



TWO DATES TO CHOOSE FROM:



AMERICAN ACADEMY OF FAMILY PHYSICIANS

SEATING LIMITED!

CLICK TO REGISTER FOR A DATE:

3/15/19

5/23/19

DESCRIPTION

In some rural communities, a combination of closed maternity wards and fewer physicians providing maternity care means that women have to travel farther distances to receive prenatal care and deliver their baby. Women who travel longer distances to give birth increase their risks, which can lead to poorer health for them and their babies. In addition, the rate of premature births is increasing across the country.

When normal and emergency pre-hospital obstetric care needs arise, first responders and emergency personnel can respond effectively with the knowledge and confidence they gain as a result of the BLSO® curriculum. BLSO® is an evidence-based, hands-on training program that helps you manage normal labor and perinatal emergencies while promoting an environment of teamwork. Adapted from the Advanced Life Support in Obstetrics (ALSO®) Program, this one-day course focuses on the practical management of normal deliveries and common obstetric emergencies.

COURSE PRE-WORK & MANUAL

One month in advance of the course date, learners will be provided an email link to the online pre-test, which must be completed prior to the start of the course. Registrants are required to score at least 80% and provide the exam summary page to the MAHEC Program Coordinator before attending the BLSO® Provider Course.

Additionally, there will be instructions on how to instantly download and print the BLSO® Provider Manual to read/review prior to the course. All participants are expected to bring with them a course syllabus. The price of this material is included in the registration fee.

In order to accommodate the above requirements and process your registration in a timely manner, registration for these courses will close as follows:

- **Attending Friday, March 15, 2019**
Registration will close at noon on Wednesday, March 13, 2019.
- **Attending Thursday, May 23, 2019**
Registration will close at noon on Tuesday, May 21, 2019.

AFTER THE COURSE

After the course is complete, the Course Sponsor is responsible for providing post-course documentation to the BLSO® Program within 2 weeks. After the Course Sponsor has submitted all required post-course documentation, learners will be emailed letters of participation by the AAFP. For those who successfully complete all course requirements, wallet cards will also be included at the bottom of the emailed letter of participation.

COURSE DISCLAIMER

The material presented during this course has been made available by the American Academy of Family Physicians for educational purposes only. This material is not intended to represent the only—nor necessarily the best—methods or procedures appropriate for the situations discussed, but rather is intended to present an approach, view, statement, or opinion of the instructors which may be helpful to others who face similar situations.

The AAFP disclaims any and all liability for injury or other damages resulting to any individual attending this course, and for all claims which may arise out of the use of the techniques demonstrated therein by such individuals—whether these claims shall be asserted by a physician or any other person.

Every effort has been made to ensure the accuracy of the data presented at this course. Learners may care to check specific details—such as drug doses and contraindications, etc.—in standard sources prior to clinical application. The AAFP does not certify competence upon completion of the BLSO® Provider Course, nor does it intend this course to serve as a basis for requesting new or expanded privileges.

LOCATION	MAHEC Mary C. Nesbitt Biltmore Campus Simulation Center 119 Hendersonville Rd, Asheville, NC 28803
DATE REGISTRATION PROGRAM	Friday, March 15, 2019 7:00 am–7:20 am (<i>light breakfast provided</i>) 7:20 am–5:25 pm (<i>lunch provided</i>)
DATE REGISTRATION PROGRAM	Thursday, May 23, 2019 7:00 am–7:20 am (<i>light breakfast provided</i>) 7:20 am–5:25 pm (<i>lunch provided</i>)

\$125.00	Providers and APPs
\$25.00	Nurses from Blue Ridge Regional Hospital, Haywood Regional Medical Center, Angel Medical Center, Transylvania Regional Hospital and Highlands-Cashiers Hospital
\$75.00	All Other Nurses
\$25.00	In-state EMS, EMTs and Paramedics
\$50.00	Out-of-state EMS, EMTs and Paramedics



AUDIENCE

The BLSO® Provider Course is adapted from the Advanced Life Support in Obstetrics (ALSO®) program. BLSO® is an educational program designed to enhance cognitive and procedural skills for first responders when encountered with a variety of obstetrical emergencies. The target audience might include emergency physicians and nurses, flight nurses, physician assistants, paramedics, EMT, EMS, residents, medical students, and nursing students.

OBJECTIVES

Upon completion of this live activity, participants will be able to:

- Improve the management of normal deliveries and obstetrical emergencies through teaching basic, standardized skills to emergency personnel and first responders, as well as medical, nursing, and physician assistant students
- Facilitate productive, collegial interactions between all students interested in maternity care, first responders, and maternity care providers
- Assist in establishing and maintaining high standards of education and training for pre-hospital care providers, ED personnel, as well as medical, nursing, and physician assistant students
- Promote teamwork and patient safety to improve the quality of maternity care provided by pre-hospital providers, ED personnel, as well as medical, nursing, and physician assistant students

Detailed educational objectives are listed at the beginning of each BLSO® Course Syllabus chapter.

CREDITS

AAFP: This Live activity, BLSO® Provider Course, has been reviewed and accepted for up to **8.00** Prescribed credit(s) by the American Academy of Family Physicians. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Continuing Medical Education

Accreditation: MAHEC is accredited by the NC Medical Society (NCMS) to provide continuing medical education for physicians.

Credit Designation: MAHEC designates this live activity for a maximum of **8.75** AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation.

