



# 2015 Epilepsy Symposium: Stop Seizures, Side Effects and Stigma!

Friday,  
November 20, 2015

Location: MAHEC Mary C. Nesbitt Biltmore Campus  
121 Hendersonville Rd. Asheville, NC 28803

Date: Friday, November 20, 2015  
Registration: 8:00 am - 8:30 am  
Program: 8:30 am - 12:30 pm

Early registration fees through November 13th:

Physicians and Advanced Practice Providers: \$49.00  
Nurses, Pharmacists, EEG Technicians: \$25.00  
Patients & Family Members: FREE, but must register to attend

1-2% of the US population (infants through elderly) have epilepsy, or 1 in 25 people--yet epilepsy is often unrecognized, misdiagnosed, or incorrectly managed. Join a multi-disciplinary team at this symposium and learn to identify signs and symptoms of epilepsy including the broad range of seizure presentations; understand indications for referral to a specialist; explore the wide variety of treatment options available including medications, surgery and neurostimulation; recognize the psychosocial impact of epilepsy on patients and families and discuss safety concerns for people with epilepsy, including driving regulations.

## AUDIENCE

Physicians, Advanced Practice Providers, Pharmacists, Nurses, EEG Technicians, Childcare Providers, Patients and Family Members

*Jointly provided by:*



## OBJECTIVES

Upon completion of this knowledge-based lecture/discussion education activity, participants will be able to:

- Identify signs and symptoms of epilepsy including the broad range of seizure presentations and understand indications for referral to a specialist
- Describe the wide variety of treatment options available including medications, surgery and neurostimulation
- Recognize the psychosocial impact of epilepsy on patients and families
- Cite safety concerns for people with epilepsy including driving regulations

## MEDICAL COURSE DIRECTOR

**Suzette LaRoche, MD**

## COMMITTEE

**Tammy Arrowood**, Carolina Spine & Mission Neurosurgery Center, Mission Health, Asheville, NC

**Kimberly Gamble**, Movement Disorders and Epilepsy Coordinator, Mission Neurosciences, Asheville, NC

**Bonnie Garner**, MS-RN, CPN/CCHC, CE Planner, MAHEC, Asheville, NC

**Beverly McGee Gidus**, CE Planner, MAHEC, Asheville, NC

**Rosalyn Wasserman**, PT, DPT, CE Planner, MAHEC, Asheville, NC



## AGENDA

8-8:30am	Registration with Refreshments and Exhibitors
8:30-9:15	Keynote: Brief Overview, Differential Diagnosis, Indications for Referral & Psychosocial Impact <i>Dr. Suzette LaRoche</i>
9:15-9:30	Break and Exhibitors
9:30-10:15	Breakouts: <b>A:</b> Healthcare Providers: Pharmacological Management & Indications for Referral <i>Dr. Jennifer Jones</i> <b>B:</b> Patients/Caregiver Round Tables: Resources; Caregivers; Pediatric Issues; Women's Issues; Surgical Options Table Moderators: <i>Kimberly Gamble, Pat Gibson, MS, Dr. William Huffstutter, Dr. Alendia Hartshorn, Dr. Suzette LaRoche</i>
10:15-11:00	Safety/Emergency Management/Driving <i>Patricia A. Gibson, MSSW, DHL, ACSW</i>
11:00-11:15	Break and Exhibitors
11:15-11:45	Neurodiagnostics <i>Teresa Long-Henson, BS, R.EEG T. CLTM</i>
11:45-12:30pm	Future Horizons: Brain Stimulation, Minimally Invasive Surgery, Medical Marijuana <i>Dr. Suzette LaRoche</i>
12:30 pm	Course Adjourn

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## FACULTY

**Suzette M. LaRoche, MD**, is an epileptologist and Medical Director of the Epilepsy Center at Mission Health in Asheville, NC. Dr. LaRoche is also Adjunct Associate Professor in the Department of Neurology at Emory University and former Director of Clinical Neurophysiology at Emory University Hospital in Atlanta, Georgia

**Jennifer M. Jones, DO**, has worked at Mission Hospital in Asheville, NC, for ten years. Dr. Jones recently changed from a primarily out-patient provider at Mission Neurology, with an emphasis on epilepsy, to a hospital neurologist who focuses on acute neurological issues.

**Kimberly Gamble**, is the Epilepsy Program Coordinator for Mission Neurosciences in Asheville, NC.

**William Huffstutter, MD**, is a pediatric neurologist who specializes in epilepsy at Mission Children's Hospital in Asheville NC.

**Alendia Hartshorn, MD**, is a neurologist with Mission Health in Asheville, NC.

**Patricia A. Gibson, MSSW, DHL, ACSW** is the Director of Epilepsy Information Service and an Associate Professor in the Department of Neurology at Wake Forest University School of Medicine.

