

Southern EXposure:

REVEALING OUR HIDDEN BIASES ABOUT SEXUALITY

2018 Sexual Health Conference & SAR

SAR Workshop: April 4-5, 2018
Conference: April 6 & 7, 2018

PRE-CONFERENCE SAR WORKSHOP

SAR OF THE SOUTH: BREAKING BIASES

LOCATION MAHEC Mary C. Nesbitt Biltmore Campus
121 Hendersonville Rd, Asheville NC 28803

DATE **Wednesday, April 4, 2018**

REGISTRATION PROGRAM
4:00 pm–5:00 pm
5:00 pm–9:00 pm

DATE **Thursday, April 5, 2018**

REGISTRATION PROGRAM
8:00 am–8:30 am
8:30 am–5:30 pm

SEXUAL HEALTH CONFERENCE

SOUTHERN EXPOSURE: REVEALING OUR HIDDEN BIASES ABOUT SEXUALITY

LOCATION MAHEC Mary C. Nesbitt Biltmore Campus
121 Hendersonville Rd, Asheville NC 28803

DATE **Friday, April 6, 2018**

REGISTRATION PROGRAM
7:30 am–8:10 am
8:15 am–5:00 pm

DATE **Saturday, April 7, 2018**

REGISTRATION PROGRAM
7:15 am–7:55 am
8:00 am–4:30 pm

WORKSHOP & CONFERENCE PRICING

SAR & Conference (all four days): \$695.00

SAR Only (both days): \$495.00

(must attend both days in full to receive credit)

Conference Only (both days): \$275.00

Conference Only (single day): \$175.00

(credit hours differ each day; explained within)

NOTE: For more information about Student and MAHEC Employee rates, please contact program coordinator, Amanda Espinel, at 828-348-3623 or amanda.espinel@mahec.net.

SAR WORKSHOP: DESCRIPTION

Sex and the South? Breaking biases and the taboos around sex and sexuality, this unique SAR (Sexual Attitude Reassessment and Restructuring) experience has been designed to push through cultural, religious, and Bible-belted influences on our sexuality. This SAR will be led by two knowledgeable sexuality professionals, Aleece Fosnight and Todd Malloy.

A SAR is a highly provocative, experiential, cognitive and affective experience that is designed to push comfort levels, elicit feelings and confront attitudes, beliefs and values about sexuality. Presentations encompass media (including film, television, audio, and art) along with presentations, panels of speakers, and live demonstrations showing the potential range of human sexual expression today. Topics will be revealed at the training itself as the element of surprise and psychological state of non-expectation encompass the basis of this course. No nudity or touch is ever required of participants.

Small group process drives the understanding and impact of the elements of the presentation in this course. The SAR is not a clinical training in sex therapy/counseling/education. Rather it enables the participant to move emotionally, intellectually, spiritually and psychologically into a zone of greater knowing, acceptance, and tolerance of human sexuality in all of its possible dimensions.

To ensure the coursework meets AASECT Certification requirements for sexuality educators, counselors and therapists, indicate one or more core knowledge areas for which the event will provide applicable knowledge:

- A.** Ethics and ethical behavior
- B.** Socio-cultural factors (e.g. ethnicity, culture, religion, spirituality, socioeconomic status, family values) in relation to sexual values and behaviors
- C.** Issues related to sexual orientation and/or gender identity: heterosexuality, issues and themes impacting lesbian, gay, bisexual, pansexual, asexual people, gender identity and expression
- D.** Diversities in sexual expression and lifestyles, including but not limited to polyamory, swinging, BDSM, Tantra
- E.** Health/medical factors that may influence sexuality including, but not limited to illness, disability, drugs, mental health, conception, pregnancy, childbirth & pregnancy termination, contraception, fertility, HIV/AIDS, sexually transmitted infection, other infections, sexual trauma, injury, and safer sex practices
- F.** Cyber sexuality and social media
- G.** Pleasure enhancement skills
- H.** Professional communication and personal reflection skills

MAHEC assumes permission to use audio, video and still images from this program for promotional & educational purposes. Please speak with a staff member if you have any concerns.



SAR WORKSHOP: AUDIENCE

Physicians, physician assistants, advanced practice providers, nurses, sex therapists, sex educators, researchers, behavioral health providers, social workers, psychologists, counselors, therapists and any other interested healthcare providers.

