



Whole Person Care FOUNDATIONS

CHOOSE FROM 7 DATE/LOCATION OPTIONS

North Carolina is poised to change the way health and behavioral health care are delivered. In addition, regional initiatives have demonstrated the positive impact of collaboration and a number of providers have successfully implemented integrated behavioral health and primary care. The intended result of the Whole Person Care Foundations Session is to introduce key aspects of whole person care to the region, including:

- Basic concepts and theories of integrated care
- Core concepts and definitions
- Models
- Why do it?
- How does it work?
- How integrated fits into the emerging healthcare systems
- Ethical considerations
- Population-based health approaches
- Sustainability
- Readiness assessment
- Where is your organization on the continuum?
- Where on the continuum do you want to go?

The sessions will lay out how integrated care can be implemented in various settings and address the current systemic challenges and cultural differences that can impede collaboration and integration. Participants will work collaboratively to create a unified vision for whole person care and assess the difference between traditional care models compared to integrated care in order to meet the whole person care needs of their patients.

AUDIENCE

Physicians, nurse practitioners, physician assistants, nurses, care managers/coordinators, administrators, practice managers, mental health professionals including substance abuse counselors, social workers, psychologists, marriage and family therapists, school counselors, peer support specialists, intellectual/developmental disability providers and other professionals interested in this subject.

DATES AND LOCATIONS – SPRING 2016

DAY PROGRAMS:

Friday, March 4	MAHEC
Wednesday, March 16	Macon County Health Department
Thursday, March 17	Smoky Mountain Sylva
Friday, April 1	Watauga Medical Center
Friday, April 1	Haywood Community College (Open to Smoky Mountain Staff Only)
Wednesday, April 6	McDowell Technical College (Open to Smoky Mountain Staff Only)

Times for all above programs:

Registration:	8:30 am - 9:00 am
Program:	9:00 am - 4:45 pm

EVENING TWO-PART PROGRAM



GoToWebinar
by citrix

PART ONE

Monday, April 25 MAHEC and GoToWebinar

PART TWO

Wednesday, May 25 MAHEC and GoToWebinar

Times for both parts of the evening program:

Registration:	5:00 pm - 5:30 pm
Program:	5:30 pm - 8:45 pm

OBJECTIVES

Upon completion of this knowledge-based educational activity, participants will be able to:

- Define integrated care on the continuum and identify action steps planned for integration and collaboration for your organization
- Identify why the system of care needs to incorporate integration to provide whole person care
- Describe how integrated care works operationally and ethically to increase patient knowledge about risks and benefits of collaboration measured by participant report
- List the key integrated care practice domains included in readiness assessment to measure level of readiness for your organization

Watch for these other programs from

Whole Person Care

Team Based Whole Person Care

Chronic Disease Care Academy for Whole Person Care

Population Health Management: Social Determinants of Health

Quality Improvement Fundamentals: An Overview for Whole Person Care

AGENDA FOR DAY PROGRAMS

	Welcome to the Training
9:00am–9:15am	Learning Objectives
9:15am–10:15am	Basic Concepts and Theories of Integrated Care • Core Concepts and Definitions • Models and Program Types
10:15am–10:30am	Break
10:30am–11:00am	Why Do It? How Does it Work?
11:00am–12:00pm	Case Role Play
12:00pm–1:15pm	Lunch (<i>on your own</i>)
1:15pm–2:15pm	How Integrated Fits into the Emerging Healthcare Systems
2:15pm–3:45pm	Ethical Considerations • Population-based Health Approaches • Sustainability
3:45pm–4:00pm	Break
4:00pm–4:45pm	Readiness Assessment • Where is Your Organization on the Continuum? • Where on the Continuum Do You Want to Go?
4:45pm	Adjourn

AGENDA FOR EVENING PROGRAM

Part One - April 25, 2016

	Welcome to the Training
5:30pm–5:45pm	Learning Objectives
5:45pm–6:45pm	Basic Concepts and Theories of Integrated Care • Core Concepts and Definitions • Models and Program Types
6:45pm–7:00pm	Break
7:00pm–8:45pm	Why Do It? How Does it Work? Case Role Play

