

2017 Interprofessional Mountain Air Conference

JOIN US FRIDAY
DEC. 8, 2017

TEAM APPROACH TO
OPTIMIZING OUTCOMES

| | |
|--|--|
| LOCATION | MAHEC Mary C. Nesbitt Biltmore Campus 121 Hendersonville Rd, Asheville NC 28803 |
| DATE | Friday, December 8, 2017 |
| REGISTRATION PROGRAM | 8:00 am–8:30 am (<i>breakfast provided</i>) 8:30 am–4:45 pm (<i>lunch provided</i>) |
| Early registration fees through December 1, 2017. | |
| PROGRAM FEE | \$99.00 |
| STUDENT | \$25.00 (<i>proof of full-time student enrollment is required at check-in</i>) |

DESCRIPTION

Join other healthcare professionals to tackle various acute care issues, such as Acute Respiratory Distress Syndrome (ARDS)—engage with an ARDS treatment controversy panel!; Post-Intensive Care Syndrome (PICS) and ICU mobility issues; and other topics, such as COPD and Vaping.

There is a call for poster presentations!

Please submit a 1-page written summary for consideration to rosalyn.wasserman@mahec.net no later than December 1, 2017.

AUDIENCE

Target audience includes Nurses, Occupational Therapists & Assistants, Physical Therapists & Assistants, Respiratory Therapists, and Respiratory Care Practitioners.

OBJECTIVES

Upon completion of this educational activity, conference participants will be able to:

- Discuss the care of the critically ill patient from the acute through outpatient settings
- Compare/contrast treatment philosophies for ARDS
- Cite the physiological effects of “vaping”
- Relay the need of and list the team techniques for safe early ICU patient mobilization
- Cite the physiological effects of bed rest
- Cite the physiological and psychosocial effects of PICS

PROGRAM AGENDA

| | |
|--------------------|---|
| 8:00–8:30 | Registration and Exhibitors (<i>breakfast provided</i>) |
| 8:30–9:30 | Management of Outpatient COPD — Gregory Campbell, MD |
| 9:30–10:00 | Vaping in Adolescents — Kimberly D. Freeman RN, CDE, CIC, CTTS |
| 10:00–10:30 | Break and Exhibitors |
| 10:30–11:00 | Sleep Apnea Screening — Calvin Gardner, RPSGT, RST |
| 11:00–12:00 | Acute Respiratory Distress Syndrome (ARDS) Treatment Controversy Panel Discussion — Jody G. Miller, BSRT, RRT (<i>moderator</i>) — Katherine Mastriani, MD — Trent W. McCain, MD — William Shillinglaw, DO |
| 12:00–1:00 | Lunch (<i>provided</i>) and Exhibitors |
| 1:00–2:00 | Poster Presentations — Pat Daley, RRT, RCP (<i>moderator</i>) |
| 2:00–2:15 | Break and Exhibitors |
| 2:15–2:45 | The Physiology of Bed Rest — Jeanie Bollinger MSN, RN, ACCNS-AG, CCRN-K |
| 2:45–3:45 | Early Mobilization in the ICU: Team Approach and Reducing Falls Risk — Devon Butts, PT |
| 3:45–4:15 | Post Intensive Care Syndrome (PICS) — Cora G. Small, RN, MSN, CCRN, NE-BC |
| 4:15–4:45 | PICS: One Family's Experience — Lura (Beth) Boone, RRT, RCP |

A COLLABORATION BETWEEN



AND

HAYWOOD
REGIONAL MEDICAL CENTER
A Duke LifePoint Hospital



REGISTER ONLINE AT WWW.MAHEC.NET/MTNAIR



FACULTY

Gregory Campbell, MD is a physician with Asheville Pulmonary and Critical Care Associates in Asheville, NC. He is board certified in Critical Care, Internal Medicine, and Pulmonary Medicine.

Kimberly D. Freeman RN, CDE, CIC, CTTS is a Nurse, Certified Diabetes Educator, and a Chronic Condition Case Manager for Mission Health Partners at McDowell Hospital. Ms. Freeman is also a Certified Tobacco Treatment Specialist who offers programming, community education, and support surrounding tobacco/nicotine and cessation—including industry—and all levels of public school (K through high school).

Calvin Gardner, RPSGT, RST is the Director of Neuroscience Service, Clinical Neurophysiology and Sleep Program at Mission Health in Asheville, NC.

Jody G. Miller, BSRT, RRT is the Regional Manager of Respiratory Services at Mission Health in Asheville, NC.

Katherine Mastriani, MD is a trauma surgeon with Mission Health in Asheville, NC.

Trent W. McCain, MD is pulmonologist who works in Critical Care Medicine with Asheville Pulmonary & Critical Care Associates.

William Shillinglaw, DO is a trauma surgeon with Mission Health in Asheville, NC.