SAR WORKSHOP: OBJECTIVES

Upon completion of this live, education workshop, participants will be able to:

- Discuss their values, attitudes and beliefs about a wide range of sexual expression and behaviors
- Describe aspects of human sexual behavior and/or sexual expression that represent areas for further professional exploration
- Distinguish between one's own values, attitudes and beliefs and those of others
- Effectively utilize the exposure to new or different aspects of human sexual expression in their clinical and/or sexuality educational work
- Define specific sexual behaviors or sexual expression that represent areas that would not be relevant for working with clients or students
- Describe elements of sexual expression or sexual behavior that are appealing for personal exploration
- Define specific sexual behaviors or sexual expression that are not within their comfort zone
- Discuss variants of sexual behaviors demonstrated among heterosexual, homosexual, bisexual performers in the media, and the impact it has on the participant's attitudes and values
- Evaluate and discuss the life experiences and presentations from a spectrum of trans persons, and the impact it has on the participant's attitudes and values
- Discuss factors within the area of sexuality and disability, and the impact it has on the participant's attitudes and values
- Define and discuss elements within the media showing adult/porn imagery and sexual behaviors (including sexual assault, rape, drug usage and polyamory), and the impact it has on the participant's attitudes and values
- Describe their responses to a wide range of BDSM/kink/fetish behaviors shown in the media, and the impact it has on the participant's attitudes and values
- Define and discuss elements within the media showing extreme body modification and fetish practices, and the impact it has on the participant's attitudes and values
- Recognize their responses to self-disclosure through an art activity, and the impact it has on the participant's attitudes and values about their own sexuality
- Define and discuss aspects of sexuality and spirituality, especially through a self-awareness activity, and the impact it has on the participant's attitudes and values

SAR WORKSHOP: FACULTY

Aleece Fosnight, MSPAS, PA-C, CSC, CSE, is a sexual medicine, urology and women's health physician assistant near Asheville, NC and is a nationally certified AASECT sexuality counselor and educator. Her interests include pelvic floor dysfunction, urinary incontinence, pelvic organ prolapse, pregnancy/postpartum concerns, pelvic pain, low libido, interstitial cystitis, menopause, female sexual health, low testosterone and erectile difficulties. She provides sexual health education, information and personalized counseling to patients of all ages. Learn more at www.aleecefosnight.com.

Todd Malloy, LMFT, CST, is a licensed therapist, AASECT Certified Sex Therapist, and AASECT Certified Sexuality Educator near Charlotte, NC. Todd uses an interactive and integrative therapy method to join couples, families and individuals to rebuild relationships, address sexual dysfunction issues, foster emotional trust and tackle life challenging circumstances to lead clients to a life worth celebrating. Learn more at www.innerpeacecounselingcenter.com.

[CLICK HERE TO REGISTER](#)

SAR WORKSHOP: DAY 1 AGENDA

- 4:00–5:00** Registration and Check-In
- 5:00–5:15** Welcome
Housekeeping
Goals and Agenda Review
Personal Goals
- 5:15–7:00** Myths and Stereotypes Exercise
Self-Reflection and Memory Search
Criteria for Making Sexual Health Decisions
Small Group Assignments
- 7:00–7:15** Break
- 7:15–8:30** Group Discussions
Body Parts: Breasts and Genitals
Arousal and Function/Dysfunction
Human Sexual Behaviors: Self and Partnered Pleasure
- 8:30–9:00** Wrap-Up and Discussion
Final Thoughts
First Day Feedback

SAR WORKSHOP: DAY 2 AGENDA

- 8:00–8:30** Check-In and Breakfast (*provided*)
- 8:30–10:00** Feedback from Day 1
More Human Sexual Behaviors
Oral Stimulation
Anal Stimulation
Disability
Aging
- 10:00–10:15** Break
- 10:15–12:00** Small Group Discussion
Sexual Identity
BDSM and Kink
- 12:00–12:45** Lunch (*provided*)
- 12:45–2:30** Small Group Discussion
Cyber Sexuality, Social Media and Sexting
Sexual Fantasy
- 2:30–2:45** Break
- 2:45–4:30** Small Group Discussion
Fetish and Paraphilias
Religion, Spirituality and Tantra
Polygamy and Polyamory
Miscellaneous Topics
- 4:30–5:00** Wrap-Up and Discussion
Final Thoughts
Second Day Feedback
Evaluations

SAR WORKSHOP: CREDIT HOURS

AASECT: This program meets the CE requirements of the American Association of Sexuality Educators, Counselors and Therapists. These CE credits may be applied toward AASECT certification and renewal of certification.