Part Two - May 25, 2016

5:30pm–6:30pm	How Integrated Fits into the Emerging Healthcare Systems
6:30pm–7:00pm	Ethical Considerations • Population-based Health Approaches • Sustainability
7:00pm–7:15pm	Break
7:15pm–8:00pm	Ethical Considerations (<i>Continued</i>) • Population-based Health Approaches • Sustainability
8:00pm–8:45pm	Readiness Assessment • Where is Your Organization on the Continuum? • Where on the Continuum Do You Want to Go?
8:45pm	Adjourn

FACULTY MAY INCLUDE:

Dr. Cathy Hudgins, PhD, LMFT, LPC, is the Executive Director of the Center of Excellence for Integrated Care under the Foundation for Health Leadership and Innovation. Dr. Hudgins has experience in integrated care management and development, and practice transformation. She is a co-founder and prior Director of the Radford University Center for Integrated Care Training and Research. She has trained and developed integrated systems and participated in research and grant writing initiatives. Her publications focus on policy and ethics. She is an active member of the Collaborative Family Health Association and presents locally and nationally on integrated care topics.

Christine Borst, PhD, LMFT, is the Director of Operations, has a master's degree in Marriage and Family Therapy from Purdue University and a PhD in Medical Family Therapy from East Carolina University. Prior to coming to the COE, she spent nearly two years working in a rural NC community health center to set up and implement an integrated care model. Her research interests include brief behavioral interventions for use in medical settings, and identification of the needs of children and their families in rural integrated care.

Eric Christian, MAEd, LPC, NCC, is a Licensed Professional Counselor and a nationally certified counselor who has been working in the field since 1998. For the past 9 years he has been working in the area of Integrated Care in western NC promoting the systemic spread of behavioral health integration into primary care settings to serve larger populations of patients with behavioral health needs. He works as the Manager of Behavioral Health Integration for Community Care of Western North Carolina, where among other efforts, he provides technical assistance and consultation to providers interested in integration. 2012 he co-edited an Integrated Care text titled, *Integrated Care: Applying Theory to Practice*, which included author contributions from state and national integrated care practitioners. During the last 2 years he has been working with the NC Center of Excellence for Integrated Care as their western region consultant, assisting sites as they move toward their goals for integration.

Amelia Muse, MS, LMFTA, Doctoral Student, has a master's degree in Marriage and Family Therapy from East Carolina University and is completing her PhD in Medical Family Therapy program at East Carolina University. Amelia has experience as an integrated behavioral health services provider at community health centers in rural, eastern North Carolina. She has also assisted in planning and implementing integrated care models to address population health needs. Her interests include research on evaluation of integrated behavioral health care in primary care settings, and policy development to integrate behavioral health services into primary care.

Irina Kolobova, MA, CCRP, is a technical assistance with the North Carolina Center of Excellence for Integrated Care. Ms. Kolobova is currently in her final year of her doctoral studies in Medical Family Therapy at East Carolina University and also holds a master's degree in Marriage, Couple, and Family Therapy from Lewis & Clark College. Ms. Kolobova has worked as a behavioral health provider in a rural federally qualified health center for the past three years, where she provides screening, assessment, and brief interventions as a part of an integrated care model. Her research interests related to Integrated Care include healthcare disparities, patient-provider relationships, and population health.

CREDITS

NAADAC: This course has been approved by MAHEC, as a NAADAC Approved Education Provider, for educational credits. NAADAC Provider #647. MAHEC is responsible for all aspects of their programming. Full attendance is required to receive credit from NAADAC. **6.0 hours**



NBCC: Mountain Area Health Education Center (MAHEC) has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5514. Programs that do not qualify for NBCC credit are clearly identified. MAHEC is solely responsible for all aspects of the programs. **6.0 hours**



Psychologists: MAHEC is recognized by the North Carolina Psychology Board as an approved provider of Category A Continuing Education for North Carolina Licensed Psychologists. Full attendance at each part is required to receive credit from the NC Psychology Board. **6.0 hours**

CEUs: MAHEC designates this continuing education activity as meeting the criteria for **0.6 CEUs** as established by the National Task Force on the Continuing Education Unit. You must attend the entire workshop to receive CEUs.

CME

Accreditation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the Mountain Area Health Education Center and Smoky Mountain LME/MCO and Northwest AHEC. The Mountain Area Health Education Center is accredited by the ACCME to provide continuing medical education for physicians.

Credit

MAHEC designates this live activity for a maximum of **6.0 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Disclosure

The Mountain Area Health Education Center adheres to the ACCME Standards regarding industry support to continuing medical education. Disclosure of faculty and commercial support relationships, if any, will be made known at the activity.

