



2019 Brain Injury Association of North Carolina (BIANC) TBI Conference:

BACK TO BASICS AND MOVING FORWARD

Friday, December 6, 2019 and Saturday, December 7, 2019

LOCATION	MAHEC Education Building Mary C. Nesbitt Biltmore Campus 121 Hendersonville Rd, Asheville NC 28803
DATE	Friday, December 6, 2019
REGISTRATION	8:30 am–9:00 am
PROGRAM	9:00 am–4:30 pm (lunch provided)
RECEPTION	5:00 pm–7:00 pm
DATE	Saturday, December 7, 2019
REGISTRATION	8:30 am–9:00 am
PROGRAM	9:00 am–12:15 pm

EARLY REGISTRATION FEES THROUGH NOV. 30, 2019

	Day 1	Day 2	Both Days
HEALTHCARE PROFESSIONALS	\$130.00	\$50.00	\$175.00
BIANC PROFESSIONAL MEMBERS	\$97.50	\$37.50	\$131.25
STUDENTS	\$50.00	N/A	\$75.00
	<i>(Must show student ID at check-in)</i>		
PERSON WITH TBI OR FAMILY MEMBER	N/A	\$25.00	N/A

DESCRIPTION

The Brain Injury Association of NC (BIANC), in collaboration with the Mountain Area Health Education Center (MAHEC), is offering this interprofessional conference on December 6 & 7, 2019 at MAHEC in Asheville, NC. This conference will enable healthcare providers to review the basics of TBI care while moving forward with new approaches, to assist TBI survivors and their families in life after TBI. Topics will be addressed by expert speakers and a TBI survivor.

TBI survivors and family members are invited to join the conference on Saturday, December 7th, and must pre-register.

[CLICK HERE TO REGISTER](#)

Friday, December 6, 2019, 5-7pm: BIANC Cocktail Reception in the Kessler Ballroom of the Grand Bohemian Hotel Asheville. Cash bar and heavy hors d'oeuvres. No charge but must RSVP with the number of attendees to Karen Keating at BIANC: karen.keating@bianc.net

OBJECTIVES

Upon completion of this educational activity:

- Describe how Care Coordination relates to TBI in NC and how the Medicaid TBI waivers can help TBI survivors move forward (Day One)
- Recognize that TBI affects individuals as well as their family members/caregivers, who are also in need of support and resources (Day One)
- Relay the legal and ethical implications of TBI to survivors and families (Day One)
- Incorporate the basics of TBI care, including treatment of pain, visual disturbances, balance, behavioral health issues, and identifying the potential for substance use disorders that can result from TBI (Day One and Day Two)
- Implement individual therapies and multi-disciplinary approaches that help persons with TBI cope with challenges as they move forward in life (Day One and Day Two)
- Learn from TBI survivors and others what they are doing to move forward in their TBI recovery with perseverance and resilience (Day One and Day Two)

PLANNING COMMITTEE

Wesley R. Cole, PhD | Intrepid Spirit, Womack Army Medical Center, Fort Bragg, NC

Robert G. Credeur Parish, BSN, RN, CRRN | CarePartners, Asheville, NC

Sandra S. Farmer, MEd, BIANC | Chapel Hill, NC

Leslie W. Johnson, PhD, CCC-SLP | North Carolina Central University, Durham, NC

Karen K. Keating, CBIS | Brain Injury Association of NC, Asheville NC

Daniel A. Pietrzak, MBA, BIANC | Raleigh, NC

Rosalyn Wasserman, PT, DPT | UNC Health Sciences at MAHEC, Asheville NC



In
collaboration
with



CREDITS

Physical Therapy: MAHEC, as part of the NC AHEC system, is a NCBPTE-approved provider of continuing competence for activities directly related to physical therapy. **5.0** Day One; **3.0** Day Two, **8.0** for both days.

Occupational Therapist/ Assistant: As of July 1, 2018, the NCBOT no longer accepts applications for pre-approval of CCAs. OT practitioners need to make sure they are completing activities that comply with Section .0800 of the NCBOT Rules. **5.75** CCAs for day one; **3.0** CCAs for day two; **8.75** CCAs for both days. Please select contact hours for your certificate.

