

# Healthcare Provider Basic Life Support (BLS) 2021

**Location: Simulation Center** 

**MAHEC Mary C. Nesbitt Biltmore Campus** 

119 Hendersonville Rd., Asheville

THURSDAY Morning Check-in 7:30am Program 8:00-10:30am

> April 8, 2021 May 6, 2021 June 3, 2021 August 5, 2021 November 4, 2021

THURSDAY Evening Check-in 4:30pm Program 5:00-7:30pm

> January 21, 2021 March 18, 2021 July 15, 2021 October 7, 2021

MONDAY Afternoon Check-in 12:30pm Program 1:00-3:30pm

> January 25, 2021 February 22, 2021 September 13, 2021 December 6, 2021

The Healthcare Provider BLS course is designed for healthcare professionals who wish to perform the skills of basic life support, which includes knowledge of the AHA Chain of Survival; one and two person CPR for the adult, child and infant; response to choking (both conscious and unconscious) in the adult, child, and infant; airway management techniques; and use of the AED. Successful completion includes passing written exam (score 84 and above) at the end of class and skills testing throughout.

#### **AUDIENCE**

RN, LPN, CNA, CMA, MD/DO, dental staff, pharmacists, EMT/EMS/paramedic, and all other health care providers

#### **OBJECTIVES**

- Name the links in the American Heart Association (AHA) adult Chain of Survival and state the importance of each link
- Name the major science updates in the 2015 AHA Guidelines for CPR and ECC
- State and demonstrate the basic steps of CPR for adults
- Demonstrate how to perform 2-rescuer team CPR
- Demonstrate the use of an AED
- Discuss and demonstrate the basic steps of CPR for children and infants
- Demonstrate how to relieve choking in responsive and unresponsive victims 1 year of age and older

Fee: \$65.00 early registration

\$80.00 if registering within seven days of program
Fee waived for MAHEC employees, but must pre-register

## **AGENDA**

Chain of Survival, BLS/CPR for Adults AED, BLS/CPR for children & Infants Relief of choking Practice and Testing / Q&A

# **FACULTY**

# Ronnie Metcalf, EdD, RN, ONC

Primary Nurse Planner & AHA BLS/ACLS/PALS Instructor Department of Continuing Professional Development UNC Health Sciences at MAHEC 828-257-4478

Sponsored by:







The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.

#### **CREDITS**

#### **Continuing Medical Education**

Accreditation

Mountain Area Health Education Center (MAHEC) is accredited by the North Carolina Medical Society (NCMS) to provide continuing medical education for physicians.

**Credit Designation** 

MAHEC designates this live activity for a maximum of **2.5** AMA PRA Category 1 Credit(s)<sup>TM</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity. Disclosure Statement

MAHEC adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the time of the activity.

## 2.5 Nursing Contact Hours

Mountain Area Health Education Center is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

## CEU

The Mountain Area Health Education Center designates this continuing education activity as meeting the criteria for **0.3 CEUs** as established by the National Task force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.

#### **Contact Hours**

MAHEC designates this live continuing education activity as meeting the criteria for **2.5** contact hours.

#### **PLANNING COMMITTEE**

Ronnie Metcalf, EdD, RN, ONC UNC Health Sciences at MAHEC, Asheville NC

# **DIRECTIONS TO MAHEC BILTMORE CAMPUS**

119 Hendersonville Rd., Asheville, NC, 28803

From I-40 Eastbound, take Exit 50 and turn left onto Hendersonville Road.

From I-40 Westbound, take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). Before the Hampton Inn, turn right and proceed up the driveway Turn right into the MAHEC Biltmore Campus parking lot.

From 19-23 (I-26) take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). Before the Hampton Inn, turn right and proceed up the driveway Turn right into the MAHEC Biltmore Campus parking lot.

# **SIMULATION CENTER**

To access the Simulation Center, go through the courtyard adjacent to the Education Building and down the steps. The Simulation Center is to the left of the stairwell. Enter through the front doors of the Center.

# \*\*\*\*\*Early registration is encouraged as seating is limited.\*\*\*\*

#### **REGISTRATION**

Early registration fee for in-person, group BLS is \$65.00. If registration is received within seven days of the program, the total fee is \$80.00. The registration fee is waived for MAHEC employees.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Unless otherwise noted in course materials, the following cancellation policy applies to all programs:

- Cancellations must be in writing (via fax, email, or mail)
- Cancellations received more than 2 weeks prior to the event will receive 100% refund
- Cancellations received between two weeks and two full business days prior to the first day of the event are refunded at 70% of the registration fee subject to a minimum \$25 cancellation fee
- No refunds or credits will be given for cancellations received less than two full business days prior to the event
- · No vouchers will be issued in lieu of a refund
- Transfers/substitute(s) are welcome (please notify us in advance of the program)

# **BLS Online + In-person Option**

Online on your own: Part 1: Instruction

+

In-person at MAHEC by appointment:

Part 2: Skills Practice
Part 3: Testing

# www.onlineaha.org

>course catalog >BLS for Healthcare Providers Online part 1 Online course takes approximately 1-2 hours.

Fee: \$31.00 payable to AHA

Print your certificate of completion.

AHA BLS Provider Manuals are available through the AHA website (heart.org) or Amazon.

# Bring your certificate of completion to your appointment.

Call Ronnie Metcalf at 828-257-4478 to schedule an appointment

Fee: \$35.00

Payable by credit card, cash or check made payable

to MAHEC.

Fee waived for MAHEC employees

# **BLS 2021 Registration Form**

Updated information
Name
Credentials
Social Security # XXX-XX(last 4 digits required)
Occupation
E-mail Address
Home Address
City State Zip
Home County
Home # Work #
Employer
Department
Employer's Address
City State Zip
Work County
Program announcements will be sent to your email unless you opt out from receiving emails from MAHEC. We never share our mailing lists.  ☐ Please remove my name from the MAHEC mailing list.  Fee: \$65.00 early registration \$80.00 if regstering within seven days of program Fee waived for MAHEC employees  Full payment must accompany all registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.  MAHEC assumes permission to use audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.
Have a question? Registration Information: 828-257-4475 registration@mahec.net

AHA Course Director: Ronnie Metcalf, EdD, RN, ONC 828-257-4478 | ronnie.metcalf@mahec.net

Special Services: 828-257-4485

Want to register? Fax Registration: Online Registration:

828-257-4768 www.mahec.net/cpd

# PLEASE SELECT A SESSION

#63114

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☐ February 22, 2021
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<b>PAYMENT METHOD</b>		
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☐ Check enclosed.	
Charge my: ☐ Visa ☐ Mastercard ☐ DISCOVER ☐ Am Ex	
Account #	
Exp/ Security code	
Name on Card	_
Signature	

Make check payable to MAHEC and send to: MAHEC Registration, 121 Hendersonville Rd. Asheville, NC 28803 or Fax to 828-257-4768