

Adverse Childhood Experiences SOUTHEASTERN SUMMIT 2015:

Building Resilient, Interdisciplinary Workforces, Communities & Families

Thursday-Saturday

September 24-26, 2015 | ASHEVILLE, NC

DESCRIPTION

Based on decades of neuroscience research on brain development, adversity, toxic stress and resilience, we now understand that a child exposed to abuse, neglect or household dysfunction can develop behavioral and physical health problems later in life. The impact of Adverse Childhood Experiences (ACEs) can last a lifetime, but it doesn't have to. We can now use evolving knowledge to build healthy, resilient communities.

The Mountain Area Health Education Center (MAHEC) of Asheville, North Carolina, in partnership with key stakeholders is providing an educational summit focused on addressing ACEs within the southeastern U.S.

The highlight of the conference will be keynote presenter Dr. Robert Anda, co-investigator of the landmark CDC study, who will discuss ACEs and how they are being studied and applied to healthcare, juvenile justice, mental health and education.



Presenters will share strategies and tools that address ACEs in four key areas: Health, Education, Law, and Behavioral Health. Local, regional, and national speakers will focus on evidence based practices that prevent intergenerational transmission of ACEs. Multiple breakout sessions will encourage and promote interprofessional networking. Attendees will return home with tools and ideas for addressing ACEs and building resilience within their own communities and practices.

AUDIENCE

- **HEALTH** (physicians, nurses, public health, interested healthcare workers, social services, health and human services, health educators, veterans' services)
- **EDUCATION** (early child care educators, pre-k educators, k-12 educators, college educators, administration, school staff, guidance counselors, school social workers and school psychologists)
- **LAW** (juvenile justice, law enforcement, guardian ad litem, court system, child protection team, school resource officers, detention facility staff, district attorneys, magistrates)
- **MENTAL HEALTH** (behavioral health counselors, psychiatrists, psychologists, social workers, group home staff, marriage/family counselors, pastoral counselors, substance abuse counselors, Intellectual and Developmental Disabilities providers and others who provide direct care)

AGENDA AT-A-GLANCE

Thursday, September 24

Film Screening and panel discussion
Paper Tigers

Fine Arts Theatre - Downtown Asheville,
5:30 - 8:00PM

Friday, September 25

Conference Day One

Renaissance Hotel - Downtown Asheville

7:00AM Registration

8:15AM Program

5:00PM Adjourn

See program website for full agenda and descriptions
<http://mahec.net/aces2015>

Saturday, September 26

Conference Day Two

Renaissance Hotel - Downtown Asheville

7:00AM Registration

8:00AM Program

3:30PM Adjourn

See program website for full agenda and descriptions
<http://mahec.net/aces2015>

OBJECTIVES

Upon completion of this program, the participants should be able to:

- Integrate knowledge and experience of interprofessional individuals and groups, via small group discussions, to generate at least one collaborative ACE practice that links health, education, law and mental health settings within the Southeast region
- Engage diverse professionals in group discussions that will identify at least two interventions, sources of resiliency or protective processes that have improved the lives of individuals who have experienced ACEs
- Recognize that to ultimately impact ACEs within the Southeast region, two or more interprofessional groups need to reach beyond their traditional siloed boundaries and borders and work together collaboratively
- Analyze two National findings from the ACE study that have created new ways of interprofessional thinking, structuring of services, and the empowerment of families and their communities



