

THE 6TH ANNUAL

PERINATAL SUBSTANCE EXPOSURE SUMMIT

Join us live via webinar!

OCT 28, 2022 & NOV 4, 2022



Location Join via live webinar

Day 1 Friday, October 28, 2022

Log-in 7:30 am–8:00 am

Program 8:00 am–12:30 pm

Day 2 Friday, November 4, 2022

Log-in 7:30 am–8:00 am

Program 8:00 am–12:30 pm

REGISTER ONLINE

EARLY FEES AVAILABLE THROUGH 10/21/2022

\$35.00 Program Fee

\$25.00 Five or more from same agency (registering & paying at same time), Students, and Peer Support Specialists

Free MAHEC Employees

**Limited scholarships are available to nursing professionals in North Carolina. Non-nursing professionals are not eligible to be considered for this scholarship award. You will be notified via email within 48 hours of submission, if you have been approved for a scholarship. All scholarships will be awarded by October 3rd. Please click [here](#) to apply. Should you have questions, please contact [Karen Lambert](#).*

AUDIENCE

Medical providers, nurses, medical assistants, law enforcement, and behavioral health professionals including substance abuse counselors, social workers, psychologists, peer support specialists, care managers, lactation consultants, DHHS social workers, and other professionals interested in or working with this population.

DESCRIPTION

We are excited to have you attend the 6th Annual Perinatal Substance Exposure Summit. This two half-day, virtual summit will take place on the mornings of Friday, October 28th and Friday, November 4th from 8:00 am to 12:30 pm. This year's speaker panel reflects the continued commitment to the goals of this summit:

1. Delivering evidence-based practice around Perinatal Substance Use Disorders (PSUD) treatment
2. Providing education that is pertinent to all parts of the integrated team working with PSUD

Whether you are already working with families affected by PSUD or are just getting started, you know that addressing the stigma around PSUD at a community level is key. Our day one keynote is addressing just that; "Healthcare Stigma and its Impact on Pregnant and Parenting People with Substance Use Disorders," led by Dr. Maridee Shogren, will share how we can decrease stigma and give some real world examples of engaging the community in this work. Our day two will be led by Dr. Mishka Terplan who will further this conversation by exploring how we support families affected by PSUD through examining the literature on substance exposure and childhood development with "Supporting the Family Unit: Reflections on Addiction, Early Childhood Development, and Human Rights."

In addition to these powerful topics, we will highlight trending issues including co-prescribing medications to treat depression and treat opioid use disorder in a pregnant population, explore the recently passed Dignity Act and how this legislation affects pregnant incarcerated persons during delivery, and hear more from the voices of perinatal nurses amidst the opioid use disorder crisis. We continue to share the most up-to-date and clinically relevant information you need to know on how to deliver care to pregnant and postpartum people, infants, and families affected by substance use disorders across disciplines. You don't want to miss it!

CONFERENCE AGENDA

Friday, October 28, 2022

- 8:00–8:15** Welcome Remarks
— Elisabeth Johnson, PhD, FNP-BC, CARN-AP
- 8:15–9:15** **Healthcare Stigma and its Impact on Pregnant and Parenting People with Substance Use Disorders**
— Maridee Shogren, DNP, CNM, CLC
- 9:15–10:15** Breakouts: Please Select One Different Breakout for Each Day (*Breakout sessions 1A and 1B are repeated on day two*)
- 1A: Substance Use Disorder Treatment in the Time of COVID: Trends, Challenges, and Opportunities**
— Elisabeth Johnson, PhD, FNP-BC, CARN-AP
- 1B: Purpose, Passion, and Perinatology: Strategies to Move from Fatigue to Fulfillment**
— Susan Bane, MD, PhD
- 10:15–10:30** Break
- 10:30–11:30** Breakouts: Please Select One Different Breakout for Each Day (*Breakout session 1C is repeated on day two — breakout session 1D is not repeated on day two*)
- 1C: Factors in Access to Perinatal Substance Use Disorder Treatment in Western North Carolina**
— Casey Tak, PhD, MPH, and Bayla Ostrach, PhD, MA, CIP
- 1D: Providing Care to Incarcerated Pregnant People: What the Dignity Act Means for You and Your Patients** (This session does not repeat on day two)
— Megan Williams, MSW, MSPH, and Kimberly Harper, RN, MSN, MHA
- 11:30–12:15** **Reproductive Harm Reduction: An Intersectional Feminist Approach to Perinatal Substance Use Service Provision**
— Tracy R. Nichols, PhD, and Tina Reynolds, MSW
- 12:15–12:30** Closing Remarks
— Elisabeth Johnson, PhD, FNP-BC, CARN-AP
- 12:30** Adjourn

