



Living Empowered

May 3-5, 2023

NCASPPB DETAILS

NCASPPB (C): North Carolina Addictions Specialist Professional Practice Board has approved this workshop for up to 16.5 hours (SS, GSB, and specialty hours including ETHICS, EBT, CSS, PSY and HIV hours available based on sessions attended).

[C = Combination of Substance Abuse Specific and General Skill Building]

PRECONFERENCE - Wednesday, May 3rd

9:00 am - 5:00 pm (6.0 Hours)

CREDITS BY SESSION:

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| Choose one: | 1A. Gender-Specific Ethics - Bringing Clarity to the Beneficence vs. Autonomy Dilemma in Substance Use Treatment for Women3 hours SS (ETHICS) |
| | 1B. Group Counseling & Group Community Building: Motivational Interviewing Focus.....3 hours SS (EBT) |
| Choose one: | 1C. Clinical Supervision in Alcohol and Drug Counseling3 hours SS (CSS) |
| | 1D. Beyond Competence: Aiming for Racial Humility3 hours GSB |

MAIN CONFERENCE - Thursday, May 4th

Track 1: DHHS 9:00 am - 4:00 pm (6.0 Hours) | Track 2: 9:00 am - 5:00 pm (7.0 Hours)

All attendees:

Opening Keynote: Dignity for Incarcerated Pregnant Women: The Impact of Race, Gender, and Substance Use Disorders on Incarceration 1.5 hours SS

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| Choose Track One or Track Two: | Track One:4.5 Educational Hours total |
| | 2A. Engaging Young Women (ages 18-25) in Substance Use Treatment & Recovery: Best Practices, Resources, and Interventions 1.5 hour SS (PSY) |
| | An Ongoing War on People: The Impact of Structural Racism on Pregnant and Parenting Women Experiencing Incarceration Due to Drug-Related Charges and Strategies to Lessen Those Harms 1 hour SS |
| | Could it be Fetal Alcohol Spectrum Disorders? Strategies for Treatment Providers |
| | Working with Generation Z 1 hour SS (EBT) (PSY) |
| | Giving a Voice to Child Welfare-Involved Women 1 hour SS |
| | Track Two:5.5 Educational Hours total |
| | 2B. An Extraordinary Challenge: Eating Healthy on a Small Budget 1.5 hours GSB |
| | HIV/AIDS/STI/Hepatitis 1013 hours SS (HIV) |
| | Project CARA's Hub and Spoke Network: Coordinating Regional Delivery of Perinatal Substance Use Care 1 hour SS |

MAIN CONFERENCE - Friday, May 5th

9:00 am - 12:45 pm (3.5 Hours)

All attendees:

Update from the State: Women's SUD Treatment in NC0.25 hour SS
 Hope, Resilience, Healing, and Health: Living Empowered 1.25 hours SS (EBT)

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| Choose one: | 3A. Nutritional Depletion in Addiction and Recovery: The Impact on Mental Health.....2 hours SS (PSY) |
| | 3B. Acceptance and Commitment Therapy: Personal Perspective as the Key to Empowerment & Success!2 hours SS (PSY) |

Guide to Abbreviations:

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| S or SS = Substance Abuse Specific Training | ETHICS = Ethics |
| G or GSB = General Skill Building Training | EBT = Evidence-Based Treatment |
| C = Combination of Substance Abuse Specific and General Skill Building | HIV = HIV/AIDS/STD/TB/Bloodborne Pathogens |
| | PSY = Psychopathology Training |