

Adverse Childhood Experiences SOUTHEASTERN SUMMIT 2021

FRIDAY–SUNDAY | OCTOBER 29-31, 2021 | LIVE WEBINAR

DESCRIPTION

During the first three Southeastern ACE Summits in Asheville, NC, a groundswell of support was started in building trauma-informed communities. The 2015 summit focused heavily on awareness and understanding of the urgency and the need for continued work. The 2017 summit centered around next steps and defining what we could do practically to create trauma-informed communities. During the 2019 summit, we workshopped strategies with colleagues from across the United States and provided for time with peers to learn practical tools, skills, and strategies for advancing ACEs work and trauma-informed care in the attendees' communities. The 2021 summit will focus on resiliency and positive and protective factors while addressing the role of systemic racism on trauma and trauma responses.

AUDIENCE

Our target audience includes those involved in assessment, treatment, education, support, and advocacy for children and families who experience ACEs, such as: primary care providers, physicians, nurses, mental health professionals, early childhood educators, k-12 educators, public health professionals, child & family advocates, law enforcement, juvenile justice experts, court system professionals, community organizers, parents, and caregivers.

OBJECTIVES

Upon completion, summit participants will be able to:

- Integrate knowledge and experience of interprofessional individuals and groups via dynamic group discussions
- Engage diverse professionals in group discussions that will identify at least two interventions, sources of resiliency, or protective processes that have improved the lives of individuals who have experienced ACEs
- Analyze our own trauma responses and their relationship to systemic racism
- Determine what trauma-informed resources are available in marginalized and underserved communities and be able to easily access those resources on behalf of your client, student, or patient

AGENDA AT-A-GLANCE

FRIDAY, OCTOBER 29, 2021*

- 5:30p–6:00p** Webinar Check-in
- 6:00p–8:00p** Optional Film Screening and Panel Discussion on [*Revisioning Recovery: Uncovering the Roots of Disaster*](#)

**This portion of the summit does not offer CE credit*

SATURDAY, OCTOBER 30, 2021

- 7:30a–8:00a** Webinar Check-in
- 8:00a–5:30p** Program for Day 1 (*breaks provided*)

SUNDAY, OCTOBER 31, 2021

- 7:30a–8:00a** Webinar Check-in
- 8:00a–1:00p** Program for Day 2 (*breaks provided*)



REGISTER ONLINE

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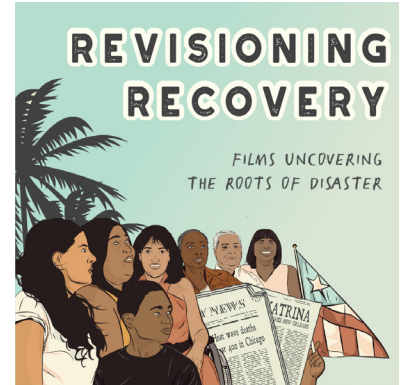
FRIDAY, OCTOBER 29, 2021

5:30p–6:00p **Webinar Check-in**

6:00p–7:00p **Film Screening of *Revisioning Recovery: Uncovering the Roots of Disaster***

[Revisioning Recovery | Working Films](#)

The effects of climate change are unfolding before our eyes as hurricanes, wildfires, floods, subzero temperatures, and tornadoes ravage the nation and the globe. Many communities who survive climate disasters do so with limited to no resources and are often struggling to recover before the next disaster hits. Equitable disaster preparedness and recovery is increasingly urgent as COVID-19 further exposes cracks in the system.



Revisioning Recovery: Uncovering the Roots of Disaster illuminates the current injustices, systems at play, and the solutions needed to prepare and respond to climate disasters. The short films bring overlooked stories into the light and expose the historical inequities that are exacerbated when disasters hit.

7:00p–8:00p **Panel Discussion / Q&A Session**

8:00p **Adjourn**

SATURDAY, OCTOBER 30, 2021

7:30a–8:00a **Webinar Check-in**

8:00a–8:15a **Housekeeping / Welcome / Overview / Introductions**

— Joshua Gettinger, MD

8:15a–9:15a **Everyday Resilience: Simple Practices for Connection, Wellbeing, and Positivity**

— Mary Lynn Barrett, LCSW, MPH

This session will focus on how we can all capitalize on everyday experiences to build resilience. We don't need years of clinical intervention to change or "rewire" our brains for connection, wellbeing, and positivity. By tapping into the most basic wisdom of our body's safety and threat management system, every one of us can amplify the power of what we routinely do at home, at work, and for self care. Participants will learn how to use the somatic (sensory) language of their nervous system in small, daily moments that, with practice, create lasting and satisfying change.