AGENDA

See session descriptions, speakers and objectives at
mahec.net/aces2015

Day One: Friday, September 25th

- 7:00 AM Registration/Check-in with Breakfast (provided)
- 8:15 AM Opening/Welcome/Summit Overview
- 8:30 AM **Keynote Address: The Progressive Nature of Adverse Childhood Experiences: Building Self-Healing Communities**
Robert Anda, MD, MS
- 10:00 AM Break
- 10:15 AM **The Community Resiliency Model: A Public Health Model for Promoting Health and Healing**
MaryLynn Barrett, LCSW, MPH
- 11:15 AM **Promoting Positive Health by Addressing Adverse Childhood Experiences: Advancing Awareness, Research, and a New Research Agenda**
Christina Bethell, PhD, MBA, MPH
- 12:15 PM Lunch (provided)
- 1:15 PM **Break Out Session #1**
1A. Proactive Programming: Practical Lessons from the Mecklenburg County Sheriff's Office and How to Work with Youth in Detention Facilities
1B. Kidpower Skills: Tools for Overcoming Obstacles to Reduce ACEs
1C. What Do I Do If I'm Feeling Blue? Supporting Teachers' Mental Health
- 2:00 PM Break
- 2:15 PM **Break Out Session #2**
2B. Going Upstream to Stop the Intergenerational Transmission of Adversity: Florida's Baby Court Initiative
2C. Fostering Health NC: A Collaborative Approach to Increasing Resilience for Youth in Foster Care
2D. Trauma Past & Present: Its Impact on Your Work and Ability to Sustain Effective Practice and Maintain Resilience
- 3:00 PM Break
- 3:15 PM **Break Out Session #3**
3A. Empowering Families to Use Adverse Childhood Experiences: Research to Build Resilience
3B. Child Parent Psychotherapy in a Domestic Violence Intervention Program: Opportunities and Lessons to Consider
3C. Investing in the First 2,000 Days
3D. Celebrating Families!™ - An Innovative Program to Impact Adverse Childhood Experiences and Facilitate Whole-family Recovery and Resiliency
- 4:00 PM Break
- 4:15 PM **Break Out Session #4**
~~4A. Triple P - Positive Parenting Program: An Evidence-based, Public Health Approach to Parenting Education That Improves Family Relationships and Communication (Building Resilience) and Reduces Violence in the Home (Preventing ACEs)~~
4B. All Children Excel (ACE) Nashville: A Collective Impact Approach to Addressing Adversity and Resilience in Children and Families
4C. Intergenerational Impacts of Adverse Childhood Experiences (ACEs)
4D. Childhood Sexual Abuse and Adult Behavioral and Health Outcomes: A Comparison of Prison Populations in Two States
- 5:00 PM Adjourn

Day Two: Saturday, September 26th

- 7:00 AM Registration/Check-in with Breakfast (provided)
- 8:00 AM **Break Out Session #5**
5A. Developing Resilience: What Matters to Males with Histories of Child Sexual Abuse
5B. Childhood Betrayal Among Women Trauma Survivors in Treatment for Addiction
5C. The Interrelatedness of Adverse Childhood Experiences: Confirmation of Original Findings and Implications for Further Research
5D. Becoming Trauma-Sensitive: Pasco County Schools Approach as Informed by ACEs
- 8:45 AM Break
- 9:00 AM **Break Out Session #6**
6A. Building Resilient Children by Creating Compassionate Schools
6B. Healthcare/ACEs
6C. Innovative Approaches to Building Community Momentum Around ACEs and Resilience
6D. Brain Power for Healing ACEs
- 9:45 AM Break
- 10:00 AM **Break Out Session #7**
7A. Trauma Screening in North Carolina Child Welfare System
7B. Human Trafficking: The Cost to Our Children
7C. When the Perpetrator is a Victim: Reconceptualizing Juvenile Delinquents Based on Their History of Adverse Experiences
7D. Resilience and Emotion Regulation Training for at-Risk Homeless Youth in Atlanta
- 10:45 AM Break
- 11:00 AM **Whole Education for Whole Children - The Compassionate School Idea**
Ron Hertel
- 12:00 PM Lunch (provided)
- 1:00 PM **Peace4Gainesville: A Trauma Responsive Community Initiative**
Teresa Drake, JD; Nancy Hardt, MD
- 2:00 PM **Moderated Panel Discussion: We Have All This Information - Where Do We Go From Here?**
Moderator: Gibbie Harris, MSPH, BSN
- 3:30 PM Adjourn

CREDIT

Continuing Medical Education (CME) Credit:

Accreditation

The Mountain Area Health Education Center (MAHEC) is accredited by the North Carolina Medical Society to provide continuing medical education (CME) for physicians.

Credit

MAHEC designates this live activity for a maximum of 12.5 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure

The Mountain Area Health Education Center adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the activity.

CNE:

The Mountain Area Health Education Center's Department of Nursing Education is an Approved Provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Up to 6.75 CNE contact hours on Friday
Up to 5.75 contact hours on Saturday.

Participants must attend entire day to receive credit for that day. No partial credit is given for this activity. MAHEC adheres to the ANCC/ACCME Standards regarding industry support to continuing nursing education. Disclosure of presenters, planners, and commercial support relationships, if any, will be made known at the time of the activity. Total credit earned will be determined based on the concurrents you attend.

Continuing Education Units (CEU):

This live activity will offer a maximum of 1.3 CEUs.
(0.7 CEUs on Friday and 0.6 CEUs on Saturday)

CLE:

Application has been made and approval is pending from the North Carolina State Bar.