Speech-Language Pathology: MAHEC will issue Certificates of Completion only; the participant must self-track and record the certificate for ASHA Certification documentation. **Up to 5.75** hours for day one; **up to 3.0** hours for day two; **8.75** hours for both days.

Psychologists: MAHEC is recognized by the North Carolina Psychology Board as an approved Provider of Category A Continuing Education for North Carolina Licensed Psychologists. **5.75** hours on day one; **3.0** hours on day two; **8.75** for both days Category A. Full attendance is required to receive credit.

North Carolina Social Work: The North Carolina Social Work Certification and Licensure Board does not require preapproval of organized training events. **5.75** on day one; **3.0** on day two; **8.75** for both days.

North Carolina Licensed Counselors: North Carolina Licensed Counselors may turn in up to 15 hours of continuing education annually from an AHEC. **5.75** hours on day one; **3.0** hours on day two; **8.75** hours for both days.

CEUs: MAHEC designates this live continuing education activity as meeting the criteria for **0.6** CEUs for day one; **0.3** CEUs for day two; **0.9** CEUs for both days as established by the National Task Force on the Continuing Education Unit.

Contact Hours: MAHEC designates this live continuing education activity as meeting the criteria for **5.75** contact hours for day one; **3.0** contact hours for day two; **8.75** contact hours for both days.

REGISTRATION

Early registration deadline: November 30, 2019

The program registration fee for Healthcare Professionals is \$130.00 for day one, \$50.00 for day two, and \$175.00 for both days. The fee for BIANC Professional Members is \$97.50 for day one, \$37.50 for day two, and \$131.25 for both days. The fee for students is \$50.00 for day one or \$75.00 for day two. These fees include administrative costs, educational materials, and lunch. If your registration is received after the above deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exception is for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program. Unless otherwise noted in course materials, the following cancellation policy applies to all programs:

- Cancellations must be in writing (via fax, email, or mail)
- Cancellations received more than 2 weeks prior to the event will receive 100% refund
- Cancellations received between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee
- No refunds or credits will be given for cancellations received less than two full business days prior to the event
- No vouchers will be issued in lieu of a refund
- Transfers/substitute(s) are welcome (please notify us in advance of the program)

PROGRAM AGENDA

FRIDAY, DECEMBER 6, 2019

- 8:30–9:00** Registration Check-In and Exhibitors
- 9:00–9:15** **Welcome and Conference Overview**
— Karen K. Keating, CBIS and Daniel A. Pietrzak, MBA
- 9:15–9:45** **TBI Care Coordination and Medicaid TBI Waiver**
— Jeff Payne
- 9:45–10:15** **TBI & Pain Management**
— Michael Parmer DO, FAAHPM, CPE
- 10:15–10:45** Break & Exhibitors
- 10:45–11:30** **The Legal Realm of TBIs: The Practicalities of Seeking Compensation**
— Jay Kerr, Esq
- 11:30–12:00** **Seeing is Believing**
— Cheryl Mott, OTD, OTR/L, CLVT
- 12:00–1:00** Lunch (*provided by Ingles Tables – The Chef's Kitchen*) & Exhibitors
- 1:00–1:45** **TBI Ethics Made Fun**
— Ana Mills, PsyD
- 1:45–2:30** **Vestibular Rehab in TBI**
— Robert "Shaun" Carlson, MSPT and LCDR Michael ("Mike") Krok, PT, DPT, OCS
- 2:30–2:45** Break & Exhibitors
- 2:45–3:30** **Caregivers Need Care Too**
— Robert G. Credeur Parish, BSN, RN, CRRN and Karen Keating, CBIS
- 3:30–4:30** **Practicing Acceptance with Perseverance — A Survivor's Perspective**
— Lyn VanOver, BS, MAT
- 4:30** Adjourn Day One
- 5:00–7:00** BIANC Cocktail Reception (Grand Bohemian Hotel)

SATURDAY, DECEMBER 7, 2019

- 8:30–9:00** Registration Check-In and Exhibitors
- 9:00–9:10** **Welcome & Moving Forward-Today's Content Overview**
— Karen K. Keating, CBIS and Daniel A. Pietrzak, MBA
- 9:10–10:00** **Resilience & Substance Use Disorder in TBI**
— Ana Mills, PsyD
- 10:00–10:15** Break & Exhibitors
- 10:15–10:45** **Therapy Without Borders — A Synergistic Approach to TBI Rehabilitation, Focused on Community Reintegration**
— Judy Kinnally, M.Ed., CCC/SLP, Courtney Wallace, MPT and Susan White, OTR/L, CBIS
- 10:45–11:15** **Yoga for TBI**
— Ramsay Pierce, E-RYT, RPYT, YACEP
- 11:15–12:15** **Q & A Panel**
— Conference Presenters; Moderated by Karen K. Keating, CBIS
- 12:15** Adjourn Day Two

MAHEC assumes permission to use audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.