6.0 CNE Contact Hours

The Mountain Area Health Education Center's Department of Nursing Education is an Approved Provider of continuing nursing education by the North Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Participants must attend entire activity or activities to receive credit. No partial credit is given for this activity.

MAHEC adheres to the ANCC/ACCME Standards regarding industry support to continuing nursing education. Disclosure of presenters, planners, and commercial support relationships, if any, will be made known at the time of the activity.

The Mountain Area Health Education Center's Department of Nursing operates in an ethical manner and complies with all applicable local, regional, and state or national laws and regulations as outlined in our Corporate Compliance Plan.

REGISTRATION

There is no registration fee for this program, but pre-registration is required. Registration includes administrative costs, educational materials and light refreshments.

MEDICAL COURSE DIRECTOR

Blake Fagan, MD

PLANNING COMMITTEE

Susan Albert, MD, MPH | Wilkes County Health Department
Mary Lynn Barrett, LCSW, MPH | MAHEC
Darren Boice, LCSW | Mission Behavioral Health
Stephen Buie, MD | The Pisgah Institute, PA and MAHEC
Christina Carter, MSW | Smoky Mountain LME/MCO
Eric Christian, MAEd, LPC, NCC | Community Care of Western North Carolina
Russ Curtis, PhD, LPC | Western Carolina University
Andrew D'Onofrio, MPA, QMHP | Smoky Mountain LME/MCO
Nedra Edwards-Hines, MHA | Northwest AHEC
Blake Fagan, MD | MAHEC
Elizabeth Flemming, MA, LPC | MAHEC
Katie Goetz, LPC, LCAS | Meridian Behavioral Health Services
Cathy Hudgins, PhD, LPC, LMFT | North Carolina Center of Excellence for Integrated Care
Richard Hudspeth, MD | Blue Ridge Community Health Services
Donna Izor, MS, FACMPE | Smoky Mountain LME/MCO
Ellen Kesler, MLS, MPH, CPH | Northwest AHEC
Karen Lambert | MAHEC
Karen Luken, MS | Easter Seals UCP
Ronnie Metcalf, EdD, RN, ONC | MAHEC
Evan Richardson, CNM | MAHEC
Peter Rives | Smoky Mountain LME/MCO
Steve Smith, MPA | Henderson County Health Department
Michael Streppa, PsyD | High Country Community Health
Sam Sutker, NCCPSS | Smoky Mountain LME/MCO
Nina Vinson, MPH | MAHEC
Ruth Zyry, PhD(c), RN | Mission Health System

Have a question?

Program Director:
Elizabeth Flemming, LPC
elizabeth.flemming@mahec.net

Special Services:
828-257-4761



828-257-4466

Registration Information: 828-257-4475
Fax Registration: 828-257-4768
Online Registration: www.mahec.net

Mail: MAHEC Registration
121 Hendersonville Rd., Asheville, NC 28803



Whole Person Care FOUNDATIONS

CHOOSE FROM 7 DATE/LOCATION OPTIONS

☐ Updated contact info

Name _____

Credentials _____

Social Security # **XXX-XX-**____ (last 4 digits required)

Occupation _____

E-mail Address _____

Home Address _____

City _____ State _____ Zip _____

Home County _____

Home # _____ Work # _____

Employer _____

Department _____

Employer's Address _____

City _____ State _____ Zip _____

Work County _____

Program announcements will be sent to your email unless you opt out from receiving emails from MAHEC. We never share our mailing lists.

☐ Please remove my name from the MAHEC mailing list.

DATE/LOCATION OPTIONS: **CHOOSE ONE**

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- ☐ Wednesday, March 16 Macon County Health Department
- ☐ Thursday, March 17 Smoky Mountain Sylva
- ☐ Friday, April 1 Watauga Medical Center
- ☐ Friday, April 1 Haywood Community College
(Open to Smoky Mountain Staff Only)
- ☐ Wednesday, April 6 McDowell Technical College
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EVENING TWO-PART PROGRAM



- ☐ PART ONE and PART TWO
Monday, April 25 and Wednesday, May 25
 - ☐ I will attend at MAHEC
 - ☐ I will attend via GoToWebinar

Please feel free to bring your dinner.

There is no registration fee, but pre-registration is required.