



THE 6<sup>TH</sup> ANNUAL  
*Dr. Suzanne Landis*  
**GERIATRIC SUMMIT**  
**AGE FRIENDLY HEALTH CARE**

**WEDNESDAY, NOVEMBER 2, 2022**

**Location** **In-person at MAHEC**  
Mary C. Nesbitt Biltmore Campus  
121 Hendersonville Rd  
Asheville NC 28803  
**OR via live webinar**

**Date** **Wednesday, November 2, 2022**  
**Check-in** 7:30 am–8:00 am  
**Program** 8:00 am–3:30 pm

[REGISTER ONLINE](#)

## DIRECTIONS

**MAHEC Mary C. Nesbitt Biltmore Campus**  
**121 Hendersonville Road, Asheville, NC 28803**

**From I-40 E:** Take Exit 50 and turn left onto Hendersonville Road.

**From I-40 W:** Take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

**From 19-23 (I-26):**

Take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

## TARGET AUDIENCE

Aging Services Providers; Healthcare Providers

 [MAHECEd](#)  [MAHECwnc](#)  [mahec.education](#)

**EARLY FEES AVAILABLE THROUGH 10/26/2022**

**\$100.00** Healthcare Providers

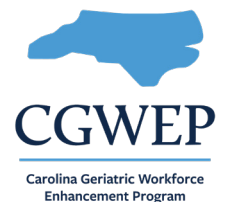
**\$30.00** Aging Services Providers, Students, or Exhibitor Reps

## DESCRIPTION

MAHEC's annual Geriatric Summit will bring together clinicians and aging services providers to reflect on the COVID-19 pandemic and its impact on aging services & settings for older adults. Join us to review the various aspects/options of older adult care across the spectrum of services and settings in this new world. A limited number of participants may attend on-site at MAHEC Education in Asheville; others may attend virtually via live webinar.

\*Note for those who opt to attend via live webinar (via WebEx): Please ensure that you have reliable internet access on a computer (not phone) that has WebEx loaded. This event will have learning sessions all day and include afternoon breakouts.

*This project is supported by funds from the Bureau of Health Professions (BHP), Health Resources and Services Administration (HRSA), Department of Health and Human Services (DHHS) under grant number # 2U1QHP28734 Carolina Geriatric Workforce Enhancement Program. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by the BHP, HRSA, DHHS or the U.S. Government. The Center for Aging and Health, Carolina Geriatric Workforce Enhancement Program also provided support for this activity.*



## COURSE MEDICAL DIRECTOR

**William McLean, MD**, MAHEC, Asheville, NC

## FACULTY

**Kathey Avery, RN, BSN**, is a Nurse and the Founder & Owner of Avery Health — Education and Consulting, with over 35 years of experience in healthcare and community activism. She is also the Director of the non-profit organization Institute for Preventable Healthcare and Advocacy.

**Bruce Birdsall** is the Director of Insurance Services with the Council on Aging of Buncombe County in Asheville NC.

**Heather Burkhardt, MSW**, is the Executive Director of the North Carolina Coalition on Aging in Raleigh, NC.

**Anna Hicks, MD**, is a board-certified geriatrician and Community Physician Champion for Age-Friendly Initiatives at AdventHealth Hendersonville in North Carolina.

**Aanand Naik, MD**, is a Professor and the Nancy P. and Vincent F. Guinee, MD Distinguished Chair of the UTHealth Consortium on Aging at the University of Texas Health Science Center in Houston; and Chair of the Department of Management, Policy, and Community Health at the University of Texas School of Public Health, Health Service Research Center of Innovation at the Michael E DeBakey VA Medical Center in Houston, Texas.

**Tasha Woodall, PharmD, BCGP, CPP**, is the Associate Director of Pharmacotherapy & Geriatrics in the Pharmacotherapy Division of the Department of Family Medicine; Co-Director of the MAHEC Center for Healthy Aging; Residency Program Director of PGY2 Geriatrics; Assistant Professor of Clinical Education in the UNC Eshelman School of Pharmacy; and a Clinical Assistant Professor in the UNC School of Medicine in Asheville, NC.

## OBJECTIVES

**Upon completion of this educational activity, the participant will be able to:**

- Incorporate the lived experiences of older adults to improve care for older adults
- Describe and address barriers to older adults achieving their priorities
- Highlight the benefits of age-friendly community & health systems, with an emphasis on prevention and shared decision-making

## CONFERENCE AGENDA

- 7:30–8:00** Registration & Webinar Check-in
- 8:00–8:15** **Welcome & Conference Overview/Spotlighting Regional Age Friendly Communities in WNC**  
— Will McClean, MD and Tasha Woodall, PharmD, BCGP, CPP
- 8:15–9:15** **Keynote: 4M Framework—What Matters Most?**  
— Aanand Naik, MD
- 9:15–10:00** **Age Friendly System—Challenges and Best Practices**  
— Anna Hicks, MD
- 10:00–10:15** Break & Exhibitors
- 10:15–10:45** **Annual Wellness Visit (focus on Cognitive Assessments)**  
— Tasha Woodall, PharmD, BCGP, CPP
- 10:45–11:15** **Mental Wellness in Older Adults (case studies)**  
— Kathey Avery, RN, BSN, CN
- 11:15–12:00** **Panel: What Matters to Older Adults**  
— Moderated by Kathey Avery, RN, BSN, CN
- 12:00–1:00** Lunch (*provided for those on-site*) & Exhibitors
- 1:00–1:30** **Addressing Caregiver Shortages in the Home and Community**  
— Heather Burkhardt, MSW
- 1:30–2:00** **Medicare Overview for Clinicians & Aging Services Providers**  
— Bruce Birdsall
- 2:00–2:15** Break & Exhibitors
- 2:15–3:00** **Small Group Breakouts—Case Study**
- 3:00–3:30** **Reflections on Regional Age Friendly Communities in WNC—Buncombe County Representative and Small Group Report Backs**  
— Moderated by Tasha Woodall, PharmD, BCGP, CPP
- 3:30** Complete Attestation & Adjourn

*MAHEC assumes permission to use audio, video, and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.*

## CREDITS

### Continuing Medical Education

Accreditation: Mountain Area Health Education Center (MAHEC) is accredited by the North Carolina Medical Society (NCMS) to provide continuing medical education for physicians.

