



Alzheimer's Disease and Dementia Care Seminar

FRIDAY, MARCH 15, 2019

Snow Date: May 20, 2019

DESCRIPTION

This workshop is offered to healthcare professionals interested in expanding their knowledge of dementia care, with a focus on utilizing behavioral approaches when possible. With dementia rates on the rise, there is an increasing demand for healthcare and administrative staff working with this population to have training specific to behavioral management and communication. After presenting the current definition of dementia (referred to as major neurocognitive disorder in the DSM-5), common etiologies will be discussed to provide participants with a better understanding of brain-behavior relationships associated with dementia. Specific nonpharmacological interventions will be discussed that may be beneficial in managing common behavioral disturbances in this population, including hallucinations/delusions, depression/anxiety, sundowning, apathy, screaming, sleep problems, wandering/pacing, physical aggression, self-injurious behavior, hoarding, resistiveness, and sexual disinhibition. Given the effects of dementia on communication, participants will also walk away with communication strategies that will likely facilitate a more productive and positive interaction between the care provider and the individual with dementia. Because not all behaviors are the direct result of the brain changes, the influence of comorbid conditions and environmental factors will be presented.

BECOMING A CERTIFIED DEMENTIA PRACTITIONER

Those who complete this workshop can optionally pursue becoming a Certified Dementia Practitioner, CDP(R) through the National Council of Certified Dementia Practitioners (NCCDP). For more information, visit the NCCDP website: www.nccdp.org.

AUDIENCE

Nurses, including CNAs; Nursing Home Administrators; Occupational Therapists & Assistants; Physical Therapists & Assistants; Speech-Language Pathologists; and others interested in dementia care.

LOCATION	MAHEC Mary C. Nesbitt Biltmore Campus 121 Hendersonville Rd, Asheville NC 28803
DATE	Friday, March 15, 2019
REGISTRATION PROGRAM	8:00 am–8:30 am (<i>light breakfast provided</i>) 8:30 am–4:45 pm (<i>lunch provided</i>)
SNOW DATE	Monday, May 20, 2019

EARLY REGISTRATION FEES THROUGH MARCH 6, 2019*

PROGRAM FEE \$185.00 per person

*Registration must be received by March 6, 2019 so that the participant's workshop manual (*included in the course fee*) can be ordered in time.

OBJECTIVES

Upon completion of this continuing education activity, seminar participants will be able to:

- Define dementia and its underlying neuropathologies
- Demonstrate communication strategies to improve interactions with persons with dementia
- List strategies appropriate for reducing the negative consequences of troublesome behaviors associated with dementia (e.g. hoarding, wandering, aggressive behaviors, bathing)



This project is supported by funds from the Bureau of Health Professions (BHP), Health Resources and Services Administration (HRSA), Department of Health and Human Services (DHHS) under grant number #U1QHP28734-01-00,

Carolina Geriatric Workforce Enhancement Program. This information or content and conclusions are those of the author and should not be construed as the official position or policy of, nor should any endorsements be inferred by the BHP, HRSA, DHHS or the U.S. Government.

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PROGRAM AGENDA

8:00–8:30	Registration/Check-in and Light Breakfast (<i>provided</i>)
8:30–9:30	Introduction to Dementia: Diagnosis, Prognosis, Treatment
9:30–10:30	Communication and Feelings
10:30–10:45	Break
10:45–11:15	Depression and Repetitive Behavior
11:15–12:15	Delusions, Hallucinations, Hoarding, and Wandering
12:15–1:00	Lunch (<i>provided</i>)
1:00–1:30	Aggressive Behaviors, Catastrophic Reactions, Intimacy, and Sexuality
1:30–2:30	Personal Care: Pain, Nutrition, Bathing, Dressing, Toileting, Falls, and Sleep Disturbances
2:30–2:45	Break
2:45–3:15	Activities and Environment
3:15–3:45	Staff and Family Support, Abuse and Neglect Prevention
3:45–4:15	Diversity and Cultural Competence
4:15–4:45	Spiritual Care and End of Life Issues
4:45	Adjourn

MAHEC assumes permission to use audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.