CEUs: MAHEC designates this continuing education activity as meeting the criteria for **1.1 CEUs** as established by the National Task Force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.

Contact Hours: MAHEC designates this continuing education activity as meeting the criteria for **11.0 Contact Hours**. Full attendance is required to receive credit.



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CONFERENCE: DESCRIPTION

This sexual health conference—Southern EXposure: Revealing Our Hidden Biases About Sexuality—will tackle questions patients and clients have regarding their sexual health and sexual practices. Many providers are uncomfortable discussing sex and sexuality with their patients. This conference will reveal what patients and clients are experiencing and help us break down our own personal biases in order to better serve those in our care.

CONFERENCE: AUDIENCE

Physicians, physician assistants, advanced practice providers, nurses, sex therapists, sex educators, researchers, behavioral health providers, social workers, psychologists, counselors, therapists and any other interested healthcare providers.

CONFERENCE: OBJECTIVES

Upon completion of this live, education activity, the participant will be able to:

- Assess their own personal biases regarding human sexuality
- Recognize the topics the provider feels he/she/they are not comfortable discussing with their patients/clients
- Formulate a plan to overcome personal biases in order to provide unbiased help to their patients/clients
- Develop an expanded paradigm of sexuality
- Utilize various treatment modalities to assist patients and clients with sexual related health issues
- Identify outside resources and refer patients and clients to appropriate providers
- Define a sexual health team and its professional components

CONFERENCE: MEDICAL COURSE DIRECTOR

Gregory Carter, MD, Pisgah Urology, Brevard, NC.

CONFERENCE: FACULTY

Aleece Fosnight, MSPAS, PA-C, CSC, CSE, is a sexual medicine, urology and women's health physician assistant near Asheville, NC and is a nationally certified AASECT sexuality counselor and educator. Her interests include pelvic floor dysfunction, urinary incontinence, pelvic organ prolapse, pregnancy/postpartum concerns, pelvic pain, low libido, interstitial cystitis, menopause, female sexual health, low testosterone and erectile difficulties. She provides sexual health education, information and personalized counseling to patients of all ages. Learn more at www.aleecefosnight.com.

Jenny Shealy, MSW, LCSW, is a Licensed Clinical Social Worker with a psychotherapy practice in Asheville, NC. She provides sex therapy and trauma recovery through Eye Movement Desensitization and Reprocessing (EMDR) psychotherapy. Jenny specializes in working with transgender and non-binary individuals. She is currently in the Sex Therapy and Education Certification Program through the California Institute of Integral Studies.



Tristan Taormino, BA, is an award-winning sex educator, writer, speaker, filmmaker and consultant. She is the author of eight books on sexuality and relationships—including *Opening Up: A Guide to Creating and Sustaining Open Relationships* and *The Ultimate Guide to Kink*—and editor of 25 anthologies.

Tristan's body of work is used in college courses to explore the issues of relationships and sexual diversity, politics and media. She is a popular lecturer at colleges, universities, conferences and events around the world. She is widely regarded as an expert on a diverse range of topics, including sexual health and education, non-monogamy, sex-positive feminism, pornography, BDSM and LGBTQ issues. She regularly consults with media outlets, film studios, therapists and non-profit organizations in these areas. She is the founder of Sex Educator Boot Camp, a professional training program, and the host of Sex Out Loud, a weekly radio show on the VoiceAmerica Talk Radio Network. Learn more at www.tristantaormino.com.

Sara Rosenquist, PhD, ABPP, FACHP is a board-certified Clinical Health Psychologist and Sex Therapist who offers sex therapy, marital therapy, group therapy and marriage counseling to clients in Cary, Chapel Hill, and Raleigh, NC.



