TREATING PAIN SAFELY:

An Update for Prescribers

THURSDAY, OCTOBER 22, 2020

JOIN US LIVE VIA WEBEX



LOCATION

Live via Webex

DATE PROGRAM Thursday, October 22, 2020

5:30 pm-8:45 pm

PROGRAM FEE

\$45.00 (\$60.00 late fee)

STUDENTS

\$20.00 (\$35.00 late fee)

MAHEC EMPLOYEES AND PHARMACY RESIDENTS FREE (must register to attend)

CLICK HERE TO REGISTER

FACULTY

Susan McDowell, MD, completed her undergraduate education in neuroscience at the College of Wooster, medical school at the Medical College of Virginia (VCU School of Medicine), and family medicine residency at Mountain Area Health Education Center (MAHEC) in Asheville in 2013. Since that time she has been working at the Hot Springs Health Program, a look-alike federally qualified health center in Madison County, NC. She recently joined MAHEC at the beginning of 2019 as a faculty member focusing on the opiate crisis.

Carriedelle Wilson Fusco, RN, MSN, FNP-BC, holds a Master's in Nursing from Vanderbilt University and is board certified as a Family Nurse Practitioner. Carriedelle is employed at the MAHEC Family Medicine Residency program in Asheville where she has worked since 2012. There she works with an interdisciplinary team to care for patients with chronic pain on chronic opioid therapy and patients struggling with opioid addiction and other substance use disorders. She also teaches medical, nursing, and pharmacy students; medical residents; other learners; and community providers in the management of chronic pain and substance use disorders. Carriedelle is the Co-Medical Director for OBOT Services at MAHEC Family Medicine.

OBJECTIVES

New & Updated

Upon completion of this knowledge based educational activity, participants will be able to:

- · Describe and examine the impact of the opioid crisis
- Identify and apply the CDC guidelines for prescribing opioids for acute and/or chronic pain
- Summarize and apply the STOP Act of 2017
- List and differentiate the opioid alternatives for acute and chronic pain
- Discuss the effectiveness of medication-assisted treatment
- Interpret how stigma and bias create barriers to effective treatment of opioid use disorder (OUD)

DESCRIPTION

In recognition for specific education on opioid use disorder (OUD) and innovative treatment for chronic and/or acute pain, this new workshop will provide updated information on evidenced-based treatment modalities including non-opioid alternatives to pain management. Medical providers will gain tools to reduce the risk of opioid overdose, treat pain safely and the skills to screen and treat substance use disorders (SUDs) in a patient-centered way. Participants will gain knowledge on:

- Updated tapering recommendations for patients on chronic opioid therapy
- Enhanced information on harm reduction strategies
- Emerging data of postoperative pain management for patients with OUD
- Addressing stigma and bias that prevent patients from receiving the best care

This program was designed to satisfy, in full, the North Carolina Medical Board's CME requirement for controlled substance prescribers. Per NCAC rules: As of July 1, 2017 all physicians (other than residents), physician assistants, nurse practitioners, podiatrists, and dentists who prescribe controlled substances must satisfy the controlled-substance prescribing CE requirements as set forth by their licensing boards; requirements vary by discipline and board. This program has been approved by the North Carolina Veterinary Medical Board as meeting the CE requirement on the abuse of controlled substances for veterinarians and veterinary technicians.

MAHEC engages in evaluation activities to better understand the impact of our programs. By registering for this course, you agree that we may use your personal information in evaluative research regarding this program. Any reports published will be de-identified and reported in aggregate format.