9:15a–9:30a **Break**

9:30a–10:45a

KEYNOTE PRESENTATION

The Pair of ACES

— Victor Armstrong, MSW

As we build personal and community-wide resiliency in response to the COVID-19 pandemic, we will have to address the “Pair of ACES,” Adverse Childhood Experiences and Adverse Community Environments. COVID-19 has exacerbated exposure to adverse childhood experiences and created unimagined stresses on parents/caregivers (job loss/instability, essential worker status, or change in where work is conducted) and limited access to other caring adults (teachers, coaches, ministers, and extended family and friends) in many children’s lives, particularly those representing historically marginalized communities. Exposure to multiple traumatic events and/or chronic toxic stress can lead to lifelong physical, mental health, and substance use problems. Systems that serve children and families will need to be trauma-informed and resiliency focused. In this session, Victor Armstrong will discuss the impact of ACEs, including generational trauma, and strategies for building resiliency. *(1-hour presentation + 15-minute Q&A session)*

10:45a–11:00a

Break

11:00a–12:00p

BREAKOUT SESSIONS

A

NC ECHO ACE Collaborative: Building Skills and Connection via a Virtual Learning Platform

- Deanna LaMotte, MPH, MEd
- Kia Glosson, BFA
- Tamra Jo Church, MAEd, MCHES®
- Kellie Reed-Ashcraft, PhD, MSW
- Bonnie Jean Kuras, MEd

In 2019, MAHEC and Healthy Blue teamed up to provide a small amount of seed funding and a monthly virtual professional development “community of practice” for 3 NC communities with relatively new ACE/Resilience collaboratives. The three counties represented rural and urban communities from different parts of the state. Over two years, several more (unfunded) counties joined the monthly discussions, and they became a place to share good work, grapple with a shifting world (COVID-19, the high-profile killings of George Floyd, Breonna Taylor, Ahmaud Arbery, etc.), and learn concrete skills and helpful frameworks to strengthen community resilience-building. Ideas sparked in the community of practice have become innovative multi-county initiatives, and collaborative leaders have not felt alone—even through a pandemic. The three funded counties will present how this 2-year support system impacted their local collaboratives, their work, and their communities.

B

Transforming the Well Child Visit: A Population Strategy to Address ACEs and Other Social Determinants

- Joshua Gettinger, MD
- Christina Bethell, PhD, MBA, MPH

Well child visits are the core of primary care for children yet are under-optimized. This presentation will present a transformative model for well child care services that creates a cycle of engagement with families and communities to ensure early identification and mitigation of social and relational health risks and the proactive promotion of positive childhood experiences and family and community resilience. Alignment with current practice, policy, and payment reforms and innovations to promote health equity and dismantle structural racism will be discussed.





The Latinx Experience: Perspectives for Mental Health Professionals

— Eduardo Fabian Moreno, LCMHC

This presentation provides an opportunity to grow in knowledge, connection, and explore best practices for patients by acknowledging aspects of lived experiences for Latinx groups. This presentation will also provide tools to providers by deepening resonance with their patients. Audience members are asked to bring their own personal observations and experiences working with this population group.

12:00p–1:00p

Lunch Break

1:00p–2:30p

Holding the Story: Creating “Safe Enough” Space for Stories to Heal

- Marta Alcala Williams
- Alice Dixson, CPSS
- Michael Hayes, NCCPSS
- Aisha Shepherd
- Allison Sturtevant-Gilliam
- Kristin Wilson, LCSW, MSW

Storytelling is healing. For generations, Black, Indigenous, and People of Color have told stories as a way to connect, to pass on history and information, to share in the burden of carrying pain and horror, and as a form of resistance and release. Within the efforts to address trauma and adversity, we often deny the power of storytelling. Deeming storytelling “retraumatizing” or scripting the manner in which we tell our stories are injustices in the system of healing. As in the way of White Supremacy culture, we place the responsibility of how the story is told onto the person sharing, versus assigning responsibility to the listener for creating a safe enough space to hold the story. This is systemic oppression; withholding the ancestral and cultural medicine of storytelling by placing the responsibility on the person seeking support to accommodate the right to comfort of the privileged offering support. This workshop will offer tools to support the act of holding safe enough space for stories to be told authentically.

