

# Differential Diagnosis & Treatment of DIZZIMESS AND VERTIGO

Friday-Saturday | January 19-20, 2018

**SNOW DATES: JANUARY 26-27, 2018** 

LOCATION MAHEC Mary C. Nesbitt Biltmore Campus

121 Hendersonville Rd, Asheville NC 28803

DATE Friday, January 19, 2018

**REGISTRATION** 8:00 am–8:30 am (refreshments provided)

**PROGRAM** 8:30 am-5:00 pm (lunch provided)

DATE Saturday, January 20, 2018

**REGISTRATION** 8:00 am–8:30 am (refreshments provided)

**PROGRAM** 8:30 am–12:00 pm

Early registration fees through January 12, 2018.

PROGRAM FEE \$250.00
PTA OR OTA \$225.00

**\$125.00** (must show student ID at check-in)

#### **DESCRIPTION**

Seeking to delineate your patient's complaints of dizziness and/or vertigo and the relationship to balance and falls? Looking for a solid treatment and reassessment approach to improve outcomes? This lecture and lab-based class will review the anatomy and physiology of involved structures in addition to the differential diagnosis and treatment for dizziness and vertigo—including an overview of vestibular rehabilitation. This course will assist you in clinical decision making regarding treating and referring.

Note: Please wear comfortable clothing for the class labs.

#### **AUDIENCE**

Audience includes Occupational Therapists & Assistants and Physical Therapists & Assistants.

#### **OBJECTIVES**

Upon completion of this activity, participants will be able to:

- Identify the anatomy and pathophysiology of the vestibular system as it relates to orientation, dizziness and balance dysfunction
- Differentiate the complaints of dizziness using patient history and bedside tests to determine whether to treat, refer or treat plus refer
- Identify non-vestibular causes of dizziness and available treatment options
- Demonstrate skill related to Oculomotor and special vestibular bedside tests
- Demonstrate treatment paradigms related to vestibular/ non-vestibular dysfunction

**SEATING LIMITED!** Register early to reserve your seat.

#### AGENDA: FRIDAY, JANUARY 19, 2018

8:00-8:30 Registration and Refreshments

**8:30–10:00** • Pre-Test

Balance and Orientation

Anatomy and Physiology of Orientation

Dizziness Defined

10:00-10:15 Break

10:15-12:15 Oculomotor and Gaze Stability Testing

**12:15–1:15** Lunch (provided)

**1:15–2:45** • Peripheral Vestibular Dysfunction

Central Vestibular Dysfunction

Other Sources of Dizziness

**2:45–3:00** Break

**3:00–5:00** • Cervical Spine Assessment

Positional Testing

• Other Useful Assessment Tools

**5:00** Adjourn

#### AGENDA: SATURDAY, JANUARY 20, 2018

8:00–8:30 Registration and Refreshments

8:30–10:00 Treatment: BPPV, Unilateral and Bilateral

Vestibular Lesions

10:00-10:15 Break

**10:15–11:45** Case Studies with Treatment Paradigms

11:45-12:00 Post-Test

**12:00** Course Evaluation and Adjourn

MAHEC assumes permission to use audio, video and still images from this program for promotional and educational purposes. Please speak with a staff member if you have any concerns.



#### **FACULTY**

Travis Edwards, PT, MPT is a clinic manager at CarePartners Health Services/Mission Health in Asheville, NC. where he is also the lead therapist at CarePartners Balance and Vestibular Center. He completed his Competency Certification in Vestibular Rehabilitation at Emory University in 2005.

#### **CREDITS**

NCBPTE: MAHEC, as part of the NCAHEC system, is a NCBPTEapproved provider of continuing competence for activities directly related to physical therapy. NCBPTE 10.0 Contact Hours.

CEUs: MAHEC designates this continuing education activity as meeting the criteria for 1.0 CEUs as established by the National Task Force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.

Contact Hours: MAHEC designates this continuing education activity as meeting the criteria for 10.25 Contact Hours. Full attendance is required to receive credit.