Todd Malloy, MA, LMFT, CST, CSE, is a licensed therapist, AASECT Certified Sex Therapist and AASECT Certified Sexuality Educator near Charlotte, NC. Todd uses an interactive and integrative therapy method with couples, families and individuals to rebuild relationships, address sexual dysfunction issues, foster emotional trust and tackle life challenging circumstances to lead clients to a life worth celebrating. Learn more at www.innerpeacecounselingcenter.com.

Melissa Keyes DiGioia, CSE, is an AASECT Certified Sexuality Educator. As Co-Founder and Director of Education at Finding Your Individuality, she facilitates professional development workshops and education sessions on varying sexuality and sexual health topics and specializes in program delivery for people with intellectual and developmental disabilities. Melissa is author of *Taking a Special Education Approach*, a guide for religious educators implementing Our Whole Lives Sexuality Education for Grades 7-9 (2nd Ed.) to adapt lessons and methodology for audiences with special needs. She is coauthor of *Game On! The Ultimate Sexuality Education Gaming Guide* and contributing author to *Unequal Partners: Teaching about Power and Consent in Adult-Teen and Other Relationships* (3rd Ed) and *Older Wiser Sexually Smarter, and Teaching Safer Sex* (Volumes 1 & 2). She has a graduate certificate in Human Sexuality from Montclair State University and received her Bachelor of Arts in Psychology and Women's and Gender Studies from The College of New Jersey. Melissa is the 2016 Co-Chair of the 2016 AASECT Annual Conference Putting the Pieces Together: Inclusivity in Practice.

Tori Cooper, BA, MPHc, most recently served as Trans Health Coordinator for a local HIV and advocacy agency where she headed the REAL T program. REAL T stands for Reaching Empowering and Advocating in the Lives of Transpeople. The cornerstone of the program was the REAL T Empowerment Group, which aimed to empower those living the "trans experience" to live more productive lives through education and advocacy. She holds a BA in Human Services and is currently pursuing her Masters of Public Health. Tori is a gifted speaker and educator. She has collaborated on several research and literary projects and has had several articles, blog contributions, poems and prose published in national periodicals and other media outlets. She has been a part of two doctoral research studies, including one on the link between HIV and faith. Her extensive résumé includes a number of awards and certifications, and she believes that education is the key to true empowerment. She is a cancer survivor and faithfully attends Tabernacle Baptist Church under the pastorate of Dr. Dennis A. Meredith. She is currently working on a number of projects intended to better the plight of the African American, transgender and HIV communities. She strongly believes that every opportunity is another chance to learn and to educate others.

Brodderick Roary is currently the Executive Director of the Western North Carolina AIDS Project. Brodderick obtained a Bachelor of Science in Marketing/Management from Coker College in Hartsville, SC, with a focus on Public Health initiatives. Brodderick has a passion for volunteering and has been mentor for the organization Different Roads Home for 5 years.

Jennifer Coffaro, PA-C, has been a PA in the Division of Adolescent Medicine, Department of Pediatrics at the University of Kentucky since 2011. She earned her MSPAS at the University of Kentucky in 2011. Her clinical interests include adolescent mental health, suicide prevention and teen sex education. She is the medical coordinator of a middle school-based clinic in Central Kentucky. She enjoys precepting future medical providers and speaking at local high schools. She is a member of the Society of PAs in Pediatrics (SPAP), the Kentucky Chapter of the AAP and the Kentucky Academy of Physician Assistants (KAPA). Jennifer lives in Northern Kentucky with her husband and daughter.

Vena Blanchard, DHS, began her academic studies in the field of child development, which initiated her lifelong interest in learning theory and the construction of excellent environments for learning. These studies led her to the field of psychology and eventually to the development of a counseling practice. Her clinical skills were developed through formal education, interactions with clients and years of clinical supervision. She has had the great privilege of studying with dozens of highly skilled therapists and many of the world's best known sex therapists. She completed her Doctorate in Human Sexuality at the Institute for the Advance Study of Human Sexuality in 2006. Vena is a professional member of AASECT and the Society for the Scientific Study of Sexuality (SSSS). She is certified in both Sex Education and Clinical Sexology, and has been repeatedly elected to office in all of her professional organizations. She is currently on the Board of Directors of SSSS and President of the International Professional Surrogates Association. She enjoys teaching undergrads and graduate students about human sexuality and sex therapy at institutes for higher learning throughout Southern California. She also conducts many educational seminars, workshops and symposia for professional colleagues. Vena has been interviewed, consulted and filmed dozens of times in conjunction with news, magazine, television and online programs, as well as in documentary and feature films. Most recently with ABC News, Newsweek's The Daily Beast, and as consult for the feature film *She Comes Slowly*.