2:30p–2:45p

Break

2:45p–4:15p

Holding the Story: Creating “Safe Enough” Space for Stories to Heal *(continued)*

4:15p–4:30p

Break

4:30p–5:30p

North Carolina Judicial Branch ACEs Task Force

- Mike Silver, JD, MPA
Training and Services Director
The Administrative Office of the Courts
North Carolina Judicial Branch

5:30p

Adjourn



SUNDAY, OCTOBER 31, 2021

7:30a–8:00a **Webinar Check-in**

8:00a–9:00a **Primary Care Role: Integrated Care**

- Joshua Gettinger, MD
- Mary Lynn Barrett, LCSW, MPH

9:00a–9:15a **Break**

9:15a–10:15a **PANEL DISCUSSION**

Adaptability of Psychiatry and Mental Wellness: Meeting People Where They Are

- Dominique Huneycutt, PhD, JD (*moderator*)
- Meagan Tucker-Wiles, PhD
- Nick Ladd, DO
- Kevin Mahoney, CPSS
- Eduardo Fabian Moreno, LCMHC

10:15a–10:30a **Break**

10:30a–11:30a **Resilient Organizations and Communities**

- Becky Haas

According to the Center for Disease Controls, childhood experiences—both positive and negative—can have a tremendous impact on an individual experiencing future violence, victimization, and their lifelong health and opportunity. By understanding how to create personal and community protective factors, we can help reduce these risk factors. Though ACEs may be fact, they don't have to be fate. In this presentation, Becky will define and discuss personal and community protective factors for building resilient organizations and communities.

11:30a–11:45a **Break**

11:45a–12:45p **From Awareness to Action: Taking the Leap to Create Services and Systems of Care to Take Healing, Equity, and Flourishing to Scale**

- Christina Bethell, PhD, MBA, MPH

This session focuses on translating the science of positive and adverse experiences into practice in order to promote the resilience and well-being of children, families, adults, and communities. The possibilities for healing the trauma and adversity that have accumulated in many of our communities are great when services are shaped and coordinated with a focus on promoting relational health and fully engaging families and people to build on strengths, identify priorities, and partner in care. Success requires policies that prioritize health equity; foster dignity; support skills building; and enable and incentivize coordinated systems of care across health, education, and social services. Participants will be inspired to shift the narrative from trauma and toxic stress to relational health and systems integration in order to build the ecosystem to take flourishing to scale and learn about an innovative model for well child care.

12:45p–1:00p **Closing Remarks / Wrap-up**

1:00p **Adjourn**

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KEYNOTE SPEAKER



Victor Armstrong, MSW, joined North Carolina DHHS as Director of the NC Division of Mental Health, Developmental Disabilities, Substance Abuse Services in March of 2020, with responsibility and oversight of the public community-based mental health, intellectual and other developmental disabilities, substance use, and traumatic brain injury system in North Carolina. Prior to accepting this role, Victor spent six years as Vice President of Behavioral Health with Atrium Health. Based in Charlotte, NC, Victor had responsibility for operations of Atrium's largest behavioral health hospital, Behavioral Health Charlotte (BHC). The BHC campus contains the Southeast's only psychiatric emergency department, staffed 24/7 with board certified psychiatrists, as well as 66 inpatient beds and 10 outpatient programs. Victor has over 30 years of experience in human services, primarily dedicated to building and strengthening community resources to serve individuals living with mental illness. Victor currently serves on the board of directors for the American Association of Suicidology (AAS), the American Foundation for Suicide Prevention (AFSP) of NC, and United Suicide Survivors International. He is also former board chair of NAMI NC, and member of the National Association of Social Workers (NASW). Victor is a former member of the board of directors of National Council for Behavioral Health, i2i Center for Integrative Health, and RI International. Victor's awards and recognitions include Mental Health America's 2021 H. Keith Brunnemer, Jr. Award for "Outstanding Mental Health Leadership," 2019 Black Mental Health Symposium – Mental Health Advocate of the Year, 2019 Atrium Health Excellence in Diversity & Inclusion Award, 2018 Distinguished Alumni Award from East Carolina University School of Social Work, Pride Magazine 2018 "Best of the Best," and i2i Center for Integrative Health 2018 Innovation Award for "Whole Person Care," 2012 National Alliance on Mental Illness (NAMI) NC, Mental Health Professional of the Year. Victor graduated Magna Cum Laude from North Carolina Central University with a bachelor's degree in Business Management and received a Master of Social Work (MSW) from East Carolina University. He is the husband of Dr. Charletta Armstrong and the father of three sons, Carter, Alonzo, and Victor, Jr.