AUDIENCE

Certified Brain Injury Specialists, Mental Healthcare Providers including Psychologists, Nurses, Occupational Therapists & Assistants, Physical Therapists & Assistants, Speech-language Pathologists, Social Workers, TBI Survivors & Families

HAVE A QUESTION?

Contact the Program Planner

Rosalyn Wasserman, PT, DPT

rosalyn.wasserman@mahec.net or 828-257-4437

REGISTRATION INFORMATION 828-257-4475

FAX REGISTRATION 828-257-4768

ONLINE REGISTRATION

EMAIL

MAIL MAHEC Registration

121 Hendersonville Road, Asheville, NC 28803



Special Services

828-257-4485

DIRECTIONS

MAHEC Mary C. Nesbitt Biltmore Campus 121 Hendersonville Road, Asheville, NC 28803

From I-40 E: Take Exit 50; turn left on Hendersonville Rd.

From I-40 W: Take Exit 50B; merge on Hendersonville Rd.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

From 19-23 (I-26): Take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.



Stay connected! Follow us on Facebook: @MAHECED

FACULTY

Karen K. Keating, CBIS, is the training and resource coordinator with BIANC in Asheville, NC.

Daniel A. Pietrzak, MBA, is the Executive Director of BIANC in Raleigh, NC.

Jeff Payne, MA, currently works at Alliance Health in Morrisville, NC as Senior Director of Care Management. Jeff has over 15 years of leadership experience developing and leading case management, care coordination and care management teams. In addition to these roles, Jeff has over 10 years of experience working as a direct support professional, many of which have been supporting people living with TBI. Jeff worked on a team in Oregon to help build one of the state's first community based brain injury programs. Jeff is interested in creative solutions to improve access to community based care for people with TBI. He is grateful for the opportunity given to Alliance Health to pilot the TBI Medicaid waivers and to partner with stakeholders and community advocates to have these waivers support people to live in the community.

Michael D. Parmer DO, FAAHPM, CPE, is the Medical Director of Post Acute and Palliative Care Services for Mission Health System (HCA) in Asheville, NC.

Jay Kerr, Esq., is an attorney and the owner of Jay Kerr Law in Asheville, NC.

Cheryl Mott, OTD, OTR/L, CLVT, is an occupational therapist and certified low vision therapist at CarePartners Outpatient Rehabilitation in Asheville, NC.

Ana L. Mills, PsyD, is a Licensed Clinical Psychologist and Assistant Director of Neuropsychology & Rehabilitation Psychology Services in the Department of Physical Medicine & Rehabilitation at Virginia Commonwealth University Medical Center in Richmond, VA.

Robert "Shaun" Carlson, MPT, holds a masters in PT from Winston Salem State University. He has been at Fort Bragg's Intrepid Spirit since 2011, where he works on a multi-disciplinary team with a primary focus on post-concussion or TBI. His specialty is Vestibular Rehabilitation.

LCDR Michael Krok PT, DPT, OCS, is the Chief of Rehabilitation for the Department of Brain Injury Medicine at the Intrepid Spirit Center in Fort Bragg, NC.

Robert G. Credeur, BSN, RN, CRRN, is the Nurse Manager at CarePartners in Asheville, NC.

Carolyn Beth "Lyn" VanOver, BS, MAT, is a National Board Certified Teacher who helped create ArtSpace Charter School in 2001, now located in Swannanoa, NC. She experienced a life-threatening TBI in 2010, when she was a teacher at ArtSpace Charter School. She

learned many tools and lessons along her recovery journey that she enjoys sharing with others. She wrote and published a book "The Journey Back: A Teacher's Story of Recovery and Learning After Surviving a Ruptured Brain Aneurysm," which shares her experiences as well as tools and lessons she learned.