Debora D Meitz, MD, is an Advanced Certified Tantra Educator who has practiced women's health and alternative medicine as a Family Physician. She has also studied meditation, Taoist Feminine Treasures, spirituality, sacred sexuality and tantra for many years with teachers from around the world. Debora earned her medical degree at the University of Miami School of Medicine. After practicing medicine in Key West, she relocated to the Blue Ridge Mountains and currently lives in Asheville, NC.



Alyse Kelly-Jones, MD, is a board-certified OB/GYN practicing in Charlotte, NC. She has been interested in female sexuality since beginning her residency at the University of Florida Shands Jacksonville in 1995. She is passionate about women's sexual health, as it is an important part of ensuring a woman's overall healthy attitude towards her life. An avid triathlete and crossfit enthusiast, Alyse founded a volunteer program that recruits and trains women to participate in their first triathlon. Tri It For Life is an extension of her philosophy that physical exercise is an important way of helping women look out for their own health by taking the time to make their own lives better. "A healthy sex life is only one part of the overall guide that women need to follow to live their best life," she says. "So often, women become focused on everyone else in their lives that they lose sight of the importance of taking care of themselves. Exercise and pleasure are two of the best ways I know for women (and men for that matter) to reconnect with themselves, their loved ones and their dreams." In addition to serving on the ISSWSH Board of Directors, Alyse is a nationally sought-after speaker. She testified before an FDA committee on the medical benefits of Addyi, and is a well-known speaker and personality in North Carolina. In addition to appearing as a regular on-air consultant to several local morning news shows, Alyse established a long-running discussion forum called Sex & Sensibility for Charlotte women, men and those who have yet to decide, regarding sexuality and wellness.



Tanya Bass, MS, MEd, CHES®, is the founder of the North Carolina Sexual Health Conference (NCSEXCON). NCSEXCON is the state's only conference that provides opportunities for agencies and individuals to share information, strategies and best practices around sexual health across the lifespan. With over 25 years of experience, she is a subject matter expert in the field of health education, minority health, pregnancy preventions, HIV/STDs, reproductive health and sexual health. Tanya is a member of the Women of Color Sexual Health Network (WoCSHN); the Association of Black Sexologist and Clinicians (ABSC); the American Association

of Sexuality Educators, Counselors, and Therapists (AASECT); and North Carolina Society for Public Health Education (NCSOPHE). She is a Certified Health Education Specialist (CHES) and enjoys planning as well as attending professional development opportunities. Tanya is committed to increasing health equity and is pursuing her PhD at Widener University in Human Sexuality Studies.



David J. Ley, PhD, is an internationally recognized speaker, writer and clinician. He is a licensed clinical psychologist and a board-certified sex therapist. He has published multiple research papers on sexuality-related issues, as well as three general audience books on sexuality, most recently, *Ethical Porn for Dicks: A Man's Guide to Responsible Viewing Pleasure*. He lives and works in Albuquerque, NM.

Heather Edwards, PT, is a pelvic Physical Therapist at Haywood Regional Medical Center. She received her BS in Biology at the University of Illinois Urbana-Champaign in 2001 and her Masters in Physical Therapy from Western Carolina University in 2003. She has completed the American Physical Therapy Association Section on Women's Health series of Pelvic Floor 1, 2 and 3. She currently attends the University of Michigan's Sexuality Counseling and Education program. She has worked at Haywood Regional Medical Center since 2003. She hosts a monthly, inclusive, sexual health discussion forum in Asheville. As a pelvic PT, she is passionate about working with people of all genders with sexual dysfunction, pelvic pain, urinary and fecal incontinence, pelvic organ prolapse, constipation, back pain and hip pain. She is currently leading a research team to assess transgender pelvic health needs and offers a LGBTQIA affirming environment. She's a self-proclaimed "pelvic nerd" and thoroughly enjoys following the latest research in pelvic and sexual health. In her spare time, she enjoys hiking, reading, creating artwork and dance parties in the kitchen with her two little boys.