SUMMIT FACULTY



Marta Alcala Williams is a facilitator of deep relationships centered on revolutionary love and collective liberation. She is a partner for loving accountability and transformational growth. Marta's work in the school system and community is rooted in engaging the community in order to achieve a clearer understanding and shared analysis of racial equity and to create equitable and just practices. Marta is known for her work around language justice, asset, and justice-based thinking and practices, supporting an intentional use of communication and the written word as acts of anti-oppression. Marta currently serves as the Executive Director of Equity and Community Engagement for Asheville City Schools.



Mary Lynn Barrett, LCSW, MPH, has dual master's degrees in social work and public health from the University of Washington. She is the former Director of Behavioral Medicine in the Family Practice Residency Program at MAHEC's Family Health Centers. Her current position as faculty in the program involves both teaching physicians to manage the mental and behavioral health aspects of primary care and treating patients who experience these challenges to their overall well being. Mary Lynn has always been very interested in the relationship between stress, trauma, and chronic disease and is passionate about disseminating information about the Adverse Childhood Experiences Study along with resiliency tools so that individuals, agencies, and systems can become more trauma and resiliency informed and promote well-being for all. Mary Lynn is part of the leadership team of resiliency trainers who started the local non-profit agency, Resources for Resiliency, and the curriculum Reconnect for Resilience. She has taught about resiliency for many years locally in North Carolina, nationally, and internationally, having trained people in resiliency skills in Honduras, Rwanda, and Tanzania.



Christina Bethell, PhD, MBA, MPH, is a Professor at Johns Hopkins University in the Bloomberg School of Public Health, where she advances a new integrated Science of Thriving to promote the early and lifelong health of children, youth, families, and communities. With roots in healthcare financing reform; social epidemiology; and culturally-competent, community-engaged approaches to assessing and improving health and well-being, she is the founding director (1996) of the national Child and Adolescent Health Measurement Initiative (CAHMI), the National Data Resource Center for Child and Adolescent Health, and the We Are the Medicine consortium. Together, this work operates

to promote “top down” (knowledge and data to reveal the big picture and possibilities), “bottom up” (methods to engage families, collect data, and track progress) and “inside out” (relationship-centered strategies for successful transformational partnerships). She led the design of a widely endorsed national agenda to address childhood trauma and promote healing and flourishing. Christina earned an MBA an MPH from the University of California, Berkeley and PhD in public policy from the University of Chicago. She teaches Mindfulness-Based Stress Reduction and Healing Through Revealing methods and is an avid student of transparent communication, presence, and human potential for flourishing amid adversity. She writes poetry, dances, and believes that connection with ourselves, life, and others is the source of our creativity and joy.



Tamra Jo Church, MAEd, MCHES®, Certified CRM Teacher, is a faculty member at East Carolina University in the Department of Health Education and Promotion, and the Talk It Out NC Ambassador for Eastern North Carolina. She is a Certified Community Resiliency Model (CRM)® Teacher, CATCH® My Breath Community Trainer, Community Action Poverty Simulation Facilitator, Youth Mental Health First Aider, and is trained in the Strengthening Families™ Protective Factors Framework. She leads the Jones County Resilience Collaborative, is a member of BRACE (Building Resilience and Courage to Excel), and serves as Chair and Executive Director for the Coastal Coalition for

Substance Abuse Prevention.



Alice Dixon, CPSS, is a barber, Certified Peer Support Specialist, community and spiritual activist, bodyworker, and a generational elder in a long line of Civil Rights activists. Alice is the author of Solid Ground, a parenting support curriculum that is informed by her work with the juvenile justice system, visit facilitation with families whose children are in foster care, years of lived experience, the wisdom of the Elders, and the science of trauma and resilience. She is a member of Be Present and has acted as a racial equity facilitator at a number of venues including the annual Southeast and New England Herbal Conferences, Earth Haven Ecovillage, and as a consultant for the Reconnect for

Resilience training curriculum. Alice was raised to believe that life is a mural and not just a single picture. Her work is based on the premise that everyone wants to be seen and heard. Alice’s passion for equity and healing shows up with compassion in all aspects of her work and for all people.



