

Living with Parkinson's Disease

A Conference for Healthcare Providers, Patients & Caregivers

FRIDAY, APRIL 20, 2018



LOCATION MAHEC Mary C. Nesbitt Biltmore Campus
121 Hendersonville Rd, Asheville NC 28803

DATE Friday, April 20, 2018
REGISTRATION PROGRAM 8:00 am–8:30 am (breakfast provided)
8:30 am–4:30 pm (lunch provided)

Early registration fees through April 13, 2018.

PHYSICIANS & APPs \$125.00

**NURSES, OTs/OTAs, PTs/PTAs, SLPs
& OTHER HEALTHCARE PROVIDERS \$100.00**

MAHEC EMPLOYEES \$25.00

STUDENTS \$25.00 (must provide student ID at check-in)

**PERSONS W/ PARKINSON'S
& CAREGIVERS \$25.00** (single) or **\$40.00** (couple)

DESCRIPTION

Observe Parkinson's Awareness Month with interprofessional colleagues and learn the latest on medical management, evidence-based physical rehabilitation and exercise options, as well as palliative care and patient/caregiver perspectives.

Note: This educational activity is supported in part by funds from the Carolina Geriatric Workforce Enhancement Program.

AUDIENCE

Physicians; Advanced Practice Providers; Nurses; Occupational Therapists & Assistants; Physical Therapists & Assistants; Speech-language Pathologists; other interested healthcare providers; and persons with Parkinson's Disease & their caregivers/family members.

OBJECTIVES

Upon completion of this education activity, participants will be able to:

- Cite current medical, non-medical management of and surgical options for Parkinson's Disease
- Describe evidence-based physical rehabilitation interventions and exercise options
- Refer to palliative care when appropriate in the disease process
- Relate patient/caregiver experiences that can impact outcomes

MEDICAL COURSE DIRECTOR

Duff Rardin, MD, Mission Neurology, Asheville, NC

MAHEC assumes permission to use audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.

PROGRAM AGENDA

- 8:00–8:30** Registration, Light Breakfast (provided) & Exhibitors
- 8:30–9:30** Medical Management of Parkinson's Disease (PD)
— James M. Patton, MD
- 9:30–10:30** Deep Brain Stimulation (DBS)
— Richard A. Lytle, Jr, MD
- 10:30–11:00** Break & Exhibitors
- 11:00–12:00** Rehab BIG & LOUD: The LSVT Approach to PD
— Maggie Lance Grucci, MA, CCC-SLP
— Mary Martin, PT, DPT
- 12:00–1:00** Lunch (provided) & Exhibitors
- 1:00–1:30** **Concurrent Sessions**
Effective PD Exercise Options: Dancing & Boxing
- A.** Dancing — Connie Schrader, MA
B. Boxing — Sean Simonds, PT, DPT, OC
- 1:30–2:00** **Concurrent Sessions** (repeated)
Effective PD Exercise Options: Dancing & Boxing
- C.** Dancing — Connie Schrader, MA
D. Boxing — Sean Simonds, PT, DPT, OC
- 2:00–2:15** Break & Exhibitors
- 2:15–3:15** Management of Non-Motor Symptoms in PD
— Roy W. King, DO
- 3:15–3:45** Palliative Care for PD
— Jon Felsing, MSW
- 3:45–4:30** PD Expert Panel
— Duff A. Rardin, MD (moderator)
- 4:30** Adjourn

This educational conference is jointly provided by:



This project is supported by funds from the Bureau of Health Professions (BHP), Health Resources and Services Administration (HRSA), Department of Health and Human Services (DHHS) under grant number #U1QHP28734-01-00, Carolina Geriatric

Workforce Enhancement Program. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by the BHP, HRSA, DHHS or the U.S. Government.

CREDITS

Continuing Medical Education

Accreditation: MAHEC is accredited by the NC Medical Society (NCMS) to provide continuing medical education for physicians.

Credit Designation: MAHEC designates this live activity for a maximum of **6.25 AMA PRA Category 1 Credit(s)**[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

NCBPTE: MAHEC, as part of the NCAHEC system, is a NCBPTE-approved provider of continuing competence for activities directly related to physical therapy. NCBPTE **6.0 Contact Hours**

Occupational Therapists/Assistants: May report lecture-based conference hours for continuing competence points to the NCBOT if they can document that the content is applicable to their practice of occupational therapy.

Speech Language Pathologists: MAHEC will issue Certificates of Completion only; the participant must self-track and record the certificate for ASHA Certification documentation.

CEUs: MAHEC designates this continuing education activity as meeting the criteria for **0.6 CEUs** as established by the National Task Force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.

Contact Hours: MAHEC designates this continuing education activity as meeting the criteria for **6.25 Contact Hours**. Full attendance is required to receive credit.

FACULTY

James M. Patton, MD, is a board certified neurologist with Asheville Neurology Specialists in Asheville, NC.

Richard A. Lytle, Jr, MD, is a neurosurgeon with Carolina Spine and Neurosurgery Center/Mission Health in Asheville, NC. Dr. Lytle is board-certified in by the American Board of Neurological Sciences and implants deep brain stimulators in appropriate patients with Parkinson's Disease.