Kristen Marie Murphy, PT, DPT, received her BS in Psychology with a concentration in Behavioral Neuroscience, as well as her Doctor of Physical Therapy degree, from East Tennessee State University. She is currently working on a certification in women's health and pelvic health. Kristen brings to Perfect Balance Physical Therapy her extensive internship time in outpatient physical therapy, a 15-week internship in a Pelvic Health specialty clinic and experience working as a PT aide prior to PT school. In college, she worked in a PT clinic for three consecutive summers and loved seeing patients improve. She found it very fulfilling even though she was only a technician at the time. Kristen became a physical therapist because she felt she had a calling to do something that would allow her to have an impact on people, but also get to know them. When she is not working, she enjoys being active and experiencing the outdoors. She likes to read, dance, sing, eat (she is a bit of a foodie), bake, travel, craft and learn new things. Recently, she got into photography with her new DSLR.

Jamie Brazell, MEd, LMFT, CST, is licensed in North Carolina as a Marriage and Family Therapist (LMFT 1681) and is a Certified AASECT Sex Therapist. She attended West Gate Family Therapy Institute for her clinical practicum training, and holds two master's degrees—one in Marriage and Family Therapy from Converse College, and the other in Human Sexuality from Widener University. Her undergraduate education at Temple University focused on Women's Studies.

Roger Tolle is a Practitioner and Instructor of the Trager® Approach to Movement Education and Mind Body Integration. Besides teaching for Trager International in English and German, he also consults with massage schools and individual bodyworkers on movement issues in the bodywork practice, gives presentations on bodywork and somatic movement education at various conferences, and does private and group training integrating body, mind, sex and spirit. Roger holds a BA in Theater/Movement and spent 15 years as a professional modern dancer and choreographer in Boston and New York City. The fluidity, playfulness and elegance from his dance career are evident in the way he embodies Trager principles. He began his Trager practice in 1984 in New York City and now lives in Charlottesville, VA, where he maintains a private practice when not on the road teaching.

CONFERENCE: CREDIT AVAILABILITY

Please use the annotations below to determine credit availability for specific sessions offered during the conference.

- * Mental Health Credit not available for this session
- ✕ CME Credit not available for this session

CONFERENCE: DAY 1 AGENDA

- 7:15–8:10** Registration and Continental Breakfast (*provided*)
- 8:10–8:15** Welcome and Introductions
- 8:15–9:00** Human Sexuality 101
— Aleece Fosnight, MSPAS, PA-C, CSC, CSE
— Jenny Shealy, LCSW
- 9:00–10:15** **Keynote:** Sex Positivity and Social Justice in Healthcare — Tristan Taormino, BA
- 10:15–10:30** Break and Exhibitors
- 10:30–11:30** **Breakout Session 1**
- 1A.** (Medical) Overcoming Provider Bias: Putting Aside Stereotypes Regarding Sexuality — TBD
- 1B.** (Therapy) Sex and Intimacy: It's All Relational — Todd Malloy, LMFT, CST
- 1C.** (Education) Relationship Agreements: Consent, Power and Ethics*[✕] — Tori Cooper, BS, MPHc
- 11:30–12:30** Lunch (*provided*)
- 12:30–2:00** **Panel Discussion:** Dynamic Gender and Sexuality
- 2:00–2:15** Break and Exhibitors
- 2:15–3:15** **Breakout Session 2**
- 2A.** (Medical) Adolescent Sexuality
— Jennifer Coffaro, PA-C
- 2B.** (Therapy) Navigating Erotic Transference and Countertransference
— Jenny Shealy, LCSW
- 2C.** (Education) It Takes a Village: Exploring the Intersection between Sexual Violence and Sexuality Related Needs for People with Intellectual and Developmental Disabilities — Melissa DiGioia, CSE
- 3:15–3:30** Break and Exhibitors
- 3:30–4:30** **Afternoon Plenary:** Fertility, Pregnancy, Postpartum
— Aleece Fosnight, MSPAS, PA-C, CSC, CSE
— Sarah Rosenquist, PhD
- 4:30–5:15** Conference Reflection, Mindfulness and Meditation*[✕]
— Debbie Meitz, MD (Tantric Practitioner)