NAADAC:

MAHEC is a Provider approved by NAADAC Approved Education Provider Program. Provider #647. Full attendance is required to receive credit from NAADAC.
12.5 hours for both days. 6.75 hours for Day One; 5.75 hours for Day Two.

NBCC:

Mountain Area Health Education Center (MAHEC) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5514. Programs that do not qualify for NBCC credit are clearly identified. MAHEC is solely responsible for all aspects of the programs.
12.5 hours for both days. 6.75 hours for Day One; 5.75 hours for Day Two.



Psychologists:

MAHEC is recognized by the North Carolina Psychology Board as an approved provider of Category A Continuing Education for North Carolina Licensed Psychologists. Full attendance at each part is required to receive credit from the NC Psychology Board.
12.5 hours for both days. 6.75 hours for Day One; 5.75 hours for Day Two.

CHES:

Application has been made to the National Commission for Health Education Credentialing, Inc.

PLANNING COMMITTEE

Adrienne Coopey, DO **Medical Course Director**
Pediatric Psychiatrist
Mission Children's Hospital - Copestone Child and Adolescent Units
Asheville, NC

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Asheville, NC

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MAHEC Family Practice Residency Program

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Assistant Director, Area L AHEC – Human and Public Relations
Director – Public Health/Dental/Medical Education
Rocky Mount, NC

Valerie Williams, BA
Customer Service/Registration Coordinator
Mountain Area Health Education Center (MAHEC)
Asheville, NC

The conference includes a Thursday evening screening of the new film *Paper Tigers* by documentary filmmaker James Redford.

papertigersmovie.com

PAPER TIGERS

A documentary film coming in 2015



Paper Tigers captures the pain, the danger, the beauty, and the hopes of struggling teens—and the teachers armed with new science and fresh approaches that are changing their lives for the better.

REGISTRATION

Early Registration deadline: September 18, 2015

Registration fees:

- \$199 per person for both days (includes film screening)
- \$125 per person for Day One only (Friday)
- \$125 per person for Day Two only (Saturday)
- \$15 per person for film screening and panel discussion

After the early registration deadline, the total cost will be the registration fee + \$15.00.

Registration fee includes light breakfast and lunch both days.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund or full credit toward a future MAHEC program unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. Substitutes are welcome but please notify us in advance of the program. All cancellations must be made in writing (fax, mail, or email).

Full payment must accompany all registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Directions will be included with your confirmation letter.

Want to register?

Online Registration: www.mahec.net

Or use the registration form at right and return by fax or mail:

Fax Registration: 828-257-4768

Mail: MAHEC Registration
121 Hendersonville Rd., Asheville, NC 28803

Have a question?

Registration Information: 828-257-4475

Special Services: 828-257-4481



CONFERENCE VENUE

RENAISSANCE ASHEVILLE HOTEL ASHEVILLE, NC



Renaissance Hotel

31 Woodfin Street, Asheville, NC 28801
(828) 252-8211

The Adverse Childhood Experiences Summit will be held at the Grand Renaissance Hotel Asheville, one of Asheville's premier hotels. Conveniently located in the heart of Downtown Asheville, within walking distance to many local attractions and exciting events. Check in during the conference with our Hospitality Table and we'll be happy to make recommendations. Parking on site is complimentary. We do ask that, if possible, to please carpool.

A special rate has not been negotiated for this conference but feel free to contact the hotel directly at the number above and ask for the "MAHEC Rate" if available.

OVERNIGHT ACCOMMODATIONS

DoubleTree Hotel

115 Hendersonville Road Asheville, NC 28803
828-274-1800

A special rate has been negotiated for patrons of the ACEs Summit (\$119.00 per night plus tax) . Reserve your overnight accommodations online or by calling 828-274-1800. Be sure to ask for the "Adverse Childhood Experiences Summit". Room rates are based on double occupancy.

If you have additional questions or concerns regarding your room reservation, please contact Karen Lambert at 828.257.4481 or karen.lambert@mahec.net

This hotel is located just one block from the entrance of the historic Biltmore Estate and adjacent to the MAHEC Campus. The hotel is pet friendly (additional fee may apply), has complimentary wifi and offers complimentary parking.

The hotel is within walking distance of the Biltmore Estate and historic Biltmore Village offering quaint shopping, an assortment of dining opportunities and stunning architecture.

[Click here for online reservations for the MAHEC room block.](#)

Book by September 2nd to reserve your room.

Aloft Hotel Asheville

51 Biltmore Avenue, Asheville, NC 28801
(828) 232-2838

A special rate has not been negotiated for this conference but feel free to contact the hotel directly at the number above and ask for the "MAHEC Rate" if available. This hotel is roughly 8 blocks from the Renaissance.