Margaret "Maggie" Lance Grucci, MA, CCC-SLP, is a Speech Language Pathologist at CarePartners Outpatient Clinic in Asheville, NC. She has over 17 years of experience working with the adult neurogenic population and has been LSVT LOUD certified since 2009.

Mary Martin, PT, DPT, is a physical therapist who has worked at CarePartners Outpatient Therapy in Asheville, NC for seven years. She has been certified in LSVT BIG for three years.

Connie Schrader, MA, is an Expressive Arts facilitator and author of *A Sense of Dance*. Connie founded the Dance Program at UNC-Asheville in 1997 and directed it until her departure in 2015. Currently, she offers weekly Dance for Parkinson's Classes at the Charles George VA Medical Center in Asheville, NC.

Sean Simonds, PT, DPT, OCS, CSCS, CKTP, FMSC, ITPT, is a Board Certified Orthopedic Clinical Specialist and Doctor of Physical Therapy at Specialized Physical Therapy in Asheville, NC, where he offers "Knock Out Parkinson's", a boxing fitness program for persons with Parkinson's Disease.

Roy King, DO, is a neurologist with Mission Neurology located in Asheville, NC.

Jon Felsing, MSW, LCSW-A, is a Medical Social Worker with CarePartners Home Health/Mission Health in Asheville, NC.

Duff Rardin, MD, is a neurologist with Mission Neurology located in Asheville, NC.

PLANNING COMMITTEE

Dylan Babb, MFA, Former Community Outreach Manager, CarePartners Health Services/Mission Health, Asheville, NC

Calvin Gardner, RPSGT, RST, Director of Mission Neurology, Asheville, NC

Meghan K. Kelley, MHS, Manager, Mission Sleep Center/Mission Neurology, Asheville, NC

Roy King, DO, Neurologist, Mission Neurology, Asheville, NC

Barbara Massey, BSN, RN, Epilepsy and Movement Disorder Coordinator, Mission Neurology, Asheville, NC

Rosalyn Wasserman, PT, DPT, CE Planner, MAHEC, Asheville, NC

REGISTRATION

Early registration deadline: April 13, 2018

Registration fee is \$125.00 for Physicians & APPs; \$100.00 for Nurses, OTs/OTAs, PTs/PTAs, SLPs & other healthcare providers; \$25.00 for Students (must provide student ID at check-in); \$25.00 (single) or \$40.00 (couple) for Persons with Parkinson's & Caregivers; and \$25.00 for MAHEC Employees.

These fees include administrative costs, educational materials, light breakfast and lunch. If registration is received after the deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

[CLICK HERE TO REGISTER](#)

➔ [Click here to view currently available programs](#) ←

DIRECTIONS

MAHEC Mary C. Nesbitt Biltmore Campus
121 Hendersonville Road, Asheville, NC 28803

From I-40 E: Take Exit 50 and turn left onto Hendersonville Road.

From I-40 W: Take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

From 19-23 (I-26):

Take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.



Stay connected! Follow us on Facebook: @MAHECEd

Living with Parkinson's Disease

A Conference for Healthcare Providers, Patients & Caregivers

FRIDAY, APRIL 20, 2018

Updated contact information. #18ID016/54638

NAME _____

CREDENTIALS _____

SOCIAL SECURITY # XXX-XX- ____ ____ ____ (last 4 digits required)

OCCUPATION _____

EMAIL ADDRESS _____

HOME ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOME COUNTY _____

HOME # _____ WORK # _____

EMPLOYER _____

DEPARTMENT _____

EMPLOYER'S ADDRESS _____

CITY _____ STATE _____ ZIP _____

WORK COUNTY _____

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

MEAL PREFERENCE: Vegetarian Gluten-free Vegan

SELECT PROGRAM FEE

PHYSICIANS & APPs:

\$125.00 \$140.00 (after April 13, 2018)

NURSES, OTs/OTAs, PTs/PTAs, SLPs & OTHER HEALTHCARE PROVIDERS:

\$100.00 \$115.00 (after April 13, 2018)

MAHEC EMPLOYEES:

\$25.00 \$40.00 (after April 13, 2018)

STUDENTS: (must provide student ID at check-in)

\$25.00 \$40.00 (after April 13, 2018)

PERSONS W/ PARKINSON'S & CAREGIVERS:

\$25.00 (single) \$40.00 (single after April 13, 2018)

\$40.00 (couple) \$55.00 (couple after April 13, 2018)

Name of Person with PD _____

Name of Caregiver _____

Check is enclosed Credit card information provided

Visa MasterCard Discover Card American Express

ACCOUNT # _____

EXP ____ / ____ CODE ON BACK OF CARD _____ (3 digits)

NAME ON CARD _____

SIGNATURE _____

HAVE A QUESTION?

Contact the Program Planner

Rosalyn Wasserman, PT, DPT

rosalyn.wasserman@mahec.net or 828-257-4437



Special Services

828-257-4485

REGISTRATION INFORMATION: 828-257-4475

FAX REGISTRATION: 828-257-4768

ONLINE REGISTRATION: www.mahec.net

EMAIL: registration@mahec.net

MAIL: MAHEC Registration

121 Hendersonville Road, Asheville, NC 28803