CONFERENCE: DAY 2 AGENDA

- 7:15–7:55** Registration and Continental Breakfast (*provided*)
- 7:55–8:00** Welcome Back and Introductions
- 8:00–9:15** Advancing the Conversation about Women's Sexual Health: What We All Need to Know
— Alyse Kelly-Jones, MD
- 9:15–9:30** Break and Exhibitors
- 9:30–10:30** **Breakout Session 3**
- 3A.** (Medical) Pharmacosexuality*
— Aleece Fosnight, MSPAS, PA-C, CSC, CSE
- 3B.** (Therapy) Surrogate Partners in Sex Therapy[✕]
— Roger Tolle, IPSA-certified & Vena Blanchard, PhD
- 3C.** (Education) Muslims and Reproductive Justice: Empowering our Community Through Dismantling Stereotypes — Sadia Arshad, MPH

CONFERENCE: DAY 2 AGENDA (CONTINUED)

- 10:30–10:45** Break and Exhibitors
- 10:45–12:00** **Morning Plenary:** Integrating Porn and Love
— David Ley, PhD
- 12:00–1:00** Lunch (*provided*)
- 1:00–2:00** **Breakout Session 4**
- 4A.** (Medical) Pelvic Floor and Sexual Health*
— Heather Edwards, PT & Kristen Murphy, DPT
- 4B.** (Therapy) Consensual Non-monogamy: A Compassionate Approach[✕] — Jamie Brazell, LMFT
- 4C.** (Education) What If My Client is Kinky? Gaining Cultural Competency in BDSM[✕] — Tristan Taormino, BA
- 2:00–2:15** Break and Exhibitors
- 2:15–3:45** Beyond the Lyrics: Bias, Norms and Social Context
— Tanya Bass, MS, MEd, CHES

[CLICK HERE TO REGISTER](#)

CONFERENCE: CREDIT HOURS



NBCC: MAHEC has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5514. Programs that do not qualify for NBCC credit are clearly identified. MAHEC is solely responsible for all aspects of the programs. Full attendance is required to receive credit. Approved for **12.25 Hours (6.5 Day 1 and 5.75 Day 2)**.

AASECT: This program meets the CE requirements of the American Association of Sexuality Educators, Counselors and Therapists. These CE credits may be applied toward AASECT certification and renewal of certification.

Continuing Medical Education

Accreditation: MAHEC is accredited by the NC Medical Society (NCMS) to provide continuing medical education for physicians.

Credit Designation: MAHEC designates this live activity for a maximum of **12.25 AMA PRA Category 1 Credit(s)[™] (6.5 Day 1 and 5.75 Day 2)**. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

NCSAPPB (GSB): NC Substance Abuse Professional Practice Board Event Approval #18-177-G (General Skill Building) for **12.25 Hours (6.5 Day 1 & 5.75 Day 2)**. Full attendance is required to receive credit.

Psychologists: MAHEC is recognized by the North Carolina Psychology Board as an approved Provider of Category A Continuing Education for North Carolina Licensed Psychologists. Approved for **12.25 Hours Category A (6.5 Day 1 and 5.75 Day 2)**. Full attendance is required to receive credit.

CEUs: MAHEC designates this continuing education activity as meeting the criteria for **1.30 CEUs (0.7 Day 1 and 0.6 Day 2)** as established by the National Task Force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.

Contact Hours: MAHEC designates this continuing education activity as meeting the criteria for **13.0 Contact Hours (7.25 Day 1 and 5.75 Day 2)**. Full attendance is required to receive credit.



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REGISTRATION DETAILS

Early registration deadline for SAR: March 28, 2018
Early registration deadline for Conference: March 30, 2018

Registration fee is \$495.00 for the SAR Only (both days); \$275.00 for the Conference Only (both days); \$175.00 for the Conference Only (single day); and \$695.00 for the SAR & Conference (all four days). These fees include administrative costs, educational materials, breakfast and lunch. If registration is received after the deadline, the total fee will be the registration fee + \$25.00. For more information about Student and MAHEC Employee rates, please contact Amanda Espinel at 828-348-3623 or amanda.espinel@mahec.net.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations that are received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program. Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

ATTENTION! Due to the nature of this conference, content may include explicit visual representations, language, written words or photos. By submitting your registration, you are acknowledging your awareness and acceptance of such course content.