Joshua Gettinger, MD, is an Assistant Professor of Family Medicine at MAHEC in Asheville, NC, where he serves as the behavioral champion of the family medicine residency. He reflects, “My work as a rural family physician for 33 years drew me to involvement with children’s behavioral health. Listening to the stories of my patients led to awareness of childhood trauma, and to working with patients and families on trauma related issues in an integrated healthcare setting.” Since coming to Asheville in 2012, he has been a member of the Steering Committee of the Innovative Approaches project of Buncombe County Health and Human Services, including its Adverse Childhood Experiences (ACEs)

Learning Collaborative, a Collective Impact endeavor. Dr. Gettinger has also served on the Buncombe County Schools Advisory Committee, involved with the implementation of the trauma-informed schools initiative. Speaking credits include presentations at the ACEs Southeastern Summit in Asheville in 2015 and 2017; at Osher Lifelong Learning Institute at UNCA; and community talks in Asheville and Albuquerque, NM. He has written a paper describing efforts to address ACEs locally: “Buncombe County: One Path Towards a Resilient Community” for the *North Carolina Medical Journal* (March, 2018). Dr. Gettinger is also a member of the Mental Health Section of the American Public Health Association (APHA). He serves on the North Carolina Council on Developmental Disabilities as a parent advocate. He is engaged in active clinical practice and teaching. Dr. Gettinger is married to Dr. Barbara Levin, and has four children and four grandchildren. He enjoys teaching an outstanding group of family medicine residents. Within the Family Medicine Department, he is working with others on Rethinking Well Child, a collaboration between MAHEC and the Child and Adolescent Health Measurement Initiative, led by Dr. Christina Bethell.



Kia Glosson, BFA, MSW Class of 2022, works as a Training Specialist at TEDI BEAR Children's Advocacy Center (CAC), a subspecialty clinic of East Carolina Brody School of Medicine. She began her work there offering Stewards of Children, a child sexual abuse prevention, recognition, and response training. Through her work with TEDI BEAR CAC, Kia began collaborating with others to raise awareness of Adverse Childhood Experiences (ACEs) and implement trauma-informed practices. Kia is a founding member of BRACE (Building Resilience and Courage to Excel), a collaborative of passionate individuals dedicated to creating a more compassionate culture in Pitt County. She is a Reconnect for Resilience educator, working throughout Pitt County to provide training in which participants learn the effects of trauma on the body and brain, as well as practical wellness skills to build their resilience. Kia is currently working on her master's degree in the School of Social Work at East Carolina University.



Becky Haas, known for her contagious enthusiasm, is an international presenter of trauma informed care and the Adverse Childhood Experiences (ACEs) study as well as a pioneer in successfully developing trauma informed communities. Her seasoned presentation experience includes trips to Delaware presenting to state leadership at the invitation of their First Lady, as well as training multiple Juvenile Justice systems in both Virginia and Tennessee. She developed Trauma Informed Policing training which is certified in two states for officer in-service credit and has delivered it to the Oklahoma City Police Department, as well as precincts within Tennessee, North Carolina, Virginia, and West Virginia. She has worked in partnership with the Tennessee Association of Chiefs of Police (TACP) to make Trauma Informed Policing Training available to officers statewide. Becky is a highly sought-out trainer for educators and often works directly with school Superintendents to help entire school districts begin their journey to create trauma sensitive schools. Becky earned her Professional Certification in Trauma and Resilience from Florida State University and has completed courses in Trust-Based Relational Intervention (TBRI) and Trauma Informed Classrooms from Texas Christian University. She has also received course certification from the International Association of Directors of Law Enforcement – National Association of Chiefs of Police. She has been certified as a trauma informed care trainer by the SAMHSA Gains Center, TrainTN.org, and the Tennessee Building Strong Brains Program. She has been an active member of the Campaign for Trauma Informed Policy and Practice (CTIPP) since 2017 and is a member of the strategy team for the National Trauma Campaign. Becky is an East Tennessee State University/Ballad Health Strong Brain Institute Fellow and helped to pioneer the Northeast Tennessee ACEs Connection. She has been an ordained minister since 1996 and completed ministerial training at Rhema Bible Training Center in Tulsa, OK, in 1979 and authored her first book, *Your City is Waiting on You*, in 2017.