Disclosure Statement: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

8.75 CNE Contact Hours

MAHEC is an approved provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Participants must attend the entire activity to receive credit. No partial credit is given for this activity.

CEUs: MAHEC designates this continuing education activity as meeting the criteria for **0.9** CEUs as established by the National Task Force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.

Contact Hours: MAHEC designates this continuing education activity as meeting the criteria for **8.75** contact hours. Full attendance is required to receive credit.

MEDICAL COURSE DIRECTOR

Julia Oat-Judge, MD, MAHEC Family Health Center at Biltmore

AGENDA

7:00–7:20	Registration and Light Breakfast (<i>provided</i>)
7:20–7:40	Course Overview
7:45–11:20	Workstations: Normal Labor, Emergency Prenatal Assessment, Maternal Resuscitation and PPH, and Malpresentations
11:25–11:55	Lunch (<i>provided</i>)
12:00–1:40	Workstations: Shoulder Dystocia, Hypertensive Emergencies, Preterm Labor and Premature Rupture of Membranes (PROM), and Neonatal Resuscitation
1:40–1:50	Break
1:55–3:35	Workstations: Shoulder Dystocia, Hypertensive Emergencies, Preterm Labor and Premature Rupture of Membranes (PROM), and Neonatal Resuscitation (<i>continued from 12:00–1:40</i>)
3:35–3:45	Break
3:45–5:25	Testing, Evaluations and Wrap-up

FACULTY

Elaine Alexander, BSN, MSN, RNC-OB
Mountain Area Health Education Center (MAHEC)

Amber Gilmore, MD
MAHEC Hendersonville Family Medicine Residency Program

Amber Henson, MD
MAHEC Hendersonville Family Medicine Residency Program

Heidi Knoll, MD
MAHEC Family Health Center at Biltmore

Rachel Long, MD
MAHEC Ob/Gyn Residency Program

PLANNING COMMITTEE

Elaine Alexander, BSN, MSN, RNC-OB
MAHEC Simulation Center Director, Asheville, NC

Bailey Desin, BSN, MSN
MAHEC Simulation Center Educator, Asheville, NC

DIRECTIONS

MAHEC Mary C. Nesbitt Biltmore Campus, Simulation Center
119 Hendersonville Road, Asheville, NC 28803

From I-40 E: Take Exit 50 and turn left onto Hendersonville Road.
From I-40 W: Take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

From 19-23 (I-26): Take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

MAHEC assumes permission to use audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.



Basic Life Support in Obstetrics

AMERICAN ACADEMY OF FAMILY PHYSICIANS

MAR 15, 2019

OR

MAY 23, 2019

REGISTRATION FORM Updated contact information.

NAME _____

CREDENTIALS _____

SOCIAL SECURITY # XXX-XX- _____ (last 4 digits required)

OCCUPATION _____

EMAIL ADDRESS _____ (required)

HOME ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOME COUNTY _____

HOME # _____ WORK # _____

EMPLOYER _____

DEPARTMENT _____

EMPLOYER'S ADDRESS _____

CITY _____ STATE _____ ZIP _____

WORK COUNTY _____

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

SELECT WHICH PROGRAM DATE YOU WILL BE ATTENDING

March 15, 2019 May 23, 2019

PROVIDERS & APPs \$125.00

REGIONAL NURSES (rate available to nurses from Blue Ridge Regional Hospital, Haywood Regional Medical Center, Angel Medical Center, Transylvania Regional Hospital and Highlands-Cashiers Hospital) \$25.00

ALL OTHER NURSES \$75.00

IN-STATE EMS, EMTs & PARAMEDICS \$25.00

OUT-OF-STATE EMS, EMTs & PARAMEDICS \$50.00

MEAL PREFERENCE Vegetarian Gluten-free Vegan

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed Credit card information provided

Visa MasterCard Discover Card American Express

ACCOUNT # _____

EXP ____ / ____ CODE ON BACK OF CARD _____ (3 digits)

NAME ON CARD _____

SIGNATURE _____

REGISTRATION DETAILS

March 15, 2019

Registration will close at noon on Wednesday, March 13, 2019.

May 23, 2019

Registration will close at noon on Tuesday, May 21, 2019.

The registration fee is \$125.00 for Providers and APPs; \$25.00 for Nurses from Blue Ridge Regional Hospital, Haywood Regional Medical Center, Angel Medical Center, Transylvania Regional Hospital and Highlands-Cashiers Hospital; \$75.00 for All Other Nurses; \$25.00 for In-State EMS, EMTs and Paramedics; and \$50.00 for Out-of-State EMS, EMTs and Paramedics. These fees include administrative costs, educational materials, a light breakfast, and lunch.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

Send completed registration form to: #19IDSIM027/57100 MAHEC Registration

121 Hendersonville Road, Asheville, NC 28803 #19IDSIM028/57116

Fax registration form to: 828-257-4768 #19IDSIM029/57117

HAVE A QUESTION?

Contact the Program Planner

Elaine Alexander, MSN, RNC-OB

elaine.alexander@mahec.net or 828-257-4414



Special Services

828-257-4485

REGISTRATION INFORMATION: 828-257-4475

FAX REGISTRATION: 828-257-4768

ONLINE REGISTRATION: www.mahec.net

EMAIL: registration@mahec.net

MAIL: MAHEC Registration 121 Hendersonville Road, Asheville, NC 28803



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