Friday, November 4, 2022

- 8:00–8:15** Welcome Remarks
— Melinda Ramage, MSN, FNP-BC, CARN-AP
- 8:15–9:15** **Supporting the Family Unit: Reflections on Addiction, Early Childhood Development, and Human Rights**
— Mishka Terplan, MD, MPH
- 9:15–10:15** Breakouts: Please Select One Different Breakout for Each Day (*Breakout sessions 2A and 2B are repeated from day one*)
- 2A: Substance Use Disorder Treatment in the Time of COVID: Trends, Challenges, and Opportunities**
— Elisabeth Johnson, PhD, FNP-BC, CARN-AP
- 2B: Purpose, Passion, and Perinatology: Strategies to Move from Fatigue to Fulfillment**
— Susan Bane, MD, PhD
- 10:15–10:30** Break
- 10:30–11:30** Breakouts: Please Select One Different Breakout for Each Day (*Breakout session 2C is repeated from day one — breakout session 2D is not repeated from day one*)
- 2C: Factors in Access to Perinatal Substance Use Disorder Treatment in Western North Carolina**
— Casey Tak, PhD, MPH, and Bayla Ostrach, PhD, MA, CIP
- 2D: Chicken or Egg? Treatment at the Intersection of Mental Health and Substance Use Disorders** (This session is not repeated from day one)
— Carol Coulson, MD, FACOG
- 11:30–12:15** **The Voices of Perinatal Nurses in the Midst of a Substance Use Crisis**
— Kalyn Renbarger, PhD, RN, and Barbara Phelps, MS, RNC-MNN
- 12:15–12:30** Closing Remarks
— Melinda Ramage, MSN, FNP-BC, CARN-AP
- 12:30** Adjourn

MAHEC assumes permission to use audio, video, and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.

CREDIT OFFERINGS

Continuing Medical Education

Accreditation: Mountain Area Health Education Center (MAHEC) is accredited by the North Carolina Medical Society (NCMS) to provide continuing medical education for physicians.

Credit Designation: MAHEC designates this live activity for a maximum of **7.5 AMA PRA Category 1 Credit(s)™**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

Physician Assistants: AAPA accepts certificate of participation for educational activities certified for AMA PRA Category 1 Credits™ from organizations accredited by ACCME or a recognized state medical society. Physician Assistants may receive a maximum of **7.5 hours** of Category 1 credit for completing this program.

7.5 Nursing Contact Hours

Mountain Area Health Education Center (MAHEC) is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Participants must attend 80% of the activity to receive credit.

NAADAC: This course has been approved by MAHEC, as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #165445. MAHEC is responsible for all aspects of their programming. Approved for **7.5 hours**.



Psychologists: MAHEC is recognized by the North Carolina Psychology Board as an approved Provider of Category A Continuing Education for North Carolina Licensed Psychologists. Approved for **7.5 hours** Category A.

Counselors: The North Carolina Board for Certified Counselors indicates in their rules (21 NCAC 53 .0603) that continuing education training provided by an Area Health Education Center shall be approved for no more than 15 contact hours for any given renewal period.

CEUs: MAHEC designates this live continuing education activity as meeting the criteria for **0.8 CEUs** as established by the National Task Force on the Continuing Education Unit.

Contact Hours: MAHEC designates this live continuing education activity as meeting the criteria for **7.5 contact hours**.