Michael Hayes, NCCPSS, is a visionary agent of change. He is the founder and Executive Director of Umoja Health, Wellness and Justice Collective—an agency that centers on the experiences of the Black community for healing and justice. Michael has found powerful ways to infuse the art of storytelling and the science of resilience into opportunities for healing and recovery. He is the author of the HOPE (Healing Our Past/Personal Experiences) curriculum, an educational and supportive experience created to build awareness, facilitate access, and sustain accountability for those healing from the effects of trauma, oppression, and adversity. Michael believes in the power of community and the collective healing process. He is a Certified Peer Support Specialist, a Wellness Recovery Action Plan (WRAP) facilitator, and a Reconnect for Resilience Skills Educator. Michael is the founder of the Urban Arts Institute and continues to provide opportunities for healing and growth grounded in the arts.





Dominique Huneycutt, PhD, JD, is a licensed psychologist who directs outpatient psychotherapy services in the Department of Psychiatry. In addition to providing clinical services, Dr. Huneycutt is actively involved in healthcare education, including teaching and supervising residents and students and developing programs to support mental wellness. Her areas of clinical expertise include working with children, adolescents, and families; trauma/ACES; anxiety and mood difficulties; stress management; and complex cases. She maintains a private practice and is active in several professional organizations. Dr. Huneycutt is honored to be a winner of the Western NC Psychology Association's William Bruce Award. Originally from Virginia, Dr. Huneycutt earned her undergraduate degree from Dartmouth College. She attended graduate school in Philadelphia in the unique joint program for law and clinical psychology, earning her MA from Hahnemann University; her law degree from Villanova University School of Law; and her PhD in clinical psychology from Drexel University. Dr. Huneycutt enjoys the outdoors; exploring national parks; experiencing WNC's arts and music; and spending time with family, friends, and her golden retriever.



Bonnie Jean Kuras, MEd, is currently a training specialist at TEDI BEAR Children's Advocacy Center (CAC). She provides various trainings in Darkness2Light's-Stewards of Children-education in the recognition, prevention, and response to child sexual abuse, Adverse Childhood Experiences, Reconnect for Resilience, and Circle of Security Parenting to community members and various agencies in Eastern NC. Prior to moving to NC, she spent 30 years as an educator/adjunct college instructor, learning and language disabilities specialist, and building principal in elementary and middle school in the state of NH.



Deanna LaMotte, MPH, MEd, left a 13-year career in teaching English as a Second Language (ESL) after realizing that all the things that most fascinated and frustrated her about the world fell into the category of public health. Years living and working in Japan, South Korea, Australia, India, and Guatemala brought to light just how central environments and policies are in individuals' ability to thrive. After receiving her Master of Public Health degree from UNC-Chapel Hill in 2012, she returned to her home in Black Mountain and worked for Buncombe County government, MAHEC, and Mission Health on local community public health issues. In the fall of 2019, she began her current role as Early Childhood Systems Coordinator with Buncombe Partnership for Children. She brings a passion for Community-Based Participatory Research and an Adverse Childhood Experiences (ACEs)/Resilience lens to all her work.



Eduardo Fabian Moreno, LCMHC, is a Bilingual Licensed Clinical Mental Health Counselor (LCMHC) who enjoys working with both English and Spanish-speaking children, families, and adults dealing with anxiety, depression, and trauma- and stress-related disorders. He also enjoys working with those who are neurodiverse (ADHD, Autism, and Down syndrome), as well as those in the LGBTQ+ community. He utilizes an integrated approach towards counseling that focuses on client-centered engagement, psychoeducation, solution-focused and motivational interviewing, along with CBT and EMDR. Eduardo Fabian also uses nature as a metaphor along with creative and expressive arts within his work. Eduardo Fabian is bicultural—a first generation Mexican-American on one side, and a Western North Carolinian on his other side. Being from the Brevard and Hendersonville area, he attended Brevard College for his undergraduate degree, getting a BA in Psychology. Later, he attended Western Carolina University's Clinical Mental Health Counseling Program in which he acquired his MS degree and has since engaged in community mental health services. He values the unique journeys we humans go through in this life, seeking to honor the humanness we all have and our efforts towards wellness—collectively and individually.