Occupational Therapy: This educational activity has been preapproved by the NCBOT for 10.25 CCA points.

#### REGISTRATION

#### Early registration deadline: January 12, 2018.

The registration fee for this workshop is \$250.00; \$225.00 for PTA or OTA: and \$125.00 for Students (must show student ID at check-in). These fees include administrative costs, educational materials, refreshments and lunch. If registration is received after the deadline, the total fee will be the registration fee + \$15.00.

MAHEC has a pay-up-front policy for all CE programs. The only exceptions will be for pre-approved programs where an individual payment plan is appropriate. Registrations received without accompanying payment will not be processed and participants who have not paid the course fee will not be admitted into the program.

Cancellations received at least two weeks in advance of the program date will receive a full refund unless otherwise noted. Cancellations received between two weeks and up to 48 hours prior to the program date will receive a 70% refund unless otherwise noted. No refunds will be given for cancellations received less than 48 hours prior to the program date. All cancellations must be made in writing (fax. mail. or email). Substitutes can be accommodated in advance of the program.

CLICK HERE TO REGISTER ONLINE

#### **DIRECTIONS**

### MAHEC Mary C. Nesbitt Biltmore Campus 121 Hendersonville Road, Asheville NC 28803

From I-40 E: Take Exit 50 and turn left onto Hendersonville Road. From I-40 W: Take Exit 50B and merge onto Hendersonville Road.

At the first light, turn left into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

From 19-23 (I-26): Take 240 East to Exit 5B (Charlotte Street). Exit right onto Charlotte Street. At the 4th light, make a left onto Biltmore Avenue. Proceed through 8 traffic lights. At the 9th light, turn right into the DoubleTree Hotel complex. Turn left (away from the hotel). You will see a steep driveway on your right. Turn right and go up that driveway to the MAHEC Biltmore Campus.

## Differential Diagnosis & Treatment of DIZZINESS AND VERTIGO

January 19-20, 2018 (SNOW DATES: 1/26-1/27)

Updated contact infor	rmation.
NAME	
CREDENTIALS	
SOCIAL SECURITY # 2	XXX-XX (last 4 digits required)
OCCUPATION	
EMAIL ADDRESS	
HOME ADDRESS	
CITY	STATE ZIP
HOME COUNTY	
HOME #	WORK #
EMPLOYER	
DEPARTMENT	
EMPLOYER'S ADDRES	SS
CITY	STATE ZIP
WORK COUNTY	
Program announcements will be sent to your email unless you opt out from receiving MAHEC emails. We never share our mailing lists.	
Please remove my name from the MAHEC mailing list.	
MEAL PREFERENCE:	☐ Vegetarian ☐ Gluten-free ☐ Vegan
PROGRAM FEE:	\$250.00 \$265.00 (after 1/12/18)
PTA OR OTA:	\$225.00 \$240.00 (after 1/12/18)
STUDENTS:	\$125.00 \$140.00 (after 1/12/18) (must show student ID at check-in)
Full payment must accompany all submitted registrations unless a payment plan has been approved in advance. Registrations received without accompanying payment will not be processed.	
	Credit card information provided
☐ Visa ☐ MasterCard	Discover Card
ACCOUNT #	
EXP / CODE ON BACK OF CARD (3 digits)	
NAME ON CARD	
SIGNATURE	
Send completed registration form to: #18AH017/54646	

MAHEC Registration

121 Hendersonville Rd., Asheville, NC 28803 Fax to: 828-257-4768

#### **HAVE A QUESTION? Contact the Program Planner**



Special Services 828-257-4485

Rosalyn Wasserman, PT, DPT

rosalyn.wasserman@mahec.net or 828-257-4437

**REGISTRATION INFORMATION:** 828-257-4475 **FAX REGISTRATION:** 828-257-4768 **ONLINE REGISTRATION:** www.mahec.net **EMAIL:** registration@mahec.net

MAIL: MAHEC Registration

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