Provided By:



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OBJECTIVES

Upon completion of this summit, participants will be able to:

- Discuss the intersectional stigma associated with pregnant and parenting people and drug use and how this affects delivery of care
- Explore reproductive health as a human right and the reproductive harm reduction framework
- Increase understanding of dual diagnosis and treatment recommendations in pregnancy
- Describe interventions to manage nursing stigma, increase their knowledge of addiction, and improve their care for substance-exposed women and infants
- Recognize the provisions of the Dignity for Women Who are Incarcerated Act that are relevant to the healthcare setting

HAVE A QUESTION?



Special Services

828-771-3434

Program Planner

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Online Registration

www.mahec.net/cpd

FACULTY

Susan Bane, MD, PhD, is a 1987 graduate of Atlantic Christian College, now Barton College. Dr. Bane completed a PhD in Kinesiology and her medical degree from the University of Illinois. She practiced obstetrics and gynecology in Greenville, North Carolina for 9 years at Greenville Obstetrics and Gynecology. In addition to her medical practice, she served as a clinical professor at the Brody School of Medicine at East Carolina University. She was sidelined from delivering babies due to a shoulder injury and is now Director of the Barton College-Area L AHEC Partnership and Medical Director at Choices Women's Center in Wilson, North Carolina.

Carol Coulson, MD, FACOG, is a 20+ year veteran of MAHEC Maternal Fetal Medicine. She is the current division director and MFM fellowship director. She has been involved in the creation and support of Project CARA and has been the medical director for this summit since its inception. Her research interests are centered on cannabis exposure in pregnancy and provider/patient education on harm reduction.

Kimberly Harper, RN, MSN, MHA, is an experienced Maternal and Child Health registered nurse with over 18 years of experience. She is the Perinatal Neonatal Outreach Coordinator for the UNC Collaborative for Maternal and Infant Health. Her breadth of experience ranges from leadership and nursing roles in labor and delivery units, postpartum care, public health home visiting programs, clinical lactation consultant, and childbirth educator. Her areas of interest include maternal mortality, community engagement, interprofessional collaboration, postpartum care, and systems and organizational change. The combination of her experiences enables her to translate research into best practices. She currently supports state and federal contracts focused on improving maternal health outcomes.

Elisabeth Johnson, PhD, FNP-BC, CARN-AP, is a clinical assistant professor in the UNC Department of Obstetrics and Gynecology. She is also the Director of Health Services for UNC Horizons, a comprehensive substance use disorder treatment center for pregnant and parenting women and their children. As a nurse practitioner, she has over twenty years of clinical experience in women's health and pediatrics, including caring for women with substance use disorders. Her current clinical practice consists primarily of providing obstetric care to women with substance use disorders, many of whom are on opioid agonist therapy.

Tracy R. Nichols, PhD, is a Professor of Public Health Education at the University of North Carolina Greensboro. Her areas of expertise include sexual and reproductive health, substance use, health inequities, and the development and evaluation of health promotion programs. Her current research focuses on the provision of perinatal substance use services and narrative approaches to stigma reduction in health and social services. She applies an intersectional and social justice lens to her work, conducting community-engaged research that employs both arts-based and traditional methodologies.

Bayla Ostrach, PhD, MA, CIP, is an applied medical anthropologist conducting community-based research on Harm Reduction, substance use, substance use disorders treatment, and structural and policy factors in drug user health in Southern Appalachia. With twenty-three years of clinical experience in reproductive healthcare and nearly fifteen years of applied research experience studying publicly funded health systems and access to reproductive and public healthcare among marginalized populations, Dr. Ostrach is the Director of Fruit of Labor Action Research & Technical Assistance, LLC, as well as appointed faculty in Medical Anthropology and Family Medicine at Boston University School of Medicine. They previously served as the Social Science Research Director for Project CARA and are a Visiting Research-Scholar-in-Residence in the Dept. of Anthropology and Sociology at the University of North Carolina-Asheville.

Barbara Phelps, MS, RNC-MNN, is an Assistant Clinical Lecturer in the School of Nursing at Ball State University. Barbara teaches NUR 404 Community Health and NUR 406 Childbearing Families courses in the pre-licensure Baccalaureate Nursing Program, as well as the tier one College of Health Humanities course, Introduction to Health Consumerism. Barbara has 20 years of experience as a registered nurse in maternal child nursing and holds a Master of Science degree with a focus on education in nursing. Barbara is certified in maternal newborn nursing and has taught community courses for new and expecting parents. Her research interest includes health care experiences for women in vulnerable populations as well as nursing education and vulnerable populations within the community.

