

# Healthcare Provider Basic Life Support (BLS)

**December 12, 2022** 

For MAHEC employees only

Check-in 7:30am

Program 8:00-10:30am

Location: Simulation Center

**MAHEC Mary C. Nesbitt Biltmore Campus** 

119 Hendersonville Rd., Asheville

Fee waived for MAHEC employees, but must pre-register

The Healthcare Provider BLS course is designed for healthcare professionals who wish to perform the skills of basic life support, which includes knowledge of the AHA Chain of Survival; one and two person CPR for the adult, child and infant; response to choking (both conscious and unconscious) in the adult, child, and infant; airway management techniques; and use of the AED. Successful completion includes passing written exam (score 84 and above) at the end of class and skills testing throughout.

#### **AUDIENCE**

RN, LPN, CNA, CMA, MD/DO, dental staff, pharmacists, EMT/EMS/paramedic, and all other health care providers

#### **OBJECTIVES**

- Name the links in the American Heart Association (AHA) adult Chain of Survival and state the importance of each link
- Name the major science updates in the 2020 AHA Guidelines for CPR and ECC
- State and demonstrate the basic steps of CPR for adults
- Demonstrate how to perform 2-rescuer team CPR
- · Demonstrate the use of an AED
- Discuss and demonstrate the basic steps of CPR for children and infants
- Demonstrate how to relieve choking in responsive and unresponsive victims 1 year of age and older

#### **AGENDA**

Chain of Survival, BLS/CPR, AED for Adults AED, BLS/CPR for children & Infants Relief of choking Practice and Testing / Q&A

#### **FACULTY**

Katie Neligan, MSN, RN, CNL, PCCN Tonja G. Schroder, RN, CPN, MSN

## NEED ANOTHER OPTION TO COMPLETE THIS TRAINING?

Part 1 Online on your own, then Part 2 Skills Practice and Part 3 Testing in-person with an instructor at MAHEC

Part 1 Online on your own:

https://shopcpr.heart.org/heartcode-bls
Online course takes approximately 1-2 hours.

Fee: \$32.50, payable to AHA

Print your certificate of completion.

Part 2 Skills Practice & Part 3 Testing:

Fee: \$35.00

Follow this link to register for Skills Practice & Testing:

https://mahec.net/home/event/69730

Discount code for MAHEC employees for Part 2 & 3 only Bring your certificate of completion to your appointment.









The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.

#### **REGISTRATION**

#### **CEU**

The Mountain Area Health Education Center designates this entire continuing education activity as meeting the criteria for **O.3 CEUs** as established by the National Task Force on the Continuing Education Unit.

#### **Contact Hours**

MAHEC designates this continuing education activity as meeting the criteria for **2.5** Contact Hours.

#### **CME for Nurse Practitioners**

Nurse Practitioners: MAHEC designates this continuing education activity as meeting the criteria for **2.50 contact hours.** 

#### 2.5 Nursing Contact Hours

Activity # AP 008-1904 Mountain Area Health Education Center (MAHEC) is approved as a provider of nursing continuing professional development by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

#### 2.50 CME for Physician Assistants

Physician Assistants: AAPA accepts certificate of participation for educational activities certified for AMA PRA Category 1 Credits™ from organizations accredited by ACCME or a recognized state medical society. Physician Assistants may receive a maximum of 2.50 hours of Category 1 credit for completing this program.

#### 2.50 AMA PRA Category 1 Credit ™

Accreditation: The Mountain Area Health Education Center (MAHEC) is accredited by the North Carolina Medical Society (NCMS) to provide continuing medical education for physicians. Credit Designation: MAHEC designates this live activity for a maximum of 2.50 AMA PRA Category 1 Credit(s)™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

#### **MEDICAL DIRECTOR**

Lisa Reed, MD MAHEC, Asheville NC

#### **DIRECTIONS TO MAHEC BILTMORE CAMPUS**

119 Hendersonville Rd., Asheville, NC, 28803

From I-40 Eastbound, take Exit 50 and turn left onto Hendersonville Road.

From I-40 Westbound, take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). Before the Hampton Inn, turn right and proceed up the driveway Turn right into the MAHEC Biltmore Campus parking lot.

From 19-23 (I-26) take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). Before the Hampton Inn, turn right and proceed up the driveway Turn right into the MAHEC Biltmore Campus parking lot.

#### SIMULATION CENTER

To access the Simulation Center, go through the courtyard adjacent to the Education Building and down the steps. The Simulation Center is to the left of the stairwell. Enter through the front doors of the Center.

### BLS Registration Form - December 12, 2022

#66702

			Updated information
Name			
Credentials			
Social Security # XXX-XX-		(last 4 digits requ	rired)
Occupation			
E-mail Address			
Home Address			
City	State	Zip	
Home County			
Home #	_ Work #_		
Employer			
Department			
Employer's Address			
City	State	Zip	
Work County			
Brochures go to $\square$ home $\square$ email			
Program announcements will be sent to your email unless you opt out from receiving emails from MAHEC. We never share our mailing lists.  Please remove my name from the MAHEC mailing list.			

MAHEC assumes permission to use audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.

Have a question?

Registration Information: 828-257-4475

registration@mahec.net

Course Director:

Katie Neligan, MSN, RN, CNL, PCCN 828-257-4458 | katie.neligan@mahec.net

**Special Services:** 828-257-4485

Want to register? Fax Registration:

828-257-4768 Online Registration: www.mahec.net/cpd