIC** Overview of Medication for Opioid Use Disorders with Case Studies

**DATE** Friday, May 10, 2024

**TIME** 12:30 pm–1:30 pm EST

**FORMAT** Live webinar (*Webex platform*)

**TOPIC** Overview of Stimulant Use Disorders with Case Studies

**DATE** Friday, May 24, 2024

**TIME** 12:30 pm–1:30 pm EST

**FORMAT** Live webinar (*Webex platform*)

**TOPIC** Overview of Harm Reduction Strategies with Case Studies

**DATE** Friday, June 7, 2024

**TIME** 12:30 pm–1:30 pm EST

**FORMAT** Live webinar (*Webex platform*)

## FACULTY MEMBERS



**Olivia Caron, PharmD, BCACP, CCP**, is a clinical pharmacist at MAHEC and Assistant Professor at UNC Eshelman School of Pharmacy. She is the Director of Research for Project CARA—a perinatal substance use clinic at MAHEC—and the course director of the Substance Use Elective at UNC Eshelman School of Pharmacy. She received her Bachelors of Science in Chemical Engineering and Bachelors of Art in Spanish from Virginia Tech. She graduated from Virginia Commonwealth University with a Doctorate in Pharmacy and Certificate in Aging before completing a two-year ambulatory care residency at MAHEC. Olivia is trilingual in Spanish, French, and English. In her current role, she splits her time between family medicine and

perinatal substance use in addition to teaching and research. Her areas of interest include substance use disorders, harm reduction, and chronic disease management.



**Carriedelle Fusco, RN, MSN, FNP-BC**, holds a Master's in Nursing from Vanderbilt University and is board-certified as a Family Nurse Practitioner. Carriedelle is a Faculty provider at both the MAHEC Family Medicine Residency program and MAHEC Addiction Medicine Fellowship program in Asheville, NC, where she has worked since 2012. She is part of an interdisciplinary team that cares for patients with chronic pain on chronic opioid therapy and patients struggling with opioid addiction and other substance use disorders. She also teaches medical, nursing, and pharmacy students; medical residents; other learners; and community providers in the management of chronic pain and substance use disorders. Carriedelle is the Co-Medical Director

for OBOT Services at MAHEC Family Medicine.



**Amy Marietta, MD, MPH, FAAFP, FASAM**, joined MAHEC Ob/Gyn Specialists in January 2023 after working for seven years as a rural family medicine physician in Polk County, NC. She completed her Family Medicine Residency in 2012 at Santa Rosa Family Medicine Residency and was board-certified in Addiction Medicine in January 2022. She is passionate about caring for pregnant and parenting people with substance use disorders and works to bring these services to more people in rural communities. She also has specific interests in comprehensive reproductive health access, providing gender-affirming care, and teaching medical students and resident physicians. Outside of work, she enjoys yoga, hiking, swimming, visiting local fairs and farmers' markets, and exploring all the beautiful nooks and crannies of Western North Carolina with her family.

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## CREDIT PER SESSION

### Continuing Medical Education

**Accreditation:** MAHEC is accredited by the North Carolina Medical Society (NCMS) to provide continuing medical education for physicians.

**Credit Designation:** MAHEC designates this live activity for a maximum of **1.0 AMA PRA Category 1 Credit(s)<sup>™</sup> per session**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

**Disclosure Statement:** MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

**Physician Assistants:** AAPA accepts a certificate of participation for educational activities certified for AMA PRA Category 1 Credits<sup>™</sup> from organizations accredited by ACCME or a recognized state medical society. Physician Assistants may receive a maximum of **1.0 hours per session** of Category 1 credit for completing this program.

**CEUs:** MAHEC designates this continuing education activity as meeting the criteria for **0.1 CEUs per session** as established by the National Task Force on the Continuing Education Unit.

**Contact Hours:** MAHEC designates this continuing education activity as meeting the criteria for **1.0 contact hours per session**.

## SERIES OBJECTIVES

Upon completion, participants will be able to:

- Identify evidence-based treatment recommendations for pregnant women with substance use disorder and the ongoing needs for the family after delivery
- Discuss current safe prescribing guidelines for opioid use disorders (OUD) and medication-assisted treatment with buprenorphine
- Identify current trends in psychostimulant use disorder and the effects of psychostimulant use
- Develop best practices for harm reduction within the clinical setting for medication for opioid use disorder
- Develop patient-centered skills to implement best practices in substance use disorder care

REGISTER ONLINE

## CONTROLLED SUBSTANCES STATEMENT

This program was designed to satisfy, in part, the North Carolina Medical Board's CME requirement for controlled substance prescribers. Per NCAC rules: As of July 1, 2017 all physicians (other than residents), physician assistants, nurse practitioners, podiatrists, and dentists who prescribe controlled substances must satisfy the controlled-substance prescribing CE requirements as set forth by their licensing boards. Requirements vary by discipline and board.

## ABOUT MAHEC

MAHEC's Department of Continuing Professional Development conducts regional, statewide, and national programs that are designed to meet the education and training needs of health and human service professionals in the fields of allied health, oral health, medicine, mental health, nursing, and pharmacotherapy. Collaboration and the diversity of the healthcare workforce are emphasized in providing programs and services. Learn more at [mahec.net/cpd](http://mahec.net/cpd).

## TARGET AUDIENCE

Our target audience includes North Carolina Residency and Advance Practice Provider (APP) Program residents, students, faculty, and staff.

## MEDICAL COURSE DIRECTOR

**Amy Marietta, MD, MPH, FAAFP, FASAM**

MAHEC, Asheville, NC

## PLANNING COMMITTEE

**Kadie Blackman, BA**

MAHEC, Asheville, NC

**Drea Mora, BA**

MAHEC, Asheville, NC

**Aireonna McEntire, BS**

MAHEC, Asheville, NC

**Ana Cabello-De la Garza, MSW, MPH**

MAHEC, Asheville, NC

**Olivia Caron, PharmD, BCACP, CCP**

MAHEC, Asheville, NC

**Carriedelle Fusco, RN, MSN, FNP-BC**

MAHEC, Asheville, NC

**James Hardy, BS**

MAHEC, Asheville, NC

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## Evidence-Based Practices for Caring for Patients with Substance Use Disorders

4-PART TRAINING SERIES



### REGISTRATION FORM

Event #73116

This program is free to attend, but you must register.

Updated contact information below

Name \_\_\_\_\_

Credentials \_\_\_\_\_

Occupation \_\_\_\_\_

Email Address \_\_\_\_\_

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Department \_\_\_\_\_

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### SESSION SELECTION

Choose to attend any or all sessions in this series.

**1 Overview of Perinatal Substance Use Disorders with Case Studies**

Friday, April 26, 2024

**2 Overview of Medication for Opioid Use Disorders with Case Studies**

Friday, May 10, 2024

**3 Overview of Stimulant Use Disorders with Case Studies**

Friday, May 24, 2024

**4 Overview of Harm Reduction Strategies with Case Studies**

Friday, June 7, 2024

#### HAVE A QUESTION?



#### Special Services

828-220-6823

#### Program Planner

Kadie Blackman, BA

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Asheville, NC 28803

#### Online Registration

[mahec.net/events](https://mahec.net/events)