ACES SOUTHEASTERN SUMMIT

SEPTEMBER 25-26, 2015

Updated contact info

Name _____

Credentials _____

Social Security #XXX-XX-____ (last 4 digits required)

Occupation _____

E-mail Address _____

Home Address _____

City _____ State _____ Zip _____

Home County _____

Home # _____ Work # _____

Employer _____

Department _____

Employer's Address _____

City _____ State _____ Zip _____

Work County _____

Program announcements will be sent to your email unless you opt out from receiving emails from MAHEC. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

Vegetarian meal requested. Gluten-free fare requested.

EARLY REGISTRATION FEES thru Sept. 18, 2015:

\$199 per person for both days (includes film screening)
Attending the film screening? Yes No

\$125 per person for Day One only (Friday)

\$125 per person for Day Two only (Saturday)

\$15 per person for film screening and panel discussion

FEES after Sept. 18, 2015:

\$214 per person for both days (includes film screening)
Attending the film screening? Yes No

\$140 per person for Day One only (Friday)

\$140 per person for Day Two only (Saturday)

\$15 per person for film screening and panel discussion

PAYMENT

Check is enclosed Credit card info provided

Account # _____

Exp _____ / _____ Code on back of card _____

Name on Card _____

Signature _____

Send completed registration form to:

[MAHEC Registration](#)

121 Hendersonville Rd., Asheville, NC 28803

Fax to 828-257-4768

#16ID001/46830

BREAKOUT SESSION SELECTIONS

Day One: Friday, September 25th

Breakout Session #1 (Choose one)

- 1A. Proactive Programming: Practical Lessons from the Mecklenburg County Sheriff's Office and How to Work with Youth in Detention Facilities
- 1B. Kidpower Skills: Tools for Overcoming Obstacles, To Reduce ACEs
- 1C. What Do I Do If I'm Feeling Blue? Supporting Teachers' Mental Health

Breakout Session #2 (Choose one)

- 2B. Going Upstream to Stop the Intergenerational Transmission of Adversity: Florida's Baby Court Initiative
- 2C. Fostering Health NC: A Collaborative Approach to Increasing Resilience for Youth in Foster Care
- 2D. Trauma Past & Present: Its Impact on Your Work and Ability to Sustain Effective Practice and Maintain Resilience

Breakout Session #3 (Choose one)

- 3A. Empowering Families to Use Adverse Childhood Experiences: Research to Build Resilience
- 3B. Child Parent Psychotherapy in a Domestic Violence Intervention Program: Opportunities and Lessons to Consider
- 3C. Investing in the First 2,000 Days
- 3D. Celebrating Families!™ - An Innovative Program to Impact Adverse Childhood Experiences and Facilitate Whole-family Recovery

Breakout Session #4 (Choose one)

- 4A. Triple P - Positive Parenting Program: An Evidence-based, Public Health Approach to Parenting Education That Improves Family Relationships and Communication (Building Resilience) and Reduces Violence in the Home (Preventing ACEs)
- 4B. All Children Excel (ACE) Nashville: A Collective Impact Approach to Addressing Adversity and Resilience in Children and Families
- 4C. Intergenerational Impacts of Adverse Childhood Experiences (ACEs)
- 4D. Childhood Sexual Abuse and Adult Behavioral and Health Outcomes: A Comparison of Prison Populations in Two States

Day Two: Saturday, September 26th

Breakout Session #5 (Choose one)

- 5A. Developing Resilience: What Matters to Males with Histories of Child Sexual Abuse
- 5B. Childhood Betrayal Among Women Trauma Survivors in Treatment for Addiction
- 5C. The Interrelatedness of Adverse Childhood Experiences: Confirmation of Original Findings and Implications for Further Research
- 5D. Becoming Trauma-Sensitive: Pasco County Schools Approach as Informed by ACEs

Breakout Session #6 (Choose one)

- 6A. Building Resilient Children by Creating Compassionate Schools
- 6B. Healthcare/ACEs
- 6C. Innovative Approaches to Building Community Momentum Around ACEs and Resilience
- 6D. Brain Power for Healing ACEs

Breakout Session #7 (Choose one)

- 7A. Trauma Screening in North Carolina Child Welfare System
- 7B. Human Trafficking: The Cost to Our Children
- 7C. When the Perpetrator is a Victim: Reconceptualizing Juvenile Delinquents Based on Their History of Adverse Experiences
- 7D. Resilience and Emotion Regulation Training for At-risk Homeless Youth in Atlanta