CREDITS

NCBPTE: MAHEC, as part of the NC AHEC system, is a NCBPTE-approved provider of continuing competence for activities directly related to physical therapy. NCBPTE **7.0** contact hours.

Nursing Home Administrator: Application will be made to the North Carolina Board of Examiners for Nursing Home Administrators' credit.

Occupational Therapists/Assistants: As of July 1, 2018, the NCBOT no longer accepts applications for pre-approval of CCAs. OT practitioners need to make sure they are completing activities that comply with Section .0800 of the NCBOT Rules. **7.0** CCAs.

Speech-Language Pathologists: MAHEC will issue Certificates of Completion only; the participant must self-track and record the certificate for ASHA Certification documentation.

CEUs: MAHEC designates this live continuing education activity as meeting the criteria for **0.7** CEUs as established by the National Task Force on the Continuing Education Unit.

Contact Hours: MAHEC designates this live continuing education activity as meeting the criteria for **7.0** contact hours.

FACULTY

K. Leigh Morrow-Odom, PhD, CCC-SLP, CDP, CADDCT

Dr. Odom is an Associate Professor of speech-language pathology in the Department of Communication Sciences and Disorders at Western Carolina University in Cullowhee, NC. Her teaching, research, and service interests are in adult neurogenic communication disorders, especially issues of quality of life in the chronic stages of recovery. Dr. Odom is a Certified Alzheimer's Disease and Dementia Care Trainer through the National Council of Certified Dementia Practitioners (NCCDP).

REGISTRATION

Early registration deadline: March 6, 2019*

*Registration must be received by March 6, 2019 so that the workshop manual (*included in the course fee*) can be ordered in time.

The registration fee is \$185.00 per person. This fee includes administrative costs, educational materials, a light breakfast, and lunch. If your registration is received after the deadline, the total fee will be the registration fee + \$25.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program. Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

DIRECTIONS

MAHEC Mary C. Nesbitt Biltmore Campus 121 Hendersonville Road, Asheville, NC 28803

From I-40 E: Take Exit 50; turn left on Hendersonville Rd.
From I-40 W: Take Exit 50B; merge on Hendersonville Rd.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

From 19-23 (I-26): Take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.



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FRIDAY, MARCH 15, 2019

Snow Date: May 20, 2019

Updated contact information. #19ID040/58322

NAME _____

CREDENTIALS _____

SOCIAL SECURITY # XXX-XX- ____ ____ ____ (last 4 digits required)

OCCUPATION _____

EMAIL ADDRESS _____

HOME ADDRESS _____

CITY _____ STATE _____ ZIP _____

HOME COUNTY _____

HOME # _____ WORK # _____

EMPLOYER _____

DEPARTMENT _____

EMPLOYER'S ADDRESS _____

CITY _____ STATE _____ ZIP _____

WORK COUNTY _____

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Please remove my name from the MAHEC mailing list.

MEAL PREFERENCE Vegetarian Gluten-free Vegan

PROGRAM FEE \$185.00 \$210.00 (after 3/6/19*)

*Registration must be received by March 6, 2019 so that the workshop manual (included in the course fee) can be ordered in time.

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed Credit card information provided

Visa MasterCard Discover Card American Express

ACCOUNT # _____

EXP ____ / ____ **CODE ON BACK OF CARD** _____ (3 digits)

NAME ON CARD _____

SIGNATURE _____

HAVE A QUESTION?

Contact the Program Planner

Rosalyn Wasserman, PT, DPT

rosalyn.wasserman@mahec.net or 828-257-4437



Special Services

828-257-4485

REGISTRATION INFORMATION 828-257-4475

FAX REGISTRATION 828-257-4768

ONLINE REGISTRATION www.mahec.net

EMAIL registration@mahec.net

MAIL MAHEC Registration
121 Hendersonville Road, Asheville, NC 28803