Kellie Reed-Ashcraft, PhD, MSW, is a community social worker. She is the Co-Lead for the Policy & Data Committees for the Watauga Compassionate Community Initiative (WCCI), a community effort to prevent and treat trauma and adversity, and build a resilient and thriving community. She also serves as the facilitator for the Resilient North Carolina Collaborative Coalition (RNCCC), a grassroots coalition of local community collaborative members and others located across the state who are focused on local and state policy action related to resilient communities. Prior to July 2021, Dr. Reed Ashcraft was a professor of social work at Appalachian State University for 23 years. Her macro-focused research, teaching, and service interests intersect and include community practice, program evaluation, strategic planning, human services leadership, interdisciplinary trauma-based education, adverse childhood experiences, family preservation, and child welfare as well as social determinants of health's impact on children, youth, and families. Dr. Reed Ashcraft and her family reside in Boone, NC.



Aisha Shepherd is an advocate who believes in the power of community; that when people share their experience, a sense of connection and community are created. She is a facilitator of change who guides systems, organizations, and community partners in centering equity. Aisha believes that community is an integral part of the work and that the voices of the community should serve as a guide, particularly those with lived experience of poverty, marginalization, and injustice. Aisha has over 17 years of experience in county government including social work, community engagement, and justice services and is now the Vice President of Community Engagement at United Way of Asheville and Buncombe County.



Mike Silver, JD, MPA, is the Training and Services Director for the North Carolina Administrative Office of the Courts. In that role, he oversees Judicial Branch trainings, conferences, and customer service initiatives. Mike served as an assistant district attorney at the Forsyth County District Attorney's Office from 2007-2015, where he prosecuted over 45 felony trials—including a capital murder trial where the defendant received the death penalty. He also has successfully litigated a range of cases leading to over 750 felony convictions. Following his service as a prosecutor, Mike served as a deputy commissioner with the North Carolina Industrial Commission from 2015-2020.

At the Industrial Commission, Mike was the Triad regional office manager located in Winston-Salem, NC. As a trial-level judge in contested workers' compensation cases, state tort claims, and other matters, Mike heard 257 cases, issued 160 opinion and awards, and approved 851 settlement agreements. Mike briefly returned to prosecuting while working for the Guilford County District Attorney's Office before accepting his current position with the North Carolina Administrative Office of the Courts. He earned his BS in elementary education from North Carolina A&T State University and was a certified 5th grade teacher at an elementary school in High Point, NC. He later earned his law degree from North Carolina Central University School of Law and a master's degree in public administration from the University of North Carolina at Chapel Hill. Mike currently serves on the Trellis Palliative Care and a United Health Services board of directors. He was an active big brother with Big Brothers/Big Sisters and a Governor McCrory appointee to the North Carolina Domestic Violence Commission. He also served on the board of directors for the Riverrun International Film Festival and was an adjunct professor in the justice studies program at Forsyth Technical Community College and the criminal justice program at Winston-Salem State University. Mike has been named most likely to "Leave Major Footprints in the City" by the *Winston-Salem Journal* and received community service and leadership awards from the *Triad Business Journal*, *The Winston-Salem Chronicle*, North Carolina Central University, and the Winston-Salem Chamber of Commerce.





Allison Sturtevant-Gilliam is a white, heterosexual, able bodied, cis-woman. She is a social worker, collaborator, lover of big ideas, and mother of five. Allison has worked in complex social systems for the last 15 years with a focus on child welfare. She has come to believe that understanding natural responses to stress, trauma, and oppression gives context to individual and communal actions and strengthens connection within communities. Allison's passion lies in shifting the social support system to be trauma responsive, racially just, and resilience focused. Allison is a trainer, facilitator, and consultant with Murmuration Consulting, bringing the message and tools of healing, equity, and change to families, professionals, and organizations.



Kristin Wilson, LCSW, MSW, is a White Southern Appalachian American queer cis-woman of European ancestry committed to partnering with organizations, groups, and individuals as a facilitator of deep personal and collective healing and cultural change toward a society of equity and collectivism. She works from a framework that honors the value of all beings and believes in the abundance of mutual reciprocity that allows all beings' needs to be honored and met with love and care. Kristin's current work with Buncombe County's Social Work Services as a Resiliency Coordinator and Neutral Facilitator includes an integrated approach of systems change and human change toward racial equity, trauma informed care, resilience, and a model of organizational care that integrates care for the employees and community members as a parallel process. Kristin has worked within the non-profit, private, and government sectors specializing in women's empowerment, therapy, domestic violence, child protective services, anti-racism, spirit-centered work, LGBTQ initiatives, youth work, leadership development, and holistic healing. She is a Licensed Clinical Social Worker with a MSW from Smith College School for Social Work. Kristin also studied at Southwest College of Naturopathic Medicine, Appalachian State University, and the University of Tennessee.