**Teresa Long-Henson, BS, R.EEG T. CLTM**, is the CNP Manager at Mission Health System in Asheville, NC.

## CREDIT

### CME:

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of the Mountain Area Health Education Center and the Mission Health Neurosciences. The Mountain Area Health Education Center is accredited by the NCMS to provide continuing medical education for physicians.

The Mountain Area Health Education Center designates this Live Activity for a maximum of **3.5 AMA PRA Category 1 Credits™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.



The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education.

This program 0046-9999-15-201-L01-P will provide **3.5 contact hours** of continuing education

### 3.5 CNE Contact Hours

This continuing nursing education activity was approved by the Mountain Area Health Education Center's Department of Nursing Education, an accredited approver by the American Credentialing Center's Commission on Accreditation.

Participants must attend entire activity to receive credit. No partial credit is given for this activity.

MAHEC adheres to the ANCC/ACCME Standards regarding industry support to continuing nursing education. Disclosure of presenters, planners, and commercial support relationships, if any, will be made known at the time of the activity.

**CEU:** The Mountain Area Health Education Center designates this continuing education activity as meeting the criteria for **0.4 CEUs** as established by the National Task force on the Continuing Education Unit. You must attend the entire activity or activities to receive CEUs.  
**3.5 Contact Hours**

## REGISTRATION

Early Registration Deadline: November 13, 2015

Early registration fee is \$49.00 for physicians and advanced practice providers, \$25.00 for nurses, pharmacists and EEG technicians, and free for patients and family members (but must register to attend). Registration fee includes administrative costs, educational materials and refreshments. If registration is received after the deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

## Directions to MAHEC Biltmore Campus

**121 Hendersonville Rd., Asheville, NC, 28803**

From I-40 Eastbound, take Exit 50 and turn left onto Hendersonville Road.

From I-40 Westbound, take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree Hotel complex. Turn left towards the Biltmore Village Lodge. Just before the Biltmore Village Lodge turn right and go up the hill to the MAHEC Biltmore Campus.

From 19-23 (I-26) take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light turn right into the DoubleTree Hotel complex. Turn left towards the Biltmore Village Lodge. Just before the Biltmore Village Lodge turn right and go up the hill to the MAHEC Biltmore Campus.

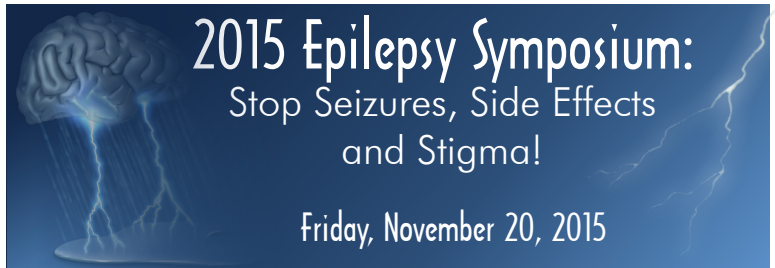
Have a question?

Program Director:  
Rosalyn Wasserman, PT, DPT  
rosalyn.wasserman@mahec.net



Special Services:  
828-257-4468  
828-257-4437

Registration Information: 828-257-4475  
Fax Registration: 828-257-4768  
Online Registration: www.mahec.net  
Email: registration@mahec.net  
Mail: MAHEC Registration  
121 Hendersonville Rd., Asheville, NC 28803



Updated contact info

Name \_\_\_\_\_

Credentials \_\_\_\_\_

Social Security # **XXX-XX-** \_\_\_\_\_ (last 4 digits required)

Occupation \_\_\_\_\_

E-mail Address \_\_\_\_\_

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home County \_\_\_\_\_

Home # \_\_\_\_\_ Work # \_\_\_\_\_

Employer \_\_\_\_\_

Department \_\_\_\_\_

Employer's Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Work County \_\_\_\_\_

Program announcements will be sent to your email unless you opt out from receiving emails from MAHEC. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

*After November 13th:*

Physicians/Advanced Practice Providers:  \$49.00  \$64.00  
Nurses/Pharmacists/EEG Technicians:  \$25.00  \$40.00  
Patients/Family Members:  FREE

*Full payment must accompany all registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.*

Check is enclosed (*Made payable to MAHEC*)  Credit card info provided

Visa  Mastercard  Discover Card  American Express

Account # \_\_\_\_\_

Exp \_\_\_\_ / \_\_\_\_ Code on back of card \_\_\_\_\_

Name on Card \_\_\_\_\_

Signature \_\_\_\_\_

# 16ID005/47533

Send completed registration form to:

MAHEC Registration

121 Hendersonville Rd., Asheville, NC 28803

Fax to 828-257-4768