

JOIN US VIA WEBEX

PAIN CONFERENCE — TREATING THE WHOLE PERSON IN PAIN

FRIDAY, AUGUST 14, 2020



LOCATION	Join via Webex
DATE	Friday, August 14, 2020
CHECK-IN	8:00 am–8:20 am
PROGRAM	8:20 am–4:30 pm

EARLY REGISTRATION FEES THROUGH AUGUST 7, 2020

HEALTHCARE PROVIDERS	\$100.00 (\$115.00 after 8/7/20)
STUDENTS	\$30.00 (\$45.00 after 8/7/20)
MAHEC AND VAMC EMPLOYEES	\$50.00 (\$65.00 after 8/7/20)

[CLICK HERE TO REGISTER](#)

DESCRIPTION

Join us, along with other colleagues, to learn how to approach pain from a holistic mindset. From Acupuncture, Tai Chi, Yoga, and Whole Health Coaching to Medication-Assisted Treatment and Safe Opioid Prescribing, this conference is for all members of the pain management team.

This conference is provided in collaboration with the Charles George VA Medical Center and is co-sponsored by the UNC Eshelman School of Pharmacy.

This program was designed to satisfy, in part, The North Carolina Medical Board's CME requirement for controlled substance prescribers. Per NCAC rules: As of July 1, 2017 all physicians (other than residents), physician assistants, nurse practitioners, podiatrists, and dentists who prescribe controlled substances must satisfy the controlled-substance prescribing CE requirements as set forth by their licensing boards; requirements vary by discipline and board.

OBJECTIVES

Upon conclusion of this knowledge-based educational activity, participants will be able to:

- Recall holistic and complementary/alternative approaches to pain management (applicable to Pharmacy Technicians)
- Discuss legal responsibilities of prescribers inherent in pain management
- Outline Medication-Assisted Treatment (MAT) and safe opioid prescribing practices in pain management
- Outline neurocognitive changes in relation to pain management (applicable to Pharmacy Technicians)

PROGRAM AGENDA

8:00–8:20	Webinar Check-In
8:20–8:30	Presentation of Colors — 14th Weather Squadron Special Ceremonies Team
8:30–9:15	Medication-Assisted Treatment for those with Chronic Pain — Laura M. Wolfe, JD, MD
9:15–10:00	Legal Aspects of Opioid Prescribing and Weaning — Laura M. Wolfe, JD, MD
10:00–10:30	Break
10:30–11:15	Acupuncture for Pain — Salvatore J. D'Angio, MD
11:15–12:00	Pain Management in Persons with Neurocognitive Changes — David Manly, MD
12:00–1:00	Lunch (<i>on your own</i>)
1:00–1:45	Yoga for Pain — Peter West, PT, RYT, DPT
1:45–2:30	Whole Health Coaching for Pain — Starting with the First Patient Interaction — Elizabeth Lima, PhD
2:30–2:45	Break
2:45–3:30	Tai Chi for Pain — Frances Dickson, PTA
3:30–4:30	Opioids Update — Shuchin Shukla, MD, MPH
4:30	Adjourn

AUDIENCE

Physicians, Pharmacists, APPs, Nurses; OTs/OTAs, PTs/PTAs, Mental Health Providers (including Psychologists, Addiction Counselors, and Social Workers), and others interested in this topic

Provided by



In collaboration with



Charles George
VA Medical Ctr

Co-sponsored by



UNC
ESHELMAN
SCHOOL OF PHARMACY

FACULTY

Salvatore J. D'Angio, MD, is a physician at the Charles George VA Medical Center in Asheville, NC. He graduated from Hahnemann University in Philadelphia in 1984 and specializes in family medicine.

Frances Dickson, PTA, is a physical therapist assistant and Tai Chi instructor at the Charles George VA Medical Center in Asheville, NC.

Elizabeth N. Lima, PhD, is a clinician psychologist and the Whole Health Director at the Charles George VA Medical Center in Asheville, NC.

David Manly, MD, is a physician and the Chief of Geriatrics and Extended Care at the Charles George VA Medical Center in Asheville, NC.

Shuchin Shukla, MD, MPH, is a MAHEC faculty physician and opioid crisis educator.

Peter West, PT, RYT, DPT, is a physical therapist and registered yoga teacher at the Charles George VA Medical Center in Asheville NC.

Laura M. Wolfe, JD, MD, is a physician in Cherokee, North Carolina. She graduated with honors from East Carolina University School Of Medicine in 2007 and cum laude from Wake Forest University School of Law in 1997. Dr. Wolfe has nine years of diverse experience in Family Medicine, including six years' experience prescribing Suboxone and working in Suboxone and Methadone clinics. She is board certified in Addiction Medicine.

