

2023 Pain Conference: Updates & Alternatives for Chronic Pain Management

Join us in-person or via live webinar

Friday, May 19, 2023



Location	Join us in-person or via live webinar MAHEC Education Building 121 Hendersonville Rd Asheville NC 28803
Date	Friday, May 19, 2023
Check-in	8:00 am–8:30 am
Program	8:30 am–3:30 pm

REGISTER ONLINE

EARLY FEES AVAILABLE THROUGH 5/12/2023

\$150.00	General Registration Fee
\$75.00	MAHEC and WNC VAHCS staff
\$50.00	Students

DESCRIPTION

Join interprofessional colleagues to address team-based care of persons with chronic pain. Explore evidence-based alternatives like pain neuroscience education, motivational interviewing, and whole health coaching. Additionally, get up to date on medication-assisted treatment strategies for opioid use disorder (OUD) and safer approaches to opioid prescribing for chronic pain.

This program was designed to satisfy, in part, the North Carolina Medical Board's CME requirement for controlled substance prescribers. Per NCAC rules: As of July 1, 2017 all physicians (other than residents), physician assistants, nurse practitioners, podiatrists, and dentists who prescribe controlled substances must satisfy the controlled-substance prescribing CE requirements as set forth by their licensing boards; requirements vary by discipline and board.

JOINTLY PROVIDED BY



OBJECTIVES

Upon completion of this educational activity, participants will be able to:

- Incorporate pain neuroscience education into patient care
- Overcome barriers to successful telehealth patient care
- Utilize motivational interviewing and whole health coaching in patient care
- Manage micro-induction and management of buprenorphine
- Cite safe opioid prescribing practices

TARGET AUDIENCE

Physicians; Pharmacists; Advanced Practice Providers; Nurses; Occupational Therapists & Assistants; Physical Therapists & Assistants; Mental Health Providers including Psychologists, Addiction Counselors, and Social Workers; and others interested in this topic.

MAHEC assumes permission to use audio, video, and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.

FACULTY

Hillary Bolter, MSW, LCSW, LCAS, is the founder of and a MI consultant & trainer for the MI Center for Change in Asheville, NC. She has been a member of the Motivational Interviewing Network of Trainers (MINT) since 2011. She is a Licensed Clinical Social Worker & Addiction Therapist and absolutely delights in helping individuals, groups, and organizations learn the essential skills of Motivational Interviewing. She is also Certified in Brief Action Planning (BAP) as of September 2022.

Lea Brown, DMin, BCC, USAR Veteran, serves as the Whole Health Chaplain for the Western North Carolina VA Health Care System.

Jacqueline Burris, PTA, TPS, CHES, NBC-HWC, is a Whole Health Coach at the WNC VAHCS in Asheville, NC.

Eric Gibbs, PharmD, BCPS, CPP, is a CRVA-SUD Clinical Pharmacist Practitioner and Ambulatory Care CPP Supervisor at the WNC VAHCS in Asheville, NC.

Mark Hofmann, MD, is board-certified in Physical Medicine and Rehabilitation as well as in Pain Medicine and is a physician at the Veterans Integrative Pain Management clinic at the WNC VAHCS in Asheville, NC.

Victoria Mezera, RD, is a Registered Dietitian, Coordinator and Whole Health Coach for the Whole Health Program at the WNC VAHCS in Asheville, NC.

Benjamin R. Michalove, PharmD, CPP, is the Director of Postgraduate Year Two Palliative Care/Pain Management Pharmacy and the Facility Coordinator of Pain Management, Opioid Safety, and PDMP Facility Coordinator at the WNC VAHCS in Asheville, NC.

Kate Schopmeyer, DPT, is the Coordinator of the Pain Management, Opioid Safety & Prescription Drug Monitoring Program (PMOP), VISN 21 Sierra Pacific Network in California and a National PT Field Advisory Council Member.

Shuchin Shukla, MD, MPH, is a Faculty Physician and Opioid Educator for the MAHEC Department of Family Medicine, the Clinical Director of Health Integration for the MAHEC Department of Community and Public Health, an Assistant Professor in the Department of Family Medicine (UNC School of Medicine), and a Diplomate of the American Board of Preventative Medicine, Board-Certified in Addiction Medicine.

Mykal Stanley, Psy.D, is a clinical psychologist with the Whole Health Program at the Western North Carolina VA Health Care System.

