



CAROLINA MOUNTAIN NAON

16th Annual Orthopaedic Nursing Conference

Orthopaedic Care, Not for the Faint of Heart

MARCH 27, 2020

DESCRIPTION

Join us this spring at MAHEC in the beautiful mountains of Western North Carolina for a one-of-a-kind conference featuring speakers from Charles George VA Medical Center; EmergeOrtho: Blue Ridge Division; AntiFragile Physical Therapy; Patient Advocacy NC, PLLC; and Southeastern Sports Medicine.

You will have the opportunity to learn more about ERAS in the orthopaedic community, virtual reality therapy, common spinal conditions, pain management from the physical therapist's perspective, nurse coaching for the orthopaedic patient, and Achilles repairs and injuries that mimic ankle sprains. You will hear about the orthopaedic journey from a patient's perspective.

Along with learning some exciting things about orthopaedic care, you will have the opportunity to network with other orthopaedic care providers. This will be a continuing education activity for nurses and physical therapists to achieve contact hours. We look forward to seeing you there!

[CLICK HERE TO REGISTER](#)

AUDIENCE

RNs, LPNs, Nursing Assistants, Physical Therapists/Physical Therapist Assistants, Occupational Therapists/Occupational Therapist Assistants, and all other interested healthcare professionals.

OBJECTIVES

Upon completion, participants will be able to:

- Identify Percutaneous Achilles Repair and injuries that mimic ankle sprains
- State the role of the Nurse Coach for the Orthopaedic Patient
- Recognize the personal experience of a former orthopaedic patient's surgical event
- Describe ERAS in the orthopaedic community
- Discuss current concepts in managing patients with long-standing pain
- State the outcomes of patient's with certain spinal conditions

LOCATION

MAHEC Education Building

Mary C. Nesbitt Biltmore Campus
121 Hendersonville Rd, Asheville NC 28803

DATE

Friday, March 27, 2020

REGISTRATION PROGRAM

8:30 am–9:00 am (*light breakfast provided*)
9:00 am–4:30 pm (*lunch provided*)

EARLY REGISTRATION FEES THROUGH MARCH 20, 2020

PROGRAM FEE

\$75.00 per person (\$90.00 after 3/20/20)

DIRECTIONS

MAHEC Education Building

Mary C. Nesbitt Biltmore Campus

121 Hendersonville Road, Asheville, NC 28803

From I-40 E: Take Exit 50; turn left on Hendersonville Rd.

From I-40 W: Take Exit 50B; merge on Hendersonville Rd.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

From 19-23 (I-26): Take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

JOINTLY PROVIDED BY



Stay connected! Follow us on Facebook: @MAHECED

PROGRAM AGENDA

- 8:00–8:30** Vendor Setup
- 8:30–8:55** Registration and Light Breakfast (*provided*)
- 8:55–9:00** Welcome
— Brianna Stepp, BSN, RN, ONC
— Ronnie Metcalf, EdD, RN-BC, ONC
- 9:00–10:00** Percutaneous Achilles Repair and Injuries That Mimic Ankle Sprains
— Matt Massey, MD
- 10:00–10:30** Break with Vendors
- 10:30–11:30** Current Concepts in Managing Orthopaedic Patients with Long-Standing Pain
— Jeffrey Meadows, DPT, OCS, COMT, FAAOMPT
- 11:30–12:30** Lunch (*provided*)
- 12:30–1:00** Nurse Coaching for the Orthopaedic Patient
— Karen Sanders, MSN, RN, AHN-BC, HWNC-BC
- 1:00–2:00** A Personal Orthopaedic Patient Experience
— Ashley Imgrund-Flora, PA
- 2:00–2:15** Break
- 2:15–3:15** Enhanced Recovery After Surgery (ERAS) in the Orthopaedic Community and Virtual Reality Therapy
— Amanda Graves, RN, BSN
- 3:15–4:15** General Overview of Spinal Conditions
— Mike Goebel, MD
- 4:15–4:30** Conference Overview and Summary
— Jan Bailey, MSN, RN, OCNS-C
— Brianna Stepp, BSN, RN, ONC
— Jenny Bradley, MSN, RN, NPD-BC, ONC
- 4:30** Adjourn

MAHEC assumes permission to use audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.

HAVE A QUESTION?

Contact the Program Planner

Ronnie Metcalf, EdD, RN-BC, ONC

ronnie.metcalf@mahec.net or 828-257-4478

REGISTRATION INFORMATION

FAX REGISTRATION

ONLINE REGISTRATION

EMAIL

MAIL

MAHEC Registration

121 Hendersonville Road, Asheville, NC 28803



Special Services

828-257-4485

REGISTRATION

Early registration deadline: March 20, 2020

The program registration fee is \$75.00. This fee includes administrative costs, educational materials, a light breakfast, and lunch. If registration is received after the deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Unless otherwise noted in course materials, the following cancellation policy applies to all programs:

- Cancellations must be in writing (via fax, email, or mail)
- Cancellations received more than 2 weeks prior to the event will receive 100% refund
- Cancellations received between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee
- No refunds or credits will be given for cancellations received less than 2 full business days prior to the event
- No vouchers will be issued in lieu of a refund
- Transfers/substitute(s) are welcome (please notify us in advance of the program)

CREDITS

5.75 CNE Contact Hours

Mountain Area Health Education Center (MAHEC) is an approved provider of continuing nursing education by the NC Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. Participants must attend 80% of the activity to receive credit.

Occupational Therapy: As of July 1, 2018, the NCBOT no longer accepts applications for pre-approval of CCAs. OT practitioners need to make sure they are completing activities that comply with Section .0800 of the NCBOT Rules. **5.75** CCAs.

Physical Therapy: Mountain Area Health Education Center (MAHEC), as part of the North Carolina AHEC system, is a NCBPTE-approved provider of continuing competence for activities directly related to physical therapy. NCBPTE: **5.5** contact hours.

CEUs: Mountain Area Health Education Center (MAHEC) designates this live continuing education activity as meeting the criteria for **0.6** CEUs as established by the National Task Force on the Continuing Education Unit.

Contact Hours: Mountain Area Health Education Center (MAHEC) designates this live continuing education activity as meeting the criteria for **5.75** contact hours.

CAROLINA MOUNTAIN NAON
**16th Annual Orthopaedic
Nursing Conference**
Orthopaedic Care, Not for the Faint of Heart

MARCH 27, 2020

Updated contact information.

NAME _____

CREDENTIALS _____

SOCIAL SECURITY # XXX-XX- ____ ____ ____ (last 4 digits required)

OCCUPATION _____

EMAIL ADDRESS _____

HOME ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

HOME COUNTY _____

HOME # _____ **WORK #** _____

EMPLOYER _____

DEPARTMENT _____

EMPLOYER'S ADDRESS _____

CITY _____ **STATE** _____ **ZIP** _____

WORK COUNTY _____

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

MEAL PREFERENCE Vegetarian Gluten-free Vegan

PROGRAM FEE \$75.00 \$90.00 (after 3/20/20)

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed Credit card information provided

Visa MasterCard Discover Card American Express

ACCOUNT # _____

EXP ____ / ____ **CODE ON BACK OF CARD** _____ (3 digits)

NAME ON CARD _____

SIGNATURE _____

Send completed registration form to: #20ID025/60953
MAHEC Registration
121 Hendersonville Road, Asheville, NC 28803 **Fax:** 828-257-4768