Credit Designation: MAHEC designates this live activity for a maximum of **6.0 AMA PRA Category 1 Credit(s)™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

**Physician Assistants:** AAPA accepts certificate of participation for educational activities certified for AMA PRA Category 1 Credits™ from organizations accredited by ACCME or a recognized state medical society. Physician Assistants may receive a maximum of **6.0 hours** of Category 1 credit for completing this program.

**Nurse Practitioners:** MAHEC designates this continuing education activity as meeting the criteria for **6.0 contact hours**.

**Physical Therapists:** MAHEC, as part of the NC AHEC system, is a NCBPTE-approved provider of continuing competence for activities directly related to physical therapy. NCBPTE **5.5 contact hours**.

**Occupational Therapist/Assistant:** As of July 1, 2018, the NCBOT no longer accepts applications for pre-approval of CCAs. OT practitioners need to make sure they are completing activities that comply with Section .0800 of the NCBOT Rules. **6.0 CCAs**. Please select contact hours for your certificate.

**Speech-Language Pathologists:** Mountain AHEC will issue Certificates of Completion only; the participant must self-track and record the certificate for ASHA Certification documentation. Choose contact hours or CEUs.

**CEUs:** MAHEC designates this live continuing education activity as meeting the criteria for **0.6 CEUs** as established by the National Task Force on the Continuing Education Unit.

**Contact Hours:** MAHEC designates this live continuing education activity as meeting the criteria for **6.0 contact hours**.

## PLANNING COMMITTEE

**Kathy Avery, RN, BSN, CN** | Avery Consulting; Institute for Preventable Healthcare and Advocacy

**Heather Bauer** | Council on Aging of Buncombe County, Inc.

**Alison H. Climo, MSW, PhD** | Buncombe County Aging Plan; NC Center for Aging Research and Education Services

**Suzanne Landis, MD, MPH** | MAHEC Internal Medicine Residency Program

**Jennifer Teague, MA** | Buncombe County Health and Human Services Aging Adult Services Program

**LeeAnne Tucker** | Area Agency on Aging at Land-of-Sky Regional Council

**Rosalyn Wasserman, PT, DPT** | UNC Health Sciences at MAHEC Department of Continuing Professional Development

**Tasha Woodall, PharmD, BCGP, CPP** | UNC Eshelman School of Pharmacy; MAHEC Center for Healthy Aging

### HAVE A QUESTION?



### Special Services

828-257-4469

#### Program Planner

Rosalyn Wasserman, PT, DPT

828-257-4437 | [rosalyn.wasserman@mahec.net](mailto:rosalyn.wasserman@mahec.net)

#### Registration Phone

828-257-4475

#### Email

[registration@mahec.net](mailto:registration@mahec.net)

#### Registration Fax

828-257-4768

#### Mail

MAHEC Registration  
121 Hendersonville Road  
Asheville, NC 28803

#### Online Registration

[www.mahec.net/cpd](http://www.mahec.net/cpd)

# Dr. Suzanne Landis GERIATRIC SUMMIT

## AGE FRIENDLY HEALTH CARE WEDNESDAY, NOVEMBER 2, 2022

### REGISTRATION

Event fees include administrative costs and educational materials. If your registration is received after the early registration deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations that are received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Unless otherwise noted in course materials, the following cancellation policy applies to all programs:

- Cancellations must be in writing (via fax, email, or mail)
- Cancellations received more than 2 weeks prior to the event will receive 100% refund
- Cancellations received between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee
- No refunds or credits will be given for cancellations received less than two full business days prior to the event
- No vouchers will be issued in lieu of a refund
- Transfers/substitute(s) are welcome (please notify us in advance of the program)

### REGISTRATION FORM

Updated contact information Event #67993

Name \_\_\_\_\_

Credentials \_\_\_\_\_

PIN # \_\_\_\_\_ (4 digits of your choosing that you will use each time you register)

Occupation \_\_\_\_\_

Email Address \_\_\_\_\_

*Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.*

Please remove me from the MAHEC mailing list

Home Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Home County \_\_\_\_\_

Home # \_\_\_\_\_ Work # \_\_\_\_\_

Employer \_\_\_\_\_

Department \_\_\_\_\_

Employer's Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Work County \_\_\_\_\_

**I Will Attend**  In-person  Via live webinar

**Meal Preference**  Vegetarian  Gluten-free  Vegan  
*(for those attending in-person)*

#### Healthcare Providers

\$100.00  \$115.00 if paying after 10/26/2022

#### Aging Services Providers, Students, or Exhibitor Reps

\$30.00  \$45.00 if paying after 10/26/2022

*Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.*

Check is enclosed  Credit card information below

Visa  MasterCard  Discover Card  AmEx

Account # \_\_\_\_\_

Expiration Month/Year \_\_\_\_\_ / \_\_\_\_\_

Verification Code \_\_\_\_\_ (3 or 4-digit number)

Name on Card \_\_\_\_\_

Signature \_\_\_\_\_

**Send completed registration to:** MAHEC Registration  
121 Hendersonville Road, Asheville, NC 28803

**Fax completed registration to:** 828-257-4768