CREDIT OFFERINGS

Continuing Medical Education

Accreditation: MAHEC is accredited by the North Carolina Medical Society (NCMS) to provide continuing medical education for physicians.

Credit Designation: MAHEC designates this live activity for a maximum of **11.75** AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

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Physician Assistants: AAPA accepts certificate of participation for educational activities certified for AMA PRA Category 1 Credits[™] from organizations accredited by ACCME or a recognized state medical society. PAs may receive a maximum of **11.75** hours of Category 1 credit for completing this program.

Nurse Practitioners: MAHEC designates this live continuing education activity as meeting the criteria for **11.75** contact hours.



NAADAC: This course has been approved by MAHEC, as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #165445.

MAHEC is responsible for all aspects of their programming. Approved for **11.75** hours.



NBCC: MAHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5514. Programs that do not qualify for NBCC credit are clearly identified. MAHEC is solely responsible for

all aspects of their programs. Approved for **11.75** hours.

Psychologists: MAHEC is recognized by the NC Psychology Board as an approved Provider of Category A Continuing Education for North Carolina Licensed Psychologists. Approved for **11.75** hours Category A.

CEUs: MAHEC designates this live continuing education activity as meeting the criteria for **1.2** CEUs as established by the National Task Force on the Continuing Education Unit.

Contact Hours: MAHEC designates this live continuing education activity as meeting the criteria for **11.75** contact hours.

MEDICAL COURSE DIRECTOR

Joshua Gettinger, MD

MAHEC (Asheville, NC)

PLANNING COMMITTEE

Mary Lynn Barrett, LCSW, MPH

MAHEC and Resources for Resiliency (Asheville, NC)

Itiyopiya Ewart, MSW, MAT

National Association of Social Workers (Asheville, NC)

Michael Hayes, NCCPSS

Umoja Health, Wellness and Justice Collective (Asheville, NC)

Dominique Huneycutt, PhD, JD

MAHEC (Asheville, NC)

Allison Sturtevant-Gilliam

Murmuration Consulting (Asheville, NC)

REGISTRATION

Early registration deadline: October 22, 2021

Event fees include administrative costs and educational materials. If your registration is received after the early registration deadline listed above, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations that are received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Unless otherwise noted in course materials, the following cancellation policy applies to all programs:

- Cancellations must be in writing (via fax, email, or mail)
- Cancellations received more than 2 weeks prior to the event will receive 100% refund
- Cancellations received between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee
- No refunds or credits will be given for cancellations received less than two full business days prior to the event
- No vouchers will be issued in lieu of a refund
- Transfers/substitute(s) are welcome (please notify us in advance of the program)

Adverse Childhood Experiences SOUTHEASTERN SUMMIT 2021

FRIDAY-SUNDAY | OCTOBER 29-31, 2021 | LIVE WEBINAR

Updated contact information Event #66629

Name _____

Credentials _____

Social Security # _____ (last 4 digits required)

Occupation _____

Email Address _____

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove me from the MAHEC mailing list

Home Address _____

City _____ State _____ ZIP _____

Home County _____

Home # _____ Work # _____

Employer _____

Department _____

Employer's Address _____

City _____ State _____ ZIP _____

Work County _____

FRIDAY 10/29 FILM SCREENING*

Will you be attending the film screening? Yes No

**This portion of the summit does not offer CE credit*

SATURDAY 10/30 BREAKOUT SELECTION

A. NC ECHO ACE Collaborative

B. Transforming the Well Child Visit

C. The Latinx Experience

PAYMENT SELECTION

General Registration Fee

\$129.00 \$144.00 if paying after 10/22/2021

Student Registration Fee*

\$49.00 \$64.00 if paying after 10/22/2021

**Valid student ID may be requested in order to qualify*

MAHEC Employee Registration Fee

FREE (enter discount code) _____

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed Credit card information below

Visa MasterCard Discover Card AmEx

Account # _____

Expiration Month/Year _____ / _____

Verification Code _____ (3 or 4-digit number)

Name on Card _____

Signature _____

HAVE A QUESTION?



Special Services

828-407-2412

Program Planner

Dina Gillespie

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828-257-4475

Email

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828-257-4768

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MAHEC Registration
121 Hendersonville Road
Asheville, NC 28803

Online Registration

www.mahec.net/cpd