Pat Daley, RRT, RCP is a respiratory therapist with Mission Health in Asheville, NC.

Jeanie Bollinger MSN, RN, ACCNS-AG, CCRN-K is a Clinical Nurse Specialist with Mission Health in Asheville, NC.

Devon Butts, PT is a physical therapist with Mission Health in Asheville, NC.

Cora G. Small, MSN, RN, CCRN, NE-BC is the Director of Critical Care Services for Mission Hospital in Asheville, NC.

Lura (Beth) Boone, RRT, RCP is a respiratory therapist at Haywood Regional Medical Center in Clyde, NC.

CREDITS

6.5 CNE Contact Hours

This continuing education activity was approved by the Mountain Area Health Education Center's (MAHEC) Department of Nursing Education, an approved provider by the North Carolina Nurses Association. Participants must attend the entire activity to receive credit. No partial credit is given for this activity. MAHEC adheres to the NCNA/ACCME Standards regarding industry support to continuing nursing education. Disclosure of presenters, planners, and commercial support relationships, if any, will be made known at the time of the activity.

NCRCB: Approved by the North Carolina Respiratory Care Board for **6.5 hours** of CE. Program Number 173356.

NCBPTE: MAHEC, as part of the NCAHEC system, is a NCBPTE-approved provider of continuing competence for activities directly related to physical therapy. **NCBPTE 6.5 Contact Hours.**

CEUs: MAHEC designates this live continuing education activity as meeting the criteria for **0.7 CEUs** as established by the National Task Force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.

Contact Hours: MAHEC designates this live continuing education activity as meeting the criteria for **6.5 Contact Hours**. Full attendance is required.



COMMITTEE MEMBERS

Lura (Beth) Boone, RRT, RCP, Haywood Regional Medical Center, A Duke LifePoint Hospital, Clyde, NC

David W. Fuller, RCP, RRT, Park Ridge Health, Fletcher, NC

Ronnie Metcalf, EdD, RN-BC, ONC, MAHEC, Asheville, NC

Jody G. Miller, BSRT, RRT, Mission Health, Asheville, NC

Cora G. Small, MSN, RN, CCRN, NE-BC, Mission Health, Asheville, NC

Rosalyn Wasserman, PT, DPT, MAHEC, Asheville, NC

REGISTRATION

Early registration deadline: December 1, 2017

The registration fee for this conference is \$99.00 for Nurses, Respiratory Therapists and Respiratory Care Practitioners; and \$25.00 for Students (proof of full-time student enrollment is required at check-in). These fees include administrative costs, educational materials, breakfast and lunch. If registration is received after the deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax, mail, or email). Substitutes can be accommodated in advance of the program.

[CLICK HERE TO REGISTER](#)

DIRECTIONS

MAHEC Mary C. Nesbitt Biltmore Campus
121 Hendersonville Road, Asheville NC 28803

From I-40 E: Take Exit 50 and turn left onto Hendersonville Road.

From I-40 W: Take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

From 19-23 (I-26):

Take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

MAHEC assumes permission to use audio, video and still images from this program for promotional and educational purposes unless prior written notification is given by individual attendees.

2017 Interprofessional Mountain Air Conference

TEAM APPROACH TO OPTIMIZING OUTCOMES

DECEMBER 8, 2017

Updated contact information.

NAME

CREDENTIALS

SOCIAL SECURITY # XXX-XX- (last 4 digits required)

OCCUPATION

EMAIL ADDRESS

HOME ADDRESS

CITY STATE ZIP

HOME COUNTY

HOME # WORK #

EMPLOYER

DEPARTMENT

EMPLOYER'S ADDRESS

CITY STATE ZIP

WORK COUNTY

Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.

Please remove my name from the MAHEC mailing list.

MEAL PREFERENCE: Vegetarian Gluten-free Vegan

PROGRAM FEE: \$99.00 \$114.00 (after 12/01/17)

STUDENT FEE: \$25.00 \$40.00 (after 12/01/17)

Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.

Check is enclosed Credit card information provided

Visa MasterCard Discover Card American Express

ACCOUNT #

EXP / CODE ON BACK OF CARD (3 digits)

NAME ON CARD

SIGNATURE

Send completed registration form to: #18AH005/52944

MAHEC Registration 121 Hendersonville Rd., Asheville, NC 28803 Fax to: 828-257-4768

HAVE A QUESTION?

Contact the Program Planner

Rosalyn Wasserman, PT, DPT rosaly.n.wasserman@mahec.net or 828-257-4437



Special Services 828-257-4485

REGISTRATION INFORMATION: 828-257-4475

FAX REGISTRATION: 828-257-4768

ONLINE REGISTRATION: www.mahec.net

EMAIL: registration@mahec.net

MAIL: MAHEC Registration 121 Hendersonville Rd., Asheville, NC 28803