Mel Ramage, MSN, FNP-BC, CARN-AP, is a family nurse practitioner with focused training in high risk pregnancy. She is a certified diabetes educator specializing in women who have type one and type two diabetes during pregnancy. She is also a Certified Advanced Practice Addictions Nurse and is currently the Medical Director of MAHEC OB's Perinatal Substance Use Clinic/Project CARA.

Kalyn Renbarger, PhD, RN, is an Assistant Professor of Nursing and the Associate Director of Baccalaureate Programs at Ball State University in Muncie, Indiana. Dr. Renbarger has over 20 years of nursing experience working with women and children in a variety of clinical settings. She has been a nurse educator for 12 years at Ball State University. Her research aims to improve health outcomes for women and children and includes issues surrounding maternal mortality, infant mortality, maternal mental health, and maternal substance use disorders. Dr. Renbarger is experienced in qualitative research and metasynthesis and has used these methods to promote better health care experiences and outcomes for vulnerable women and children. Dr. Renbarger is an active member of the Muncie Maternal Mental Health Coalition.

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Tina Reynolds, MSW, spent the last 27 years working collectively with women who have been impacted by the criminal legal system, changing the perception of women impacted by the “War on Drugs.” Tina also works collectively to change laws and policy in New York State, most notably the Anti-Shackling Legislation, Condition of Confinement around HepC and HIV, and the Adoption Safe Family Act. Tina is now the Director of Equity and Inclusion at North Carolina Survivors Union and organizes in the Black Community, specifically with Black Pregnant and Parenting People Who Use Drugs (PPWUD), to educate, offer policy strategies, and change the perception of Harm Reduction to a Positive Harm Reduction Drug Culture in the Black Community.

Maridee Shogren, DNP, CNM, CLC, is a Clinical Professor and the Interim Dean in the College of Nursing and Professional Disciplines at the University of North Dakota. She is also a Certified Nurse-Midwife and Certified Lactation Counselor. Dr. Shogren has practiced as a nurse-midwife in a variety of settings including private practice, rural health clinics, family planning and federally qualified health centers where she shares her passion for women’s health with her colleagues and her patients. Dr. Shogren has been involved in SAMHSA funded grant work at UND since 2014 where she spent three years on an interprofessional SBIRT training grant and is currently working with the Region 8: Mountain Plains Addiction Technology Transfer Center and the Mountain Plains Mental Health Technology Transfer Center grant teams as a technical trainer sharing her expertise about women’s health and substance use disorders. Dr. Shogren is also the PI on the Foundation for Opioid Response Efforts funded grant project, Don’t Quit the Quit, which is focused on empowering people who are pregnant, postpartum, and breastfeeding with opioid use disorder to maintain their recovery. Through Don’t Quit the Quit, Dr. Shogren collaborates with North Dakota colleagues to increase access to treatment for opioid use disorders, increase community education and awareness about substance use, and increase postpartum doula support for families impacted by substance use disorder. In a unique partnership with Don’t Quit the Quit, ND WIC has received advanced training about perinatal substance use and the use of SBIRT in WIC agencies. Don’t Quit the Quit is leading the effort to decrease the stigma surrounding people with substance use disorders.

Casey Tak, PhD, MPH, is an assistant professor in the Department of Pharmacotherapy at the University of Utah College of Pharmacy. His research is primarily focused on women’s health, examining pharmaceutical and health services use in pregnancy/postpartum, and access to contraception. He is also interested in the integration of pharmacists in clinical teams and the resulting patient and economic outcomes. His current work is focused on substance use disorder in perinatal populations. Recent projects include examining postpartum healthcare utilization among women diagnosed with opioid use disorder (OUD), assessing the role of advanced practice practitioners in treating perinatal OUD, and determining the role that residency training has on buprenorphine prescribing practices.