DIRECTIONS TO MAHEC

MAHEC Mary C. Nesbitt Biltmore Campus
121 Hendersonville Road, Asheville NC 28803

From I-40 E: Take Exit 50 and turn left onto Hendersonville Road.
From I-40 W: Take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

From 19-23 (I-26): Take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

AVAILABLE ROOM BLOCKS

DoubleTree Hotel
115 Hendersonville Road
Asheville, NC 28803
Phone: 828-274-1800

[Click here to reserve.](#)

Hampton Inn & Suites
117 Hendersonville Road
Asheville, NC 28803
Phone: 828-277-1800

[Click here to reserve.](#)

HAVE A QUESTION?

Contact the Program Planner

Dina Gillespie
dina.gillespie@mahec.net or 828-771-4216

REGISTRATION INFORMATION: 828-257-4475

FAX REGISTRATION: 828-257-4768

ONLINE REGISTRATION: www.mahec.net

EMAIL: registration@mahec.net

MAIL: MAHEC Registration
121 Hendersonville Road, Asheville, NC 28803



Special Services
828-348-3623

Southern EXposure:

SAR Workshop: April 4-5, 2018

Conference: April 6 & 7, 2018

Updated contact information. #18ID017/54834

NAME _____

CREDENTIALS _____

SOCIAL SECURITY # XXX-XX-____ (last 4 digits required)

OCCUPATION _____

EMAIL ADDRESS _____

HOME ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

HOME COUNTY _____

HOME # _____ **WORK #** _____

EMPLOYER _____

DEPARTMENT _____

EMPLOYER'S ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

WORK COUNTY _____

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

MEAL PREFERENCE: Vegetarian Gluten-free Vegan

SAR & Conference: \$695.00 \$720.00 (after 3/28/18)

SAR Workshop Only (both days) \$495.00 \$520.00 (after 3/28/18)

Conference Only (both days) \$275.00 \$300.00 (after 3/30/18)

Conference Only (single day) \$175.00 \$200.00 (after 3/30/18)

Select conference day: I will attend Day 1 I will attend Day 2

FOR CONFERENCE, PLEASE SELECT BREAKOUT SESSIONS:

Day 1 Breakout Sessions

morning 1A. Overcoming Provider...
 1B. Sex and Intimacy
 1C. Relationship Agree...

afternoon 2A. Adolescent Sexuality
 2B. Navigating Erotic...
 2C. It Takes a Village

Day 2 Breakout Sessions

morning 3A. Pharmacosexuality
 3B. Surrogate Partners...
 3C. Muslims and Repro...

afternoon 4A. Pelvic Floor and Sexual...
 4B. Consensual Non-mono...
 4C. What if My Client...

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed Credit card information provided

Visa MasterCard Discover Card American Express

ACCOUNT # _____

EXP ____ / ____ **CODE ON BACK OF CARD** _____ (3 digits)

NAME ON CARD _____

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Tristan Taormino



David Ley, PhD

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Double the fun! Adventurous sex-positive feminist author/podcaster and controversial outspoken author/psychologist seeking an open-minded, playful audience to explore sexuality and push a few boundaries on a night to remember. You are definitely a match if you are willing to consider other perspectives, open to new experiences, and ready to laugh and have fun.

Curious? Let's move this conversation offline to podcast and chill (out loud).

- ✓ Preferred age range: **Adults**
- ✓ Sexual orientation/identification: **Any**
- ✓ Interests: **All**

Let's meet!

Hook Up on Friday, April 6, 2018

📍 **Hyatt Place Hotel (Downtown Asheville)**
Foothills Conference Room
199 Haywood Street, Asheville, NC 28801

- 6:00pm** Networking & Cash Bar (Montford Roof Top Bar)
- 7:00pm** Live podcast recording of "Sex Out Loud" with Tristan Taormino
- 8:00pm** Chapter reading of *Ethical Porn for Dicks: A Man's Guide to Responsible Viewing Pleasure* with David Ley, PHD