PLANNING COMMITTEE

Tamara Cornell, DPT, Charles George VAMC

Eric Gibbs, PharmD, BCOS, CPP, Charles George VAMC

Mark Hofman, MD, Charles George VAMC

Lori Johnston, PsyD, Charles George VAMC

Elizabeth N. Lima, PhD, Charles George VAMC

David Manly, MD, Charles George VAMC

Douglas Scarborough, DPT, MTC, Cert. DN, Charles George VAMC

Rosalyn Wasserman, PT, DPT, UNC Health Sciences at MAHEC

COURSE MEDICAL DIRECTOR

Rajasekhar Kandala, MD

Chief of Physical Medicine & Rehabilitation Services
Charles George Department of VA Medical Center
Associate Clinical Professor in the Department of Physical Medicine and Rehabilitation, Vanderbilt University School of Medicine

MAHEC assumes permission to use audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.

CREDITS

Continuing Medical Education

Accreditation: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the North Carolina Medical Society (NCMS) through the joint providership of Mountain Area Health Education Center (MAHEC) and Charles George VA Medical Center. MAHEC is accredited by the NCMS to provide continuing medical education for physicians.

Credit Designation: MAHEC designates this live activity for a maximum of **6.25** AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

Disclosure Statement: MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

Physical Therapists: MAHEC, as part of the NC AHEC system, is an NCBPTE-approved provider for activities directly related to physical therapy. NCBPTE: **6.00** contact hours; report in the category of "Registered attendance at courses or conferences offered through electronic media live, in real time, by approved providers."

Psychologists: MAHEC is recognized by the North Carolina Psychology Board as an approved Provider of Category A Continuing Education for NC Licensed Psychologists. Approved for **6.25** hours Category A.

Occupational Therapist/Assistant: As of July 1, 2018, the NCBOT no longer accepts applications for pre-approval of CCAs. OT practitioners need to make sure they are completing activities that comply with Section .0800 of the NCBOT Rules. **6.25** CCAs.

Licensed Professional Counselors: The NC Board of Licensed Professional Counselors indicates in their rules (21 NCAC 53 .0603) that continuing Education Training provided by an Area Health Education Center shall be approved for no more than 15 contact hours for any given renewal period.



Pharmacists: The University of North Carolina Eshelman School of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. This program ACPE# 0046-9999-20-059-L01-P/T will provide **6.25** Contact Hours of continuing education. No partial credit will be given.

Credit statements can be viewed and printed from CPE Monitor. In order to receive CE credit, attendance must be acknowledged at the registration desk upon arrival at the program. Participants will evaluate this program using a standard evaluation form.



NAADAC: This course has been approved by MAHEC, as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #165445. MAHEC is responsible for all aspects of their programming. Approved for **6.25** hours.

CEUs: MAHEC designates this live continuing education activity as meeting the criteria for **0.6** CEUs as established by the National Task Force on the Continuing Education Unit.

Contact Hours: MAHEC designates this live continuing education activity as meeting the criteria for **6.25** contact hours.

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REGISTRATION

Early registration deadline: August 7, 2020

The program registration fee is \$100.00 for Healthcare Providers, \$30.00 for students, and \$50.00 for MAHEC and VAMC employees. These fees include administrative costs and educational materials. If your registration is received after the above deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exception is for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program. Unless otherwise noted in course materials, the following cancellation policy applies to all programs:

- Cancellations must be in writing (via fax, email, or mail)
- Cancellations received more than 2 weeks prior to the event will receive 100% refund
- Cancellations received between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee
- No refunds or credits will be given for cancellations received less than two full business days prior to the event
- No vouchers will be issued in lieu of a refund
- Transfers/substitute(s) are welcome (please notify us in advance of the program)

Send completed registration form to: #62409
MAHEC Registration
121 Hendersonville Road, Asheville, NC 28803 **Fax:** 828-257-4768

Updated contact information.

NAME _____

CREDENTIALS _____

SOCIAL SECURITY # XXX-XX- ____ (last 4 digits required)

OCCUPATION _____

EMAIL ADDRESS _____

HOME ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

HOME COUNTY _____

HOME # _____ **WORK #** _____

EMPLOYER _____

DEPARTMENT _____

EMPLOYER'S ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

WORK COUNTY _____

HEALTHCARE PROVIDERS \$100.00 \$115.00 (after 8/7/20)

STUDENTS \$30.00 \$45.00 (after 8/7/20)

MAHEC AND VAMC EMPLOYEES \$50.00 \$65.00 (after 8/7/20)

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed Credit card information provided

Visa MasterCard Discover Card American Express

ACCOUNT # _____

EXP ____ / ____ **CODE ON BACK OF CARD** _____ (3 digits)

NAME ON CARD _____


SIGNATURE _____

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

HAVE A QUESTION?
Contact the Program Planner

Rosalyn Wasserman, PT, DPT
rosalyn.wasserman@mahec.net or 828-257-4437

 **Special Services**
828-257-4485

REGISTRATION INFORMATION 828-257-4475

FAX REGISTRATION 828-257-4768

ONLINE REGISTRATION www.mahec.net/cpd

EMAIL registration@mahec.net

MAIL MAHEC Registration
121 Hendersonville Road, Asheville, NC 28803



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