PROVIDED BY



CO-SPONSORED BY







PROGRAM AGENDA

5:30-5:45	Current State of the Opioid Epidemic			
5:45-6:35	Understanding Pain: Acute, Chronic, and the Effectiveness of Common Pain Medications			
6:35-7:10	A Renewed Look at Pain Management			
7:10-7:25	Break			
7:25-8:15	Substance Use and Opioid Use Screening and Treatment			
8:15-8:45	Communication Strategies to Reduce Stigma, Bias, and Harm When Working with Patients with a Substance Use Disorder			

COMMITTEE MEMBERS

Elizabeth Flemming, MA, LPC | MAHEC Asheville, NC Carriedelle Fusco, RN, MSN, FNP-BC | MAHEC Asheville, NC

Karen Lambert | MAHEC Asheville, NC Erin Major, BA | MAHEC Asheville, NC Susan McDowell, MD | MAHEC Asheville, NC Courtenay Wilson, PharmD, BCACP, BCPS, CDE, CPP | MAHEC Asheville, NC

REGISTRATION

Early registration deadlines: October 15, 2020

The program registration fee is 45.00, 20.00 for students, or free for MAHEC employees and pharmacy residents. These fees include administrative costs and educational materials. If your registration is received after the above deadline, the total fee will be the registration fee + 15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exception is for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program. Unless otherwise noted in course materials, the following cancellation policy applies to all programs:

- Cancellations must be in writing (via fax, email, or mail)
- Cancellations received more than 2 weeks prior to the event will receive 100% refund
- Cancellations received between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee
- No refunds or credits will be given for cancellations received less than two full business days prior to the event
- · No vouchers will be issued in lieu of a refund
- Transfers/substitute(s) are welcome (please notify us in advance of the program)

CREDITS

Continuing Medical Education

Accreditation: Mountain Area Health Education Center (MAHEC) is accredited by the North Carolina Medical Society (NCMS) to provide continuing medical education for physicians.

Credit Designation: MAHEC designates this live activity for a maximum of $\bf 3.0$ AMA PRA Category 1 Credit(s) $^{\text{\tiny TM}}$. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

Pharmacists: The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program 0046-9999-20-031-L01-P will provide **3.0** Contact Hours of continuing education. No partial credit will be given.



Credit statements can be viewed and printed from CPE Monitor. In order to receive CE credit, attendance must be acknowledged at the registration desk upon arrival at the program. Participants will evaluate this program using a standard evaluation form.

CEUs: MAHEC designates this live continuing education activity as meeting the criteria for **0.3** CEUs as established by the National Task Force on the Continuing Education Unit.

Contact Hours: MAHEC designates this live continuing education activity as meeting the criteria for **3.0** contact hours.

AUDIENCE

The program is recommended for physicians, physician assistants, pharmacists, nurse practitioners, and podiatrists. This program is also suitable for veterinarians and veterinary technicians.

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Program announcements will be sent to your email unless you opt out

from receiving MAHEC emails. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.



	CLICK HERE TO REGISTER		PROGRAM FEE	\$45.00	\$60.00 (after 10/15/20)	
Send complete MAHEC Registra	d registration form to:	#20ME064/60999	STUDENTS	\$20.00 (students m	\$35.00 (after 10/15/20 ust provide ID at check-in)	
121 Hendersonville Road, Asheville, NC 28803 Fax: 828-257-4768 REGISTRATION FORM			MAHEC EMPLOYEES AND PHARMACY RESIDENTS	Free (must register to attend)		
Updated con	tact information.					
NAME			Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.			
	RITY # XXX-XX		Check is enclosed	Credit ca	rd information provided	
OCCUPATION .			☐ Visa ☐ MasterCard	Discover	Card American Express	
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HOME ADDRES	ss		EXP / CO	DE ON BACK	COF CARD (3 digits	
CITY	STATE	_ ZIP	NAME ON CARD			
HOME COUNT	Υ		SIGNATURE			
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EMPLOYER			MAHEC assumes permission to use audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.			
DEPARTMENT			r rouse speak with a sta	ombor ii ye	sa navo any concerns.	
EMPLOYER'S A	ADDRESS		HAVE A QUESTION?		Chariel Comises	
	STATE		Contact the Program Karen Lambert karen.lambert@mahec		Special Services 828-407-2108 7-4761	
WORK COUNT	Υ		REGISTRATION INFO		828-257-4475 828-257-4768	

ONLINE REGISTRATION

MAIL MAHEC Registration

121 Hendersonville Road, Asheville, NC 28803

EMAIL

www.mahec.net/cpd

registration@mahec.net