Judy Kinnally, M.Ed., CCC/SLP, received a Master's degree in Speech Pathology from NC Central University, as well as a Master's degree in Administrative Education from East Carolina University. She has been working as a speech pathologist for the past 27 years in a variety of settings. Over ten years ago, her passion to work primarily with TBI clients was ignited while working at a TBI Neurobehavioral facility. Since that time, she has worked on creating functional therapeutic treatment plans that focus on restorative and compensatory strategies as well as community reintegration for the TBI clients she serves.

Courtney Wallace, MPT, is a physical therapist with seventeen years of clinical experience, sixteen of them specializing in stroke and traumatic brain injury. She received her Master's Degree in Physical Therapy from Elon University in 2002 and has worked in a variety of settings throughout the spectrum of patient care including: ICU, acute, sub-acute, transitional care, home health care, and outpatient settings. Courtney practices a whole-person approach, striving to help clients return to independent living and to resume normal life roles including running 5k races and getting back on the ice to play hockey using adaptive measures and through local volunteer activities.

Susan White, OTR/L, CBIS, received her occupational therapy degree from East Carolina University in 1995. She has twenty-four years of experience in various settings; however her passion lies within the brain injury population, which she has specialized in for the past ten years. She focuses her treatment on community reintegration and therapeutic volunteer work using an interdisciplinary treatment approach while helping her clients restore function working towards independent living.

Ramsay Pierce, E-RYT, RPYT, YACEP, is a yoga teacher. She specializes in teaching yoga and meditation to people with traumatic brain injury and their caregivers through a national yoga program and holistic health retreats. She has expertise in co-leading trainings and outreach initiatives for clinicians, yoga teachers, and advocacy groups to learn about the evidence-based benefits of yoga for brain injury and in how to safely adapt this practice for the TBI community. As the Senior Manager for the LoveYourBrain Yoga Program, she stewards yoga studios, clinical facilities, yoga teachers and clinicians across the US and Canada in learning, implementing and expanding the LYB curriculum to the TBI community. She has presented on the benefits of yoga for TBI rehabilitation at national conferences (Craig Hospital Brain Injury Summit), in rehabilitation facilities (QLI, JFK Johnson, Kessler, Magee, Virginia Hospital), and at BIA conferences (BIA MD).

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LODGING

MAHEC has negotiated reduced rates with several local hotels. More information can be found here.

Send completed registration form to: #21ID001/60760 MAHEC Registration 121 Hendersonville Road, Asheville, NC 28803 Fax: 828-257-4768

As a jointly-provided program, all registration information will be shared by MAHEC with The Brain Injury Association of NC (BIANC).

Updated contact information.

NAME

CREDENTIALS

SOCIAL SECURITY # XXX-XX- (last 4 digits required)

OCCUPATION

EMAIL ADDRESS

HOME ADDRESS

CITY STATE ZIP

HOME COUNTY

HOME # WORK #

EMPLOYER

DEPARTMENT

EMPLOYER'S ADDRESS

CITY STATE ZIP

WORK COUNTY

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

MEAL PREFERENCE Vegetarian Gluten-free Vegan

DAY ONE ONLY

HEALTHCARE PROFESSIONALS \$130.00 \$145.00 (after 11/30/2019)

BIANC PROFESSIONAL MEMBER \$97.50 \$112.50 (after 11/30/2019)

STUDENTS \$50.00 \$65.00 (after 11/30/2019) (Must provide proof of enrollment at check-in)

DAY TWO ONLY

HEALTHCARE PROFESSIONALS \$50.00 \$65.00 (after 11/30/2019)

BIANC PROFESSIONAL MEMBER \$37.50 \$52.50 (after 11/30/2019)

PERSON WITH TBI OR FAMILY MEMBER \$25.00 (No Late Fee)

BOTH DAYS

HEALTHCARE PROFESSIONALS \$175.00 \$190.00 (after 11/30/2019)

BIANC PROFESSIONAL MEMBER \$131.25 \$146.25 (after 11/30/2019)

STUDENTS \$75.00 \$90.00 (after 11/30/2019) (Must provide proof of enrollment at check-in)

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed Credit card information provided

Visa MasterCard Discover Card American Express

ACCOUNT #

EXP / CODE ON BACK OF CARD (3 digits)

NAME ON CARD

SIGNATURE