CONFERENCE AGENDA

- 8:00–8:30** Registration Check-in & Exhibitors and Webinar Check-in
- 8:30–8:45** **Presentation of Colors — 14th Weather Squadron Special Ceremonies Team**
— Led by Jacob J. DeFee TSgt, USAF
- 8:45–9:00** **Announcements & Conference Overview**
— Rosalyn Wasserman, PT, DPT and Rajasekhar Kandala, MD
- 9:00–10:00** **KEYNOTE The Knowledge Pill: Contextual Factors in Pain**
— Kate Schopmeyer, DPT
- 10:00–10:15** Break & Exhibitors
- 10:15–10:45** **Successful Telehealth for Chronic Pain Management: Overcoming Barriers**
— Benjamin Michalove, PharmD, CPP
- 10:45–11:30** **Collaborating with Your Patients Utilizing Motivational Interviewing (MI)**
— Hillary Bolter, MSW, LCSW, LCAS
- 11:30–12:15** **Mock MI Demo**
— Hillary Bolter, MSW, LCSW, LCAS
- 12:15–1:00** Lunch (provided for those on-site at MAHEC) & Exhibitors
- 1:00–1:45** **Panel: Whole Health at the Charles George VA Medical Center**
— Moderator: Jacqueline Burris, PTA, TPS, CHES, NBC-HWC, Whole Health Coach at CGVAMC
— Panelists: Lea Brown, DMin, BCC, USAR Veteran; Victoria Mezera, RD; and Mykal Stanley, Psy.D
- 1:45–2:15** **Panel: Micro Induction & Management of Buprenorphine**
— Moderator: Eric Gibbs, PharmD, BCPS, CPP
— Panelists: Mark Hofmann, MD; Benjamin Michalove, PharmD, CPP; and Shuchin Shukla, MD, MPH
- 2:15–2:30** Break & Exhibitors
- 2:30–3:30** **Safe Opioid Prescribing Update**
— Shuchin Shukla, MD, MPH
- 3:30** Complete Attestation & Adjourn

DIRECTIONS

MAHEC Mary C. Nesbitt Biltmore Campus
121 Hendersonville Road, Asheville, NC 28803

From I-40 E: Take Exit 50 and turn left onto Hendersonville Road.

From I-40 W: Take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

From 19-23 (I-26):

Take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

REGISTRATION

Event fees include administrative costs and educational materials. If your registration is received after the early registration deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations that are received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Unless otherwise noted in course materials, the following cancellation policy applies to all programs:

- Cancellations must be in writing (via fax, email, or mail)
- Cancellations received more than 2 weeks prior to the event will receive 100% refund
- Cancellations received between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee
- No refunds or credits will be given for cancellations received less than two full business days prior to the event
- No vouchers will be issued in lieu of a refund
- Transfers/substitute(s) are welcome (please notify us in advance of the program)

CREDITS

Continuing Medical Education

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of the Mountain Area Health Education Center (MAHEC) and the Western North Carolina VA Healthcare System (WNC VAHCS). MAHEC is accredited by the NCMS to provide continuing medical education for physicians.

Credit Designation: MAHEC designates this live activity for a maximum of **5.5 AMA PRA Category 1 Credit(s)**[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

Physician Assistants: AAPA accepts certificate of participation for educational activities certified for AMA PRA Category 1 Credits[™] from organizations accredited by ACCME or a recognized state medical society. Physician Assistants may receive a maximum of **5.5 hours** of Category 1 credit for completing this program.

Nurse Practitioners: MAHEC designates this continuing education activity as meeting the criteria for **5.5 contact hours**.

Physical Therapy: MAHEC, as part of the NC AHEC system, is a NCBPTE-approved provider of continuing competence for activities directly related to physical therapy. NCBPTE **5.5 contact hours**.

Occupational Therapy: As of July 1, 2018, the NCBOT no longer accepts applications for pre-approval of CCAs. OT practitioners need to make sure they are completing activities that comply with Section .0800 of the NCBOT Rules. **5.5 CCAs**. Please select contact hours for your certificate.

Psychologists: MAHEC is recognized by the North Carolina Psychology Board as an approved Provider of Category A Continuing Education for North Carolina Licensed Psychologists. Approved for **5.5 hours** Category A.

Licensed Clinical Mental Health Counselors: This program will not provide NBCC credits. The National Board of Certified Counselors recognizes this course in accordance with the North Carolina Board of Licensed Clinical Mental Health Counselors rules (21 NCAC 53 .0603) that continuing education training provided by an Area Health Education Center shall be approved for no more than 15 contact hours for any given renewal period. **CHOOSE CONTACT HOURS**

CEUs: MAHEC designates this live continuing education activity as meeting the criteria for **0.6 CEUs** as established by the National Task Force on the Continuing Education Unit.

Contact Hours: MAHEC designates this live continuing education activity as meeting the criteria for **5.5 contact hours**.

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REGISTRATION FORM

Updated contact information Event #69239

Name _____

Credentials _____

Occupation _____

Email Address _____

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove me from the MAHEC mailing list

Home Address _____

City _____ State _____ ZIP _____

Home County _____

Home # _____ Work # _____

Employer _____

Department _____

Employer's Address _____

City _____ State _____ ZIP _____

Work County _____

I Will Attend In-person Via live webinar

Send completed registration to: MAHEC Registration
121 Hendersonville Road, Asheville, NC 28803

Fax completed registration to: 828-257-4768

General Registration Fee

\$150.00 \$165.00 if paying after 5/12/2023

MAHEC and WNC VAHCS staff

\$75.00 \$90.00 if paying after 5/12/2023

Students

\$50.00 \$65.00 if paying after 5/12/2023

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed Credit card information below

Visa MasterCard Discover Card AmEx

Account # _____

Expiration Month/Year _____ / _____

Verification Code _____ (3 or 4-digit number)

Name on Card _____

Signature _____

HAVE A QUESTION?



Special Services

828-257-4437

Program Planner

Rosalyn Wasserman, PT, DPT

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Online Registration

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