Mishka Terplan, MD, MPH, is board certified in both obstetrics and gynecology and in addiction medicine. His primary clinical, research, public health, and advocacy interests lie along the intersections of reproductive and behavioral health. He is Medical Director at Friends Research Institute and adjunct faculty at the University of California, San Francisco where he is a Substance Use Warmline clinician for the National Clinician Consultation Center. Dr. Terplan has active grant funding and has published over 130 peer-reviewed articles with emphasis on health inequities, discrimination, and access to treatment. He has spoken at local high schools and before the United States Congress and has participated in expert panels at the CDC, SAMHSA, ONDCP, OWH, FDA, and NIH primarily on issues related to gender, reproduction, and addiction.

Megan Williams, MSW, MSPH, is a Research Associate at the Collaborative for Maternal and Infant Health at UNC Chapel Hill where she provides training and technical assistance on a variety of maternal and child health topics. In addition to her academic experience, Megan has served in public health roles at both the state and county level. Recently-awarded funding has enabled a focus on program development to better address the needs of the growing population of incarcerated pregnant and parenting people in North Carolina, including dissemination of information on the newly-passed Dignity for Women Who are Incarcerated Act.

REGISTRATION

Event fees include administrative costs and educational materials. If your registration is received after the early registration deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations that are received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Unless otherwise noted in course materials, the following cancellation policy applies to all programs:

- Cancellations must be in writing (via fax, email, or mail)
- Cancellations received more than 2 weeks prior to the event will receive 100% refund
- Cancellations received between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee
- No refunds or credits will be given for cancellations received less than two full business days prior to the event
- No vouchers will be issued in lieu of a refund
- Transfers/substitute(s) are welcome (please notify us in advance of the program)

PERINATAL SUBSTANCE EXPOSURE SUMMIT

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MAHEC engages in evaluation activities to better understand the impact of our programs. By registering for this course, you agree that we may use your personal information in evaluative research regarding this program. Any reports published will be de-identified and reported in aggregate format.

By registering for this workshop, you are granting permission for your contact information to be shared with the OAK Foundation, supporters of this continuing education activity.

REGISTRATION FORM

Updated contact information Event #68533

Name _____

Credentials _____

PIN # _____ (4 digits of your choosing that you will use each time you register)

Occupation _____

Email Address _____

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

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Program Fee

\$35.00 \$50.00 if paying after 10/21/2022

Five or more from same agency (registering & paying at same time), Students, and Peer Support Specialists

\$25.00 \$40.00 if paying after 10/21/2022

MAHEC Employees

Free

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PLEASE SELECT ONLY ONE BREAKOUT SESSION PER TIME SLOT:

Friday, October 28, 2022 from 9:15 am–10:15 am
(Breakout sessions 1A and 1B are repeated on day two)

- 1A: Substance Use Disorder Treatment in the Time of COVID: Trends, Challenges, and Opportunities
- 1B: Purpose, Passion, and Perinatology: Strategies to Move from Fatigue to Fulfillment

Friday, October 28, 2022 from 10:30 am–11:30 am
(Breakout session 1C is repeated on day two — breakout session 1D is not repeated on day two)

- 1C: Factors in Access to Perinatal Substance Use Disorder Treatment in Western North Carolina
- 1D: Providing Care to Incarcerated Pregnant People: What the Dignity Act Means for You and Your Patients

Friday, November 4, 2022 from 9:15 am–10:15 am
(Breakout sessions 2A and 2B are repeated from day one)

- 2A: Substance Use Disorder Treatment in the Time of COVID: Trends, Challenges, and Opportunities
- 2B: Purpose, Passion, and Perinatology: Strategies to Move from Fatigue to Fulfillment

Friday, November 4, 2022 from 10:30 am–11:30 am
(Breakout session 2C is repeated from day one — breakout session 2D is not repeated from day one)

- 2C: Factors in Access to Perinatal Substance Use Disorder Treatment in Western North Carolina
- 2D: Chicken or Egg? Treatment at the Intersection of Mental Health and Substance Use Disorders

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed Credit card information below

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Name on Card _____

Signature _____

Send completed registration to: MAHEC Registration
121 Hendersonville Road, Asheville, NC 28803

Fax completed registration to: 828-257-4768