

MAHEC PROJECT ECHO® FOR GERIATRIC CARE

7-Part Video Teleconferencing Series Starting Wednesday, January 23, 2019



DESCRIPTION

Project ECHO® is a lifelong learning and guided practice model that revolutionizes medical education to provide best-practice specialty care and reduce health disparities. ECHO is led by an expert team that uses multi-point videoconferencing to conduct virtual learning sessions comprised of a short didactic followed by case presentations provided by participants. Rural physicians have identified the need for expert medical advice regarding care for aging patients in their communities.

The American population of older adults is rapidly expanding, while the number of Geriatricians is declining, creating a significant gap in our healthcare system. In rural North Carolina, most aging adults do not have access to a geriatrician and are cared for by family medicine physicians. The imperative created by increasing numbers of aging Americans coupled with increasing longevity has generated recognition and acceptance within physicians that continuing medical education must address the knowledge and skills that are necessary to provide effective care for older adults.

This video teleconferencing series, guided by experts, takes place over seven bi-weekly modules (one-hour each) and will cover topics such as:

- Locating Community Resources
- Geriatric Depression
- Falls Evaluation
- Dementia Evaluation
- Polypharmacy/Deprescribing
- Advance Care Planning
- Geriatric Substance Use Disorder



AUDIENCE

Family Medicine, Physicians, Nurse Practitioners, Physician Assistants, and healthcare team members of the clinical setting providing care to vulnerable elderly adults in local rural communities.

OBJECTIVES

Upon completion of this video teleconferencing series, participants will be able to:

- Increase evidence-based care for vulnerable elderly adults in local rural communities
- Increase knowledge of healthcare providers in person-centered care, optimizing personal goals and minimizing iatrogenic harm for older adults

LOCATION

Project ECHO® Video Teleconferencing

MODULE 1

Wednesday, **January 23, 2019**

MODULE 2

Wednesday, **February 6, 2019**

MODULE 3

Wednesday, **February 20, 2019**

MODULE 4

Wednesday, **March 6, 2019**

MODULE 5

Wednesday, **March 20, 2019**

MODULE 6

Wednesday, **April 3, 2019**

MODULE 7

Wednesday, **April 17, 2019**

SNOW DATES

The snow date for each module will be the following Wednesday, when feasible.

REGISTRATION

6:30 am–7:00 am (*same for every module*)

Note: must login at 6:50 am for attendance

PROGRAM

7:00 am–8:00 am (*same for every module*)

SERIES FEE

FREE (*must register in order to attend*)

[CLICK HERE TO REGISTER](#)

FACULTY

LeeAnne Tucker, a native of Buncombe County, has over 20 years of experience in program management and development. She currently serves as the Director of Aging and Volunteer Services Department. Prior experience at Land of Sky Regional Council (LOSRC) includes her work as the Senior Volunteer Services Administrator, Retired & Senior Volunteer Program Coordinator, and the Foster Grandparent Program Manager. Before joining LOSRC, she worked as a Wellness Consultant at the University of North Carolina at Asheville.

Lisa Verges, MD, trained at Tulane Medical School, Timberlawn Psychiatric Hospital in Dallas, and Emory for geriatric psychiatry. After years in private practice and community mental health, she joined MemoryCare in 2011 where she is the Team Leader at the Waynesville satellite clinic. She and her colleagues provide evaluation and treatment for those with dementia as well as guidance to caregivers. She serves in Haywood County as a pro bono consultant to Adult Protective Services and on the Health and Human Services Board. She also offers spiritual direction and has an interest in the spiritual aspects of aging. Her husband is a urologist at the VA Hospital and she has two grown children, two rescue dogs, and a grandson.

Michael Dowling, MD, received his education at Macalester College, Case Western Reserve Medical School, and Boston City Hospital residency. He worked at Urban Medical Group—an innovative practice serving the community at large as well as home care and disabled

care—from 1986-1989, Lincoln Community Health Center in the early 1990's, a rural Massachusetts practice from 1994-2005, and Evanston Medical Group in Chicago from 2006-2014. Dowling has been at MAHEC and AMCHC working with our current patients since October 2014. He considers it an honor to be a part of AMCHC serving our patients. He is a member of the American Geriatrics Society and is boarded in Internal Medicine and Geriatrics.

Blythe Winchester, MD, is a member of the Eastern Band of Cherokee Indians from Cherokee, NC. She received her MD/MPH from UNC–Chapel Hill and completed a Family Medicine residency in Greenville, SC. She also participated in a Geriatrics Fellowship at Mountain Area Health Education Center (MAHEC) in Asheville, NC. She is a practicing Geriatrician in Cherokee, where she also works as the Medical Director of Tsali Care Center. She serves as the Chief Clinical Consultant for Geriatrics and Palliative Care for Indian Health Service, a member of the Ethnogeriatrics Committee for the American Geriatrics Society, and is currently on the leadership committee for the Alzheimer's Association and CDC joint project of the 2018 Healthy Brain Initiative Public Health Road Map.

CREDITS

Continuing Medical Education

Accreditation: MAHEC is accredited by the North Carolina Medical Society (NCMS) to provide continuing medical education for physicians.

Credit Designation: MAHEC designates this live activity for a maximum of **1.0 AMA PRA Category 1 Credit(s)™ per module**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the activity.

1.0 CNE Contact Hours per module

MAHEC is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

CEUs: MAHEC designates this live continuing education activity as meeting the criteria for **0.1 CEUs per module** as established by the National Task Force on the Continuing Education Unit.

Contact Hours: MAHEC designates this live continuing education activity as meeting the criteria for **1.0 Contact Hours per module**.



This project is/was supported by funds from the Bureau of Health Professions (BHP), Health Resources and Services Administration (HRSA), Department of Health and Human Services (DHHS) under grant number #U1QHP28734-01-00, Carolina Geriatric Workforce Enhancement Program.

This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by, the BHP, HRSA, DHHS or the U.S. Government.

MEDICAL COURSE DIRECTOR

William McLean, MD, MAHEC, Asheville, NC

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Video Teleconferencing Series (7-Part) Starting 1/23/2019

REGISTRATION FORM

Updated contact information #19ME055/57988

NAME _____

CREDENTIALS _____

SOCIAL SECURITY # XXX-XX- ____ ____ ____ (last 4 digits required)

OCCUPATION _____

EMAIL ADDRESS _____

HOME ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOME COUNTY _____

HOME # _____ WORK # _____

EMPLOYER _____

DEPARTMENT _____

EMPLOYER'S ADDRESS _____

CITY _____ STATE _____ ZIP _____

WORK COUNTY _____

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HAVE A QUESTION?

Contact the Program Planner

Lourdes Lorenz-Miller, RN, MSN, NEA-BC, AHN-BC
lourdes.lorenz-miller@mahec.net or 828-707-5111

REGISTRATION INFORMATION

FAX REGISTRATION

828-257-4475

ONLINE REGISTRATION

828-257-4768

EMAIL

www.mahec.net

MAIL

MAHEC Registration

registration@mahec.net

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